



Cold cuts, dairy dishes, salads and cooling drinks are "Life Savers" from the heat...

Cut kitchen time in half—serve easy-to-prepare frozen foods, canned foods and delicatessen items such as these...

The family will applaud your choice.



How to be a Better Cook
...and save money too!

BY Mary Blake

Home Service Director Carnation Company

Try these shortcuts for wonderfully different meals—with little fuss—less preparation:

CHOCOLATE MILK: Add 2 or 3 tablespoons chocolate syrup to 1/2 glass cold Carnation Evaporated Milk mixed with 1/2 glass ice water. Stir with spoon until thoroughly mixed. Cold and creamy!

TASTY HAM SLICES: Pour leftover syrup from pickled peaches, apricots, or pears over ham slices. Let stand for several hours. Then cook in skillet over low heat until most of the syrup has cooked away.

BANANA CREAM CAKE: With your favorite brand of package white cake mix (calling for milk), use a mixture of 2 parts of Carnation Evaporated Milk and 1 part water. Bake as directed for 2-layer cake. For filling, prepare your favorite brand of package vanilla pudding mix, using Carnation Evaporated Milk with an equal amount of water. Cook 1/2 minute longer than directions. Add banana slices; cool. Spread between cooled cake layers. Top with powdered sugar.

Beef Roasts	Young Steer Beef	29 ^c lb.
Ground Beef	lb. 20c	4 lbs. 79 ^c
FRYERS	These are local, fresh dressed Fryers. Cut-up, fancy quality.	59 ^c lb.
Pork Sausage	lb. 20c	4 lbs. 79 ^c
Steaks	Sirloins or ribs	49 ^c lb.
Round Steaks	Grade "A"	59 ^c lb.
Frankfurters	Old fashioned, they're good	35 ^c lb.
Colored Hens	Eviscerated, fresh dressed Extra fancy, oven ready	45 ^c lb.
Roasts	Heel Of Beef	49 ^c lb.
Short Ribs	Beef	19 ^c lb.



Lunch Meats Assorted 49^c lb.



Fruits & Vegetables

Striped, Guaranteed Ripe

WATER MELONS 4^c lb.

Cucumbers	Fresh, crisp, slicing size	2 for 9 ^c
Green Peppers	For salads or stuffing	12 ^c lb.
Corn	Golden, well-filled ears	55 ^c doz.
Green Beans	Snapping fresh!	15 ^c lb.

GIANT Size SURF	With 43c Pepsodent Chlorophyll Tooth Paste in Pkg.
ALL FOR ONLY	59 ^c
GIANT Size TIDE	63 ^c
IVORY	Med. Size 3 bars 25 ^c
CLOROX	1/2 Gal. 27 ^c
LIQUID STARCH	Staley's 1/2 gallon 49 ^c

CANNED FOODS CARNIVAL

Catsup	STOCKTON 12-oz. bottles	11 ^c
Asparagus	Tip Top, New Crop, Center Cuts No. 300 Tins	17 ^c
Pork and Beans	VAN CAMP'S No. 2 1/2 Tins	19 ^c
Tomato Juice	CAMPBELL'S 46-oz. Tins	23 ^c
Peas	HUNT'S No. 303 tins	17 ^c
Corn	THREE SISTERS Whole Kernel No. 303 Tin	15 ^c



CARNATION MILK TALL TINS	2 for 29 ^c
PULLET EGGS	Doz. 53 ^c

FROZEN FOODS

Orange Juice	Or Minit-Maid Lemon Juice Stokeley's Fresh Frozen Concentrated 6-oz. Tin	17 ^c
FRYERS	Swanson's Fresh Frozen The Pick of Poultry! Full 2 lbs., each	1 ⁴⁹
MD Tissue	3 rolls	25 ^c
Waffle Syrup	Staley's 5-lb. tin	49 ^c
Soup Mix	Lipton's - Noodle and Tomato Veg. 3 pkg.	33 ^c
Bread	Fluhrer's Hollywood 1-lb. loaf	23 ^c
Corn Flakes	Kellogg's 12-oz. pkg.	21 ^c
Margarine	Durkee's "Gold Standard" lb.	25 ^c
SYRUP	Sunny Jim 5 lbs.	79 ^c
JELLY	Sunny Jim—12-oz. Assorted, your choice	23 ^c

Golden West Coffee
NOW - TRY IT ICED!

PICNIC ITEMS

Jels - Best 8 delicious flavors PKG. 5^c



KOSHER DILLS	24-oz.	43 ^c
Sandwich Spread	Best Foods Qt. 69c	37 ^c
Cottage Cheese	Crater Lake Pint	25 ^c
Anchovies	In Tomato Sauce, Booth's, 8-oz. tin - Sardine Pack	10 ^c
Flavor Ade	Makes Hot Weather Drinks easy to fix 3 pkg.	10 ^c
French Dressing	Nalley's 8-oz.	19 ^c
Straw Hats	"Coco-coolers", Western Style 1.39	
Light Straws	Men's sizes 69c	
Ladies Jeans	Famous "Blue Bell" 2.69	
Vacuum Bottles	Globe prs. 98c	
Rockford Socks	Men's pair 25c	
Gold Tumblers	Heavy Base each 10c	
Lunch Baskets	Assorted Colors—Large 1.98	
Panda Bears	Assorted Colors—Large 3.49	

OXYDOL

Large Size 29^c

DUZ

Large Size 29^c

Ivory Flakes

Large Size 29^c

CHEER

Large Size 29^c

JOY

Liquid Detergent 29^c

BIGY MARKET
PARK EASY AND PAY LESS