

Even Brides Can Excel In Biscuit Business

Make 'em plain, or with raisins. Roll 'em out, or drop 'em. Whatever way, if you follow this recipe, you'll be successful. You'll get extra light biscuits for sure. Just watch them fly off the plate.

Young cooks, especially, are apt to be a little timid about biscuits. Maybe because there have been so many jokes about a tearful bride's leaden efforts. Maybe because so many tactless husbands have really talked about the biscuits "mother used to make."

Here's how to turn out home-made biscuits that would have turned anybody's grandmother green with envy. Once any home-maker—beginner or experienced—makes these biscuits, she'll throw humility to the winds, and positively green herself. Rightfully!

You break one open—and feel as if your thumbs were in feathers. You smudge a piece of butter inside, and it sinks gratefully into the fluffy tenderness. Then you stealthily watch somebody take a bite, and see that first can-it-be-true? look, then the big blissful smile. And it's fun! A thumping big reward for the little bit of trouble you went to, getting out your board on rolling pin. Let them eat without counting, too. These biscuits are as digestible as they are light and fluffy.

Best part is, when you can turn out such biscuits as part of your regular bag of tricks, you can

make an ordinary, run-of-the-mill lunch or dinner taste positively inspired! Which is what we all like to do these days of high prices, when we serve less glamorous food than usual. And people certainly appreciate it when you include some such little extra, thoughtful touch.

So now you need fear no biscuit maker, past or present. You're mistress of the art!

RAISIN BISCUITS

(Makes 16 to 20)
2 cups sifted flour
3 teaspoons baking powder
1 teaspoon salt
1/2 cup raisins
1/3 cup shortening
3/4 cup milk

All measurements level. Mix flour, baking powder, and salt in bowl. Cut in shortening (with two knives or a pastry blender) until the mixture looks like coarse meal. Stir in raisins. Add milk and stir just enough to hold dough together. Place dough on board or pastry cloth which has been dusted with flour. Roll dough over several times. Roll out dough 1/2" to 3/4" thick. Cut in squares. Bake on cookie sheet in hot oven (450 degrees F.) 10-12 minutes.

DROP BISCUITS

Follow recipe above but omit raisins and increase milk by 4 tablespoons. Drop from a spoon on cookie sheet.

45-Minute Dress

Are you the impatient type, who wants quick results?

Then here's your dress, which can be made in 45 minutes flat. Whip it up while the baby naps, while your hair dries, while dinner is cooking.

When you've seen how easy it is, you probably want to make

several in different colors, for a casual summer wardrobe. Even if you're an amateur, you'll find this dress wonderfully simple to make and easy to wear.

The secret of the perfect waist-line is elastic thread. Professional-looking shirring adjusts to your figure, is shaped high in front and lower in back for a slimming contour.

Use no special attachments on your sewing machine in making this dress. Elastic thread is used on the bodice with silk or mercerized cotton thread in the needle of your machine. The tightness of the shirring is determined by your machine tension and stitch adjustments. These directions are included in the elastic thread package. Local sewing center experts remind you to run a test sample before beginning to sew, and to work on the right side of your fabric. It is wise to lock the shirring with a few back stitches.

For easy laundering, make your 45-minute dress of a cotton-and-orlon print, such as is pictured here. It is light enough to shir easily, and maintains a bandbox freshness through the most sweltering day.

For free directions for making the 45-minute dress, write to: Jane Livingston, 5th floor, 11 East 26th Street, New York 10, N.Y.

Blueberry Vs Huckleberry

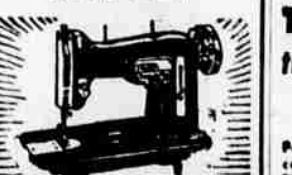
An authority tells us that blueberries and huckleberries are pretty much the same fruit but that different localities prefer different names. There is a difference, however. Blueberries are generally sweeter, milder and larger than huckleberries, and the thought more numerous, are so much smaller as to be scarcely noticeable in eating. Blueberry season extends from June to mid-September in different areas. Actually with present day freezing and preserving facilities, the season is year-long.

BLUEBERRY SURPRISE PUDDING

2 cups fresh blueberries
2 tablespoons lemon juice
1 1/2 cups sugar
3 tablespoons butter or margarine
1/2 cup bran
3/4 cup sifted flour
1 teaspoon baking powder
1/4 teaspoon salt
1/2 cup milk
1 tablespoon cornstarch
1/4 teaspoon salt
1 cup boiling water

Place berries in well-greased 8 x 8-inch pan; sprinkle with lemon juice. Blend 3/4 cup sugar and butter; stir in Bran. Sift together flour, baking powder and salt; add to shortening mixture alternately with milk, mixing well after each addition. Spread evenly over blueberries. Combine remaining sugar, cornstarch and salt; sprinkle over batter. Pour boiling water over pudding. Bake in moderate oven (375 degrees F.) about 1 hour. Yield: 6 servings.

