

FARMER UNITY URGED IN TALK TO GRANGERS

MERRILL—The need for unity in agriculture as well as in other organizations was stressed this week by Charles Baker, Walla Walla, general manager of the Pacific Supply Co-operative, here for the annual meeting of the Klamath Grange Supply. Baker warned farmers of the Klamath basin that the time was ripe for united effort in distribution of crops, purchasing of farm equipment and regulation of prices. Those who raise the nation's foodstuffs must be prepared for the readjustment period that is sure to follow the war, he stated.

Baker was accompanied here by C. M. Mitchell, field man for the cooperative, with which the local organization is affiliated.

The meeting was called to order at 10 a. m., March 9, in the Odd Fellows hall with members voting immediately to retain L. A. Drager, August Andrieu and W. H. Weitkamp, directors due for retirement. These three with Fred E. Murphy and O. A. Shultz compose the board. Drager will continue as secretary and T. C. Hagerty as manager.

Luncheon was served at noon by the Ladies' Aid of the Presbyterian church with music by the Henley Haymakers providing entertainment.

Reports were given also by J. Paul Mathews, Klamath Falls, auditor for the organization, and by W. K. Weitkamp of the board. Offices are on the Oregon side of the line at Hatfield. An open discussion on problems, present and future, and community singing closed the session, attended by over 100 members.

Family Treks Out From Lake o' Woods By Sled, Snowshoes

DORRIS—Mr. and Mrs. Glenn McKinnis were met at Rocky Point Sunday by McKinnis' parents, Mr. and Mrs. Marvin Naught of Dorris, after making the trip from Lake 'O the Woods by sled and snowshoes with their two small children, one of whom is only six months old.

The McKinnis family spent the winter at the mountain lake where McKinnis served as caretaker of the summer cabins.

Mrs. McKinnis will stay with her parents, Mr. and Mrs. Ray Smith of Macdoel until the road to the lake is open. McKinnis returned to the lake after seeing his family safe.

Billy Briggs, Ashland lawyer, snowshoed into the lake Friday, accompanying them out Sunday.

Sprague River

SPRAGUE RIVER — Mr. and Mrs. Les Thrasher and Mr. and Mrs. Bud Thrasher and son spent the weekend visiting friends and relatives here. The Thrashers are now located in Prineville after living several years in Sprague River.

Mr. and Mrs. Fred Pauley, who have lived here for the past three years have moved to Yoncalla, Ore.

Mr. and Mrs. Gravel Cagle left Friday for Medford where Cagle will be employed in the J. C. Penney store.

Marion Heidrich, who has been employed in the Gienger grocery during the winter months has accepted a position at Dallas, Ore. He has moved to his new job.

Mrs. Elizabeth Henderson, county music supervisor, spent Tuesday visiting the Sprague River school.

SEATTLE LICENSE — Marriage license applications here yesterday included Clarence H. Freemyer, 44, Klamath Falls, and Bertha Hanna, 37, Freewater.

Early man had nearly a hundred organs in his body that today are regarded as useless, or nearly so.

This Sacred Picture is Masterpiece in Needlework



by Alice Brooks

Inspired by paintings of the old masters, this lovely embroidered picture is rich in color and design—worthwhile needlework. Single, outline and running stitch make the work go quickly.

Pattern 7238 contains a transfer pattern of a 14x18 inch picture; color chart; materials needed; illustration of stitches.

To obtain this pattern send 10 cents in coin (plus one cent to cover cost of mailing to The Herald and News, Household Arts Dept., Klamath Falls. Do not send this picture, but keep it and the number for reference. Be sure to wrap coin securely, as a loose coin often slips out of the envelope. Requests for patterns should read, "Send pattern No. _____ to _____ followed by your name and address."

LEGAL NOTICES

School District No. 1 invites bids on wood as follows:

100 cords, more or less, of fir body wood, cut in four foot lengths, all wood to be cut from live trees and tiered and stacked on grounds at Riverside School, to be measured and approved by the Schools' representative.

Alternate bids will be considered on:

Pine body wood; pine or fir core centers; or fir slabs.

Bids to be considered must specify fully type of wood, and positively will not be considered unless accompanied by Certified Check or Cashier's Check. Uncertified personal check will throw bid out of competition.

