

# Stooping Takes Toll Of Modern Women

Even in this era of household efficiency women pay dearly in backaches and fatigue for bad work habits that carry over from the "old days."

Modern women don't scrub on all fours or kneel at a mountain stream to wash clothes but they stick to old stooping habits which ought to be taken out of their postural approach to housework.

Monday's wash, for instance, should never be hung from basket on ground to wash line and back again to basket. There are better ways and one of these is Junior's wagon used to elevate a basket waist-high, and wheeled to the line.

A chair or stool set so the ironing board is at arm level is more efficient, less tiring than the stand-up-and-stoop method.

If any of your daily cleaning aids are slanted so that they have to be stooped down to, a shelf of reachable level will bring them up. Hang your measuring cups, salt and pepper shakers, dish rags, towels, etc., all within easy reach. Go through linen closets and bedroom chests with a stop-saving system in mind. Daily lingerie and towels at shoulder height, weekly pajamas and sheets higher, or at stoop level.

All kitchen work surfaces must be 36 inches high for non-stoop cooking and baking. There's even a practically stoopless way of making a bed. Soap the first, and second sheet and blanket across the bed from one corner. Tuck and straighten that corner of the two sheets and blanket and continue doing the three pieces of bedding at the same time as you work your way around the bed to the opposite side. Saves you two bend-and-stoop trips around.

## Shower

**SPRAGUE RIVER**—The home of Rev. and Mrs. Ross McIntyre was the scene of a lovely bridal shower Tuesday, August 23, at 2 p. m. honoring Shirley Curren of Redding, Calif. The bride-elect of Vince Bodner Jr.

Present for the affair were Mrs. Robert Carnini, Mrs. Robert Clause, Mrs. Gordon Kelsey, Rev. Pearl Clemens, Rev. Ann Morrison, Mrs. Ted Montgomery, Mrs. Ivan Parkey, Mrs. Rose Shadley, Mrs. Clara Karges, Mrs. Vince Bodner Sr., Mrs. Sylvan Crume, Mrs. Debbon Cook, Mrs. Ellen Heocota, Mrs. Lottie Patterson, Mrs. Charles Hood, Mrs. R. M. Welch, Melba and Myrta Chandler, Clarence Welch, Charlene Hood, and Magdeline Schenckin.

Present for the affair were Mrs. Robert Carnini, Mrs. Robert Clause, Mrs. Gordon Kelsey, Rev. Pearl Clemens, Rev. Ann Morrison, Mrs. Ted Montgomery, Mrs. Ivan Parkey, Mrs. Rose Shadley, Mrs. Clara Karges, Mrs. Vince Bodner Sr., Mrs. Sylvan Crume, Mrs. Debbon Cook, Mrs. Ellen Heocota, Mrs. Lottie Patterson, Mrs. Charles Hood, Mrs. R. M. Welch, Melba and Myrta Chandler, Clarence Welch, Charlene Hood, and Magdeline Schenckin.

Also attending the party was Mrs. Lanore Flury of Medford.

Sending gifts but unable to attend were Mrs. M. E. Carnini, Mrs. R. C. Hallett, Mrs. K. R. Newton, Mrs. L. O. Stown, Mrs. Charlie Borough, John Search, Mrs. Clarence Jenkins, Mrs. E. W. Varnum, Mrs. Lillian Stoneman, Mrs. Rollo Moore, Mrs. W. Kelley and Mrs. Pearl Clark.



PICTURED ABOVE is Linda Lee Jones, two, daughter of Mr. and Mrs. Earl Jones. She is the granddaughter of Mr. and Mrs. Cyril Cook, Chiloquin, and Mrs. Jennie Jones of this city.

—Jones-Miller.

