

A Safeway Chuck Roast provides generous portions of tender, delicious meat . . . so your meat money goes farther. It's got the same good meat flavor as a rib roast, eats tender as a T-Bone. Just you taste and see!



Yes!
CHUCK ROASTS, too, are cut "WASTE-FREE" at SAFEWAY
 For example: all excessive fat and protruding bone is cut away—before weighing, mind you—so that you don't have to pay for waste parts you can't use. This waste-free trimming of meat applies to other roasts and to chops, steaks and other cuts, too. That's why Safeway Meat prices represent real value, every time!

CHUCK ROAST from SAFEWAY

Cut from the same sides of beef as Safeway's finest steaks and roasts—guaranteed tender, juicy, delicious, or money back.

PER LB.
55c



Other Waste-free Meat Values

- Standing Rib Roast**
Safeway Guaranteed Lb. **65c**
Beef, Trimmed Waste-free
- T-Bone STEAKS**
As tender as you could wish. Lb. **79c**
- Pork Roast**
Meaty Shoulder Cut Lb. **49c**
- Pork Loin Chops**
Just the lean center cuts Lb. **69c**

- BACON**
By the piece Buy it in the slab and save. Lb. **69c**
- Boneless Veal Roasts**
Swift's Pound **59c**

- Link Sausage** Lb. **59c**
Nice and Meaty—Won't fry away to nothing.
- Bochwurst Sausages** Lb. **57c**
- FRYERS** Lb. **75c**
Eviscerated—disjointed Ready for the pan.
- ROASTERS** Lb. **75c**
Ready for the pan.
- Fricassee Fowl** Lb. **65c**
No waste—Ready for the pan—Fine stewers, too.

BEEF POT ROAST

- 4 lbs. beef chuck 3 tbsps. lard
- Clove of garlic 1 cup water (if desired)
- 1/2 tsp. Worcestershire sauce
- 3 tps. salt
- 1/4 tsp. pepper 1/4 cup chili sauce

Rub meat thoroughly with bruised clove of garlic. Add salt and pepper. Brown pot roast slowly on all sides in hot lard melted in heavy kettle with tight-fitting lid. Add water, Worcestershire sauce and chili sauce. Cover and simmer gently until meat is tender, about 3 1/2 hours. Turn meat occasionally. Add more water, if necessary, a little at a time. Make gravy by thickening liquid with flour smoothed in water (1 tbsp. flour to each 1 cup of liquid). Serve 4, with leftovers.



Do You Know About Our WASTE-FREE Sea Foods?

Yes, Safeway offers you finest quality Sea Foods—Ready for the pan. No Waste. No mess and a wide variety from which to select. Uniform high quality — your satisfaction guaranteed.



- SALMON STEAKS** Lb. **69c**
Waste-free. Ready for the pan. Delicious flavor—every bite tasty.
- HALIBUT STEAKS** Lb. **59c**
Waste-free. Ready for the pan. Cooks white and flaky. Fine flavor.
- FILLET OF SOLE** Lb. **48c**
Boneless—No waste (just broil or fry). Fleishy, delicious fresh meat.
- Smoked Cod Fillets**lb. **53c**
- Salt Codfish**1-lb. pkg. **53c**
- Kipperd Salmon** . . . per lb. **73c**

Be sure . . . shop SAFEWAY

Cream Corn
Country Home Yellow, sweet fancy corn No. 2 can **17c**

Peach Slices
Slices O' Gold brand Freestone Peaches No. 2 1/2 can **29c**

- ### Canned Food Values
- Fancy Corn** Country Home Wh. Kernel—G. B. No. 2 can **18c**
 - Cream Corn** Gardenside—O. B. No. 2 can **16c**
 - Fancy Corn** Butter Kernel Whole Kernel No. 2 can **21c**
 - Fancy Peas** Sugar Belle No. 2 can **19c**
 - Fancy Peas** Libby Garden—Sweet No. 2 can **20c**
 - Tomatoes** Del Monte—Solid pack No. 2 can **25c**
 - Kidney Beans** Joan of Arc No. 2 can **15c**
 - Chili Con Carne** Van Camp (with beans) 15 1/2-oz. can **24c**
 - Deviled Ham** Libby brand No. 1/4 can **17c**
 - Maine Sardines** Capt. Benny No. 1/4 can **14c**

- ### Fruit and Juice Values
- Apricot Halves** Petite-Unp. 2 1/2 can **27c**
 - Kadota Figs** Reedy No. 2 1/2 can **25c**
 - Oregon Peaches** Jory-Sliced 2 1/2 can **29c**
 - Apricot Nectar** Heart-Delight 12-oz. can **11c**
 - Peach Nectar** Highway-Sunny Dawn 12-oz. can **11c**
 - Tomato Juice** No. 2 can **10c**

- ### Packaged Foods
- Figs** White 2-lb. pkg. **39c** Black 2-lb. **29c**
 - White Rice** Pearl 5-lb. **79c** 3-lb. **49c**
 - Small White Beans** 2-lb. pkg. **43c**
 - Lima Beans** California—Large 2-lb. pkg. **65c**
 - Red Beans** Idaho 2-lb. **39c** 5-lb. **89c**

- ### Spreads—Etc.
- Jelly** Tea Garden, Straw.-Apple 12-oz. **31c**
 - Apricot Preserves** Dude Ranch 1-lb. jar **27c**
 - Shady Oak** 1-lb. jar **27c**
 - Loganberry Preserves** lb. **29c**
 - Raspberrry Preserves** lb. jar **35c**
 - Shady Oak** 1-lb. jar **35c**
 - Strawberry Preserves** lb. jar **39c**
 - King Kelly** 1-lb. jar **39c**
 - Orange Marmalade** 2-lb. jar **39c**
 - Peanut Butter** Beverly Bloom 1-lb. jar **37c**
 - Strained Honey** Desert 5-lb. **1.29**
 - Sleepy Hollow Syrup** 12-oz. bottle **24c**

Let's talk about Some LOW Cost-of-Living VALUES!

