



Thrift Week Meal

It's Fun To Be Thrifty With Low - Cost Meals

Perhaps thrift week comes along the third week of January each year for two reasons: to help us plan low-cost meals after the holidays and to help us plan low-cost meals after the holidays and to help us plan low-cost meals after the holidays...

Home Extension News

ALTAMONT
The Altamont Extension Unit met at Joan's Kitchen Tuesday, Jan. 6, with 2 members present. A short business meeting was presided over by Mrs. Vicki Larson...

Today's Women

BY DOROTHY ROE
NEW YORK (AP) — Coats will be narrow and tapered, casual sport clothes will be carefree and colorful and evening dresses will be as elegant as may be expected in a coronation year.

These were the main points gathered by visiting fashion editors in a crammed afternoon schedule on the second day of their week of concentrated seminars of spring styles.

Four major showings, spaced an hour apart, included: Monte-Sano and Pruden high style suits and coats; Claire McCardell of Townley (college girl casuals); Carolyn Schnur (beach and play clothes); and Celi Chapman (evening clothes for glamor girls).

Monte-Sano stresses the vertical coat with "abundant top" in tapered silhouette and sumptuous fabrics. Suits are slim but feminine, introducing such fabrics as "worsted taffeta," chiffon-weight tweed and wool pique. White is the big news for coats, in both nubby and fleecy fabrics and smooth pique weaves.

Claire McCardell, high priestess of the "throw-together" look, shows imaginative use of colors and fabrics in the carefree kind of dresses and suits beloved by her fans. The pie-cut neckline, the "easy middle" and the string-bean silhouette are highlights, along with her nightshirt coat and gypsy colors.

Carolyn Schnur has come back from South Africa with a series of "gold coast" sun-and-play fashions that are colorful and bound for high favor with the young-in-heart.

Celi Chapman shows her usual collection of breath-taking evening gowns, in tender colors and diaphanous fabrics, destined to make any wallflower into a belle of the ball. This season she adds some draped sheaths to her preferred frothy bouffant skirts, puts straw embroidery on organdie and presents the shepherdess silhouette in her more elaborate evening gowns, while jersey evening coat is a high point of the collection, shown over a draped white jersey sheath.

Meat Rolls Green Beans

A meat roll becomes tender and succulent when you add the right proportions of bread crumbs and thrifty evaporated milk. It is easy to make into an attractive meat rice roll.

Canned green beans are another good buy from the canned food shelf and supplies flavor and color to your meal. Heated in a mushroom soup sauce, they add a delightful succulent note.

MEAT RICE ROLL AND GREEN BEANS
1 1/2 pounds ground beef
2 3/4 cup evaporated milk
2 cups fresh bread crumbs
2 tablespoons finely chopped onion, divided
2 1/2 teaspoons salt, divided
1 1/2 teaspoon pepper, divided
2 cups hot cooked rice
1 1-pound can green beans
1 can condensed cream of mushroom soup
To ground beef, add evaporated milk, bread crumbs, half the onion, 2 teaspoons of the salt, and half the pepper. Put a sheet of waxed paper on flat surface; pat with hand into a rectangle 10x12-inches. Turn rice onto meat; spread evenly. Roll as for jelly roll. Place carefully in shallow baking pan; bake in a moderate oven (350 F.) 45 minutes. During last 15 minutes baking time, drain beans. Add remaining onion to liquid and boil rapidly until reduced to 1/4 cup. Add soup and beans; remaining salt and pepper; heat to serving temperature. To serve, slice meat roll; surround with bean mixture.
Yield: 6 servings.

FRESH IDEA
One of our popular hostesses, known for her good food and interesting menus, served this other day: turkey Newburg with sliced ripe olives, prune filled rolls, sautéed almonds, Sherrard canned cling peaches and petit fours.

Week-end FOOD SALE

Poteet's Market

Owned and Operated
By Bob & "Peanuts" Poteet

Brattons' Best

Bacon Squares lb. 25c

Armour's Star-Ready to Eat PICNICS Small Size lb. 42c

WIENERS No Waste lb. 39c

PURE LARD 4-lb. carton 59c

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Roman Beauties, Delicious Winesaps box 2.98

ORANGES 5-lb. cello bag 39c

GRAPEFRUIT Large size 6 for 25c

BOILING ONIONS 5 lbs. 29c

CARROTS bun. 5c

COFFEE lb. 79c

7 Min. Pie Mix Crust and Filling (Except Pumpkin) Pkg. 25c

Sunshine

MINT PILLOWS 12-oz. cello bag 29c

HI HO CRACKERS Large pkg. 33c

MARGARINE lb. 27c

CALO DOG FOOD 2 cans 25c

Dennison's CATSUP Bottle 19c

CHEESE SPREAD 2 lb. loaf 79c

JELLY 12-oz. jar 15c

SALAD DRESSING Quart jar 43c

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Merito-Medium Red. No. 1 tall tins

Ritz Crackers 1-lb. pkg. 35c

Honey Grahams 1-lb. pkg. 34c

Matches FIRE CHIEF 6 Box Carton 39c

Shoe Polish Wilbert's Black Liquid, No Rub 2 bottles 9c

Wheat-Ota Relston's 14-oz. pkg. 17c

LASAGNE MISSION 14-oz. pkg. 24c

Recipe on each package for delicious baked Lasagne!

FRUITS VEGETABLES

ORANGES Juicy Sunkist novels each 1c

APPLES Newtowns box 1.98

CAULIFLOWER Large white heads each 19c

TOMATOES For slicing. 14-oz. carton 29c

BOILER ONIONS Small size. 5-lb. bag 29c

GRAPEFRUIT Arizona seedless 8-lb. bag 59c

Dollar Store

Peaches BAGLEY'S Freestone No. 2 1/2 Cans

PEARS BAGLEY'S Bartlett No. 2 1/2 Cans

PEAS PICTSWEET No. 303 Cans

CORN PARTY TIME Cream No. 303 Cans

BEANS WILLAMETTE GREEN No. 303 Tins

BEANS VAN CAMP PORK and No. 300 Tins

PRUNES Tracy's Oregon Grown Canned No. 2 Cans

Preserves TEA GARDEN Strawberry 12-oz. Glass

TUNA House of Lords fancy, Solid Pack No. 1/2 Cans

HASH HALEY'S CORN BEEF 15-oz. Can

BUD HANSON'S MARKET

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BEEF ROASTS U.S. Grade "Good" 59c lb.	Smoked PICNICS Lean, Short Shank Tenderized We slice them FREE!
Colored HENS Plump! For Roasting or Fricassee 49c lb.	Colored FRYERS Cut up, Washed Ready To Fry
BEEF STEAKS U.S. Grade "GOOD" Sirloin, Rib Round 79c lb.	BEEF Short Ribs U.S. Grade "Good" Lean—for Braising or Boiling
Ground BEEF Lean, Fresh Ground. All Meat—No Cereal 49c lb.	PORK Sausage Old Fashioned Country Style. Seasoned Just Right.

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CEDAR SIDING (10" good) only 54c M
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