All wood must be delivered not later than Aug. 15, 1942.

Successful bidder will be required to enter into contract with the District, to give bond satisfactory to the District for fulfillment of contract.

All bids to be in the hands of the School Clerk not later than 5:00 o'clock P. M. March 25, 1942, at her office at 116 North 8th Street.

IDA M. ODELL, Clerk School Dist. No. 1, F 27, M 6, 13, 20, 24. No. 29

NOTICE OF FINAL SETTLEMENT — Notice is hereby given that the undersigned administrator of the estate of NETTIE GALARNEAU, deceased, has filed in the Circuit Court of the State of Oregon for Klamath County the final account of his administration of said estate, and that the Court has appointed April 8, 1942, at the hour of 10 o'clock A. M. as the time, and the Court room of said Court as the place for the hearing and settlement of said account.

Dated: March 5, 1942. LAWRENCE J. HORTON, Administrator of the Estate of Nettie Galarnau, Deceased. M 6-13-20-27. No. 34

DRAFTEES GET BIG SENDOFF IN DAIRY

DAIRY—The Dairy community hall was filled to capacity Saturday night, March 7, as friends, relatives and visitors gathered to bid farewell to Alvin Heffron, Hildebrand; Elmer Woelk, Hildebrand; Frank Bodker, Bonanza, and Wilbur Hammond of Langell valley, four of Klamath county's selective registrants.

The evening was spent in dancing to music furnished by Theodore Flackus, Hildebrand, Bill Noble and Merle Brewster of Langell Valley.

At 10:30 p. m. a delicious fried fish plate was served by the hostesses, Mrs. Orlan McCumber, Mrs. Franklin Aran and Miss Emma McCumber.

Junior Red Cross Program Starts at Sprague River

SPRAGUE RIVER — Mrs. Barbara Jackman, junior Red Cross organizer, for Klamath county visited the school and community Tuesday, March 10 to discuss plans for a program of work among the school children of the community. It is hoped, through the program that the young people of the town will gain the viewpoint of responsibility to help out should emergencies arise.

Although the school here has been a member of the junior Red Cross for several years, little work was attempted. It is hoped that the children can be trained to give first aid, and offer general help in case of disaster. It was pointed out by Mrs. Grafton that despite the feeling of security from danger prevalent in such communities there is always the danger of sabotage in the lumbering industries and man set forest fires in the heavily timbered area. Also many children will move to heavily populated areas, where their knowledge will help in case of disaster.

Tionesta Camp Fire Girls Hold Meeting

TIONESTA — The Tionesta Camp Fire Girls met at the home of Mrs. Bob Shaw on Wednesday evening. The carnival was discussed.

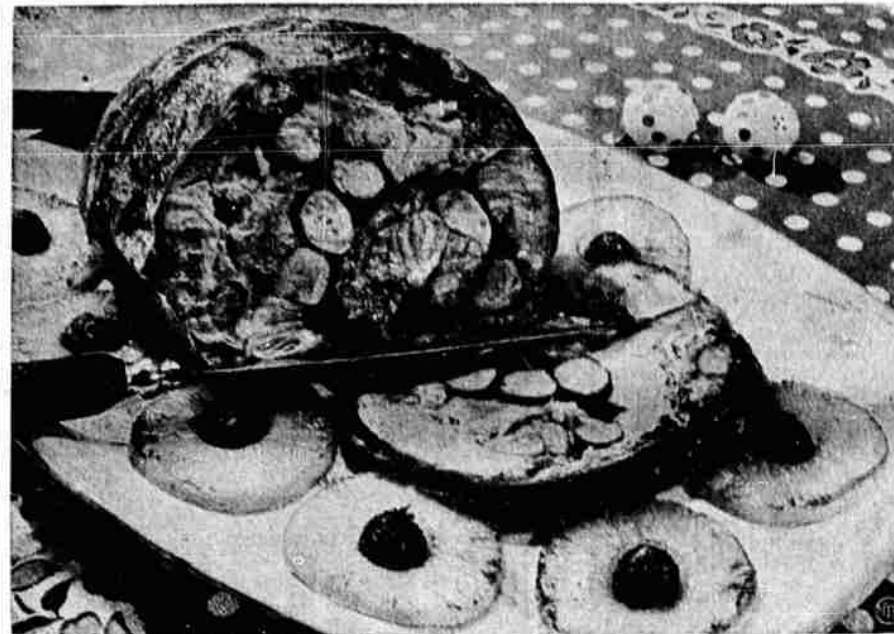
The group accepted a new member, Marjorie Parsons.