Let's see how we can make living costs lower. These values are only a few of the attractions you will find at Safeway.

- Salad Dressing** Cascade pint **21c**
- Corned Beef Hash** Libby No. 2 can **29c**
- Baby Lima Beans** 2-lb. pkg. **35c**
- Tomatoes** Gardenside No. 2 1/2 can **19c**
- Sliced Beets** Highway No. 2 can **10c**
- Marmalade** Polk's—Orange 1-lb. jar **15c**
- Fancy Spinach** Emerald Bay, No. 2 1/2 can **17c**
- Tomato Sauce** Gardenside can **5c**
- Airway Coffee** Fresh Whole Bean, bag **43c**
- Nob Hill Coffee** 1-lb. bag **45c**
- White Bleach** quart **11c** 1/2-gal. **19c**

Ad Prices Effective Friday, Saturday and Monday

- ### Coffee Values
- Edwards Coffee** lb. **50c** 2-lb. **99c**
 - Nob Hill Coffee** 4 pounds **\$1.97**
 - Airway Coffee** 2-lb. bag **89c**
 - Hills, M.J.B. Coffee** 3-lb. bag **1.28**
 - Maxwell House Coffee** 1-lb. can **53c**
 - Golden West Coffee** 1-lb. can **53c**
 - Chase & Sanborn Coffee** 1-lb. can **53c**
 - Sanka Drip Coffee** 1-lb. can **59c**
 - Sanka Instant Coffee** 2-oz. jar **45c**
 - Borden Instant Coffee** 2-oz. jar **39c**

- ### Miscellaneous Values
- Pabst-ett Cheese** 6 1/2-oz. pkg. **29c**
 - Dutch Mill Cheese** American or Pimiento 1/2-lb. **33c**
 - American Cheese** Dutch Mill 2-lb. **1.09**
 - Ripe Olives** Monterey Inn No. 1 can **12c**
 - Ripe Olives** Ebony—Medium 4 1/2-oz. **15c**
 - Tomato Ketchup** Heinz 14-oz. bottle **25c**
 - Chili Sauce** Monels 11 1/2-oz. bottle **23c**
 - Mayonnaise** Piedmont quart **85c**
 - Salad Oil** Mazola pint **47c**
 - Cider Vinegar** Heinz quart bottle **21c**
 - Sno-White Salt** 4-lb. pkg. **13c** 24 oz. **5c**
 - Cat Food** Puss N' Boots 8-oz. can **8c**
 - Cigarettes** Popular brands carton **1.38**

Sunnybank Margarine
The margarine with the sweet, fresh flavor **LB. 39c**

Fancy Pitted Dates
Sair brand 1-lb. cellophane pkg. **29c**

- ### Soft Drinks—Candies
- Lime Rickey** Par T Pak quart **15c**
 - Root Beer** Par T Pak quart **15c**
 - Orange Soda** Par T Pak quart **15c**
(Plus bottle deposit on the above)
 - Lemon Drops** Ultra fine 6-oz. pkg. **10c**
 - Hard Candy** Ultra Fine 1-lb. pkg. **19c**
 - Candy Bars** Solo Cub each **4c**

- ### Soaps and Bleach
- Toilet Soap** Lifebuoy bar **11c**
 - Toilet Soap** Cashmere Bouquet 2 bars **25c**
 - Ivory Soap** Personal size bar **8c**
 - Su-purb Soap** Granulated 24-oz. **37c**

EAT MORE Fresh FRUITS and VEGETABLES and help LOWER THE COST OF LIVING In Your Family!

APPLES!
For cooking or eating—Safeway has the apple for your purpose. Buy now during the Grower-Consumer Campaign

- Winesaps** Extra fancy and fancy **lb. 8c Box 2.98**
- Red Delicious** Extra fey. and fey. **lb. 9c Box 3.29**
- Red Beauties** Extra fancy and fancy **lb. 11c Box 4.19**

- AVOCADOS** Famous Calavos, Ripened! **lb. 40c**
- TABLE GRAPES** Crispy—Red Emperors **lb. 12c**
- BROCCOLI** Garden fresh, bright green **lb. 18c**
- CARROTS** Smooth uniform sizes—No Tops **lb. 10c**
- CAULIFLOWER** White heads, solidly formed **lb. 12c**
- PARSNIPS** Full flavor—Fresh and Firm **lb. 9c**
- SWEET POTATOES** Always welcome **lb. 14c**
- SOUTHERN YAMS** Try them candied **lb. 14c**

Grapefruit
Inexpensive and at their best. Serve them often.

- Texas Pinks, lb.** 9c Half Box **2.98** Full Box **5.79**
- Desert Whites, lb.** 6c Half Box **1.50** Full Box **2.98**

LEMONS
Very fine quality—Thin skins and very juicy. Keep some on hand. **LB. 13c**