

Herald and News

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CAUGHT IN THE ROUNDS

By DEB ADDISON

THERE'S GOOD NEWS tonight, folks. It comes about this way. Tomorrow you can start working for yourself. For the year to date you've been working for Uncle Sam, and everyone else. In effect, you have been working for the government since January 1. It is estimated by the U. S. Chamber of Commerce that the total of federal, state and local taxes for this year of 1935 will be about \$80 billion, or about thirty percent of the national income.

So, it will take all wages, salaries, rents, interest and dividends received by the American people from January 1 through April 22 to pay this tax bill.

Tomorrow you can start working for yourself assuming that all your income has been paid, or has been saved to pay, into taxes since January 1.

George Barth, of the chamber office here, made a telephone survey a few weeks ago, asking 10 should personal taxes be reduced first or 2) should the budget be balanced first.

The question being asked here, we head-scratched and opined that it was like the hen and the egg—which comes first—and that being that sort of a thing the only answer was to reduce taxes AND balance the budget; that it was not a question of which comes first but of whether to do it or not to do it.

George's tabulation was sent in to the U. S. Chamber, and the results came back that the general consensus was: Reduce taxes AND balance the budget.

AS THIS IS WRITTEN Tuesday afternoon the word is that the state senate committee has finally incubated, hatched and turned loose on the senate floor the so-called anti-picketing bill, and that this much discussed and amended piece of legislation may be passed before adjournment.

This brings up two thoughts. One is that it's high time that the State of Oregon start bringing up to date its machinery for handling labor-management problems. This is particularly necessary because the trend is starting, and may come fast, toward having more of such problems on state or local grounds. This is a step in the right direction if the state isn't caught napping with out-of-date machinery for handling up-to-date problems.

The other thought is that we'll all be way ahead of the game if we start looking at labor-management relations in an entirely different light.

When you boil it all down you find that the employer is simply the sales agent of the workers, and must market the product of their efforts in competition with other products and services.

Whenever the producer and his sales agent are at odds there are two strikes against them jointly—and some other outfit probably will

Liquor By Drink Action Delayed

PORTLAND, Ore. — Liquor-by-the-drink may not be available in Oregon until June 1, William Baillie, state liquor administrator, told the Independent Club Owners of Oregon Tuesday.

The Liquor Commission had planned on permitting sales May 4, but cities have been slow in submitting license recommendations, he said.

The club owners said that drinks probably each cost about 40 to 50 cents each. One Portland night club operator submitted a tentative price list with bar bourbon selling at 55 cents and prices ranging to \$1.20 for aged Scotch.

They'll Do It Every Time

By Jimmy Hatlo



JAMES MARLOW

WASHINGTON, D. C. — The votes are marked off the coast—belong to the states.

What is in dispute is ownership and control of the submerged lands which extend seaward from the low-tide mark out to the end of the continental shelf—that is, where the edge of the American continent drops off into the ocean depths.

The case went to the Supreme Court. Three times, first in 1947, the court ruled the states own none of the submerged land beyond their tidelands and that the government has paramount rights in those lands.

The only way the states could get around such a Supreme Court ruling was to have Congress give them title.

Just how far out could they claim title?

Louisiana officials frankly say they don't know where their boundaries are. And although some Texas state officials say their claims go out 100 miles, they might claim more later.

The Senate bill itself says in effect: All states will own the submerged lands seaward for three miles from their shores—and any lands beyond that mark if they can prove a just claim to them.

Thus it would seem Congress could give Texas and Louisiana 100 miles now and 100 miles later. Actually, most of the oil is in the lands beyond the three-mile limit, except off California.

The Democrats fighting this bill say Congress has no right to give away these riches.

If they could get the Republican leadership to change the wording—saying no state can ever claim ownership beyond three miles—they might feel they hadn't lost altogether.

Call Keith O'Hair, 3456, for information on how to join the Cancer Crusade "coffee chain."

Sam Dawson

NEW YORK, N. Y. — Confidence in the business future is expressed today by many leading companies—and it is being backed up by cash.

Stockholders are being told that as much as 50 percent of the corporation's money is to be spent this year as last for expansion of plants and upgrading of equipment.

The management of these firms is showing a much more healthy fear of their competitors than they are of the bogey of a peacetime slump.

General Electric stockholders were told Monday the firm expects to spend \$80 million dollars on expansion in the next three years to meet management's estimate of the needs of a growing civilian economy.

Jersey Standard Oil stockholders have been told the oil giant plans to spend a record \$90 million dollars this year on growth and equipment.

Union Carbide & Carbon stockholders heard Monday—without a murmur—the chemical firm will spend at least as much, perhaps more, as the \$15 million dollar outlay last year on metal and plastic producing plants.

Keeney competition in the rubber business may be reflected in expansion plans there, U. S. Rubber management says growth and modernization will be continued this year at the 24 million dollar clip set last year.

Stockholders are told of plans to spend "materially more" than the 22 million dollars invested in 1935.

