

TWO HEARTY SEA FOOD dishes, Tuna Timbuctoo (upper) and Surprise Tuna Loaf add zip to winter menus. Both are easy to prepare. Serve tuna frequently while prices are at rock bottom.

### Housewives Look To Fish To Cut Food Costs

Tuna prices have hit bottom... choice "chunks" of white meat, selling for 25 cents a can make a hearty, satisfying meat dish when combined with other ingredients and seasoning... help winter-weary appetites... help bolster the food budget with these two filling recipes.

**TUNA TIMBUCTOO**  
This dish gets its name from the fact that Okra originally came from Africa. It first grew wild in Ethiopia, was then cultivated and brought to this country by the slave traders. That is why it is particularly popular in the South.  
1 8-oz. can "Bite-size" Tuna  
1 can okra or  
2 cups fresh cooked okra  
1 small can tomato sauce  
Combine the three ingredients, heat thoroughly and serve.

**SURPRISE TUNA LOAF**  
A moist, fluffy tuna loaf with a decoration in every slice! You will like this delicious tuna loaf either hot or cold. It's seasoned most delicately so you can enjoy real tuna flavor. And the section of hard-cooked egg in each slice makes it especially attractive.  
2 cans "Bite-Size" Tuna  
2 eggs, separate  
1/2 teaspoon salt  
1/4 teaspoon each paprika and pepper  
1 tablespoon finely chopped parsley  
2 tablespoons lemon juice  
1/2 cup coarse cracker crumbs  
1/2 cup milk

3 hard-cooked eggs, peeled  
Flake tuna well and combine with egg yolks. Stir in salt, paprika, pepper, parsley, lemon juice, cracker crumbs, and milk; mix thoroughly. Beat egg whites until stiff but not dry. Fold into tuna mixture. Spoon about one-half of mixture into a greased loaf pan (9 x 5 x 3"). Arrange hard-cooked eggs end to end down middle of loaf. Spoon the rest of the tuna mixture around and over the eggs. Bake in a moderate oven (350 F.) 1 hour, or until done. Slice and serve hot or cold. Makes 6 servings.

### Mrs. Wendell Corey Puts On Blue Bonnet For Social Affairs!



Mrs. Wendell Corey, movie star's wife, finds that BLUE BONNET Margarine is a feature attraction at formal dinners, as well as family meals. You, too, will love its delicate, sunny-sweet flavor. And BLUE BONNET gives your family real nourishment. No other spread for bread is richer in year-round Vitamin A! What's more, the high-priced spread for bread costs up to 40¢ a pound more than BLUE BONNET Margarine! So buy BLUE BONNET and enjoy "all 3"—Flavor! Nutrition! Economy!

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KFLW 9:00 p.m. Monday

### Local Woman On Committee

Mrs. Lee Holliday, Klamath Falls, active in Home Extension work and the Klamath County Farm Bureau has been appointed chairman of the housing and utilities committee of the Rural Life Committee headed by L. E. Francis, Tillamook.

Nine essentials of the "ideal" farm home have been outlined by this committee.

They are adequate income, time to enjoy life a family goal, family love and understanding, religious education and spiritual values, parental recognition of opportunity, the ability to build character in children, evaluation of ideals and the belief that the family is more important than the house.

Members of this committee are now making plans for the Oregon agricultural conference to be held

at Oregon State College, March 27-28-29. The rural life committee will meet in Portland February 12-13 for improving rural homes and communities during the state conference.

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POKE SALAD GREENS "Above Par," No. 2 tins	22c
MUSTARD GREENS "Above Par," No. 2 tins	17c
TURNIP GREENS "Above Par," No. 2 tins	16c
SORGHUM "Waconia", Pure Iowa, 34-oz. jar	65c
BLACK EYE PEAS "Above Par," Fresh shelled, No. 2	20c
PINTO BEANS "Above Par," No. 2 tins	17c

**SAVE WITH THESE SPECIALS**

LIBBY'S PEAS 303 tins	2 for 35c
CATSUP Hunt's Tomato	14-oz. 19c
GRAPEFRUIT JUICE Royal Club, No. 2	2 for 25c
TOMATO JUICE Hunt's, 303 tins	3 for 29c
SLIM-LAC Powdered milk, 24-oz.	59c
CORN "Pictsweet", whole kernel, 12-oz.	2 for 29c
GREEN BEANS Willamette, 303 tins	15c

**SWIFTNING** 3 lb. tins **75c**

POST TENS --- Cereal Tray **29c**

**POW-WOW** Cleanser With Soap each **5c**

FLOOR WAX --- Gold Seal, self polishing **pt. 39c**

**EGGS** Grade AA Large Strictly Fresh doz. **59c**

SARDINES --- "Ski Girl" Norwegian Bristling **1/4 29c**

**CHEESE** Pabstett Cheese Food 2-lb. loaf **85c**

PRESERVES --- "Oregon Hills", Blackberry, rasp., boysen. 12-oz. jar **37c**

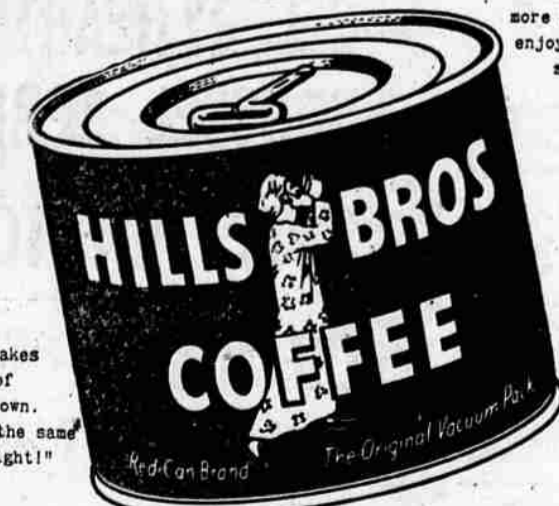
**DOG FOOD** Timberline No. 1 tins **3 for 29c**

KRE-MEL PUDDINGS **6 pkgs. 25c**

CHINESE FOODS		PRODUCE FEATURES!	
BAMBOO SHOOTS 12-oz.	79c	RED RIPE SLICERS TOMATOES 1 lb.	25c
WATER CHESTNUTS No. 2 tins	98c	FRESH GREEN PEPPERS 1 lb.	21c
CHOP SUEY VEGETABLES No. 2 tins	30c	ARIZONA SEEDLESS GRAPEFRUIT 8-lb. bag	49c
CHOW MEIN NOODLES 4-oz. jar	19c	NEW CROP NAVEL ORANGES 8-lb. bag	59c
Famous SUNSHINE Products			
KRISPY CRACKERS 1-lb. pkg.	29c		
HYDROX COOKIES 12-oz. pkg.	39c		
MARSHMALLOWS 1-lb. pkg.	35c		

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BACON SQUARES Sugar cured lb.	29c	RIB BOIL U.S. Grade Good lb.	43c
SLICED BACON Heat sealed package, lb.	49c	BEEF STEAKS U.S. Grade Good Sirloin or rib lb.	89c
SMOKED PICNICS Tenderized Short-shank lb.	45c	PORK ROASTS Young, tender ..lb.	49c
SALT PORK Eastern lb.	29c	PORK STEAKS Lean, blade cut lb.	55c
SUGAR-CURED BACON Light, lean slabs lb.	49c	LINK SAUSAGE Portland Provision Pure pork lb.	59c

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