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Watch Food Hot Weather

Many cases of food poisoning and food infection—some fatal—hit the headlines during the summer, often as the aftermath of picnics.

Outbreaks frequently strike without warning because the food shows no signs of spoilage. Cream-filled pastries and pork products, such as mild-cured ham, have most often caused such illness. Bacteriologists at the U. S. Department of Agriculture caution that soft protein foods, especially those which are handled in preparation, are especially subject to rapid and dangerous spoilage in warm weather and may be harmful even when they have no spoiled odor, taste or change in appearance.

In all seasons, the experts emphasize, such foods as soft custards, cream puddings or cream filling in pie or cake, cooked salad dressings, gelatin mixture, stuffed eggs or egg salads and all cooked meats, poultry and fish must be kept safely cold until they are served. They cannot stand and wait out on the table in a warm kitchen any more than they can in picnic baskets.

For outdoor summertime eating, it is smart to keep such foods in insulated containers, or in closed jars or kettles packed in a box or tub of cracked ice and insulated with heavy newspaper wrapping.

Food specialists suggest that instead of filling sandwiches with meat or egg mixtures you take along plain buttered bread or rolls, with the filling in cold containers, and fix the sandwiches when you're ready to eat.

The U. S. Public Health Service Milk and Food Branch says the basic trouble from food outbreaks over the years can be attributed principally to contamination during preparation or to inadequate refrigeration or improper storage. Its experts recommend the following protective measures:

1. Cook all foods thoroughly.
2. Keep all food served immediately under refrigeration.
3. Avoid cakes and pies with cream filling during the hot weather unless kept under refrigeration.
4. Make sure of cleanliness of all persons who prepare food as well as of all utensils.
5. Protect stored foods against rodents, mice and insects.

The difference between food poisoning and food infection is this: Food poisoning is the result of toxins already developed by bacteria in things you eat. Reactions such as fever, nausea and vomiting come as soon as 30 minutes after eating.

Food infection is the result of eating food contaminated with certain types of organisms like salmonella bacteria, which develop toxins after you eat it.

Home Hints

JEWELRY WARDROBE

To be in the 1953 fashion swim, lots of jewelry is a "must" in order to accent the new silhouettes in women's clothes, style experts agree. A smart jewelry collection should include designs in gold, for daytime wear, and brilliant white palladium or platinum for the evening. Pieces regarded as indispensable fashion accessories are: a necklace or choker, for the collarless neckline; a clip or pin set, to complement the wide lapel; large earrings of the hoop, drop or button type; and wide bracelets worn in mass.

KEEP 'EM ROLLING

A new pastry cloth on the market makes pastry rolling easier. Wooden sticks inserted through hems on two sides lift metal bars on the other two sides, making the cloth rigid so it won't slip or slide. With the side bars removed, the cloth can be rolled around the rolling pin and tucked away in the kitchen drawer.

Best way to wash a pastry cloth by the way, is to soak it first in cold water and then squeeze it repeatedly through warm, soapy wringing, spread it flat and smooth out wrinkles with a spatula or brush. When dry, it will be ready for re-use without ironing.

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Mrs. Clark describes her experience with marine life in the West Indies, and the Red Sea. Cronin's takes a surprise ending when the son of a man who served time for murder takes a hand and "Hope for the Troubled," is a treatise, in biography form on recovery of emotional health. This new book lists names and addresses of organizations providing information. Look for the following volumes: fiction—Desire, Selinger; The Dark Angel, Waitari; The High and Mighty, Gann; The Silver Chalice, Costain; The Emperor's Lady, Kenyon; Kingfisher's Catch Fire, Golden; Golden Admiral, Mason; Kiss Me Again Stranger, du Maurier; The Cain Mutiny, Wouk; East of Eden, Steinbeck.

General—The Power of Positive Thinking, Peale; Annasapurna, Herzog; Revised Standard Version, Holy Bible; North from Malaya, Douglas; The Poor Man's Guide to Europe, Dodge; A Man Called Peter, Marshall; Life Among Savages, Jackson; Call Me Lucky, Crosby; Angel Unaware, Rogers.

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