The Ford Motor Co. is reported planning to build another engine plant in Cleveland for around 60 million dollars.

On the general industrial building figure, the U. S. Department of Commerce reports that plant and equipment expenditure totals increasing somewhat in the first three months of this year and that the trend shows signs of continuing.

The department also takes a

The Doctor Says

By EDWIN F. JORDAN, M.D.

Hundreds of thousands of persons have been told by their physicians that they have high blood pressure, or hypertension. Millions more of us will eventually be told the same thing.

It would be easy to let this frighten us, but this would be about the worst thing we could do. Right here the other emotions are known to have a tendency to increase the blood pressure and not to lower it.

What is high blood pressure or hypertension? That is what we call the pressure of the blood against the walls of our arteries when it is constantly higher than normal.

But it is not easy to say what "normal" really is, because it is higher in some persons than in others, without apparently doing the former any harm. Also it has a tendency to go up slightly with age, anyway, so this can be considered a "normal" development.

In fact, many people with blood pressures considerably higher than what is considered the usual or "normal" live in apparently excellent health so long as others whose blood pressures are more nearly average.

But hypertension, with truly high pressures, as a real problem, and cannot be ignored. It is not a disease, because it may result from several different conditions, some of which can be effectively treated, and some which cannot.

In most, however, the exact cause is not known and the condition is labeled "essential hypertension," which merely means that we doctors do not yet know what causes this condition.

In spite of the current lack of knowledge of the causes and treatment of essential hypertension, progress is being made and some victims of the disorder are being successfully treated.

It is encouraging too, that more scientific brains and more funds are being devoted to research on high blood pressure.

Even today, however, there are several methods of attacking essential hypertension. Some people have been benefited by diet. Of these, the so-called rice diet has received the most attention by the public. But other diets, usually of the low-salt-content variety, have also proved helpful.

The use of toxic extracts has proved useful for some. The production of artificial fever for others. Not to be ignored is surgery. The operation used most frequently consists of cutting some of the nerves lying near the spine (sympathetic). Certainly many have benefited by this operation, but it is tough to go through and less punishing methods must still be sought.

cautiously optimistic view of the business inventory situation. With consumer buying booming right along in April, the rate at which inventories has slowed down. This means that most of the record high output of goods has been absorbed by the public and businessmen's stocks are still within the normal ratio to sales and no threat as long as buying continues high.

Take exercise. Only middle-aged men are foolish enough to believe it keeps them healthy to zoom up their blood pressure in a hot sun sweating a tennis racket or following the spoor of a golf ball. A mature woman has the wisdom of a lady tiger in a zoo. She knows she can get all the exercise she needs merely by stretching.

In this world every motion you make takes its invisible toll. Women know this by instinct. They

make their motions count. And the lost motions of their bodies spend thousands of energy, that is, their widows.

When I told my wife about theory, Frances said: "Poor thing. Would it help to lathered and shaved you morning?"

It might. But there are too many mornings when a husband feels like trusting his wife with a razor.

NEW YORK, N. Y. — One reason there are so many widows in America is that their husbands wear down their strength in wasted motions.

Men fritter away too much of their energy doing unimportant things.

Recently I pointed out how meaningless gallantry was aging many men. There is no doubt that the thousands of times in his life the average man tips his hat to women, drags them across the street on his arm, lights their cigarettes, and pushes revolving doors around for them saps his vitality.

That article made me about as popular with ladies' aid picnic. I hope, however, that I didn't convey the impression that living up to some of the outworn demands of chivalry was solely responsible for the fact men don't last as long as women.

There are other factors perhaps even more important in undermining masculine health. The little lost motions — the waste motions — he makes on his own time help age him, too.

Take the matter of putting on shoes. Suppose a boy starts putting on his shoes at the age of 8, and keeps it up until 70. In that time he will bend over and tie his shoes nearly 25,000 times. Each time — at least after 40 — the blood falls down into his head — bang! He straightens up red-faced, grunting and panting.

A woman is more sensible. She merely slips her feet into her slippers. No lost motions. Why can't men wear shoes like that?

Take shaving. It requires about 200 razor strokes. If a man shaves every day for 50 years, that means 3,650,000 arm movements. Naturally, anything you do 3,650,000 times is going to shorten your life.

Science needs to do something about getting rid of men's beards once and for all. Probably the same is true of scalp hair. As it is not when a man's hair starts getting thin, the more manly and desperately he combs it, this cutting down his life expectancy.

Take the matter of conversation. Women are supposed to talk more than men. But do they really? The truth is women get the most mileage out of their vocal chords for the time they use them. They use conversation either for relaxing gossip or to deliver an important message to their husbands from his sponsor.

The typical feminine greeting is an efficient quarter-inch smile. But a man? He breaks out in a rash of publicized speech, such as "Howdy son!" and "Whaddya know?" and "What's new?" He does this, over and over, all day long, making unimportant noises with his mouth when he should be resting it.

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HAL BOYLE

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