



MARKING THE END of the school year, members of Mills School PTA gathered for tea-time. Here, at a beautifully appointed table centered with Spring blossoms are Mrs. Clifford Kenyon, new president for the coming year, pouring; Mrs. Joe Matlick Jr., first vice president; Mrs. Gerald Wickersham, treasurer; Mrs. James Barnes, secretary; Mrs. Cornelius Olvera, second vice president and Mrs. Arthur Anderson, retiring president. Members of the faculty were hosts.

Mills PTA Ends Year With Tea

By Mrs. J. M. Barnes
The last meeting of Mills PTA was held Wednesday, May 19 at 2:00 p.m. in the school auditorium. The meeting was opened with the flag salute led by James Barnes and Richard Putnam. The invocation was given by the Rev. G. E. Estes of the Calvary Baptist Church. Several selections were played by the intermediate school band under the direction of Mr. Yount. Mrs. Clifford Kenyon gave some of the highlights of the State convention held in Medford, April 23. She said the goal of all PTA's next year was for Better Homes, Better Schools and Better Communities. Cooperation was the keynote. Verne Speirs, Principal, urged all mothers with children entering Mills school next fall, to attend visitation day, May 21, 3 p.m. The following new officers were installed by Mrs. Dale Baxter, President, Mrs. Clifford Kenyon; first vice president, Mrs. Joseph Matlick Jr.; second vice president, Mrs. Cornelius Olvera; secretary, Mrs. James Barnes; and treasurer, Mrs. Gerald Wickersham. Mrs. Arthur Anderson, retiring president, was presented with the president's pin by Mrs. Clifford Kenyon. Mrs. Wayne Galloway presented Mrs. Anderson with a gift as a token of appreciation for her fine leadership during the past year. Room count was won by Mrs. Southwell and Mrs. Walker.

BPW Meet

Business and Professional Women, meeting for dinner Monday night at the Willard Hotel heard reports of all delegates who attended the recent state BPW convention at Grants Pass. Imogene Boothby, newly elected president presided for Beth Griggs, away from town on vacation. The program, in charge of Sybil Williams and Eleanor Weatherford brought Camp Fire Girls and their leaders, Naomi French and Dee Kidder and Girl Scouts and their leaders, Ella Redkey and Mrs. Charles McFarlan to the meeting. The guests presented several musical numbers, short talks and exhibits of work accomplished during the year.

How To Guard Your Child Against Polio

Scientists have made progress toward polio control and a time may come when epidemics of this disease will be averted, but no great reduction in cases can be promised this year.

Use of gamma globulin (which prevents paralytic polio for a few weeks) is strictly curtailed because of shortness of supply. Only about 1,000,000 doses of GG will

Varnishing? Temperatures Cause Grief

Checking in varnish often is caused by the exposure of the surface to sunlight, a hot radiator, or other kinds of heat followed by sudden coldness or by repeated change in temperature. Other possible causes include too much or too little moisture in the wood before the finish was applied, or the way the veneer was cut and which side was used for the outside surface.

The homemaker can often improve the appearance of checked varnish, by washing the piece with a mixture of 3 tablespoons of linseed oil and 1 tablespoon of turpentine to 1 quart of hot water. Wash and let dry thoroughly. Then rub the surface with the following mixture: For a small area mix together 2 tablespoons boiled linseed oil and 1 tablespoon of turpentine. Add 1 1/2 tablespoons of clear varnish. Double amounts for large surfaces.

This mixture is also good for repolishing very dull finishes and for removing varnish from old or damaged places.

Warm this mixture before you use it by placing the container in a pan of hot water. Apply warm liquid to only a small part of the furniture at a time, rub it hard, using the palm of your bare hand. As the mixture sets, it begins to stiffen and your hand drags. Then rub off at once the mixture that remains, using several clean cloths. If you do not remove this extra, your furniture will remain sticky. If a second application does not conceal the checking, you will need to do a complete refinishing job on your piece.

be available this year for distribution among some 48,000,000 children and adolescents in the age groups most susceptible to polio.

Dr. Hart E. Van Riper, medical director of the National Foundation for Infantile Paralysis, made it clear what parents can do to safeguard their children now against this dread disease.

"With a vaccine still unavailable," he replied, "and with GG in short supply, parents should heed the precautions which have been recommended year after year when polio is around. The advice contained in these simple health rules holds good."

"1. Children may continue to play with their usual companions—avoiding new groups.

"2. They should wash hands carefully before eating, avoiding use of other people's soiled towels, dishes and tableware.

"3. Beware of fatigue and chilling of children, which lowers resistance to polio virus.

"4. Don't subject young children to unnecessary and lengthy travel.

"5. Consult your doctor if symptoms of polio appear: headache, fever, sore throat, upset stomach,

stiff neck or back—keep the patient in bed away from others.

"6. If polio strikes, turn to your local chapter of the National Foundation for Infantile Paralysis for advice and financial assistance, if needed."

Dr. Van Riper points out that the greatest source of danger to children from birth to adolescence, the group in which polio is most likely to strike, is his own home group where he is most likely to use common things. The next most likely places are school, the movies or other crowded areas. The least dangerous spot for infection is the outdoors.

The main thing for parents to remember, says Dr. Van Riper, is not to become panicky. By staying put, even though some cases of polio crop up in the neighborhood, you reduce the chances of your child contracting the disease. In any event, the possibilities of

junior contracting paralytic polio is one in 150. In many instances, Junior may get a mild case of the disease and gain immunity through it.

One final word from Dr. Van Riper: Don't take your child's tonsils out during the polio season. Wait until October or November if it must be done.

SWEET 'N TENDER



Easy to Fix, Nutritious Dish—Fried Chicken Livers with Sauce

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room sauce made by heating a can of condensed mushroom soup with 1/2 cup of milk. Nowadays, the easiest, thriftiest way to buy chicken is to buy your favorite piece by the box. Swanson also quick-freezes all drumsticks, breasts, thighs, gizzards, wings, and hearts. They've been specially selected, beautifully cleaned, and thoroughly washed. Try some plump, tender Swanson Chicken right soon. It's quick-frozen fresh! U. S. Government inspected

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TOMATOES

Tomatoes, known long ago as "love apples," were used as food by the Indians of Mexico in pre-historic times, but it was not until the early 16th century that they were first eaten in Europe by the Italians. Because they were a member of the deadly Nightshade family and thought to be poisonous, tomatoes were grown in the gardens of England, Spain and the mid-European countries purely for ornamental purposes for many years later. In this country they began to be eaten only in 1832, in New Orleans, and then some 20-odd years elapsed before the Northeastern states cultivated them for food. Today, fresh or processed, they rank among the top four or five most popular fruit and vegetables, according to the US Department of Agriculture's Bureau of Human Nutrition and Home Economics, as little as 1/2 cup of canned or cooked tomatoes, or tomato juice, supplies 27 per cent of vitamin C and 23 per cent of vitamin A for recommended daily allowance. Cooking, freezing, canning and storage destroy very little of the vitamin C content.

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