

Herald and News

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 Entered as second class matter at the post office at Klamath Falls, Ore., on August 20, 1906, under act of Congress, March 3, 1879.
 MEMBER OF THE ASSOCIATED PRESS
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SUBSCRIPTION RATES
 MAIL BY CARRIER
 1 Month \$1.35 1 Month \$1.35
 6 Months \$6.80 6 Months \$6.80
 1 Year \$11.00 1 Year \$12.20

BILLBOARD

By BILL JENKINS
 The gourmet touch: A card from C. C. Kelly, currently touring the East Coast, comes in to us on the back of a brochure describing Durgin-Park in Boston and informing us that he had just consumed a big hunk of raw meat in the place and thought maybe I'd like the recipe.
 It was a highly interesting affair, giving the history of the place during the past 80 years or so, but no meat recipe could I find.
 Detailed instructions on how to prepare Boston baked beans (made with California pea beans), baked Indian pudding, tea cake, blueberry cake and corn bread, and a detailed description of the proper methods of making old fashioned apple pie.
 There was also a recipe for apple pandowdy, but I don't think I'll try it at the moment.
 At any rate I'm glad to see that C. C. is doing the thing right and spending more time in these havens of gustatory delight than he is in touring. His note also informed us that he had gone through both Harvard and M.I.T. in one day, no mean feat.
 But then we managed to see all of historic Harvard we could stand in about 15 minutes.
 Every time our eyes get to wandering around the office they light on a nail driven into the east wall. That nail once held a pair of deer horns, hung there when Deb Addison was occupying this office. We can still see the tips of the antlers peeking over the partition of Deb's new office.
 But every time I stare at that nail it makes me want to go hunting. Or at least get out of the office for a while. It would probably be a good thing if I'd pull that nail out and spend more time looking at the typewriter and doing some work instead of dreaming. But I

The Doctor Says

By EDWIN P. JORDAN, M.D.
 "My problem is body itching," writes H. M. "It is better than it was five years ago but still not well. I use skin oil which gives some relief but I would like to cure it."
 The attitude expressed in this letter is discouraging no matter how much one sympathizes with the writer.
 One would think that nearly everyone knows that itching can result from a large number of different causes and that inexperienced self-treatment is not only unlikely to cure but might allow the underlying condition to go on to a point where it was more difficult to treat than it would have been at the beginning.
 Some people itch all over after bathing. The sensation may last up to a half an hour or more, but is relieved after the clothes are on for a while.
 The skin has an entirely normal appearance. Winter itch is a closely related condition in which people complain of severe itching all over the body when undressing for the night or just after retiring.
 It is absent when the weather is mild. The skin appears normal except for whatever scratch marks may be present.
 The seven-year itch, or scabies, is another cause of skin itching which must be considered.
 This type of itching comes from a parasite which burrows into the skin. Treatment for scabies is aimed at destroying the parasites.
 Lice always causes itching. Here also the treatment of the itch is not merely to apply some lotion but to get rid of the animals which are causing the trouble.
 In eczema, which is likely to be a result of long-continued contact of the skin with irritating substances, the skin condition and itch become chronic. Redness, thickening, cracking and crusting of the skin occur and the itching may be extremely hard to relieve.
 Hives, or urticaria, is a source of severe itching. This is an allergic condition and the diagnosis can be made easily by the sudden appearance of raised reddish spots accompanied by an irresistible desire to scratch.
 Itching of the skin may accompany such diseases as diabetes, nephritis or Bright's disease, and especially jaundice.
 Indeed, in most forms of jaundice, the itching of the skin which is one of the symptoms, is particularly distressing and extremely difficult to relieve.
 Since these are only a few of the many possible causes of itching it is obvious that no one lotion or ointment will always cure or even relieve.
 In severe or long lasting cases of itching the cause must be determined before the proper treatment can be applied.

QUICKIES By Ken Reynolds



... what are you waiting for — me to offer a reward for it in the Herald and News Want Ads?"

ALONG NATURE'S TRAIL by KEN McLEOD

In the great Klamath Country there are innumerable places for one to spend a long weekend such as was afforded by the three day holiday of the past Fourth of July. Ken and Edith McLeod chose to spend those precious days in one of our incomparable recreational areas — The Mount Shasta Recreation Area administered by the U.S. Forest Service. An area that possessed great beauty and charm, and, a few years ago, because of the growing public demand that outstanding mountain areas be preserved from commercial exploitation in 1920 was set aside by the Secretary of Agriculture as a Recreation Area dedicated to the use and enjoyment of the American public.
 However, within the 29,620 acres of land that is occupied by the Recreation area's crowning glory — Mount Shasta — there were stands of virgin forests to whet the appetite of human cupidity; besides, the great Recreation area possessed its Achilles' heel and for this reason we begin to use the past tense in our description. All the land was not controlled by the federal government but was shared in checker board fashion with a great Railroad System which spends many hundreds of thousands of dollars in advertising the beauties of California to the people of the East.
 From the earliest period of occupation of white man in the region the great mountain has stood as a challenge to man and each year several hundred make their way to its snow clad summit. This Fourth of July some 73 people hiked their way to Horse Camp at timber line and of whom 40 or 50 made the attempt to ascend the mountain, a tremendous wind storm the velocity of which ranged upwards to 90 miles an hour prevented all but 16 or 17 of the hardiest mountaineers from reaching the summit.
 In 1933 the Forest Service started the construction of a highway climbing the mountain from Mount

