

Herald and News

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Entered as second class matter at the post office of Klamath Falls, Ore., on August 20, 1906 under act of Congress, March 8, 1879.

MEMBER OF THE ASSOCIATED PRESS

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MAIL		BY CARRIER	
1 month	\$ 1.35	1 month	\$ 1.35
6 months	\$ 6.50	6 months	\$ 6.10
1 year	\$11.00	1 year	\$10.20

BILLBOARD

By **BILL JENKINS**

First question on everyone's lips this morning is "how cold was it?" And down here at the office the phone keeps up a steady jangle with early risers wanting to know how many shirts to wear.

According to the recording thermometer here at the office the mercury crept down to three below zero on the north side of the building. The airport gauge registered at eight below.

I don't know. But the water in my office bathroom is frozen. So I guess it was a little on the nippy side.

It's well, not near so bad as Cut Bank, Montana. It was 23 below there.

Once a man gets a doubt of some

sort in his mind he's done for. Got to doubting the correctness of putting down here Saturday. The doubts burrowing into their full growth before daylight Sunday. So nothing to do for it but to get out of bed and crawl down to the office to check.

If a warlike nation ever conquers the trick of planting such doubts in the minds of men they can rule the world. Or kill it off with sleeplessness.

The total of ducks caught in the wire across Link River at the Fremont bridge is now three. They apparently snag themselves when they come in for a landing on the open water at the source of the river.

They'll Do It Every Time



Vet's Mailbag

For the past four years, Veterans Administration has conducted the most extensive war on tuberculosis among veterans ever known in the history of the country.

In announcing the results of the program, VA said they are so significant that they are expected to pay health dividends to the tire nation.

In the four year period that the program has been under way on a fully implemented basis, VA has screened 3,217,000 persons for TB. These include 2,513,000 patients and 704,000 employees. Among these two big groups, VA discovered 12,740 cases of active pulmonary (lung) TB and 84,470 cases of inactive pulmonary TB.

The segment of the population covered is so large, VA said, that the results not only will reduce the incidence of TB infection among veterans and their families, but also should reduce the number of TB cases and deaths among the general population.

Officially known as the tuberculosis case-finding survey program, the vast scope and importance of the endeavor are indicated in the four-year analysis just completed.

The figures show that an average of 67,000 persons was screened each month during the four-year period. Among this group, approximately 265 previously unknown cases of active pulmonary TB and 760 inactive cases have been turned up each month. This is an average of approximately 1,009 new cases found every month for the four-year period.

In view of the infectious nature of active pulmonary TB, VA said it considers the number of new cases found and treated each month as an achievement in the nationwide campaign to bring TB under further control.

In fact, VA added, with the sources of TB infection among veterans and VA employees constantly being discovered and removed, the population at large already is benefiting from the elimination of this hazard, VA said.

Still another benefit cited by VA is of incalculable value to the economic and physical health of the nation is the fact that the search is turning up so many cases in the early, or minimal, stages of TB when proper treatment has a greater chance of effecting a speedy and lasting cure.

Among the 704,000 VA employees screened, approximately 85 per cent of the active TB cases discovered were in the early, or minimal, stages. While figures are not complete for the veterans screened, VA said it is reasonable to assume on the basis of the experience with employees that the percentage of minimal cases discovered among veterans is high, too.

One of the important by-products of the program, VA said, is the large number of other chest diseases and abnormalities discovered during the survey. Among these are serious conditions, such as cancers and heart diseases, which require immediate attention.

Thus early diagnosis and treatment was afforded through the survey when delay might have been fatal.

Nearly 91,000 other chest conditions were discovered during the last year of the survey. A minority of these were serious cases requiring immediate care.

VA's program is conducted in all of its hospitals, outpatient clinics in regional offices, and among all employees.

This mass type of survey, VA said, already has proven its worth many times over and will continue to prove more valuable as time goes on and new sources of infection are discovered and eliminated.

Square Dance Newsnotes

By **CLAIRE ELLIS**

Hand over hand and don't you grow!

While the old bull bellers and the coyotes howl.

The jug is empty and the keg is dry.

So kiss your partner and say good-bye.

