

City Briefs

Training Classes—Classes for department heads, supervisors and other personnel workers in store management will be offered early in March to any firm wishing to obtain this service, Mrs. Sally Louis of the KUHS vocational training program, announced today. Hours and location of the course will be set at the convenience of those attending. Waitress training, window display and show card lettering courses will follow. Seventy-six women are now registered for retail selling classes, Mrs. Louis said. For information regarding sales persons, Mrs. Louis may be contacted at dial 7595, KUHS.

From Chicago—Mr. and Mrs. George Metz returned Sunday night from a visit of several weeks in Chicago with their son, Lee, machinist mate third class, U. S. navy, stationed near Chicago at the aviation instrument school. Lee will complete his course there within another six weeks, his father stated. The Metz visited several days in Portland both en route to Chicago and upon their return. They made the trip by train and while east Metz purchased merchandise for his store here.

St. Paul's Dinner—Plans are being made for a dinner to be served to men only at St. Paul's Episcopal church parish house at 6:30 p. m. Wednesday. The dinner will be prepared by a committee headed by J. Fred Flock, and served by members of the vestry. All men of the church and their friends are invited to attend by the Rev. Frederick C. Wissenbach, rector. There will be entertainment and movies following dinner.

Injures Back—Mrs. Hiram Murdoch, well known Klamath resident, is a patient in a local hospital suffering from a severely sprained back. Mrs. Murdoch was visiting at the home of her daughter, Mrs. Lloyd J. Goble, when she fell late Sunday evening. Mrs. Goble said Tuesday that her mother was resting comfortably.

From Medford—Robert M. Elder, former member of the city police department and now serving as Jackson county juvenile officer, Medford, spent Monday in Klamath Falls on business. Elder said Medford had the edge on this city as he had picked daffodils in his yard last Sunday.

From La Grande—Harold Keath of Portland, recently employed at La Grande, has arrived here to work in the maintenance office of the Oregon State highway shops, relieving Arthur White who served as radio operator as well. White has accepted a position with KOIN, Portland.

Son Born—Mr. and Mrs. L. E. Martinson of Bly are parents of a son born on George Washington's birthday, February 22, at Klamath Valley hospital. Martinson is employed at the Ewauna camp, Quartz mountain.

Return to Camp—Lt. and Mrs. Melvin F. Cummings, who have been visiting at the home of Mr. and Mrs. A. C. Cummings for the past few days, returned Monday morning to Camp Roberts, Calif., where Lt. Cummings is stationed.

Home—Geneva Obrist, daughter of Mr. and Mrs. A. R. Obrist, 2010 Vine street, was home for the weekend to visit her parents and sister Jackie. Miss Obrist attends Armstrong college in Berkeley.

Weekend Here—Donald Bratton spent the weekend in Klamath Falls with his parents, Mr. and Mrs. George W. Bratton. He was recently initiated into Theta Xi fraternity at Oregon State college, Corvallis.

In San Francisco—Dorothy Peate, daughter of Mr. and Mrs. Fred Peate of Lakeview, is expected home Wednesday from a 10-day stay in San Francisco. En route home she will be the guest of Dr. and Mrs. Leslie W. Peate.

February 22nd—A daughter, weighing 8 pounds 14 1/2 ounces, was born February 22 to Mr. and Mrs. Donald C. Statham, 933 Washington street. Statham is with the Pacific Telephone and Telegraph company.

Enlist—Marvin G. Watson and Billy L. Matthews, both of Klamath Falls, have enlisted in the United States marines, according to word received from the Portland recruiting office.

QUICK, HAPPY RELIEF for Excess Stomach Acid Distress!

Famous STUART TABLETS contain the very ingredients so often used by doctors to bring quick, welcome relief from acid-indigestion distress, caused by excess stomach acidity after eating or drinking. Delicious tasting! Easy to take. No bottles! No mixing. For wonderful, blessed relief from excess acid suffering, try famous STUART TABLETS without delay. "At all drug stores 25c, 50c and \$1.25 under maker's money-back guarantee."

