

Warm Days The Time For Cold Meals

Are you the lucky owner of a garden grill or a backyard barbecue? If so, you are probably on the lookout for fresh ideas in outdoor meals—meals that are good to eat, simple to manage, nourishing, yet easy on the budget. Beat all-around pattern for outdoor suppers, say many hostesses who like this: grilled meat or fish, casserole or hearty main dish brought piping hot from the kitchen, favorite salad, and dessert.

Such a menu is ideal for Mr. and Mrs. preparation—Mrs. fixes the casserole and dessert in advance, Mr. grills the meat, one guest tosses the salad, another watches the rolls and everything is ready with a minimum of fuss and a maximum of fun.

Here is a garden grill supper menu which is perfect for Mr. and Mrs. teamwork:

- Grilled Beef Patties with Herb Butter Topping
- Toasted French Bread
- Sliced Tomatoes
- Creamed Garden Vegetables in Casserole
- Bowls of Diced Fresh Fruit Topped with Ice Cream
- Cookies
- Herb Butter Topping: To 1/4 cup soft butter add 1 tablespoon minced parsley, a mashed clove of garlic, and 1/2 tsp. minced fresh thyme or marjoram. Mix well. Chill. Just before serving hot meats, dot with bits of this butter. Wonderful on grilled steak or ground beef, veal chops, chicken or fish.
- Creamed Garden Vegetables: Cut tender carrots in quarters lengthwise, then in 1/2-inch lengths; cut green beans into inch pieces; cook separately in small amounts of boiling salted water until tender. Drain (saving liquid to use in the cream sauce) and combine vegetables in buttered casserole. Add lightly cooked green peas or flowers of cauliflower, if desired. Stir in plenty of chopped green onions, tops and all. Cover with well-seasoned, thin cream sauce, sprinkle top with buttered crumbs, and bake in a moderate oven 350 F., 20 to 30 minutes, until bubbling hot and lightly brown.

Another good menu for a simple backyard family barbecue features stuffed frankfurters, potato salad, sliced tomatoes, carrot sticks, warm fruit cobbler with cream and tall cool glasses of milk for everyone.

- STUFFED FRANKFURTERS** (Serves 6)
- 12 frankfurters
- 1/2 lb. bacon
- 3 dill pickles
- 1/4 lb. Cheddar cheese
- Mustard
- 12 frankfurter rolls

Heat rolls in oven. Split frankfurters lengthwise and place a slice of cheese and slice of pickle in each. Wrap bacon around frankfurter and fasten with toothpick. Broil on both sides 5 to 8 minutes. Place in hot roll that has been spread with mustard. Serve hot.

Recipe

- LAMB TERRAPIN**
 - 2 cups cold diced lamb
 - 2 tablespoons butter or margarine
 - 1 tablespoon flour
 - 1 teaspoon dry mustard
 - 1 cup stock or water
 - 1/2 cup cream
 - 1 tablespoon Worcestershire sauce
 - 2 hard-cooked eggs
 - 4 to 6 slices toast
- Melt butter or margarine and add flour and mustard. Add stock or water, cream and Worcestershire sauce. Bring to boiling point, stirring constantly and cook 5 minutes. Separate the cooked egg yolks and whites. Put yolks through a sieve and finely chop the whites. Add the diced lamb and sieved egg yolks to the cream sauce. Heat and add chopped egg whites to the mixture. Serve hot on toast, 4 to 6 servings.

TOMATOES TASTY

You can make a pretty salad this way with field-ripened tomatoes. Cut the tomatoes into thick slices and put two slices together sandwich-fashion with a filling of cream style cottage cheese and chopped ripe olives. Sprinkle the top of the tomatoes with finely chopped parsley. Serve on crisp greens with French dressing.



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HELPFUL HINTS

Dry cereals usually are eaten with a large amount of milk so they may prove a useful way of including milk in a child's diet. as if milk were used; in addition the baked product will have less nutritive value.

When you are baking cake, cookies, or hot breads, measure the dry ingredients first and use the same utensils later for measuring wet ingredients.

Having cold cuts for supper? Good accompaniment to the meat is a casserole of cooked snap beans, canned drained mushrooms, and cream sauce.

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Picnic
The annual picnic of the Klamath County Home Extension Units was held Aug. 13, at the home of Mrs. Lois Petaloid, 500 Nevada, with 17 members and two guests present. Meeting with the members for the first time was Dolores Brackett, new Klamath County Home Demonstration agent. Sybil Williams, office secretary was also a guest.

The first fall meeting, a rally day is planned for Sept. 17, at the home of Mrs. B. J. Lottgaard, 712 St. Francis. Gerald Haddock will show pictures on Japan and Okinawa at a later date, time and place to be announced.

Handy tip for preserving time: If you get a sugar-syrup stain on a washable material just wash out the stain with soap and water. If the material is a delicate one, sponge the stain with clear water.

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