

Be Clean But Don't Break Back, Home Experts Say

If you're a dual personality—homemaker and job-holder—this is for you.

Home economics experts warn that there is a limit to the kind and amount of physical work you should do after a day at the office. The best approach, they say, is not to take pride in accomplishing an unreasonable amount of work in one 24-hour period. Much better, the experts suggest, to keep cheerful and be happy in getting essential tasks done.

Women who hold down two jobs should remember a cardinal rule of systematic homemaking, according to the home economists: equip your home as nearly as possible with time-saving aids, such as efficient appliances, easy-to-clean surfaces of quickly wiped clay tile in kitchen and bathroom, and furniture which requires little care other than occasional dusting.

Don't attempt the impossible at home if you work for a boss from 9 to 5, the experts continue. Let women who have all day for home-making indulge in the "extras." Here are four basic standards to maintain to keep a home the way you want it:

1. Cleanliness for health and family satisfaction. Use as many sanitary surfaces, such as clay tile and drainboards and plastic for bathroom wash basins, as you can manage.
2. Simple comfort for privacy and relaxation. Make every room as well equipped for personal ease as possible.
3. Convenience of home arrangements for all who live in the home. Too many houses and apartments are styled for appearance sake and not for livability.
4. Orderliness to make it simple for everybody in the family to locate things in a hurry. This will eliminate cries of "Darling, where is the sewing kit?" and other requests which mean leg-work for the lady of the house.

Classy Wing Boon To OSC Homemakers

OREGON STATE COLLEGE — Opportunities and facilities forable to any provided in the United States for instruction and research in home economics will be available at Oregon State college with completion of the new west wing of the present home economics building, college officials believe.

Complete modernization and renovation of the present home economics building is now under way as one step in bringing facilities up to date. The new wing, which will increase space for home economics work more than 50 per cent, will be started as soon as the present remodeling is completed. This will be about February 1.

Some \$295,000 is being spent on remodeling the two present home economics units, the east wing built in 1914 at a cost of \$61,300 and the central unit built in 1920 for \$143,700. The new west wing will include a 750-seat auditorium that will be available for general campus purposes. It will cost about \$451,000.

Campfire Girls Show First-Aid

MERRILL—Mrs. Annet Ketcherside gave a first-aid demonstration when Wad-dit-ka and Waka-ca camp fire girls met with the 4th and 5th grade groups in the Merrill recreation hall last Wednesday afternoon. She told how to make up a first-aid kit, making a bed for a patient, and explained how to call a doctor in case of accident or illness and what information should be given. The girls may earn honors by demonstrating, at their meetings, what Mrs. Ketcherside showed them.

Peggy Carson displayed her ceremonial gown and explained the meaning of the different symbols and honor beads which she has earned.

The members of the two above named groups are reminded to read over honors 308, 312, 314 in business craft. The next regular meeting is October 31, in the high school recreation room.

Egyptian surgeon-priests used golden needles to close wounds. Fabrics were made of linen, were used in Egypt in 6000 B.C.

New Books At City Library Find Favor

Exciting reading is Margaret Campbell Barnes' new book, "With All My Heart" at the city library.

Catherine of Braganza, the first Portuguese wife of Charles the Second is the heroine. The author manages to create a convincing love story in spite of Charles' many infidelities.

Other new arrivals are Joyce Carey's "Mister Johnson," rated by reviewers both here and in England as by far his best book—"The Blessing," Nancy Milford, a curious little novel about a naughty child—"Dr. Logan's Wife" by Diana Gaines, story of an emotional smash-up and the rebuilding of her life. Fiction—"The Caine Mutiny," Wouk: The Cruel Sea, Monsarrat; From Here to Eternity, Jones; The Iron Mistress, Wellman.

Return to Paradise, Michener; Mr. Smith, Bromfield; The Road to Bithynia, Slaughter. A Woman Called Fancy, Verby; The High Calling, Street; Requiem for a Nun, Faulkner; The President's Lady, Stone; The Troubled Air, Shaw. Non Fiction—"The Sea Around Us," Carson; Kon-Tiki, Heyerdahl; Washington, Confidential, Lait; White Man Returns, Keith; Dizzy, Pearson; A Soldier's Story, Bradley; The Magnificent Century, Costain; His Eye Is On the Sparrow, Waters; King's Story, Windsor; Crime in America, Ketauer.

Party Gowns to Fit Your Way of Life

NEW YORK. (NEA)—The way that you dress for the holidays ahead depends, largely, on your way of life. If the parties you attend are small and informal, a ball gown would be about as useful as a suit of armor. But if several large, formal affairs are on your list, a ball gown is a must.

Knowing this, designers have produced fashions for every way of life during the holiday season. The woman who's addicted to separation, for instance, can carry her enthusiasm over by means of separates that can dovetail neatly with clothes she already owns.

Nelly De Grab has done a sleek halter top in bemberg velvet, one that's cut to reveal pretty arms and shoulders, and teamed it with a shining brocade skirt.

For the woman who won't feel happy unless she's wearing a suit (and there are many), there's an A. Goodman design in bemberg

Business Gals Busy Beauties

This week's "Chatter" from the Business and Professional women's club announces publication of the year book, compiled by Nell Stew-art, Beth Griggs, Mary Bothwell and Agnes Green and a full month's program for the month of November.

The next big affair is the card party at the Willard hotel, Saturday, open to the public. Bridge, pinocle and canasta in play, dominoes, if your table wants them. Big style show by the Town Shop, delicious, desirable undies, jewelry, frocks, coats, tea and other entertainment. Fun from 1:30 to 4 p.m.

Next regular meeting November 5th, initiation of new members and emblem ceremony and hair styling show by Klamath cosmetologists and hair dressers.

Board meeting, Ruth Lobaugh, November 12 and the big Thanksgiving party, November 12.

Vitamin A was discovered in 1913.

metallic brocade. Jacket is sleekly fitted with double-wing stand-up collar, self buttons and big turn back cuffs in black velvet. Skirt is straight and narrow.

The woman who wants the ultimate in a dramatic ball gown can find it. One Eisenberg design is a strapless gown with a gleaming torso of taupe sequins. A drifting skirt, cut from yards of taupe nylon tulle, is layered to produce a bouffant look.

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