

Teen Tips Toe The Line

If you want to avoid hobbling around like an old lady when you are 30, choose your shoes with care now. Or maybe you already are having little troublesome warnings such as small toes that curl, or a corn or a bunion or a callous.

Podiatrists say that most of their footsore patients blame their foot ills on wearing ill-fitting shoes in their teens. Some girls are ashamed to wear large shoes for fear it will cramp their style, but cramping their feet still is worse punishment. Maybe we'll blame it on the poets for lauding the girl with tiny feet, and perhaps we've played up Cinderella far too much. But it certainly is no disgrace to have big feet these days. Girls are bigger and it goes with size. And wouldn't a big girl look silly with tiny feet?

Large scale foot examinations of New York City school children, made by podiatrists in cooperation with the city health department showed appalling results. Eighty-five per cent of the 326,000 youngsters examined to date are afflicted with foot ailments caused by incorrect footwear, say the foot specialists.

Of course it's not that girls' fault. Mothers often insist that their ward hand-me-downs that are too-small or too-large. But some teen-agers foot defects were caused by the habit of wearing high-heeled shoes which pitch body weight forward overstretching muscles and tendons. Lots of them insist on wearing party shoes on the least proper occasion.

It's not necessary these days to go in for this brand of grown-up glamour. Fancy shoes just make you look silly and overdressed, besides all the damage they do to your feet. Sensible shoes no longer are ugly as they were when Mom was a girl. Even laced oxfords with leather uppers and soles recommended by orthopedic surgeons and foot experts for school wear are pretty.

Besides oxfords, there are saddle shoes, Mary Janes, monk-strap types, bluchers and a whole range of dainty shoes with special "big-girl" treatment in the form of buckles, laces, ghillie ties, ankle straps. All of these have leather soles needed for support.

Foot experts say young feet grow so fast they reach a new shoe size every one to six months until the age of 18. That's why they should be measured carefully every time a new pair of shoes is bought. Your big toe should be straight forward, without overlapping or underlying the second toe in any degree, when in your shoes. Only by wearing shoes long enough and wide enough can toes be kept in proper condition.

Play shoes often are the big bug-a-boos, they further stress. Sneakers do not give enough support to wear at long stretches, also they might create breeding grounds for fungus infections if foot perspiration is hampered in sneakers need to be fitted carefully as soft counters lack a firm grip around the heel. They should only be worn on city pavements if they have good leather soles which also counteract any tendency this shoe may have towards spreading.

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Figure Compliments



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REBEL CAPTURED

LA PAZ, Bolivia, Sept. 6 (AP)—The government radio said yesterday Carlos Torres, leader of the fast-collapse right-wing revolt, had been captured at Sucre.

Turtle oil from Mexico is used as an ingredient in some beauty preparations.

Layette Shower

BONANZA—A layette shower was given on Sunday afternoon in honor of Mrs. Robert Hartley. Hostesses were Mrs. Lloyd Sparks, and Mrs. Wilfred Noble.

Games were played during the afternoon with prizes going to Lois Monroe, Bonnie Sparks, Sharon Crawford.

Present were Mrs. Bill Harley, Mrs. Bill Sparks, Mrs. Edwin Clarke, Mrs. Clyde Wooten, Mrs. Bob Ross, Mrs. Dick Derry, Mrs. Art Monroe, Mrs. Bill Burnett, Mrs. Ed Gowen, Mrs. Peg Thomas, Mrs. Sarah Ross, Mrs. Tom Blackman, Mrs. Don Philpotts, Mrs. Lester Boggs, Mrs. Lester Leavitt, June Sparks, Ruth Thomas, Betty Noble, and Sharon Crawford.

The common garden mole has eyes, but they are very small and sunken almost beneath the skin.

Inventor Says His Planes Not Flying Discs

LAS VEGAS, Nev., Sept. 6 (AP)—"Flying saucers? Not my airplane!" The man who invented and built a disc-type plane found wrecked and abandoned in a Glen Burnie, Md., barn two weeks ago says it has "absolutely no relation whatever" to any flying saucers that may have been seen in this country from time to time.

An air forces officer who looked at the Glen Burnie "what-is-it?" expressed belief it is "definitely the prototype of the flying saucer."

"Shucks, I gave that thing up in 1939," Jonathan E. Caldwell, 66-year-old Manhattan Beach, Calif., building contractor and inventor

who formerly lived in Glen Burnie, told a newsmen here. "If the air force wants to know anything about it they're welcome to whatever I know."

Caldwell said the plane was test-flown by Willard Driggers in 1939, that it was granted an experimental license by the commerce department.

Don't miss a good bet — shop the Want Ads every day! It pays!

CONANT AT HARVARD
RICHMOND, Wash., Sept. 6 (AP) Dr. James B. Conant, president of Harvard university, arrived here today to visit the Hanford plutonium works. Dr. Conant is a member of the general advisory committee on atomic energy.

Barracuda is often served in restaurants under the somewhat questionable name of "deep-sea trout."—Sports Afield.

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2. Ask for our Free Car-Safety Check. 7-11 check brake pedal reserve, steering linkage, tires, lights, muffler, horn, springs and shock absorbers, windshield wiper, glass deterioration, mirror and other safety points—all at no cost or obligation to you! Then we'll give you a Free Safety League, and we
3. Enter, in 30 words or less on entry blank, sketch this statement: "All cars and trucks should be safety-checked periodically because..."
4. Mail entry before midnight, October 31, to Ford Car-Safety Contest Headquarters, Box No. 722, Chicago 77, Illinois.

- (a) Use only official entry blank obtained at any Ford Dealership displaying the poster shown below. Print clearly your name and address.
- (b) Contest limited to the continental U. S. and Alaska.
- (c) Prizes to be awarded on the basis of sincerity, originality, and aptness. Judges' decisions are final. Explanatory prize in case of tie. Entries must be submitted in the name of the registered owner — his designated representative. Only one entry per car or truck may be considered. All entries become the property of Ford Motor Company. Contest subject to Federal, State and local regulations and to contest rules on entry blank.
- (d) Winners' names will be posted at all Ford Dealers' not later than December 1, 1949.
- (e) Contest is open to all residents of United States, except employees of Ford Motor Company, Ford Dealers, their advertising agencies or their families.

25 New Ford
4-door Custom V-8 Ford Sedan, equipped with Radios, "Magic Air" Heaters, Overdrives, and White Sidewall Tires.

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