

OVER HALF OF KLAMATH LABOR IS "ESSENTIAL"

As a result of the designation of the lumber and agricultural industries as "essential" to the war effort, approximately nine out of every fifteen employees in the Klamath district are now affiliated with an essential industry, it was pointed out by O. E. Thompson, assistant manager of the U. S. employment service, in a talk to the Kiwanis club Thursday noon.

Thompson stated that this makes these "essential industry" employees eligible for selective service deferment, and adds to the problems of the selective service officials. Decision as to deferment must be made by the selective service boards. Application for deferment must be made by the employees.

In answer to a question from Kiwanian Bert Igl, Thompson said that the vocational training schools, such as that operating at the high school, may be gradually changed over for the instruction of men to engage in essential industries in the district in which they are located. Such training is now largely devoted to preparing men and women for work in shipyards and airplane factories.

Igl asked Thompson why the vocational training schools did not teach men to fall trees or file saws, now that the lumber industry has been declared essential.

Many other questions were asked of Thompson, who substituted for Jack Almeter, manager of the employment service office here. Almeter was called to Portland.

Ralph Howard was chairman of the day. The Kiwanians elected Don Drury and Ralph Howard as members of the board of directors.

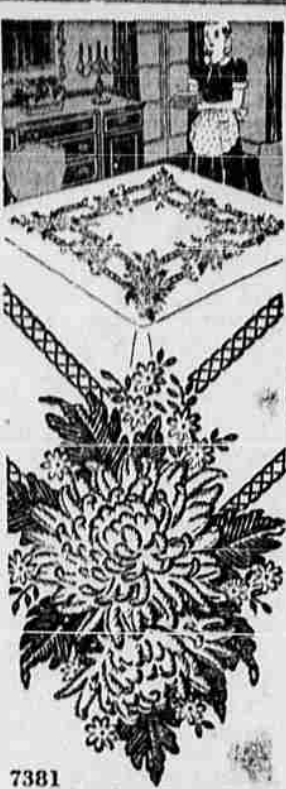
Norma Shearer's Going to Stick With Instructor

LOS ANGELES, Aug. 21 (AP)—Norma Shearer, who once slipped in executing a Christiana turn and fell into her ski instructor's arms, is going to stay there. The wealthy, 36-year-old movie actress and Martin Arrouge, Sun Valley, Idaho, ski teacher who is eight years her junior, will be married here Sunday and live in her luxurious Santa Monica beach home.

"We decided quickly on the marriage," the widow of Screen Producer Irving Thalberg said at the marriage license bureau, "and we haven't completed our plans. We are so very happy."

The lithe, athletic Arrouge, who has not been married before, seemed ill at ease as the curious crowded into the license bureau but Miss Shearer saved the situation by acting as spokesman to questioners.

Let's put everything to work! Sell the articles you don't use through a classified ad.



7381
by Alice Brooks

In some weeks chrysanthemums will be blooming in our gardens. With this pattern, they can bloom all year round on your cloths and scarfs and in whatever colors you fancy! Pattern 7381 contains a transfer pattern of 12 motifs ranging from 8x8 inches to 2x3 inches; illustrations of stitches.

To obtain this pattern send 11 cents in coin to The Herald and News, Household Arts Dept., Klamath Falls. Do not send this picture, but keep it and the number for reference. Be sure to wrap coin securely, as a loose coin often slips out of the envelope. Request for patterns should read, "Send pattern No. 7381, to _____, followed by your name and address."

KENO SCHOOL HEAD TAKES MEDFORD JOB

C. C. Chase, superintendent last year of Keno schools, has resigned and will teach in the coming year in the Medford school system. It was learned at the county school office.

H. C. Sharpe, formerly connected with the elementary school at Gilchrist, has been assigned to the superintendency at Keno.

Don Norlan, elementary principal at Henley, has taken a defense job at Seattle, and will be replaced at Henley by Elton Fishback, who taught at Keno last year.

BAKER GETS 10 YEARS
Orval Baker was sentenced to 10 years in prison in circuit court Thursday when he pleaded guilty to a charge of knowingly uttering and publishing a forged bank check. Baker was arrested recently by Klamath authorities at Vancouver, Wash. He had a previous criminal record.