Those present were: May Brown, Mary Hickman, Marlene Brown, Gloria Robinet, Wilma Robertson, Shirley Redfield, Jimmie Lou Lange, Donalene Zimmerman, Delores Hawley, Evelyn Starr, Leona Brown, Ora Lee Tinsley, Christine Tinsley, Geraldine Tinsley and Mrs. Bob Shaw.

Boy Scout Troop Started in Bieber

BIEBER—A Boy Scout troop has been started here with eight boys enrolled.

Rev. Glenn D. Hammer, new pastor of the Bieber Community church, is scoutmaster, and Vernon Greenleaf of the Bieber high school faculty is assistant scoutmaster. Forrest J. Dunlap heads a chamber of commerce committee sponsoring the troop. The scouts will meet every Wednesday evening in Firemen's hall, Rev. Hammer said.



Frankfurter stuffing makes "polka dots" in roast shoulder of veal cooked with pineapple.

Costs, Rationing Need Not Lower Menu Quality

Try this "polka dot" veal roast for a party dinner. It's different, inexpensive and tasty.

Polka Dot Roast of Veal
Have butcher remove bones from 5-pound shoulder of veal. Wipe with damp cloth and season. Fill cavity with frankfurters, lengthwise. Roll and tie in place. Lay fat side up on rack in roasting pan and cover with strips of salt pork. Bake uncovered in a moderate oven (325 deg. F.), allowing about 40 minutes per pound, or until a meat thermometer placed in the center of the roast registers 180 deg. F. Serve with baked apples or pineapple.

Here are two recipes for wartime menus worked out by noted nutritionists to show how to keep up the standard of our menus despite higher costs and rationing:

Braised Liver With Vegetables (Serves 5 to 6)
One pound beef liver, 4 tablespoons flour, 1/2 teaspoon salt, 3 tablespoons fat, 1 No. 2 can tomatoes, 2 onions sliced, 1/2 cup diced celery, 2 carrots sliced. Cut liver in small pieces. Dip in flour mixed with salt. Brown sliced onions in fat. Add liver

and brown on both sides. Add vegetables, cover and cook slowly until tender, about half an hour.

Prune Whip
One cup evaporated milk, 2 tablespoons lemon juice, 1 cup mashed prune pulp, 4 tablespoons sugar.

Wash 2 cupfuls dried prunes, soak overnight. Heat gradually in water in which they were soaked, cook slowly until skins are tender (about 10 or 15 minutes.) Drain, remove stones, put prunes through a strainer. Whip milk until foamy. Add lemon juice slowly and continue whipping until stiff. Fold in sugar and mashed prune pulp.

Syrups, Honey Substitute For Sugar in U. S. Diets

The nation's sweet tooth is undergoing discipline. As far as actual food value is concerned—sugar is not an indispensable item in the diet for most of us. Any reduction in sugar can easily be taken care of by increasing quantities of other energy-giving foods in the diet. Whole-grain cereals are one such food group. Starch vegetables and dried fruits are others.

Although sugar is a quicker source of energy than most foods—most of us who do not work at hard physical labor for long periods of time have no special need of quick energy.

Plans for diets that are nutritious, satisfying, and palatable, worked out by the bureau of home economics for year of normal sugar supplies, have included 50 to 60 pounds of sweets a year. This figure, in addition to

pounds for very active men. Although these diet plans use less refined sugar than has customarily been bought by the nation's families in the past few years, the amount can be further reduced.

