

# Kinsey's Report On Women, Unwrapped Today, Shows They Stay Young Longer, They All Differ, Roaring '20s Helped

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AP Science Reporter  
BLOOMINGTON, Ind. (AP) — The new Kinsey Report released today finds women stay young longer than men in sex activity.

Human sex lives, it also finds, are as different as fingerprints.

The only basic sex difference between men and women is mental or psychological, the female book

says. Most women—with some surprising exceptions—are aroused as often as men by sights, talk, or anticipation of sex.

Most women need steady physical contact to achieve sex satisfaction.

As many persons suspected, it finds the roaring '20s really brought a sharp change in American women's sex lives. They changed toward less frigidly in marriage, and more experience and freedom before marriage.

Dr. Alfred C. Kinsey authorized publication today of the scientific findings in his long-awaited second book, "Sexual Behavior in the Human Female."

It is more than just statistics or candid confessions of what women do. By comparing men and women, it offers keys for happier marriages and sounder sex laws. Five unusual chapters tell the full science of sex. Some main findings are:

Ten per cent of wives remain frigid, never experiencing a sexual climax. So do 28 per cent of older single women. Yet many such inexperienced women advise youths about sex, or help draft sex laws.

One in four wives—28 per cent or more—at some time commits adultery, whereas about half of all husbands ultimately have extramarital affairs. Some husbands encourage wives to do so.

About half of all women have sex relations before marriage, about half of them just with fiancés. Only about two thirds ever reach a climax in these premarital relations.

Most women reach a peak of sexual activities about the age of 27 or 28. Once they reach it—it can be earlier or later than that—they usually maintain a steady level of activity until their 50s or 60s, with little decline from aging.

But most men reach a peak of activity in their late teens, then steadily decline with age. The male peak is most often far higher than women's, so that male activity remains higher throughout life than the activity of most females.

But the fact is most men are growing old in sexual capacity when their wives are becoming more interested and less inhibited in sex. This difference often leads to marital problems. It's still a mystery why women don't show this aging effect.

Of 33 kinds of psychological arousals toward sex, only three stimulated higher percentages of women than men. These three were seeing romantic movies, reading romantic literature, and being bitten. Men are usually more aroused by nude pictures, thoughts of sex, or other reminders.

A third of women are not aroused at all by any psychosexual stimuli. But 2 to 3 per cent are far more aroused than any man.

Trouble often comes when men expect women to react psychologically as men do. Men often fail to realize that women are more easily distracted from sex by noises or interruptions. The ease of male mental arousal accounts for husbands' wanting more frequent sexual contact, and men's difficulty in getting along without it. Wives often fail to understand that.

The sex response involves 20 bodily or physical changes, including faster pulse, higher blood pressure, shortage of oxygen, rapid breathing, lessened ability to see and hear.

Anger involves 14 of these same changes. Anger thus equals sex minus six.

This could explain some sex crimes, "why frustrated sexual response too readily turns into anger or rage," or anger can lead on to sex. It could explain why marital quarrels sometimes lead to lovemaking.

Fear contains nine of the sex reactions, and epilepsy produces eight of them.

Basically, there's no difference in the anatomy and physiology of sex response in men and women. The nerve endings involved are the same.

People at times have tried schemes to abandon the family and home, but "none of these schemes has provided satisfactory substitutes for the home, and most of them have been short-lived. History confirms the importance of the family."

At marriage, about one third of women have never had a sexual climax, through any method. But almost 100 per cent of men have.

The woman who experiences a climax before marriage, by any method, has a two to three times better chance of achieving sexual success earlier in marriage. Kinsey says the meaning of this must be studied.

No two persons are exactly alike in their sex lives, none fits entirely into all the averages Kinsey has yet found. Each person can easily believe that what she or he does is normal.

This individual variation "is the most persistent reality of human sexual behavior." And "There are no sexual qualities found in only one sex or the other."

Women show greater extremes in sex than do men. While some remain frigid, 14 per cent regu-

larly have multiple climaxes during one sex act. One woman can give herself 100 climaxes an hour. One woman of 90 is still having regular sexual experience.