Returns Here—Mrs. Clara Shaw, accompanied by Mrs. Clyde Baker, returned Monday night from Portland. Funeral services for Mrs. Shaw's grandson, Lt. John T. Ray who was killed in a bomber crash 10 days ago, will not be held for some time as army officials at the Walla Walla, Wash., air base announced that the bodies have not yet been removed from the Blue mountain area, scene of the tragedy. Mrs. George Burger and Mrs. William Serruys are remaining with Mrs. Ruth Turner, mother, and Mrs. Ray, wife of the young flyer. They are at the Benson hotel, Portland. Mrs. Shaw stated that it might be from three to five days before the bodies are moved.

To Visit Here—Captain Lawrence Slater, Klamath Falls insurance man before entering the U. S. army service, is expected here Wednesday morning for a two-day visit before returning to Washington D. C. Slater was called west by the death of J. E. Roberts, Twin Falls, Ida., father of the late Mrs. Lawrence Slater. Mr. Roberts died suddenly last week and funeral services were held in Twin Falls. He had visited here frequently at the Slater home and had many friends in Klamath Falls.

Marooned—Mrs. Charles Oilmann, principal of Fairview school, wired Supt. Arnold Grapp Monday that she was "marooned" in Los Angeles and unable to obtain reservations home. Mrs. Oilmann left last week for Los Angeles to be with her husband, member of the Seabees, before his transfer overseas. He has been in training at the Seabee camp, Davisville, R. I.

Visitors—Mr. and Mrs. Jack Buchanan of Marshfield spent the weekend here with their parents, Mr. and Mrs. T. J. Buchanan of Pelican City and Mr. and Mrs. William Wunder of South Second street. Buchanan is with the First National bank of Marshfield.

Dinner Meeting—Paul Bunion voiture, No. 222, will hold a regular meeting at the Pelican party room at 7:30 p. m. Wednesday, February 24. Members are asked to make their reservations for dinner and refreshments by calling the Pelican, 7013.

Tire Found—State police have in their possession a truck tire, 900x20, 10-ply, which was found on the Midland road recently. The owner may recover the tire by identifying it at state police headquarters in Altamont.

Returning—Auxiliary Patricia Stebbins will return to Fort Des Moines, Ia., early this week to continue her training with the WAACS.

Visiting—Vernon Linsey Jr., member of the military police stationed in California, is here for a week visiting his father, Vernon Linsey.

In Eugene—Mrs. Howard Andrews of 17351 Crescent avenue, is spending this week in Eugene.

For Your Information

MAIL CLOSING TIME (Effective Feb. 15, 1943)
 Train 19 Southbound: 6 p. m.
 Train 20 Northbound: 11 a. m.
 Train 17 Southbound: 7 a. m.
 Train 18 Northbound: 10 p. m.
 Medford Stage, Westbound, 3:30 p. m., Evening Airmail.
 Stages to Alturas, Ashland, Lakeview and Rocky Point, 7 a. m.

Degree Team—Prosperity Rebekah degree team will meet in the IOOF hall Thursday at 7:30 p. m. for practice. All members are urged to attend.

Shasta PTA—The regular meeting of Shasta PTA, scheduled for Wednesday, has been postponed due to the rationing

CONSTIPATED? NOT ME!

I used to be. And what would I do? I'd take a laxative or a cathartic. But unless I repeatedly dosed myself, it didn't help for long. Then I read an ad about Kello's All-Bran. Said it was a breakfast cereal that got at the cause of constipation due to lack of "bulk" and corrected it. Well, that was my kind of constipation — and Kello's All-Bran sure proved to be just what I needed. I eat it regularly now, drink plenty of water, and have been regular ever since. If that's your kind of constipation, why not try Kello's All-Bran? Made by Kellogg's in Battle Creek.

program, and the next meeting will be held Wednesday, March 3.
Merry Mixers—The Merry Mixers meet on Thursday at 8 p. m., at the home of Billie Snider on Crescent avenue.
Pinochle Club—The Lucky Thursday Pinochle club meets on February 25 with Florence Young on Wantland avenue, for a 1 p. m. luncheon.

Theta Rho—Theta Rho Girls' club is sponsoring a card party, Saturday, February 27, at 8 p. m., in IOOF hall. It will be open to the public.

Townsend Club—The auxiliary to the Townsend club will meet at the home of Eva Myers, 500 North Ninth street, Wednesday at 1 p. m. There will be

potluck luncheon and a business meeting. Members are asked to bring needles and thread. The public is invited.
Winema Club—Members of the Winema club, Pythian Sisters, will meet Friday at 8 p. m. at the home of Mrs. Carl Periman, 219 Michigan avenue. Potluck luncheon will be served. All Pythian Sisters are welcome to attend.

