



**POUROVER FISH LOAF**

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A pourover fish loaf is an excellent, yet unusual, way to stretch the budget with a tasty Lenten dish. One can (2 cups) of salmon (or the equivalent of tuna) will easily serve six people. If you're trying to think of a different Lenten dish that will appeal to the whole family, this is it! It can be made in a casserole or individual baking dishes. No ordinary fish loaf, this recipe has a zesty flavor that's contributed by the fresh lemon juice. By adding the juice after the loaf is cooled, you preserve the natural fresh lemon flavor plus all the important vitamins and minerals.

Although the idea of this loaf is novel, there's no trick to making it. The general mixing method is the same as that of an ordinary fish loaf. However, after it is baked, fresh lemon juice is poured over to give it that superior flavor. Try it at your house and see if your family doesn't clamor for more!

**SALMON LOAF**  
3/4 cup bread crumbs  
1 egg, slightly beaten  
3/4 cup milk  
2 cups flaked salmon  
3 tablespoons fresh lemon juice  
1/2 teaspoon salt  
1/2 teaspoon pepper  
2 tablespoons finely chopped onion  
2 tablespoons melted butter  
Combine ingredients in order given. Pack firmly into buttered loaf pan or individual baking dishes. Bake in moderate oven 350 F. about 40 minutes.  
Remove from oven and pour over the following Lemon-Butter Sauce. Serve hot.  
**LEMON BUTTER SAUCE**  
1/2 cup butter or margarine, melted  
2 tablespoons minced parsley  
1/4 cup fresh lemon juice  
1/2 teaspoon salt

Mix together and pour over the Salmon Loaf.

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**Derby's**  
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**Masons Plan Dinner Here**

Ralph Nesbitt, Portland, grand master of Oregon Masons, is to make his official visit to lodges of this district tomorrow evening. There is to be a no-host dinner at 6:30 and the meeting is to begin at 8 p.m.  
This district's lodges include Paisley, Lakeview, Malin, Chiloquin and two at Klamath Falls.  
District Deputy Lawrence Phelps is in charge of arrangements for tomorrow evening's events.  
Before you buy a refrigerator, check both interior and exterior for rounded corners. They insure easy cleaning.

**Borden's**  
CREAMED  
**COTTAGE CHEESE**



**YOU'LL LOVE IT FOR LENT!**

HERE'S cottage cheese as it should taste...smooth, creamy, velvety—downright delicious!  
Make your lenten menu-making easy with these four wonderful varieties of Borden's Cottage Cheese—Cream Style, Country Style, Cottage Cheese with Chives, Cottage Cheese Fruit Salad.

"IF IT'S BORDEN'S, IT'S GOT TO BE GOOD!"

**March**  
**VALUES**  
... WORTH CHIRPING ABOUT!

**Meats**  
TENDER! TASTY!

<b>PORK CHOPS</b>	Grain fed porkers. Center cuts.	59 <sup>c</sup> lb.
<b>BEEF ROASTS</b>	Grade A	69 <sup>c</sup> lb.
<b>SAUSAGE</b>	Country style, pure pork.	25 <sup>c</sup> lb.
<b>Skinless Wieners</b>	Morrell's	49 <sup>c</sup> lb.
<b>PORK ROAST</b>	Shoulder, center cuts.	39 <sup>c</sup> lb.
<b>GROUND BEEF</b>	FRESH	55 <sup>c</sup> lb.
<b>COLORED HENS</b>	Med. size.	37 <sup>c</sup> lb.
<b>SLICED BACON</b>	Morrell's or Diamond brand	35 <sup>c</sup> lb.
<b>PURE LARD</b>	2 lb. pkg.	29 <sup>c</sup>

<b>Nalley's Tang</b>	Qt.	39 <sup>c</sup>
<b>Wesson Oil</b>	With Coupon Qt.	38 <sup>c</sup>
<b>BEANS</b>	Wilamet Cut Green 303 Tins	2 for 29 <sup>c</sup>
<b>CRISCO</b>	3-lb. tin (With Coupon 69c)	79 <sup>c</sup>
<b>Grapefruit</b>	Garden Segments No. 2 Tin	17 <sup>c</sup>
<b>Powdered Milk</b>	Darigold Non-fat 1 lb. Carton	33 <sup>c</sup>
<b>Margarine</b>	ALLSWEET with Coupon On Page 17	15 <sup>c</sup> lb.

**SOME LENTEN SUGGESTIONS**

<b>TUNA</b>	White Star Bite Size, No. 1/2 Tin	29 <sup>c</sup>
<b>CHEESE SAUCE</b>	SNOW'S, 8 1/2-oz. tin	10 <sup>c</sup>
<b>NOODLES</b>	Mission 24-oz.	29 <sup>c</sup>
<b>SALMON</b>	MOUNTIE, KETA No. 1 Tin	39 <sup>c</sup>
<b>SHRIMP</b>	Blue Plate Broken 5-oz.	35 <sup>c</sup>
<b>CHEESE</b>	Swift's Brookfield American 2-lb.	89 <sup>c</sup>

<b>PEAS</b>	Honor Brand - 12-oz. Fresh Frozen - Pkg.	21 <sup>c</sup>
<b>Swanson's</b>	Egg Noodle - 16oz. Chicken Dinner—Tin	33 <sup>c</sup>
<b>JELLY</b>	Royal Club Ass't. flavors 12 oz. glasses case of 12	2.59

BRING US ALL YOUR VALUABLE COUPONS

**SAVE-SWIFT'S PREMIUM QUALITY FOODS**

<b>Vienna Sausage</b>	4-oz. tin	21 <sup>c</sup>
<b>Sausage</b>	12-oz. Tin	39 <sup>c</sup>
<b>TAMALES</b>	1 1/2-oz. Glass	27 <sup>c</sup>
<b>PREM</b>	12-oz. Tin	39 <sup>c</sup>
<b>P'NUT BUTTER</b>	20-oz. jar	49 <sup>c</sup>

**BIG 'Y' MARKET**  
ARE LOWER OUR PRICES ARE LOWER OUR PRICES ARE LOWER

**SIERRA PINE SOAP** Reg. 4 bars 25<sup>c</sup>  
**WHITE KING SOFTENER** Reg. 25<sup>c</sup>  
**SCOTCH CLEANSER** Reg. 2 for 23<sup>c</sup>  
**BORENE** GET BAR OF BORENE FREE! 79<sup>c</sup>

**Savings in our Variety Department**  
"Happy Jill" **GINGHAM BLOUSES** Sizes 30 to 40. 1.98  
**KEDS** - U.S. Champions Children's sizes 5 1/2 to 12. Red or blue. pr. 2.69

**FRUITS - VEGETABLES**

<b>CARROTS</b>	Golden beauties bun.	5 <sup>c</sup>
<b>CELERY</b>	Crisp, green, stalk	10 <sup>c</sup>
<b>TOMATOES</b>	Red, ripe, 12 oz. tube	25 <sup>c</sup>
<b>APPLES</b>	Newtown Pippins. Fine for Pies 3 lbs.	25 <sup>c</sup>
<b>BANANAS</b>	Fancy hands lb.	17 <sup>c</sup>
<b>CELERY HEARTS</b>	Cello pkg.	23 <sup>c</sup>

**BIG Y MARKET**  
PARK EASY AND PAY LESS