Women sense this greater variation, and so begin to discuss their sex lives with other women. This lack of comparing notes is often a reason for women's ignorance about sex.

Parents in the 1920s, the time of the big change, were right in complaining about wildness of the younger generation. Since then there's been little change, and less criticism from parents because the parents had done the same things themselves.

The change in the '20s has reduced frigidly in marriage by one third to one half what it was among wives born before 1900.

There's little correlation between sex hormones and sex activity. The amounts of female or male sex hormones don't explain why males reach an early peak and decline, or why there's no such aging effect in women. Differences in amounts of certain adrenal hormones, called 17-ketosteroids, might explain this difference.

After castration, many men, made eunuchs, and almost all women can still have sex relations.

Females do not develop earlier sexually than males. It is a mystery why adolescent girls are slower than boys to develop in sexual responsiveness. The 17-ketosteroids might be the reason.

There is no physical reason why women may be slower than men to reach a sexual climax. The average female is not slower if she is sufficiently stimulated physically. It is not inhibited, and it effective techniques are used.

Fifteen years in preparation, the new 842-page book will be published Sept. 14 (W. B. Saunders Co., Philadelphia, \$8.00).

More readable than the male book published five years ago, the new report is authored by all 14 members of the staff of the Institute for Sex Research, Inc., at Indiana University. Main co-authors with Dr. Kinsey are Doctors Wardell B. Pomeroy, Clyde E. Martin and Paul K. Gebhard.

All profits from the book go to the institute to continue the male and female studies and for future reports on sex laws, marital adjustments, sex education and other projects.

The female report draws on interviews with 5,940 females aged 2 to 90, of various religions, education and occupations.

It also draws upon the institute's 18,000-volume sex library, upon studies of anthropologists, gynecologists, psychiatrists and other experts, upon analysis of sex laws, sex life in other countries, sex life of animals, and individuals' sex diaries and calendars.

Five special chapters tell the up-to-date story of the anatomy, physiology, psychology, nerve mechanisms and hormone influences in sex.

Despite its title, Dr. Kinsey says the book does not pretend to report sex behavior of all American women, much less women throughout the world.

It excludes Negro women because not enough had been interviewed. It has some limitations in geographical representation, but Dr. Kinsey says the findings are probably typical of many American females.

The purpose—as with other studies—is to learn scientific facts about a field of human activity long clouded by ignorance, Dr. Kinsey explains. He holds that before sexual behavior can be understood, or any phases of it more intelligently controlled, it must first be learned what people actually do.

Other findings:

The degree of school education has less effect on sex behavior of women than men. Premarital relations were more common among girls who had gone to college and high school than among those of grade school education only. The opposite was true of men.

The "double standard" is becoming more of a single standard due to greater premarriage experiences of modern women.

Fewer women than men are homosexual. But a educated women are more likely to be homosexual. Giving sexual hormones to homosexuals does not make them less homosexual.

It is untrue and harmful to many women to say that most women do not enjoy sex.

"The church, home, and school are the chief sources of sexual inhibitions, the distaste for all aspects of sex, the fears of physical difficulties which may be involved in sexual relations, and the feelings of guilt which many females carry with them into their marriages."

Laws and customs: 85 per cent of men and 95 per cent of women could be jailed for their sex acts by strict interpretation of laws.

"Many people, perhaps fortunately, have no conception that their everyday sexual activities may, in actuality, be contrary to law."

Others live in dread that their actions, considered normal by many other persons, may be found out.

In some states, a man can be jailed as a sexual psychopath for wanting sex relations oftener than his wife does, if a doctor judges his desires to be excessive. "Excessive" could be anything more than what the doctor himself does and believes is normal.

The law makes no provision for about 40 per cent of the population which is sexually mature, but not married, and "many youths and older unmarried females are seriously disturbed because the only sources of sexual outlet available to them are either legally or socially disapproved."

Marriage: "Men will never learn to get along better with women, or women with men, until each understands the other as they are, and not as they hope or imagine them to be."

About two thirds of marriages at some time run into trouble over sex factors were among causes of 75 per cent of divorces in these case histories.

"Sexual adjustment represents only one aspect and not necessarily the most important aspect of marriage. No balanced program for American youth can be confined to preparing them (only) for the sexual relationship in marriage."

