

Be Careful in Choosing Toys for Your Children

By DAVID TAYLOR MARKE

Buying toys for children is an all-year-round job. It requires thought as well as money. It means selecting the right toy at the right time to suit the growing needs of children throughout the year.

Parents will have an easier time selecting toys for Junior if they will follow the advice of a group of experts who under the direction of Dr. Emma D. Slesch, associate professor in childhood education at Columbia University's Teachers College have set up a series of standards to guide them.

At a recent meeting in New York under the sponsorship of the Toy Guidance Council, the experts stated a good toy must have all the essentials for fun—affording amusement, being safe for play and being durably built—as well as being capable of contributing in at least one respect toward the development of the child for whom it is intended.

Breaking this down into more specific qualities, the experts listed these essentials:

Fun Giving Value: (1) Must afford amusement either through action, humor, fascination, initiative play or competition. (2) Must be safe for play for pre-school age children by having smooth edges, harmless finishes, appropriate weights for intermediate ages and above, all toys must be electrically harmless and chemically harmless. (3) Must be used with ordinary caution. (4) Must be durably built to withstand normal childhood abuse, while fulfilling the play purposes intended.

Practical Play Values: (1) A toy



MAKE-BELIEVE MOTHER . . . Doll play is educational.

Advice from a Model Bride

By BETTY CLARK

AP Newsfeatures Writer

If you want to look charming on your wedding day, use makeup discreetly, says pretty Joanne Liston, popular Powers model.

Joanne (now Mrs. Edward Brown of Kew Gardens, N.Y.), a bride of six months, says:

"It is a good idea to use a light makeup on your wedding day. Somehow every one expects the bride to look pale. I wore a clear red lipstick, a liquid powder base and the tiniest bit of mascara, just to emphasize my eyes. A light dab of rouge gives just the right amount of blueness. I didn't wear nail polish, although there is no reason why clear or pale pink polish can't be worn. I don't think there is anything worse than a bride with long red nails or too vivid makeup."

And, if career girls think they have beauty problems before marriage and on the bridal day, just wait until after the honeymoon, Joanne explains:

"I do a great deal of hand modeling and my hands should be in perfect condition, always. The first few months after I'd been doing housework, my hands looked terrible. Now I wear work gloves which are indispensable to the bride who plans to perform household chores."

TIME

Joanne also found that she just didn't have time to drop in to a beauty parlor anytime she felt like it—what with shopping, cooking and household chores on the daily schedule. She says:

"It isn't like the old days, coming home tired and weary to Mom's delicious food. Now I've got to plan a menu, shop for the food, cook and do the dishes. It is important too, to arrive home looking pretty after marriage. When you are single you do not need to worry about freshening up, if you are tired."

Joanne makes the time, however, as she believes it is necessary to keep lovely and well-groomed after you get the man, as well as before. But she emphasizes that it takes hard work.

NIGHT AIDS

Every night she rubs glycerine on her hands and wears gloves to bed. She has learned to use a

Fall Flowering Bulbs And Vines Offer Bonus

By CYNTHIA LOWRY

AP Newsfeatures Writer

There scarcely lives a gardener who is unaware of the beauty and ease of growing the brilliant spring-flowering bulbs — daffodils and hyacinths and tulips, which follow the crocuses and anemones in the garden.

These of course are planted in the fall.

But there are other bulbs which flower in the summer and early fall, which must be spring-planted, and which don't get as much attention as they deserve—probably because gardeners are so preoccupied with getting seeds sown for other flowers.

After the tulip and narcissus have finished, the gardener may rely on the amaryllis, strobilifer, autumn crocus—and, of course, the big lily family.

The bulb family can be enlarged by including a number of popular plants like iris, gladiolus, dahlias and cannas—some of them hardy enough to be planted permanently and disturbed only when necessary to divide, and others which must be dug and stored carefully through the winter months.

Regardless of their habit of growth and of their hardiness, bulbs flourish in deep, fertile and well drained soil. Because some of the bulbs like dahlias, daffodils and hyacinth should be planted as deep as six or eight inches, the flower bed should be carefully prepared, down a foot or more so that the deep-roots have proper food. The general planting rule is to plant the bulb two and one-half times its depth—but there are exceptions (like the iris) so the gardener is well-advised to study the

requirements for each species if he would avoid disaster.

