



RODEO SANDWICH SPREAD

3 IN 1 SANDWICH SPREAD

Sift flour before measuring. Use level measurements for all ingredients.

Measure into a saucepan:
 1/3 cup butter, or margarine
 1/2 cup sifted flour
 2 teaspoons salt
 1/4 teaspoon pepper

Mix over direct heat until mixture is bubbly and smooth. Add gradually, stirring constantly
 2 cups milk

Continue cooking, stirring constantly until mixture is thickened and smooth, about 5 minutes. Remove from heat and add:
 1 cup finely chopped celery
 2 tablespoons grated onion
 2 tablespoons strained lemon juice

Mix well. Divide mixture into thirds to make the following variations. Use either hot or cold spread between buttered or toasted bread slices, on crisp crackers, or french toast. Store in covered containers in the refrigerator. Makes about 1 1/2 cups of each variation.

VARIATIONS

- To 1-3 mixture add:
 1 cup ground ham, or bologna
 1/2 teaspoon mustard (dry or prepared)
- To 1-3 mixture add:
 1 cup grated American cheese
 1/4 cup chopped sweet pickle
 1/2 teaspoon Worcestershire sauce
- To 1-3 mixture add:
 1/2 cup flaked tuna, salmon or crab (3 1/2 oz can)
 1 teaspoon curry powder

Serve Family Buffet Style

One of these hot summer evenings enjoy a meal which is more fun and less work than the usual dinner round the table.

Just as appropriate for a family meal as a party supper, buffet service fits the easy-going, casual mood of hot weather and cuts down on the time spent in the kitchen both before and after supper.

Plan a menu which can be served completely on one large dinner plate with a beverage for accompaniment. Here is a menu of curried chicken in a ring of fluffy rice with chutney, buttered rolls, tossed green salad and beverages as an example. Set the table with a stack of dinner plates, dinner forks, salt, pepper, napkins and glasses arranged for convenient self service. When supper is ready, bring in the platter of curried chicken and rice, the bowl of salad and basket of rolls. Fill up a pitcher of milk for the youngsters and for the adults of the family have cold, sparkling beer ready to open.

Let everyone find a cool and comfortable spot to enjoy supper and be sure to have an extra supply of everything on hand since this kind of easy-to-eat meal will have the family coming back for seconds.

RELAXING YOUNGSTERS

During the summer when Junior and Sis are likely to get over heated and irritable from too much play and warm weather, make sure they have a refreshing warm bath before dinner time. Allow time for them to relax in the soapsuds. You'll find this will help revive their spirits.

Cots Here Vary Menus

Washington Apricots, the golden fruit that is rich in Vitamin A, are plentiful this summer. Serve them often now—can or freeze some for winter use. Apricot season is short so be sure you get your full share of this flavorful fruit while it is on the market.

APRICOT UPSIDE-DOWN CAKE

3 tablespoons butter
 1/2 cup brown sugar, packed
 Washington Apricot halves
 1 1/2 cups enriched flour
 2 teaspoons baking powder
 1/2 teaspoon baking powder
 1/2 teaspoon salt
 3/4 cup sugar
 1/2 cup soft shortening
 2 1/2 cup milk
 1 teaspoon vanilla
 1 egg

APRICOT RASPBERRY SHORTCAKE

4 cups halved and pitted Washington Apricots
 1 cup sugar
 1 cup water
 1 cup fresh raspberries

EASY

Here's an easy summer salad to make with canned foods. Canned shrimp, crab and ripe olives. Cut the olives from pits into large pieces and combine with the shrimp and crab. Add some sliced celery and toss lightly with mayonnaise accented with a generous squirt or two of fresh lemon juice. Incidentally, this is good hot or cold.

DID HE REMIND YOU TO INCLUDE
 A CASE OF REFRESHING OLYMPIA BEER ON YOUR WEEK-END SHOPPING LIST?

OLYMPIA BREWING CO., Olympia, Wash., U. S. A.