There is no magic in the mar-

riage ceremony which can make a person instantly lose all inhibitions about sex acquired since childhood.

"It is rather surprising that so many married couples are ever able to work out a satisfactory sexual arrangement."

Putting: About 40 per cent of girls have petted by age 15. Nearly 100 per cent of the younger generation petted before marriage, some to climaxes.

Many feel guilty, but "little has been said about the psychological disturbances and subsequent marital difficulties which may develop when there is such condemnation and constant belaboring of any type of behavior which has become so nearly universal, and which is as likely to remain universal, as petting is among American females and males."

Petting gives most girls their first real understanding of experience with the other sex. It gives a girl "an opportunity to learn to adjust emotionally to various types of males. Thus she may acquire some wisdom in choosing the particular male with whom she hopes to make a permanent, life-long adjustment."

Physical: All parts of the body, not just the sex organs, are involved in sexual response. Sexual reaction, because of their speed, apparently depend upon nerve mechanisms.

It is not true that women have more erogenous or sexually stimulating areas on their bodies than men.

Almost every sexual organ has its counterpart in the other sex, and the differences "are no great significance in the origins and development of sexual response" and climax.

The brain controls reactions to psychosexual stimuli, and differences in chemistry of men's and women's brains might explain their different reactions psychologically.

Smaller percentages of devoutly religious girls and women engage in premarital sex relations.

Veneral disease may be less a problem than it formerly was. Of 1,753 women having premarriage relations, only 44 ever contracted such a disease.

Too often what is called a nymphomaniac is merely a person who has more climaxes than the doctor or other person to whom she is talking.

"It is apparent that if parents or other adults are to be the sources of a child's first information on sex, they must give that

information by the time a child is 10 or 12," or earlier, or the child will learn from companions.

Official estimates say some 130,000 children are born out of wedlock annually in the United States, but "the actual facts might multiply this figure several times." Of 2,094 women having premarital affairs (with union a total of 460,000 times) 476 became pregnant.

He explains a main reason for starting the sex studies: how students at Indiana University asked him, a zoology professor, questions about sex to which he could not find factual answers, anywhere, and, how little was actually known, scientifically, about human sex behavior.

"We believe," he writes, "that an increased understanding of the biologic and psychologic and social factors which account for each type of sexual behavior may contribute to an ultimate adjustment between man's sexual nature and the needs of society." And he believes most people at times face problems "which some greater understanding of sex would help solve."

Dr. Kinsey asks his questions one after the other, in objective, easy-going manner, with no eyebrow raising or other emotional reactions of surprise or disapproval.

The questions give cross-checks, to spot exaggerations or reticence. The speed of answers, tone of

voice, eye movements, are watched for signs of false answers. He says it's easier for persons to hide facts than to exaggerate them through the questioning method. Of several hundred persons re-interviewed months or years later, their answers the second time jibed closely with the first.

(Continued on Page 7)

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## No Eyebrow-Raising As Kinsey Questions

BLOOMINGTON, Ind. (AP) — Dr. Alfred C. Kinsey says winning people's confidence and asking questions in a calm objective way are two keys to getting facts on human sex lives.

He interviewed college presidents, housewives and business executives, and even cracked the unshoddy to win confidence of shrewd men and women there.

In 15 years, he and three associates have interviewed some 18,000 men and women over the country. Of 8,000 women questioned, the case histories of 5,940 form much of the basis of his new book, which will be out Sept. 14.

An interview lasts 1½ to 3 hours and covers 300 questions, or up to 500 for persons with wide experience.

He says he can't pick human subjects in the same statistical way as do interviewers about politics or other subjects to get a representative cross-section of the American public. For if you rapped on the door of homes chosen that way, many people would refuse to answer his very personal questions.

Dr. Kinsey's approach is first to win cooperation in different sections of communities, or through clubs or groups of all social levels, as well as through individuals. Often one person convinces another to cooperate. This happens in the underworld, and by such confidences Dr. Kinsey may actually know more about racketeers and crime in some cities than many police officials.

Dr. Kinsey explains everything told to him will be kept strictly confidential, by secret codes.

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