Card Party—Women of the Moose will sponsor the third of a series of card parties in the Moose hall Wednesday at 8 p. m. The public is invited.

Dorcas Circle—Mrs. J. H. Tindall, 2337 Garden avenue, will be hostess to the Dorcas circle of the First Presbyterian church Thursday at 2:15 p. m.

Mrs. Thorn Newman will be the assisting hostess. Members are advised that tea towels not completed at the last meeting may be brought Thursday.
Hasbines—The Hasbines of the Eagles auxiliary will meet Friday at 7:30 p. m., at the home of Anna Hall, 1505 Fulton street, apartment 2. Those unable to attend are asked to advise Mrs. Hall by calling 4345 after 6 p. m.

Sojourners—Members will meet Wednesday at 1:45 p. m. at the Willard hotel with Mrs. H. M. Shapleigh and Mrs. J. R. McClellan as hostesses. All newcomers are welcome.

Shopping—Mrs. Mike Petroff, Wocus, was in town shopping on Tuesday.

To San Jose—Wayne Biehn and son Bud, left Saturday for San Jose, Calif., where Biehn will be employed. Mrs. Biehn and daughter Joyce, will remain here until school is dismissed and will then join their family in the south. Biehn has been employed by Ewauna Box company here for the past eight years.

To Portland—Harry D. Bolvin, with the department of justice, plans to return to Portland Wednesday after several days spent here on business and with his family on Washington street.

Returns—Mrs. R. C. Hastings has returned from Portland where she spent several days with her son, Ben, student at Reed college.

VITAL STATISTICS
MARTINSON—Born at Klamath Valley hospital, Klamath Falls, Ore., February 22, 1943, to Mr. and Mrs. L. E. Martinson, Bly, Ore., a boy. Weight: 5 pounds 13 ounces.
STATHAM—Born at Klamath Valley hospital, Klamath Falls, Ore., February 22, 1943, to Mr.

and Mrs. Donald C. Statham, 933 Washington street, a girl. Weight: 6 pounds 14 1/2 ounces.
Stamp Sales—Riverside students hit a new high for the year Tuesday morning when they purchased bonds and stamps totaling \$140.65, according to Principal Verne Speirs. This was the children's George Washington day sale.

The New Spring
STETSON HATS
 Are Now In at
DREW'S MANSTORE
 733 Main

PILES
 SUCCESSFULLY TREATED
 NO PAIN — NO HOSPITALIZATION
 No Loss of Time
 Permanent Results!
DR. E. M. MARSHA
 Chiropractic Physician
 220 No. 7th — Empire Theatre Bldg.
 Phone 7095

SAFEGWAY Homemakers' Guide

GIVE YOUR FAMILY THE ENERGY THEY NEED - Start them off with a nourishing BREAKFAST!

Quaker Oats Lge. 24c Pkg.
 Regular and Quick
Oats Alber's Quick or 9-Lb. 49c Regular or Sperry's. Bag
Oats Alber's Regular and Quick Lge. 24c Pkg.
 Small Package 12c

Peacock
Buckwheat Flour 2 1/2-Lb. Pkg. 26c
Flapjack Flour Alber's 2 1/2-Lb. Pkg. 22c
Syrup Sleepy 12-Oz. Bottle 16c Hollow
Bread Julia Lee 1 1/2-Lb. Loaf 13c Wright
Coffee Nob Hill 1-Lb. Bag 25c Edwards 1-Lb. pkg. 26c

Farina, Alber's (Pearls of Wheat) 28-oz. pkg. 19c
Nabisco Wheatworth Cereal 8-oz. pkg. 19c
Wheaties, Gold Medal 8-oz. pkg. 12c
Corn Flakes, Kellogg's 18-oz. pkg. 13c
 11-oz. pkg. 2 for 19c
Grapenut Flakes 12-oz. pkg. 2 for 19c
Nabisco 100% Bran 1-lb. pkg. 19c
Hot-Can Chocolate 22-oz. can 49c
Flour, Drifted Snow 49-lb. sack 2.17
Flour, Kitchen Craft 49-lb. sack 1.79
Yeast, Fleischmann's 3 cakes 10c
Dalewood Oleomargarine 1-lb. pkg. 24c
Peanut Butter, Real Roast 1-lb. jar 27c
Roast Peanuts 1-lb. bag 23c
Mayonnaise, Nu Made 16-oz. bottle 27c
Salad Dressing, Duchess 16-oz. glass 24c
Sofasilk Cake Flour, Gold Medal 44-oz. pkg. 25c