Shasta City toward timber line and ending at a delightful camp ground known as Panther Meadows at an elevation of 7,600 feet. This highway passed through some of the most interesting of the stands of virgin Shasta Pines in the area and has been dedicated the John S. Everitt Memorial Highway in memory to the Forest Supervisor who lost his life while fighting a forest fire in 1934.
 In our little safari into the wilderness of the Mount Shasta area took us on an swing around the mountain, taking the Old Military Road at Andisite on highway 97 we drove over the eastern shoulder of the mountain and down through a stretch of several miles of the great virgin forest that was so warmly spoken of by Joaquin Miller and John Muir. The road was rough and clogged with down timber, so we detoured in many places, often the detours were preferable to the roadway itself at sundown we reached the bridge on Ash Creek 18 miles from highway 97 and here to our dismay found the bridge posted as being "unsafe" and the road over which we came "impassable." In the gathering darkness we decided to camp and decide what to do the following day. This spot forms one of the delightful campgrounds in the virgin forest besides the rippling brook of Ash Creek.

The next day after examining the bridge we decided the Forest Service had been motivated by pessimistic caution, true the condition of the bridge was bad, but then we had been over worse and as we expected it did not collapse behind us. From Ash Creek the road selected wandered through the impenetrable and unique brush stands that follow the slashing of the forests from the base of the mountain. Crossing Pilgrim Creek the road winds on to Widow Springs. Widow Springs appears to be a popular recreation spot and bears some resemblance to a bed ground for a band of sheep. The road leads on to the town of McCloud where the McCloud River Lumber Company is constructing a mill pond that will be one of the wonder objects of the Lumber Industry, its immense.
 From McCloud the trail leads up

to Horse Camp near Panther Meadows in the Shasta Recreation Area. In the horse and buggy days this must have been a wonderful drive but with the timber stripped from the lower slopes of the mountain it is nothing more than a practically abandoned hot dusty climb through the lands gut over probably around the turn of the century and then you strike the welcome shade of the virgin fir forest. But — they too now have vanished for in a lightning strike at the recreation area the cupid of man has fastened a blot upon the face of Shasta that is even worse than fire — for fire usually makes a clean sweep of the area of its conquest.
 But here, cupidly abetted by the consent of the great Railroad has left a heritage of wreckage that must be seen to be appreciated for the destruction struck into

the very heart of the wilderness in the worst high-handed fashion and callous disregard for the recreational values destroyed. After all what tourist riding the Shasta Daylight as it flashes past the mountain can strain his eyes to see the destruction that was wrought, besides, railroads don't climb the mountain's heights. Perhaps the few dollars gained from the sale of land and timber has gone into more advertising of the wonders of the scenic landscape of the great state of California.
STOLEN
 TWIN FALLS, Idaho (AP) — Somebody stole a parked car here yesterday, drove it a block and abandoned it. It belonged to Police Chief Howard Gillette.
 It is possible to save up to 20% on Fire Insurance if you buy from Hans Norland, 627 Pine St.



STATEMENT OF CONDITION JUNE 30, 1954

The UNITED STATES NATIONAL BANK of Portland, Oregon



RESOURCES		
Cash on Hand and Due from Banks		\$133,797,144.70
United States Government Bonds		249,062,336.00
Municipal and Other Bonds		63,195,489.41
Loans and Discounts—Net		237,295,630.25
Stock in Federal Reserve Bank		960,000.00
Bank Premises (Including Branches)		7,774,979.60
Customers' Liability on Acceptances		326,630.03
Interest Earned		2,437,325.72
Other Resources		127,435.15
		\$694,976,970.86
LIABILITIES		
Capital	\$16,000,000.00	
Surplus	16,000,000.00	
Undivided Profits	15,598,812.75	
Reserves for Interest, Taxes, etc.	47,598,812.75	
Acceptances	2,922,148.23	
Dividends Declared	326,630.03	
Deposits	480,000.00	
Interest Collected Not Earned	640,338,291.32	
Other Liabilities	3,308,075.64	
		\$694,976,970.86

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6.00-16	20.60	10.30*	6.00-16	25.25	12.63*
6.70-15	22.60	11.30*	6.70-15	27.70	13.85*
6.40-15	21.55	10.78*	6.40-15	26.40	13.20*
7.10-15	25.05	12.53*	7.10-15	30.70	15.35*
6.50-16	25.40	12.70*	6.50-16	31.10	15.55*
7.60-15	27.40	13.70*	7.60-15	33.55	16.78*
8.00-15	30.10	15.05*	8.00-15	36.85	18.43*
8.20-15	31.40	15.70*	8.20-15	38.45	19.23*

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| COLEMAN'S UNION 11th and Main | MERRILL UNION SERVICE Merrill | VIRG'S SHELL Tulelake, Calif. |
| COMPTON'S SHELL So. 6th | NORTH ENTRANCE SERVICE Hi-Way 97 | SWAN TEXACO Altamont and So. 6th |
| CURLY'S TEXACO Esplanade | PINKY'S TEXACO So. 6th | ELMER'S TEXACO Weyerhaeuser Junction |
| HAMILTON'S SERVICE Hi-Way 97 | DONNER'S UNION Tulelake, Calif. | ED'S TEXACO Prospect & Upham |
| | | FRIED'S SHELL Chiloquin |