In the West Dr. Lloyd Shaw is accepted without question as the dean of square dancing and is credited with the revival of this popular, early day recreation. He is the author of several books on square and round dancing, countless magazine articles and pamphlets, and in addition, his classes for instructors and leaders are so popular that registration must be made months in advance.

Dr. Shaw has the ability and background to see the square dance picture as it is today and with this in mind we are quoting directly from his article in the January issue of "Sets in Order".

"Remember how hard it is to get a man to his first square dance? Then he goes overboard, and dresses, and laughs, and has the great fun of a beginner. Then he develops into a general dancer, still having a whole of a good time. Then he begins over-dressing, over-organizing, and becomes overcritical. He and his few friends are looking only for the top. Then even his few friends are not good enough for him, and he goes out of the top, and thank God, quits dancing forever."

"Or else, and more and more are doing it, he finds the selfishness of the path he is treading, and turns back for the joy of helping beginners again. His joy increases. He has fun dancing the old dances, with old and experienced friends. He becomes the salt of the earth, with ever increasing joy, and ever increasing capacity to spread that joy to others. Let us be duly thankful that his good tribe is increasing, and we may enjoy the simple, good dances with him, the dances that have lived for thousands of years. The dances that will last forever, and a day!"

Local dancers are looking forward to hearing Dr. Price, Seattle, who will be here on a return visit to call Wednesday evening at an open dance at the Do-si-do clubhouse. Dr. Price, who is a Seattle dentist, has been associated for years with all phases of square dancing and is associate editor of the "Square and Round" dance magazine of Washington state. Dr. Price is particularly interested in teen dancers and was a judge at the fourth annual Northwest teen town square dance festival, White Rock, B.C. The Eagles Square dance club had a whopping big time at their dance Friday night and remind you they will be dancing again February 5, according to Bud Parks, entertainment committee chairman, man.

The Doctor Says

By **EDWIN P. JORDAN, M.D.**

"Where," writes Mrs. H., "can I get information about the Rh factor of the blood so I can understand it?" Although an extremely complicated subject, I shall try to oblige.

The Rh factor is a substance which is present in the blood of some people and not in others. The blood of anyone can be tested for this substance and today this is one of several tests frequently used to find out what blood groups a person belongs to. The particular importance of the Rh factor, however, is in relation to pregnancy because it may affect the health of the offspring.

The Rh factor is not easy to explain in simple terms because there are sub groups and many things which doctors have to know concerning the Rh factor. In short, 87 per cent of us have an obscure substance in our blood which classifies us as being Rh positive. The other 13 per cent are called Rh negative and sometimes they become sensitive to Rh positive blood with possible dangers connected with pregnancy or blood transfusion.

If a woman has Rh negative blood and becomes pregnant with a Rh positive child because the father is Rh positive, the child may be born with a disease known as erythroblastosis fetalis.

However, this does not always occur. The first child is usually healthy (and often later ones) unless the mother has previously received blood transfusions with Rh positive blood. This is something becoming more rare because of greater care in this matter. Only about one woman in 25 or 50 with Rh negative blood and an Rh positive husband gives birth to a baby with erythroblastosis.

It should be pointed out also that even if a child does have erythroblastosis much can be done by prenatal care and by giving blood transfusion so that in many cases, it can be saved.

From the standpoint of parents it may be useful to summarize the situation: If both parents are Rh positive there is little to worry about. If both are Rh negative there is nothing to worry about. If the mother is Rh positive and the father Rh negative there is nothing to worry about. If the mother is Rh negative and the father Rh positive occasional trouble can be anticipated, but this is by no means inevitable.

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Hal Boyle

NEW YORK (AP) — "Ham it up!"

This is the advice of oldtime crooner Benny Fields to anyone trying to make a success of marriage — or anything else.

"If you're not a ham, no matter what business you're in, no matter what in life you're trying to do," said Benny, "You'll never be any good in it."

To Benny "ham" means a food to the spirit instead of the body, or as he puts it — "the ability to keep on enthusing, and not take your next song or your next breath for granted."

Fields, hailed by Bing Crosby as America's first crooner, was a prince in the days when vaudeville was king. And he married a crown princess, Blossie Seelye, a famous star who introduced many famous jazz songs as the teen-agers today still like to hum.

They have trooped together for 32 years, and most of the years were fat, but some of them were lean. Sometimes Blossie was starved, sometimes Benny; often they shared top billing.

