



JOAN BENNETT, film actress turned author, demonstrates points stressed in her new book, "How To Be Attractive." Emphasizing that self-knowledge is the first step in improving appearance, she faces facts with her tape measure (left) and with a mirror (inset), which reveals the truth about complexion changes and color choices. Crepe paper capelet and swatches of fabric aid her in determining becoming shades. Realizing, too, that wardrobe perfection requires careful upkeep as well as thoughtful selection, she grooms each hat (right) before storing it away on its easily made cardboard stand.

Face Mirror, Not Calendar Says Joan Bennett—Star

Except for a few legal matters, the number of years you've chalked up on life's calendar has little to do with your age. You're as old as you look.

These are the sentiments of Joan Bennett, well-known film star, whose book, "How To Be Attractive," recently published by Alfred A. Knopf, stresses the rewards of a positive rather than a negative approach to both beauty and life in general.

LOOK

Instead of sadly fondling faded memories of past glories, it's a wise woman who takes a good long look at herself—here and now—and comes to the sometimes-startling conclusion that youth and beauty are not necessarily synonymous. If you're thinking in terms of the fatal forties and final fifties, chances are, there's nothing antiquated about you except your ideas about yourself.

To check how rusty your notions may have become, ask yourself these questions: Are you still trying to squeeze into a size ten dress simply because it's always been your size? Is your wardrobe still swamped with pink just because, way back when, someone impressed upon you its becomingness? Then consider how long it's been since you actually tested the truth of these guiding principles.

"Learn your figure as it is today," urges Miss Bennett. "Get out the tape measure and start to face facts." If you fear your findings will be embarrassing, she reminds you, "No one but you need know exactly what the tape measure says. But you must know if you are to dress to conceal the facts."

HONESTLY

Throw the light of honesty upon your excuses, too. Avoid buying clothes that are too tight across the rear, pretending you'll "ease the seams, buy a new girdle, lose in a week or two, wear a different pair of shoes."

It is far better simply to admit to yourself a figure defect such as large hips, and formulate for yourself a set of working rules for wardrobe planning. If hips are your problem, Miss Bennett suggests, do give yourself enough room, don't choose shiny fabrics, do be careful about print dresses, do buy skirts shaped for your problem, and do add the appearance of width above your waistline.

Now that you're facing your beauty problems with new alertness, it's probable you'll find your complexion has changed as you matured. Colors once right for you may now be completely wrong; shades you thought you could never

wear may prove the very thing to bring out present skin tones. Or perhaps you never quite knew the proper colors to choose, and selected your costumes on a hit or miss basis.

MISTAKES

"Many of our mistakes in choosing colors can be corrected by an inexpensive learned-at-home lesson," says Miss Bennett. Buy a few packets of colored crepe papers in a good selection of shades. From them make capelets or test blouses, which should be tried on before a mirror in a good strong light. It's helpful to invite, as consultant on this "fitting," a friend who has a good eye for color and a candid tongue. Between the two of you, you should be able to decide, without guesswork, just what hues are now most becoming to you.

Selection of the right clothes is important, but "the most expensive most becoming, most tastefully selected wardrobe in the world is not better than a handful of rags if it isn't kept in immaculate, constantly wearable condition."

A broken shoulder strap should be sewed back on immediately; a pin may tear the fabric of your slip. Wear-dirty hats should be brushed and put on hat-stands, either bought or improvised of cardboard. Shoes need toe-pads, of crushed tissue or of fabric stuffed with cotton. "This program should be automatic, with no last-minute rush to fix up things."

NO YULE SERVICE

WASHINGTON, (AP)—The postoffice said today regular rural and city mail deliveries will be suspended on Christmas day. There will be no window service at the postoffices.

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Fine Arts Group Presents Concert

The Fine Arts group of the Clamath musical arts council will present a Sunday concert, December 2, at the Zion Lutheran church at 3:00 p.m.

Included in this program of fine music will be several numbers by the Madrigal Singers, comprised of Jane Craig, Harriet Mueller, Ruth Lobaugh, Ellen O'Keefe, LaMar Jensen, Don MacKenzie, Bennett Lottsgard, and John Drysdale. Don MacKenzie will direct a brass ensemble in three numbers by Pizzel. Included in this group of musicians are Clair Selffman, Lyle Shaffer, Charles Rice, Harold Berry, Nicholas Valdez, and Don Thompson.

Concluding the program will be Doris Graef, who will present several lovely compositions on the organ.

Program chairman for the Fine Arts group are Harriet Mueller and Don MacKenzie.

HEN PROTECTION

CORVALLIS, (AP)—Wildlife research experts at Oregon State college report further evidence that pheasant hens need protection from hunters. Arthur S. Einarson, leader of the Oregon cooperative wildlife research unit, said extensive studies proved only 40 percent of pheasant hens survived five months after their release from a game farm. The survival rate of cocks was 70 percent.

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