**P-W TABLETS FOR Pin-Worms**  
A modern, medicated sound treatment that gets real results.

**ELEVEN MACHINES IN ONE!**  
**Sew n' Save!**  
with the amazing **NECCHI** the world's finest sewing machine  
Guaranteed by Good Housekeeping  
NO SPECIAL ATTACHMENTS NEEDED!  
✓ Makes Buttonholes ✓ Sew on Buttons  
✓ Sews Zig-Zag ✓ Embroiders ✓ Darns  
✓ Sews Forward and Reverse ✓ Monograms  
\* Available in handsome Console, Desk and Portable models.  
As little as \$2.14 per week after down payment.  
Guaranteed—No Time Limit  
**Sewing Machine Service and Exchange**  
321 1/2 Sheeta Way Phone 6771



**A FAMILY REUNION** of the J. C. Marin family was held recently at Collier park. Present for the picnic were 27 members of the family with the youngest member, Terry McCumber, two, and the oldest member 76 year old, Mrs. Pearl Marin, Terry's grandmother, present.

## Ladies Aid Meet

The Malin Ladies Aid members were guests on Thursday afternoon at the home of their president, Mrs. Richard Henzel. Honored guests were Rev. and Mrs. Glenn Morton, who are leaving Malin.

Mrs. George Smalley, leader for the afternoon, chose as her topic, "Women's Place in the Home." Mrs. Bertil Shogren and Mrs. Cunningham sang a duet.

The hostesses, Mrs. Clarence Kirkpatrick, Mrs. El Smith and Mrs. Richard Henzel served refreshments to Rev. and Mrs. Mor-

ton, Mrs. G. Browning, Mrs. Ray Anderson, Mrs. Lloyd Warner, Mrs. T. C. Haggerty, Mr. George Smalley, Mrs. Fred Elmore, Mrs. Earl McVey, Mrs. Bertil Shogren, Mrs. Mrs. Merle Lookey, Mrs. Cunningham, Mrs. Hazel Thompson, Mrs. Don Macken, Mrs. Harry Wilson, Mrs. Charles Johnson, Mrs. Teresa McComb, Mrs. Halbert Wilson, Mrs. Stanley Johnson, Mrs. Mary Hale, Mrs. George Fabeauk, and Jane Henzel.

Puerto Cabello possesses the best harbor in Venezuela.

Save the water left from cooking vegetables and use it in the gravy that is to accompany fried chicken. Or add it to a soup.

**WI-NE-MA Coffee Shop**  
Drive . . . to the Wi-ne-ma  
2 Parking Lots For Your Convenience  
Luncheon from 65c - Dinner from \$1.25  
Coffee Shop & Dining Room  
Quality Food at Reasonable Prices

## Birthday

**PORT KLAMATH**—Complimenting Mrs. Katherine Nichols of Susanville, Calif., on the occasion of her birthday Friday, a surprise party and handkerchief shower was given in her honor Friday afternoon at the Civic Improvement clubhouse, with Mrs. Gus A. Page, Mrs. Frank Denton and Mrs. William Zumbun joint hostesses for the affair.

Those present included Mrs. L. I. Miller Sr., Mrs. Walter J. Wright, Mrs. Elmer Zumbun, Mrs. Frank Edwards, Mrs. Harry Engle, Mrs. Viola Leever, Mrs. William C. Martin, Mrs. William Brewer, Mrs. Ralph Darling, Mrs. Hansford T. Williams, Mrs. Olive Denton, Mrs. Raymond S. Lookey, Mrs. Joanna Taylor, Mrs. Fred Zumbun, Mrs. Robert E. Gordon, Mrs. Earl M. Jackson, Mrs. William C. Hackler, Mrs. Elizabeth M. Lookey, Mrs. Lucille Nicholson, Mrs. R. S. Dixon, Mrs. Bert Gray, Mrs. Delbert Denton, Miss Janet Helms, Mrs. Kenneth Morris of Tehama, Ore., and the three co-hostesses, Mrs. Gus A. Page, Mrs. Frank Denton and Mrs. William Zumbun.