Don't Slight Breakfasts
 If there ever was a time for talking up breakfasts, it is the present. Almost every one of us is carrying an extra load of responsibility these days and we need an extra good start to put us on our toes bright and early. And we need a substantial breakfast also to see us through the entire morning without that mid-morning let down.
 You don't have to be a martyr to rationing and neglect this morning meal on that count. There are all kinds of delicious offerings around which to build the breakfast menu that will bring an early morning sparkle to those sleepyheads. On these chill mornings, serve a piping hot main course like pancakes, waffles, or fried mush with heated syrup. Those favorites are better than the best alarm clock to get the family out of bed. Try it and see for yourself.
PANCAKES—Make them with prepared flour if time's an item, or with enriched flour for that extra vitamin B. You can make the batter the night before with the exception of the melted shortening. Add it in the morning while the griddle is getting hot. I like to make my pancakes about the size of a dollar (an inflated dollar, maybe) and serve them in miniature stacks along with a pitcher of heated syrup. Have the breakfast all set and ready to eat as they come off the griddle.
WAFFLES—Any way you serve them, they always seem like an extra treat. Vary them by adding chopped nuts to the batter, or dried fruit or grated apple. Corn meal waffles are lip-smacking too. Substitute half the flour for corn meal. And don't forget the heated syrup and hot breakfast plates.
FRIED MUSH—Here's an oldtimer worth repeating often. Make twice the family capacity for mush, corn meal, oatmeal, wheat cereal or any other favorite, and serve it the first morning as a hot cereal. Pack the rest in a loaf pan lined with waxed paper and put it in the refrigerator for the following morning. Come breakfast time again, take it out and slice it into 1/2-inch slices and fry in hot shortening until honey-brown on both sides. Speed them from the griddle to a hot plate and serve with heated syrup.
MAKE BREAKFAST A FAMILY AFFAIR—If possible, have the whole family together for breakfast, even if it means getting up a little earlier. A family breakfast is a cherished custom that has a powerful psychological effect that makes the world seem brighter.
GET YOUR FREE FAMILY CIRCLE TUESDAY
 "Double duty for pancakes and waffles" is the title of the article by Julia Lee Wright in this week's Family Circle. Be sure to get your free copy Tuesday.
 Safeway
 Homemakers' Bureau
 JULIA LEE WRIGHT, Director

SHOP EARLIER in the WEEK

Canned Milk, Cherub, Carnation 3 for 28c
Alpine, Sego, tall cans 3 for 28c
Canned Milk, Cherub, Alpine 5c
Baby cans 5c
Selt, Morton's Plain or Iodized 26-oz. pkgs. 8c
Corn Meal, Alber's Yellow 9-lb. bag 39c
Rice, Cello bag 3 lbs. 29c
Cut Macaroni 3 lb. pkg. 23c
Egg Noodles, Sunrize 14-oz. pkg. 17c
Van Camp's Tenderoni 6-oz. pkgs. 2 for 19c
Cheese, Crater Lake 1-lb. 38c
Nalley's Horseradish Mustard 9-oz. jar 2 for 19c
Kerr Regular Caps 2-lb. 21c
Lids 10c
Kerr Wide Mouth Lids 10c
Parowax 1-lb. pkg. 12c
Windex Sprayers Each 15c
Windex Window Cleaner 6-oz. bottles 14c
MJB White Rice 2-lb. pkg. 25c