SAFEWAY Homemakers' Guide

NUMBER 57 ★ Interesting facts about the world's most versatile food ★ 7 lists of real money-saving foods ★ A four-part story about a great discovery



Things you may not know and should ... about tomatoes

An article prepared by the
Safeway Homemakers' Bureau

Tomatoes are without question the most versatile of all foods. They have a place at every meal—tomato juice, soup, salad, sandwiches, sauces, relishes—and they are equally good cooked or uncooked.

Tomato connoisseurs say the best way to enjoy them is to first scald them, then chill, peel, slice, and salt them. But there are many other ways, too.

Tomatoes are wonderful for adding sparkle to other foods—meats, macaroni and spaghetti dishes, and vegetable casseroles. You'll find that round steak, pork or veal chops and steaks, shoulder lamb chops, and similar cuts of meat are more tender and flavorful when braised in tomato juice or tomato soup instead of water.

Another thing—tomatoes not only taste good, they're also rich in Vitamin A and C. Vitamin C, often so elusive, is protected by the natural tomato acid, so that you can scald, cook, and can tomatoes without sacrificing much of the vitamin.

This is the season when tomatoes are ripe and juicy in most parts of the country, and it's a good time to put up tomato juice. The juice is almost as versatile as tomatoes themselves. Serve it hot or cold, as is or highly seasoned, or combined with other liquids. For peppery flavor, add lemon juice and Worcestershire sauce. For different-tasting cocktails, combine tomato juice with equal amounts of chilled pineapple, grapefruit, or sauerkraut juice, or with hot or chilled clam juice, consommé, or bouillon. Or make tomato juice into aspic.

TOMATO JUICE

10 lbs. tomatoes 2 tps. salt

Wash and core but do not peel tomatoes. Cut in eighths. Place in large 8-qt. kettle; add 2 cups water; cover; boil 10 minutes. Put through sieve to remove seeds. Add salt and heat to boiling. Pour into hot sterilized jars or bottles; seal; and pasteurize (directions follow). Makes about 7 pts.

Bottling and Pasteurization: Do not use lids with zinc tops. Wash jars thoroughly; sterilize by placing in boiling water for 10 minutes. Heat juice to 175° F. to 180° F. Pour into hot jars, filling just to 1½ inches from the top to allow room for expansion. Seal at once, according to type of lid. Place hot jars in water which has been heated to 160° F. to 185° F. Stand jars upright on rack; have completely covered with water. Heat water to 175° F. to 185° F. and hold temperature 30 minutes. Do not heat higher than 185° F. Remove immediately from hot water. Test seals for tightness. Let cool undisturbed in place free from draft. Then wipe off and store.

More about tomatoes

Read more about the many uses of tomatoes in the Family Circle of August 21. The article is filled with cooking tricks and recipes. Family Circle comes out every Thursday—free at Safeway.

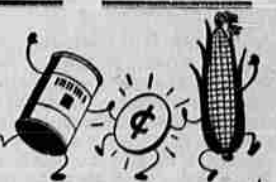


Safeway
Homemakers' Bureau
JULIA LEE WRIGHT, Director

Safeway prices are as low early in the week as they are on weekends



Just look at these!



Postum Cereal	Reg. Pkg.	21c
Wax Paper, Cut Rite,		
125-ft. Roll	2 for	35c
Zee Towels	3 Rolls	25c
Facial Tissues, Stellar, 500 in box		23c
Favorite Matches	Ctn.	23c
Karo Syrup, Blue 1½-lb. glass		16c
Malt Syrup, Blue Ribbon, 3 lb.		59c
Friskies Dog Food, 4½lb. pkg.		49c
Sunbrite Cleanser	2 cans	9c
Borax	2 lbs.	27c
Soap Chips	22-oz.	23c
Nu-Bora Gran. Soap, Giant pkg.		51c
Sweetheart Soap	4 bar deal	23c
Bluing, Mrs. Stewart's	10-oz. bottle	15c
Drano Drain Cleaner	12-oz. can	19c
Standard Fly Sprayers	Each	19c
Standard Fly Spray	Pint can	23c
Baked Beans, B&M, 28-oz. jar		24c

Tomato Juice	Libby's No. 2 can	11c
Tomato Juice	Sunny Dawn No. 2 can	10c
Orange Juice	Dr. Phillips 2 No. 2 cans	25c
Sandwich Spread	Lunch Box Pint Jar	26c
Salad Dressing	Duchess Pt. Jar	24c
Nalley's Tang	Dressing Qt. Jar	41c
Preserves	Monopole Assorted 2 lb. jar	37c
Peanut Butter	Real Roast Lb. Jar	23c
Catsup	Red Hill 14-oz. bot	12c
White Beans	Small 5 lb. pkg.	43c

