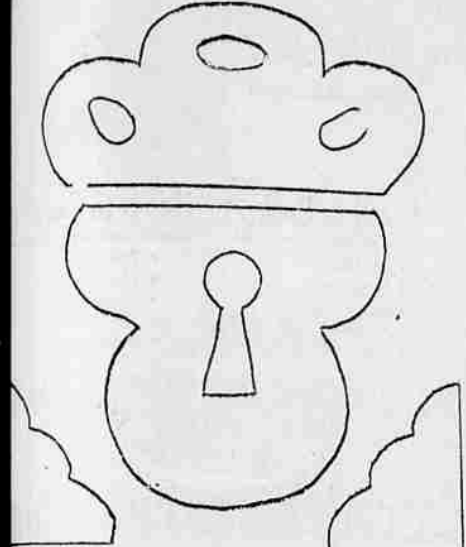


SOLID GOLD CAKE with an "inside" secret is this Pandora's Box. Cut the first slice and the rich chocolate secret is revealed. The "key" to this intriguing secret is given below. —Photo Courtesy Swans Down Cake Flour



PATTERN for chocolate lock and corners for Pandora's Box.

Pandora's Box Has Lovely Secret

When a fairy tale come true is a wealth of good eating. The secret gold is in the cake itself. The secret appears in the chocolate filling... a real Pandora's Box.

The "box" is made by cutting a small slice from the top of the cake and carefully removing the rest of the base. (And here is the secret to plan a wonderful ice pudding using the left-over chocolate filling, made from chocolate pudding, is put into the center and the top slice replaced. After covering the top sides of the cake with a light delicious Four Minute Frosting, it is time to decorate this Pandora's Box with chocolate hardware, hinges and corners. Serve, cut key from gold cardboard, place in chocolate lock and set before real-to people who will be only too glad to believe in this tasty tale when they come true.

PANDORA'S BOX
Use Orange Gold Loaf as follows: Line the bottom of a 10x5x3 pan with paper. Start oven for 350 heat (350 degrees). Sift flour before measuring.
2 cups sifted cake flour
2 teaspoons double-acting baking powder
1/2 teaspoon salt
1 cup sugar
1/2 cup shortening (at room temperature)
2 teaspoons grated orange rind
3 egg yolks, unbeaten

Milk (with vegetable shortening, using 3/4 cup milk. With butter or margarine, use 2/3 cup milk.

Measure sifted flour into sifter; add baking powder, salt and sugar. Sift shortening just to soften. Sift in dry ingredients. Add orange rind, egg yolks and half of the milk; mix until all flour is dampened. Then beat 2 minutes at low speed of electric mixer or Add remaining milk and beat 1 minute longer in the mixer or 150 strokes by hand.

Pour batter into pan. Bake in moderate oven (350 degrees) 1 hour to 1 hour and 10 minutes. (Cake will have a crack on top.)
Cool cake. With a Sharp knife, cut off a slice from top of cake. Carefully remove center of cake, leaving a 1/2-inch shell. Fill center with chilled chocolate filling, made by combining 1 package chocolate pudding and pie filling mix with with 2 cups milk in saucepan. Cook and stir over medium heat until mixture comes to a full boil. Remove from heat and chill, stirring occasionally.

After filling center with filling,

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FLORENCE JENKINS, Editor

Herald and News

Today's Women

By DOROTHY ROE
AP Women's Editor

After all the recent hoopla about new horizons for women, it turns out that the best paying job still is one of the oldest—just being a good cook.

There are, of course, women who are pulling strings in the upper echelons of Wall Street, women running banks and heading corporations. Women have penetrated the male strongholds of railroad-ing and engineering with notable success. They are making good as doctors, lawyers and atomic scientists.

But it was a hard-working housewife from a small town in South Dakota who collected \$25,000 the other day just for baking a cake. That is a rate of pay that would be hard to equal.

Other good cooks from all over the United States collected other prizes totaling close to \$100,000 for their favorite cookies, cakes, pies or breads.

The winners ranged in age from 12 to over 60, and included a pink-cheeked man who cooks for a convent in Honolulu.

The girls who carried off these heavy bags of swag had, for the most part, devoted their lives to the role of housewives and mothers for their children. Like millions of other housewives all over the world, they simply liked to cook, collected recipes, and tried out new goodies on the family.

We have come just about full circle in this business of careers for women. Back in the 20s we were fighting tooth and nail for the right to do men's jobs for men's pay. Emancipation was the



TEA PARTIES ARE FUN and provide a delightful way to entertain drop-in friends. Tea can give that needed pick-up and adds a party note when accompanying tray of simple sandwiches and cookies. —Photo courtesy Tea Council

word of the era, and women went around with large chips on their shoulders, daring anyone to call them feminine.

Now it's suddenly become fashionable to be a homebody once more. Today's young brides start collecting cookbooks and planning families the day they get back from the honeymoon. Teen-agers invite their boyfriends into the kitchen and let 'em eat cake.

It's smart to be a good cook today, and it also pays. Witness the bake-off.

HOME EXTENSION

"New Materials in Home Furnishings" was the subject for study at the last meeting, Dec. 8 of the Poe Valley-Oleone Home Extension Unit. The subject was explained by Dolores Bracken, county extension leader.

Twenty two members and two guests were present for the meeting in the community hall. Luncheon was served at noon.

The annual Christmas gift exchange was highlight of the day. The next meeting will be at the hall also.

PREVENT FIRES

Precaution against fire is especially urgent during the Christmas season because of the hazards presented by decorations, gift wrapping, possible defective wiring for Christmas tree illumination and the tree itself. Fire takes a toll of more than 7,000 lives each year in the United States, with more than 3,000 of the victims burned, suffocated, trampled to death or otherwise fatally injured in fires or explosions.

replace top of cake, and chill one hour.

FOUR MINUTE FROSTING

Combine 1 unbeaten egg white, 3/4 cup sugar, dash of salt, 3 table-spoons water, and 1 teaspoon light corn syrup in top of small double boiler. Beat until well mixed. Then cook over rapidly boiling water, beating constantly with sturdy egg beater or at high speed of electric beater, 4 minutes, or until frosting will stand in stiff peaks.

Remove from water. Add 1/2 teaspoon vanilla and beat 1 minute longer, or until thick enough to spread.

CHOCOLATE HARDWARE

While cake is baking, melt 1/2 square candy-making or unsweetened chocolate with 1/2 teaspoon butter. Draw off pattern for two hinges like the top of the lock, and eight corners. Place wax paper over pattern and with the tip of a small sharp knife, fill in the outlined part of patterns, covering evenly. Chill in refrigerator. Place in position on cake immediately after frosting, having peeled off wax paper carefully.

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FOUNDATIONS
American women last year spent more than \$453 million for foundation garments and it is expected that at least \$475 million will be spent for these items during 1953. The Corset and Brassiere Association predicts the trend will continue during 1954.

Between 80 and 85 per cent of American women over the age of 15 wear foundation garments, the association reports.

Here are basic pointers to keep in mind when buying foundation garments, suggested by the association:

1. Choose a garment that appeals from the standpoint of color, material and workmanship.
2. Select one suitable to the clothes it will underscore.
3. Make certain it is the right size and comfortably fitted.
4. Be sure the garment will fill the functional needs of age and figure type.

At extreme flood, Guayra Falls, on the Parana river between Brazil and Paraguay, has more than eight times the water volume of Niagara Falls.

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