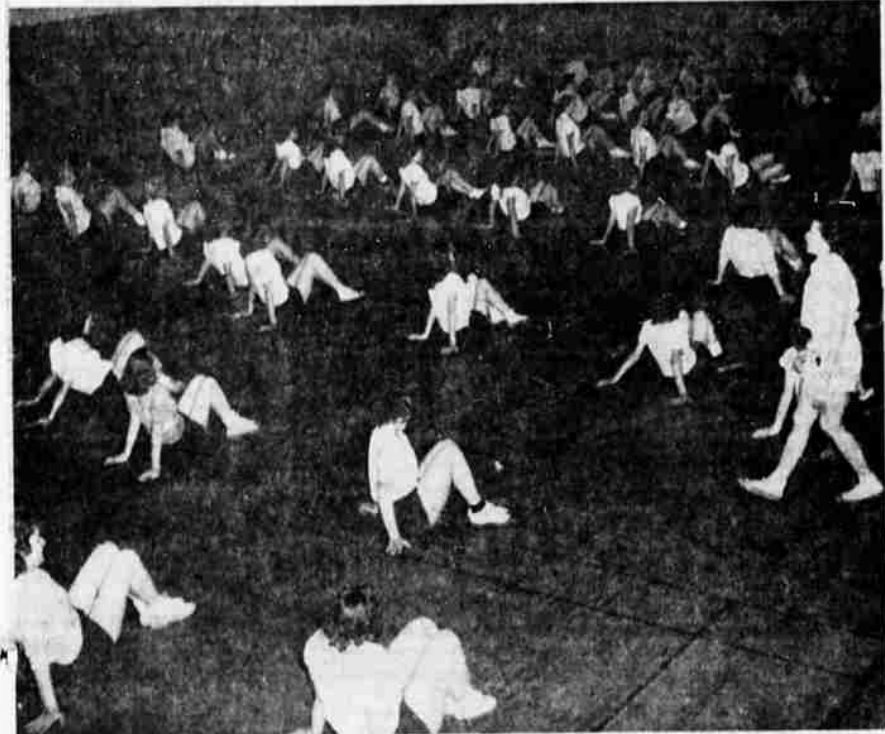
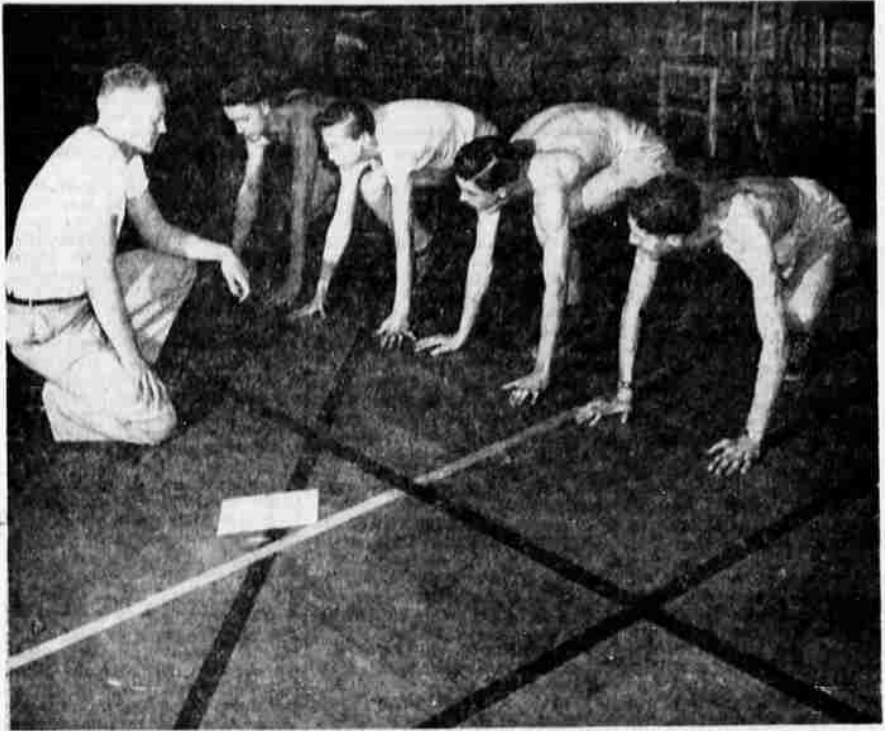


Physical Education Program Expanded

P. E. Department Activities At KUHS Pictured



Here are two views of activities in the physical education department activities at Klamath high school. Above, Bob Hendershott, instructor, is shown giving instruction to a group of sophomores in preparation for a treadmill test. Left to right: Barton Adams, Norman Alexander, Larry Atkinson and George Adler. Below, a girls' P. E. class in action.

ties. To accomplish this, an appraisal (testing program) is made of each pupil from grades 4-12 at the beginning of each school year to determine his physical status. This testing program provides a means whereby the teacher can evaluate the pupil in terms of his posture, growth and development, health, and physical skill. By use of the testing program the teacher is able to recognize the deficiencies of the pupil and plan the program accordingly. The testing is given again at mid-year and at the close of the school year. The physical fitness, physical accomplishments, and progress of each pupil are easily recognized from these tests by the pupil as well as by the teacher. A record of each pupil from grades 4-12 is kept on a card known as the "Oregon Physical Fitness Record Score Card." This card is transferred with the pupil's records when he moves to another school.