PRUNES CAN DO A LOT FOR WARTIME MENUS
 There's no time for listlessness. Lack of pep, or night-blindness these days. Every person needs to be in top shape and prunes can do a lot for wartime menus. They're high in vitamin A and iron. And every wartime menu needs to be high in minerals and vitamins, especially Vitamin A and iron. So why not put prunes on your "should eat" list.
PRUNES ARE MODERNIZED
 No more over-night soaking of prunes. Improvement in the fruit, and the drying and processing eliminates that, and nowadays, they have plenty of their own sweetness in concentrated form so that they require no additional sugar.
TO COOK PRUNES—Rinse thoroughly, cover with cold water, and simmer until tender, about 45 minutes to 1 hour, depending on the size of the prunes.
AS THAT BREAKFAST FRUIT—Serve them in their own delicious juice, top ready-to-serve cereals with them (and help out the sugar bowl), and incorporate whole, seeded prunes in oatmeal, or other cooked cereal.
PRUNE HOT BREADS—Offer another breakfast treat. They are grand for luncheon and dinner, too. Just add cooked, seeded prunes to biscuit dough, muffin batter or corn bread. They're simply yum.
PRUNE PIE—Is a grand sugarless dessert. Make them with double crusted or open-faced and topped with meringue.
PRUNES GOLDEN—Are cooked, drained prunes glorified with a thin custard. A delectable dessert to be sure. Save the juice for a tempting beverage or a flavor-for-gelatin.

AVOID LAST MINUTE RUSH

Hi-Ho Crackers 1-lb. pkg. 20c
Matches, Searchlight Ctn. 27c
Dog Food, Pard Dehydrated 8-oz. pkg. 2 for 25c
Su-Purb Granulated Soap 24-oz. pkg. 20c
Fels Naptha Soap, Reg. bars 2 for 11c
Lava Soap Medium bar, 3 for 20c
Brooms, Brown Beauty Each 89c
Glo-Coat, Johnson's Quart can 97c
Filter Papers, Cloths Dependable 2 pkgs. 15c
Fels Naptha Soap Chips 21-oz. pkg. 23c
Apple Butter, Libby's 33-oz. glass 27c
Molasses, Brer Rabbit Green 12-oz. glass 17c
Gold 12-oz. glass 19c
Brown Derby Beer 12-oz. bottles, 3 for 28c
Quart 25c
1/2-gallon 47c
Jelly Glasses 1/2-pint, doz. 43c
Regular Jar Rubbers Pkg. 4c
Economy Jar Caps Pkg. 19c

Safeway Meats
SMELT—Fresh Columbia river. 3 lbs. 25c
OYSTERS—Grade A. pint 49c
FISH—Sliced Halibut Lb. 35c
PORK—Country style pork sausage 2 lbs. 45c
Pork Steak Lb. 33c
EVISCERATED POULTRY Colored Fryers and Roasters, lb. 69c
Colored Hens lb. 62c
Leghorn Hens lb. 59c
BEEF Sirloin lb. 37c
Steak lb. 39c
Rib Steak lb. 39c
Round Steak lb. 43c

SAFEGWAY FARM-FRESH PRODUCE!

Pancake Flour Susanah Lge. 3 1/2-Lb. Package 19c	Oranges Sunkist Navels Lb. 8c	Potatoes U. S. No. 2 Klamath Gems 50 Lb. Bag \$1.39	Eggs, Grade A Lge. Dozen 43c
	Grapefruit Cal. Marsh Seedless Lb. 7c		Butter Grade A, Lb. 56c
	Lemons Sunkist Crammed With Juice Lb. 9c		

A WORD TO THE WISE - "BREAKFASTIZE"
 LISTEN TO MY RING AND I'LL LET YOU IN ON A GOOD THING!
 DOCTORS AND NUTRITIONISTS AGREE BREAKFAST "WAS NEGLECTED MEAT IN MANY HOMES" IS OF GREAT IMPORTANCE IN SUPPLYING THE ENERGY REQUIRED BY ACTIVE CHILDREN

UNCLE SAM STRESSES THE IMPORTANT PART FOOD PLAYS IN OUR WAR EFFORT! BE SURE AND GIVE THE WAR WORKERS OF YOUR FAMILY A VIGOROUS BREAKFAST AS A PROTECTION AGAINST MID-MORNING LETDOWN

OFFICE WORKERS TOO ARE WORKING LONGER AND HARDER HOURS THESE BUSY WAR DAYS. THEY ALSO REQUIRE THE EXTRA ENERGY SUPPLIED BY A HEARTY, NOURISHING BREAKFAST EVERY WORK DAY

Fruit Jars
 Kerr Reg. Qts. 89c
 Kerr Reg. Pts. 69c
SAFEGWAY