When honey is used merely to sweeten, it may be used instead of sugar, cup for cup. However, if you substitute medium thick honey for all the sugar in a cake or quick-bread—reduce the li-

MENU
BREAKFAST: Prune and orange juice, cracked wheat cereal, raisin toast, coffee, milk.
LUNCHEON: Casserole of kidney beans and tomatoes, green salad, stewed dried apricots, sorghum cookies, tea, milk.
DINNER: Stuffed baked spareribs, boiled potatoes, sauerkraut, carrot, lettuce and green pepper salad, cottage pudding, maple syrup, sauce, coffee, milk.

quid in the recipe one-half. If you substitute medium thick honey for half the sugar in a cake or quickbread—reduce the liquid in the recipe one-fourth. Bake all such cakes and quickbreads at a moderate temperature to prevent too rapid browning and to keep the good honey flavor.

SYRUPS SWEETEN
Syrups, like honey, may be used merely for sweetening—on cereals, in puddings, sandwich fillings, sauces. Take about 1 1/2 cups of syrup to equal 1 cup of sugar in sweetness. Corn syrup is half as sweet as sugar. It

MENU
BREAKFAST: Tomato and grapefruit juice, fried salt pork, hominy muffins, coffee, milk.
LUNCHEON: Braised liver with vegetables, cookies, tea, milk.
DINNER: Polka dot veal roast, mashed potatoes, cubed yellow parsnips with parsley butter, mixed green salad, prune whip, coffee, milk.

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also may be used as the only sweetening in many ways. When it is used in beverages, puddings, custards, and sauces in the place of sugar, other liquids in the recipes must be reduced by one-fourth.

Bright Future for Waste Wood Seen

SALEM, March 13 (AP)—Asserting there is a bright future in the use of waste wood, Governor Charles A. Sprague told the 1941 legislative interim committee on wood waste research that it should study carbonization and semi-chemical utilization of wood waste.

The committee voted to continue its studies of wood waste and wood plaster, asserting its studies might develop new industries.

Athletic Event Set for Alturas

TULELAKE — An athletic playday for boys of elementary school age of Alturas, Cedarville, Adin, Bieber and Tulelake will be held at Alturas March 21, it was announced this week by Jerome Keefer, principal of the Tulelake grade school. A cup is given for points earned and in 1941 Tulelake held second place. First honors went to Alturas, host school each year.

Pearl Harbor Pups Learn about Bombs

LYNWOOD, Calif., March 17 (AP)—Barker and Rocket, Boston terrier refugees from Pearl Harbor, just can't learn that every airplane doesn't drop bombs. "Even yet they lie flat on the ground and huddle together when an airplane's overhead," said Mrs. H. H. Bair, to whom the show dogs were shipped. "They arrived with fear-filled eyes."

Easter Seals to Aid Children of Siskiyou County

TULELAKE — Easter seals for the benefit of crippled children of Siskiyou county will be sold here, the drive starting at once. One dollar's worth of the small stamps that sell for a penny each will be mailed to residents of the community or others may be obtained at the schools. Funds go to help all needy children who otherwise might not have medical help.

Minor cases are cared for at Yreka while the more serious cases are taken to San Francisco hospitals. Everyone in the community is invited to help this worthy cause.

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RICHARD: Jean and I are bound to say
This coffee has more flavor—
We tried it weak, we tried it strong—
We've done ourselves a favor!
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We're sticking to it, gladly!
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SPECIALS FOR SATURDAY

Rib Boil lb. 17¢	Sunkist Lemons doz. 25¢
Bleed Cut Pot Roast lb. 25¢	Green Onions . 3 for 10¢
Boneless Stew Beef ... lb. 27½¢	Large Arizona Grapefruit .. 6 for 25¢
Link Sausage lb. 25¢	New Cabbage ... lb. 4¢
	Fresh Asparagus lb. 19¢

Specials for Saturday and Monday

Coffee 3 Lbs. 63¢	Shredded Wheat	Salad Dressing
Palace Blend	Nabisco 2 Pkgs. 25¢	Table Queen
Wheat Flakes	Bread & Butter	Quart Jar 29¢
Albers 2 1-Lb. 15¢	Pickles	Salmon 2 for 49¢
Carnation 2 Pkgs.	Best Foods 17¢	Tomah Alaska
Krispy Crackers	15-Oz. Jar	Pineapple Juice
Sunshine 33¢	Monarch Brand	Trupak 2 12-Oz. 25¢
Naptha Soap	Apple Juice 10¢	Borene
P & G 6 Giant 25¢	12-Oz. Can	Washing Powder
White		Giant Pkg. 63¢

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