Edwards Coffee

In the new "Victory Bag"

The same top-quality—the same roaster freshness! Lb. Bag 28c

Airway Coffee, lb. bag 21c
Nob Hill Coffee, lb. bag 25c

Camay Soap

The Soap of Beautiful Women

3 Cakes 20c

Comfort Tissue

Soft, Absorbent Toilet Tissue

4 Rolls 23c

Lipton's Tea

Black, Orange-Pekoe

20 bag Pkg. 23c

Su-Purb Soap

Protects Lovely Hands

24-oz. box 20c

Oxydol

High-Test Granulated Soap

24-oz. Pkgs. 23c

Penny Savers

Kitchen Craft Flour	Vitamin Enriched	49 Lb. Sack	1.79
Drifted Snow Flour		49 Lb. Sack	1.89
Harvest Blossom Flour		49 Lb. Sack	1.57
Flapjack Flour	Albers	4 Lb. Sack	28c
Shortening	Fluffo	4 Lb. Ctn.	77c
Soda Crackers	New Leader	2 Lb. Pkg.	18c



Victory food special

Cheese

High in Food Value

Low in Price

Kraft, American

Brick, Swiss 2 Lbs. 65c

1 Lb. 39c

½ Lb. Pkg. 19c

Triangle Salt Mortons 2 Pkgs. 9c

Swansdown Cake Flour 3 Lb. Pkg. 23c

Graham Crackers Nabisco

Honey Maid 2 lb. Ctn. 34c

Dated Bread

Julia Lee Wright's 14 Lb. Loaf 13c

Macaroni Cut 3 Lbs. 19c

Frill-lets Fine or Wide, 16-oz. bag 23c

SAFEWAY GUARANTEED MEATS

Regardless of cut or price Safeway meats are guaranteed to be tender and juicy—or all your money back.

SAFEWAY
Is an
OFFICIAL FAT
COLLECTING
STATION

BEEF

Beef Roasts	Blade Cuts	Lb.	30c
Boiling Beef	Brisket Cuts	Lb.	15c
Round Steak	Ground Lb.	35c	
Ground Beef		2 lbs.	35c

Luncheon Meats Lb. 33c

A good assortment from which to choose your favorite.

Bologna Liver sausage and Frankfurters. Lb. 27c

Sliced Bacon Lb. 41c

For convenient, economical meals.

VEAL STEAK		33c
Shoulder Cuts	Lb.	33c
VEAL CROWN	Lb.	27c
BREAST OF VEAL	Lb.	19c

"SAVE TIME AND MONEY, TOO! Try Safeway's New Pan-Ready Poultry! Safeway poultry is sold fully dressed. . . you do not pay for legs, head or other waste. No waiting, no guesswork about the chicken you purchase, as all prices are for dressed weights! Furthermore pan-ready chickens are superior in flavor and deliciousness. . . Try one tonight!"

Eviscerated Poultry

Leghorn Fowl	Lb.	47c
Colored Fowl	Lb.	49c
Colored Fryers	Lb.	59c

Sperry's Pancake Flour 8-Lb. Bag 59c

Sperry's Pancake Flour 48-oz. Pkg. 27c

Sperry's Pancake Flour 28-oz. Pkg. 18c

BUY U. S. WAR SAVINGS BONDS AND STAMPS WITH THE MONEY YOU SAVE HERE

LOOK WHAT DIANE'S DISCOVERED!



Why don't you get your "big" order on a weekday too?

Not only will you have more time to play on weekends, but you'll be able to shop more leisurely if you get your big grocery order on a weekday. Safeway's specially low advertised prices, you know, are now good early in the week.

SAFEWAY

Prices Subject to Market Changes

on DRAUGHT too...
Blitz-Weinhard
Tastes Better
because it IS Better

THE BREWING PROCESS MAKES THE DIFFERENCE
S-I-o-w, Balanced Brewing
Old-Fashioned, Double-Mash Process
Controlled Character
Blitz-Weinhard takes the time to make a beer "So Good It's Guaranteed Satisfying!"

Blitz-WEINHARD Beer

THE SAME TIME BEER
GUARANTEED SATISFYING
ON EVERY BOTTLE
THE SAME UNQUALIFIED GUARANTEE