

Some People Worry With Their Necks, It's A Fact

By HOWARD W. BLAKESLEE
AP Science Editor

MONTREAL, Canada, June 22 (AP)—Some people worry with their necks. Their neck muscles tighten during a period of anxiety, with a variety of after-effects. These include stiff necks, pains in the neck and headaches. Many persons who are subject to headaches start their trouble by neck tension.

These findings were made at the Allan Memorial Institute of Psychiatry, McGill university, by Drs. Robert B. Malmo and Charles Shagass. Most of the studies were on mental patients, but the same tendencies were found in normal people.

When muscles tighten, their electrical qualities change. There is an increase in potential, which means that the muscles have a higher voltage. The potentials in muscles were read at McGill with electrodes placed on the skin.

The worries were furnished by a hot beam of light, focused to a narrow point on foreheads. This hot spot was used 12 times in succession, once every minute and a half, for three seconds each shot, except the last which was only one second.

The first shot was not enough to hurt. After that they were varied, some much less hot than the first, but they were mixed, so that for the whole 16 1/2 minutes the receivers did not know what was coming next.

The electrical instruments picked up the tensing muscles. The tightening showed up even when it was not strong enough to cause any aftereffect of discomfort.

The tests showed that not everyone worries with his neck. Other parts of the body may be used for this muscular tightening. One group who were not neck reactors, showed faster heart beats and more rapid breathing.

NAMED
PORTLAND, June 22 (AP)—A taxicab company manager, Dudley M. Lapham, was named a member of the Multnomah county civil service commission yesterday.

Recreation Notes

By SAMUEL B. SMITH
Superintendent of Recreation

With the opening of another vacation season, we should review the changing world and the effect it has upon our children. Thirty years ago, Klamath Falls was much smaller than it is today; it moved at a much slower pace; "gas bugies" were making their first appearance and the great outdoors was just over the fence. Street traffic was slow and sufficiently noisy to warn children of the approaching danger.

Today, the open field is further away, the streets are hard, and the traffic fast and fairly quiet, making the streets unsafe for romping and playing.

This fact is emphasized by the accident figure released recently which shows that in 1947, 7 per cent of the pedestrians killed were children "playing" in the streets. In 1948, this increased to 7.4 per cent. Running parallel to this, we find 22,300 children injured in 1947 and 30,510, more than double, in 1948. Remember, all of these accidents occurred while children were "playing" in the streets.

Realizing these growing hazards, along with other factors, the people of our city are backing a counter program by providing places to play and leaders to supervise this play. These play areas are gifts from the adults to the children in an effort to replace the open fields and natural play areas that our fast moving adult society has taken from our children.

The play areas opened Monday, with leadership during afternoons for the week and from 9 a. m. to 6 p. m. starting next Monday. All leaders are attending an institute during the mornings in an effort to better understand the needs of our children and how to meet them.

Play areas are at Kiwanis park, Mills addition; Ewauna park, 5th and High streets; Moore park, Fairview school, Pelican school and Roosevelt school.

If we all encourage our children to use these areas, we reduce our worries over their safety.

Farmers! It is time to order insurance on growing crops. See Hans Nordland for best service. 627 Pine St.

Krug Taken Ill During Hearing

WASHINGTON, June 22 (AP)—Secretary of the Interior Krug was taken ill while testifying before a house committee today but recovered after about a half hour rest.

Krug, who is 41, was escorted from the committee room into an adjoining office when he interrupted his testimony to ask for a brief respite. Representatives Jackson and Mitchell, Washington democrats, attributed his illness to a heart condition. He suffered an attack about a year ago and was compelled to rest.

Members of the secretary's staff said he had suffered from the heat earlier in the day.

Krug appeared before the public works committee in support of legislation to set up a Columbia valley administration.

MEDFORD, June 22 (AP)—Frank Van Dyke, speaker of the state house of representatives, will be among Oregonians opposing CVA in congressional hearings this week.

He left here last night for Washington, D. C. The trip is sponsored by the Southern Oregon Conservation and Tree Farm association.

Opposition Seen For CVA Proposal

CINCINNATI, June 22 (AP)—There is opposition in the Pacific Northwest to creation of a "Columbia river valley authority" on a government appropriation basis, the Public Utilities Advertising association was told yesterday.

John Dierdorff of Portland, Ore., vice president of the Pacific Power and Light company, spoke at the closing session of the association convention. He said the federal government has preempted the development of hydraulic power in the Columbia valley.

But private industry is for reclamation of resources, he said, adding that the government "uses its position to control our position and this put private utilities out of business."

KILLED
POSTVILLE, Ia., June 22 (AP)—The death of Herman Miller, 36, Vale, Ore., was reported here yesterday. He was crushed against a guard rail when an automobile in which he was riding skidded on a hill.

Phillip Cutting, 21, Seaside, Ore., the driver, was not injured.

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