

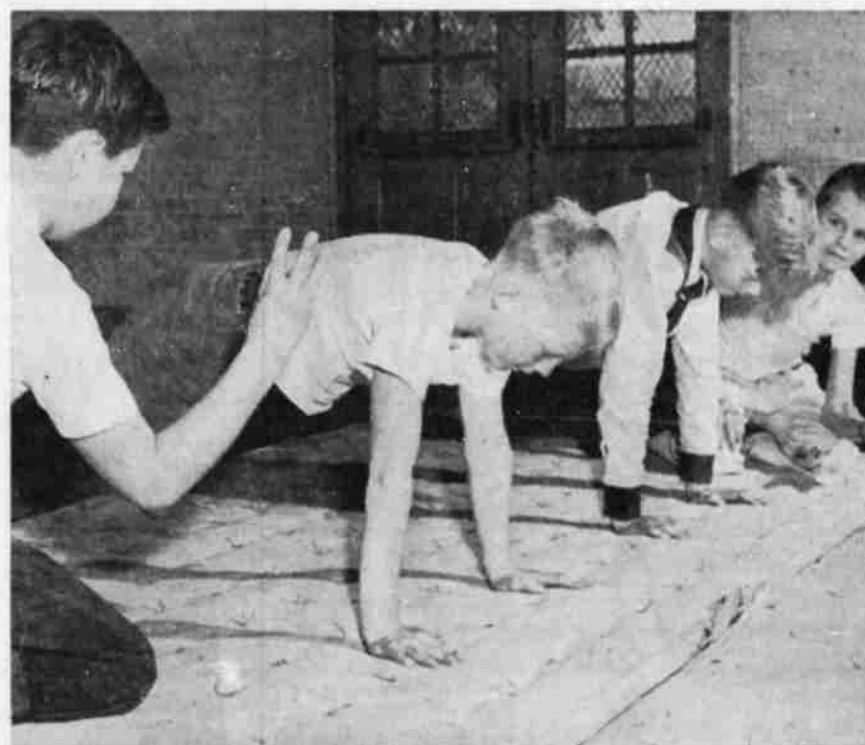
# Exercise And Eats



**LUNCH-TIME SMILE**—Julius Daniels greets lunch-time at noon with a broad smile. Wholesome hot lunches at small cost are one of the many services provided in most modern schools. Lined up behind Julius are Marilyn Mason, Carol Ann Morris and Sharon O'Brien.



**BEHIND THE COUNTER**—Cook Molly Williams typifies the women who prepare and serve hot lunches to hundreds of youngsters in the city's schools.



**FOOD MEANS ENERGY**—Activities like the push-ups shown above are the main reason hearty lunches and welcome food mean much to growing boys and girls. From left are Robert Inman, Nolan Nelson, Jimmy Hope and David Pinniger.



**CARE FOR SOME?**—Sharon O'Brien is all set with her lunch tray. Salad, a vegetable, a sandwich and a main dish, with milk to drink, are on Sharon's menu.



**THE WAY TO HIS HEART**—Jackie Hayden, left, and Alice Geary won't be kitchen novices. In their junior high home economics class they learn the ins and outs of cooking, sewing and general homemaking.

## Cafeterias Assuage Young Appetites

Most schools today consider hot cafeteria lunches as part of their regular services. For a small cost, students are provided with nourishing lunches containing all the requirements for good health and energy—which means a lot, particularly in winter weather to growing youngsters in meeting the demands of hard play and studies. The big job of buying all the food and supervising the operation of all cafeterias in the city elementary schools and Klamath Union high school belongs to Mrs. Mattie Barnstable. For several years, Mrs. Paul Landry was city school cafeteria manager, but she resigned last spring. In addition to the supervision of the manager, each school also has its own cook, hired to prepare lunches and operate the school kitchens.

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