COOL TO COOK COOL TO EAT

MAKE EVERY MEAL A SUMMER TREAT

PANCAKE MIX

HUNGRY JACK 2 1/2 lb. pkg. **33c**

SYRUP LOG CABIN 12-oz. bottle **25c**

FLOUR DRIFTED SNOW 10-lb. bag **89c**

MARSHMALLOWS CAMPFIRE 1-lb. pkg. **35c**

CREAMED HONEY B.Z.B. 12-oz. carton **29c**

CHOCOLATE SYRUP HERSHEY'S 16-oz. tin **16c**

Tuna Fish Royal Club Solid Pack, 7-oz. tin **33c**

PEELED Shrimp Fancy Norwegian 2-oz. tin **45c**

HERRING Snacks in Soy Bean Oil 3 1/4-oz. tin, 3 for **25c**

LIBBY'S Ripe Olives Small, pitted Buffet tin **14c**

LIBBY'S Ripe Olives Small size Tall Tin **19c**

Breeze through your cooking in no time at all with these easy-to-fix food favorites—so cool to cook . . . so cool to eat . . . so deliciously good. What wonderful menu ideas they suggest for gay, appetizing, and nourishing summer meals. So fill your pantry, refrigerator and freezer with these good and quick foods for thrifty meals that are a breeze to get ready. Every food's a real super value—way up in taste . . . way down in price.

Orange Beverage GREEN SPOT 46-oz. tin **25c**

Pineapple Juice SUCCESS BRAND 46-oz. tin **25c**

Tomato Juice DEL ROGUE 46-oz. tin **23c**

Orange Juice STANDBY CALIF. VALENCIA 46-oz. tin **35c**

Grape Juice STANDBY 24-oz. bottle **29c**

Self-Service Meats

FRYERS

Swift's Premium - Tender Grown. Fresh frosted! They're good, hot or cold. Cut up, Ready to Fry!

59c lb.

SALMON

Fresh, ocean caught. Whole fish, or by the chunk for baking

45c lb.

WIENERS

Skinless, no waste. Always a favorite on a Picnic **49c** lb.

HAMS

Skin and Surplus fat removed—Top quality, lightweight, whole or full shank half **65c** lb.

GROUND BEEF Fresh daily! **49c** lb.

SLICED BACON Standard Quality **47c** lb.

PORK SAUSAGE **35c** lb.

Fruits & Vegetables

FRESH, LARGE CORN Ideal for roasting 6 for **25c**

RED, RIPE TOMATOES Fine slicers 2 lbs. **35c**

Red Potatoes 10 lbs. **59c**

New Crop DRY ONIONS 3 lbs. **19c**

PEACHES 2 lbs. **29c**
 Red Haven, Just right for slicing

NECTAR BERRIES From Ashland. Large Fancy fruit - Extra Good! Crate **\$2.49**,/hile they last!

GREEN CUT BEANS Double Luck 303 tin **10c** CASE OF 24 **2.35**

KOUNTY KIST CORN No. 303 tin 2 for **29c**

STATE FAIR TOMATOES 1 1/2-oz. tin 2 for **29c**

HUNTS TENDER GARDEN PEAS No. 300 tin 2 for **29c**

HUNTS FRUIT COCKTAIL No. 300 tin **19c**

DOLE Pineapple Tidbits, Buffet Tin 2 for **25c**

DOLE FANCY SLICED Pineapple 9-oz. tin 2 for **29c**

ROYAL CLUB APPLESAUCE No. 303 tin 2 for **29c**

TAMALES

Swift's 13 1/2-oz. jar **32c**

STIDD'S

Chicken Tamales

7-oz. tin, 2 for **35c**

POST'S

CORN-FETTI

Lge. pkg. 2 for **45c**

KRAFT Salad Oil Quart bottle

49c

KRAFT CHEESE Valveeta 2-lb. loaf

89c

SUGAR PURE CANE 10-lb. bag

98c

SWIFT'S PREM 12-oz. tin

39c

KRAFT Miracle Whip Qt. Jar

49c

Swift's CORNED BEEF

12-oz. tin **49c**

Swift's Premium HALF CHICKEN

2-lb., 2-oz. tin **98c**

Soaps & Cleansers

WHITE KING SOAP

Large Pkg. **28c**

PUREX 1/2 gal. **27c**

EXTRA SPECIAL BROOMS each **98c**

PARD DOG FOOD 2 cans **29c**

Right Reserved to Limit Quantities

EMILS

Free Parking While Shopping at EMIL'S!

INDEPENDENT FOOD STORES

No. 1 122 NORTH 9TH ST. No. 2 1338 OREGON AVE. No. 3 So. 6TH AND HOPE STS.

Oh boy! Mom made a MISSION SALAD!

Swell eating in the good old summertime!

Nothing makes a bigger hit, nothing is more tempting and delicious than Mission Macaroni Salad in the good old summertime. It's so quick and easy to make, and so very pleasing right down to the last bite!



MISSION MAKES THE Finest MACARONI