Benny said it never made any difference to either of them.

"If two married people start getting jealous of each other's career," he said, "they just get a financial arrangement."

Blossie and Benny, who don't mind at all being called "Mr. and Mrs. Show Business," are started together again now on two daily programs over station WGMG here.

"We aren't exactly disc jockeys," said Benny. "We just ad lib about the old days, and play a little music. But we worked up to a top rating in just 14 weeks, and Blossie did a jig."

"That girl still flips. And she used to have everything — big money, big cars, chauffeurs, maids — everything. That's what I mean by ham; you have to endure to do good work. And once you really got it, you never lose it."

Benny says it's the same way with married life. He pointed out that many famous marriages in the show world had survived the hardships and temptations of a precarious life — George Burns and Gracie Allen, Jack Benny and Mary Livingstone, Fred Allen and Portland Hoffs, and Eddie and Ida Cantor.

Why do so many of Hollywood's career marriages break up?

"Probably because they don't team their careers," said Benny. "You can't make love over the telephone indefinitely."

"Marriage has more hazards than a golf course. Two married people can have careers, but I think they have to have them together. There are too many pitfalls if they stay apart too long or too often."

"Blossie and I get up at the same time. We breakfast together, talk over our business together, go to work together, come home together; it has to be that way or it don't make sense."

"And you can't bear malice. Back in 1929 I invested Blossie's money for her. I made wrong guesses, just like a lot of other guys did. I lost \$200,000 she had put by. I lost everything I had myself, including a \$200,000 insurance policy. And there were some bad years."

"But Blossie never beefed once about the lost money. Never. She wore cloth coats and was cold, and she had had three mink coats. She never complained. There's a girl with protocol — a real diplomat."

The phone rang for Benny in the restaurant where we were lunching. He answered it, and returned, saying:

"I have to go now. Blossie went to get her hair done, and didn't bring along any money. I have to go bail her out — that cute little monkey."

'Goof Balls' Add To The Problem Of The Alcohol

(Editor's Note — This is the fourth in a series of articles dealing with the disease of alcoholism and what Alcoholics Anonymous is doing to combat it.)

By **LYLE DOWNING**

It is doubtful whether the founders of Alcoholics Anonymous ever had any idea that besides dealing with excessive drinkers, they would also in what has been termed "the age of sedation," have to contend with "goof ball" addicts.

For the uninitiated we will explain that, speaking in the vernacular, a "goof ball addict" is a chronic user of sedatives.

Researchers and others familiar with the disease of alcoholism all agree that the alcoholic who turns to barbiturates for relief has complicated his problem a hundred fold. There is no more pitiful character than the pill-taking alcoholic.

Many alcoholics drift into the barbiturate habit for a simple reason. The majority of alcoholics are strictly of the "hair of the dog that bit you" school. But after prolonged binges, they begin to wake up mornings with the "shakes," "jingle, jangle, jingles" and other afflictions and to their dismay discover that the "dog won't bite."

Then the nerve-wracked alcoholic reaches for a bottle of "yellow jackets," "red devils" or "blue birds" as the various types of "goof balls" are known. Among these sedatives are amytal, barbital, nembutal, phenobarbital and secobarbital.

The alcoholic knows that a couple of these pills, when the "dog that bit him" won't come to his aid, have a wonderful ability to make him feel better, for awhile. His worries and jitters subside. And when he needs sleep, he has only to reach for a pill bottle. When a hard day faces him, the "goofers" will see him over the rough spots. By this time, he is completely "hooked" by the "jolt and bolt" routine—barbiturates taken with alcohol.

Here is what Dr. Harris Isbell of the U.S. Public Health Service Hospital at Lexington, Kentucky, has to say about the alcohol-sedative combination:

PITIFUL DISTORTIONS

"Severe intoxication with a mixture of alcohol and barbiturates is far more serious than with either drug alone. Persons so addicted end up as pitiful distortions of the men and women they once were, or hoped to be."

Medical experts say that sedatives, especially the barbiturates, are becoming a personal problem for increasing thousands of men and women each year. Total production of barbiturates in the United States alone in the most recent year for which figures are available amounted to 672,000 pounds. It is estimated that this would make 3,057,730,000 capsules or tablets of the type commonly manufactured, the equivalent of approximately 24 doses for each man, woman and child in the United States.