Invited guests who were unable to be present but sent gifts and birthday congratulations to Mrs. Nichols were Mrs. Edna Orth, Mrs. Charles M. Noah, Mrs. William A. Page, Mrs. J. R. Stenore, Mrs.

Wilbur Ferguson, Mrs. Harold Wimer, Mrs. Stewart Nicholson and Mrs. Lloyd Nicholson.

Mrs. Nichols is a former old-time resident and is spending the summer visiting various friends in the valley.

Stainless steel trolling lures and fish hooks don't have to be polished every spring. They stay bright.

Dew does not fall; it rises. It is the condensed breath of the earth.

Sound travels through water at the rate of 4700 feet per second; through air at 1090 feet per second.

**MAKES FROZEN DESSERTS**  
**Kool-Aid**  
SIX DELICIOUS FLAVORS Kool-Aid Serves 8-10

*You owe it to Yourself*  
TO TRY NEW  
**Pearls in Wine COMBINATION CREAM**  
rinses away in cold water  
\$1 plus tax Economy size \$1.75 plus tax  
This exciting new face cream combines cleansing and complexion-aid creams in one formula. It benefits either oily or dry skin because it absorbs and removes both oil and water soluble types of facial grime and make-up... cleanses your skin thoroughly.  
To aid your complexion, Pearls in Wine Combination Cream contains lipids from lanolin similar to skin lipids normally present in youthful skin. It leaves your skin so soft a combination is rarely necessary. With new "Combination" you need no other face cream.  
YOU'LL ALSO ENJOY Pearls in Wine Transforming LIPSTICK  
**CURRIN'S**—for drugs  
9th and Main Phone 4514

**SEARS ROEBUCK AND CO.**  
**First to SEARS Then to School**  
there's a big style story in our new line-up of college fashions on a budget!  
**casual coats**  
luxurious details! \$24.95  
finer wools!  
gorgeous colors!  
More than ever, pretty details make this year's coats dramatically different! Yet Sears price, as usual, remains exceptionally low—as demonstrated by this Fall line-up of values. Choose today!  
Belted-back coat with graceful fullness; Parisian pockets. Wool sheen covert in newest colors. Sizes 9 to 15.  
feathers accent newest Fall hats \$3.98  
A saucy feather stick-up tells the world your felt hat is brand new, and smart! We've dozens equally pretty—in popular close-fitting styles. Continental green, gray, coffee, brown, or black.  
smartly fitted zip-up handbags \$1.95 plus Fed. Tax  
Complete with ball point pen! Also loose-leaf notebook, mirror and comb. Leather-like plastic. Black, and colors.  
pure silk and rayon squares Reg. 1.95 \$1.44  
Special purchase! Beautiful 36-inch squares in assorted florals, geometrics and solids! Exquisite new fall shades. Reg. 98c squares 79c  
women's knit cotton anklets 3 prs. 85c  
Large assortment of gay mercerized cotton anklets in girls' sizes in striped top or solid colors.  
royal purple nylon hosiery \$1.15  
Our own famous Royal Purples, all nylon from top to toe. Newest shades! Sizes 8 1/2 to 11.  
pockets full of news on a dress with vivid accents! \$7.95  
The zippered pockets are typical of the new-making details featured in our Fall dress collection. Note the vivid corduroy front, perfect contrast for gray rayon footpads. Sizes 9 to 15.  
**Kerrybrooke slacks of colorful corduroy! \$5.95**  
A campus must—these specification-tailored slacks of fine pin-wole corduroy! Choice of green or brown, sizes 12 to 20.  
**classic shirt...Tattersall checked cotton, broadcloth in navy and red. Sanitized (maximum shrinkage 1%) \$1.79**  
**BUY ANYTHING TOTALING \$20 OR MORE ON SEARS EASY PAYMENT PLAN!**  
**Satisfaction guaranteed or your money back SEARS**  
STORE HOURS: 9 a. m. to 5:30 p. m.  
133 So. 8th Phone 5188