Moles, for instance, have a liking for bulbs as a food staple, and where there is a mole-infested garden, bulbs may be planted in wire "baskets" for protection.

Vines—annual and perennial—are other too-frequently neglected members of the garden clan. There has been so much emphasis on roses in recent years that the first thought of the average gardener, desiring to soften a hard line or lift some color up into the air, is of the climber rose. Actually, there are vines for almost every purpose, from providing an area of perforated air to screening something like a compost pile. Like other plants, they like good soil, good drainage. In addition most require supports of some kind.

Some vines cling to brick walls. Honeysuckle and akedia provide a pleasant scent; bittersweet and gourds give interesting and colorful fruit, some varieties of clematis, wisteria and silver-ace vine provide big, splashy blooms, for heavy screening there's Dutchman's pipe, the cactor vine and moonflower. And, in case you wish to eat from your vine, there are cucumber, grapes and pole beans—with Scarlet Runner giving a pretty bloom for good measure.

Perennial vines, like other veyr-to-year plants, require some pruning and feeding attention. Most require assistance and control if they are to grow satisfactorily and in the desired shape.

Permitted to grow uncontrolled sturdy vines like wisteria, grapes and honeysuckle can strangle limbs about which they grow (wisteria has been known to strangle itself)

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Nation Must Rebuild Blood Bank Supplies

Blood is still needed by the Red Cross—for the Armed Forces, for the usual demands of accidents, disasters and disease, and for a stockpile for civilian defense. The heavy fighting in Korea used up reserves normally kept for civilian use; the need for a reserve supply was then clearly seen. In addition the Office of Civilian Defense is attempting to establish a blood bank to use in time of disaster.

Said Howard A. Rusk, M.D. of Bellevue Hospital: "Blood is life-saving medically. It could be nation saving in the event of all-out war."

Everyone between the ages of 18 and 60 is eligible to give blood every ten weeks. A physical examination makes certain that donors are able to give.

The pain is only a pin-prick. The after effects are slight—most people hardly realize they have donated. Nature quickly replaces the pint of blood. But of course, you can always help nature by eating blood-building foods.

Liquid is very important—in fact, the liquid intake should be doubled the day of donation. Plenty of beverages, fruit juices, soups—and just plain water—will help. Protein and iron are needed to help the body replace the red blood cells.

Protein is found in meat, fish, eggs, cheese and milk. Iron is found in liver, New Orleans molasses, eggs, raisins and red meat.

A molasses milk shake is one of the easiest ways to get all three needed elements. Simple to prepare—just stir 2 tablespoons New Orleans molasses into a glass of milk. It may be spiced as desired, shaken or beaten to a high froth. But however it is served, it contains the three essentials: milk for protein and liquid and New Orleans molasses for iron.

Make an appointment at your local Red Cross Blood Donor's Center or Blood-mobile now.

Quick Recipe Makes Bread Baking Easy

Time was when Grandma baked bread just once a week because it was such a long and difficult job. But with our modern recipes . . . and modern ingredients, you can now bake bread while the potatoes are boiling.

For instance, in the Easy Bran Bread recipe below, a moist, wholesome bread can be made in a few simple steps. The flavor-giving ingredient is familiar ready-to-eat all bran cereal. Bake in just 45 minutes and bring to the table steaming hot. If there's any left for breakfast, toast and spread with butter—or jam.

EASY BRAN BREAD

1 cup shortening
1/2 cup sugar
2 eggs
2 cups bran
1 1/2 cups milk
2 cups sifted flour
5 teaspoons baking powder
1 teaspoon salt

Blend shortening and sugar thoroughly; add eggs and beat well. Stir in bran and milk. Let soak until most of moisture is taken up. Sift flour with baking powder and salt; add to first mixture and stir only until combined. Spread in greased loaf pan (9 1/2 x 5 1/2 inches) and bake in moderate oven (375 F) about 5 minutes.

Yield: 1 loaf (9 1/2 x 5 1/2 inches)

See Calhoun's for MIRRORS

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