This final conclusion has been reached by leaders of the medical profession:

DRIFT INTO HABIT

"Money, education and social

Log Pirates Losing Out

LONGVIEW (AP) — An alliance against log pirates in the Columbia River estuary has cut thefts by 90 per cent, spokesmen for the Columbia Log Salvage Co. estimated today.

Some 37 timber operators in Oregon and Washington formed the company last May. The chief of the patrol has been to sawmills and warn operators against purchasing stolen logs.

Longview lumbermen estimate the pirating gobbled up as much as a million board feet of logs yearly before the campaign. There was even evidence that the brands removed.

Hog Aid Bill Passed

WASHINGTON (AP) — The loss swine growers suffered during an outbreak of cholera exanthema, would be met by the federal government, a bill passed Friday by the House.

The bill, introduced by Sen. Gordon (R-Ore), now goes to the Senate.

It would apply only in cases which have made similar recent repayments for the period. The Senate Agriculture Committee reported that it was probably the only such act.

Cost to the government estimated at \$3,320.

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County Clerk

Your 1953 Income Tax

Editor's Note: The following article concerning your income tax, how to file it and necessary regulations has been submitted by the Internal Revenue Service Office to aid the public. Any questions concerning your tax should be worked up with the representative of that office in room 203, Federal Building (postoffice) or by calling 4264.

SHOULD MARRIED PERSONS FILE JOINT OR SEPARATE RETURNS?

If you were a married person on December 31, 1953, you are considered married for the entire year 1953. If you were divorced or legally separated on or before December 31, you are considered single for the entire year. If your wife or husband died during the year, you are considered married for the entire year.

If husband and wife have separate income (for example, if each works), they may file separate returns or a joint return. A separate return accounts for the exemptions, income, and deductions of only one person. If married persons living in community property States file separate returns, each must report half of any community income. A joint return must include all the exemptions, income, and deductions of both husband and wife. A husband and wife may file a joint return even though one of them had no income. A joint return may not be filed if either husband or wife was a nonresident alien at any time during the taxable year.

How to Make a Separate Return—To file separate returns, husband and wife must each have income under the laws of their State and they must file out separate forms. The "split income" provisions of the Federal tax law do not apply to separate returns. When filing separate returns, the husband and wife should each claim the deductions for those allowable expenses paid with his or her own funds. (In community property States, deductions resulting from payments made out of funds belonging jointly to husband and wife may be divided half and half.)

JAMES MARLOW

WASHINGTON (AP)—The idea looked good. He was new in office. He faced more protest than any man just taking on such a job, particularly one who had spent his life soldering, could be expected to master in a few months.

So President Eisenhower in 1953 appointed one commission after another to examine the problems on which he would have to make recommendations to Congress in 1954.

The ideal result for Eisenhower would be something like this:

Each commission would be composed of men who started out with a full range of different views but, after uncovering the realities in months of investigation, would turn in a unanimous report.

It would be truly ideal if such a commission contained, beside private citizens, Democratic and Republican members of Congress who wound up in harmony and unanimity. This would practically amount to another commission when Eisenhower finally sent it his recommendations.

Unfortunately for Eisenhower, commissions don't always produce that ideal result. That was demonstrated when the 17-man commission on foreign economic policy gave him a report shot through with deep disagreement.

This commission had two main fields of study: foreign aid and trade.

In 1930, over the protest of more than 1,000 economists, former President Hoover signed into law the Hawley-Smoot bill passed by a Republican-controlled Congress and setting record high tariffs against foreign imports.

Within two years 25 countries had established retaliatory tariffs. By that time the depression, which had started in 1929, was in full swing.

When the Democrats came in Secretary of State Cordell Hull was able to persuade the Democratic Congress, in the hope of reviving world trade, to pass the Reciprocal

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Does Bad Climate Cause Colds?

No, colds occur in widely different climates at about the same season. They affect about the same percentage of people in one region as in another. Apparently the greatest contributing factor is the change to indoor crowding, especially in schools, during the winter months. Children acquire and transmit the disease more readily than adults.

Your doctor can give you advice which will do much toward protecting you from colds. When your physician writes you a prescription, bring it to us for filling.

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