Full Program
The physical education program is built around the needs as found by the results of the testing program and is made up of the following activities: body-conditioning exercises, stunts and tumbling, rhythmic, posture training, combatives, individual activities, group games and sports activities. These activities are used to provide the pupil with a well-rounded program that will develop a strong, healthy body.

The sports-program plays an important part in the Klamath Falls program. It provides activities that aid the pupil to reach physical fitness through wholesome sports that give all an equal chance to participate. Team-play in sports is the highest form of play. Its values lie in the cooperation of the players working toward a common end—the players thinking more of what

is best for the team rather than using their efforts for individual glory. The sports activities for boys as taught in our schools are football, touch tackle, speedball, basketball, baseball, swimming, softball, tennis, wrestling, volleyball and track and field. For girls the following activities are offered: fieldball, kickball, volleyball, basketball, tennis, softball and swimming. Many other minor games and sports are offered to boys and girls in this part of our program.

The high school girls' physical education teachers conduct an after-school program for girls who are interested in the field of physical education and athletics. This organized group, known as the Girls' Athletic Association, sponsors athletic activities. A point system set up by the association determines the letter awards issued to its members for their athletic accomplishments. The instructors have laid plans for a high school invitational play day to be staged in May on Modoc field.

Play Days
Physical education teachers in the grade schools stage seasonal sports play days. Girls from all the schools are selected to represent their school in this one large festival of play. These play days, under direction of the physical education instructors are the climax to the sport and consist of an afternoon of wholesome play activity.

An extensive after-school and Saturday sports program is offered to all boys from grades 5-12 and is conducted by the men physical education teachers and coaches. This program consists of instruction in seasonal sports with intra-mural and inter-school competition. Tournament play at the end of each sports season determines city school winners. Trophies donated by

Klamath Falls citizens are awarded the winners. The grade schools and junior high follow the same pattern of coaching as our high school. The people of Klamath Falls are well acquainted with this part of our athletic program and the progress it is making toward placing Klamath Falls as one of the best in our state.

Berkey Takes Over For East Station

BERKEO, Japan, Saturday, Feb. 28.—Rear Adm. Russell S. Berkey assumed command of the U. S. navy's Far East support group today at this base in southwestern Japan across Asushima strait from Korea. Berkey's flag was raised over his flagship, the cruiser Topeka, as the flag of the outgoing support group commander, Rear Adm. Albert M. Bledsoe, was lowered from the cruiser Atlanta.

Berkey came to Japan after duty as commander of the New York naval base, Bledsoe, whose home is in San Antonio, Tex., will sail March 2 for San Francisco aboard the transport Thomas Jefferson. He will take over command of the Bremerton, Wash., naval base.

Trophies donated by

Attempted Murder Charge Filed

PORTLAND, Feb. 28.—A charge of attempting to commit murder was on file today against Rufus N. Cavette, 56-year-old Springfield logger accused of placing dynamite under his ex-wife's cabin.

The dynamite exploded Thursday, blowing out the cabin wall and slightly injuring the Cavette's 14-year-old son.

Detectives said Cavette, arrested Thursday night at Springfield, denied trying to injure anyone. "I did



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It only to scare them." Detective J. H. Moore quoted him as saying. Moore said other members of the family told him the logger had threatened both his ex-wife and Patrick H. McCormick, owner of the cabin here.

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Klamath Falls Schools Offer Full Curriculum Of Sports Activities

The Physical Education Program In The Schools of Klamath Falls By JOSEPH W. PEAK, Director of Health and Physical Education, Klamath Falls Schools

The physical education program for boys and girls in the schools of Klamath Falls follows closely the new Oregon program for health and physical education as prescribed by the Oregon law. This law requires all boys and girls from grades 1-12 to participate in physical education (unless physically handicapped). The Klamath Falls schools strive to fulfill the state department's requirement by conducting a program that will provide instruction and opportunity for all boys and girls to become physically fit by the result of individual growth, achievement, and effort. This is accomplished by many individual physical skills and group games of many types.

Self-Control
Through these skills and activities are developed standards of self-control, self-direction, assumption of responsibility as leaders and followers, and proper attitudes of good sportsmanship for either defeat or victory. The program achieves its share of the physical, mental, emotional and social adjustments which are necessary for

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