

These Old-Fashioned Dishes Have Flavor, and Savor



For autumn picnicking—hot mock drumsticks, cold potato salad.

So often in the search for something new we forget that the old-fashioned dishes have a flavor which just can't be beaten. Try serving baked beans this new way with tomatoes. And what a help baked beans are to the left-over ones and make sandwiches on whole wheat bread for tomorrow's lunch.

BOSTON BAKED BEANS WITH TOMATOES (Eight servings)

Two pounds pea beans, 1 pound salt pork, 1 clove garlic, 1 1/2 cups strained tomatoes and juice, 2 large onions, 1 teaspoon paprika, 1 1/2 cups brown sugar, 2 teaspoons salt, 1/2 teaspoon dry mustard, 1/2 teaspoon baking powder.

Cover beans with cold water and let stand over night. Drain and cover with cold water. Let come to boiling point. Add soda. Boil half hour. Skim off scum. Blanch with cold water. Fill three-quart casserole one-half full of beans. Add half the salt pork. Add remaining beans and pork. Put sugar, salt, paprika and mustard in a bowl. Stir until all lumps disappear and add a little of the tomato juice. After blending, add all the liquid you can force through a sieve. Place one onion on each side of the meat. Insert the piece of garlic with a toothpick so it can be removed before serving. Cover and bake in a moderate oven (300 degrees F.) for four hours.

For a last picnic fling before the snow flies, take along a hot dish of mock drumsticks.

MOCK DRUMSTICKS (Six servings)

Two pounds thin veal steak, 1 cup stale bread crumbs, 1/2 cup salt, dash of pepper, 1 tablespoon Worcestershire sauce, 1 egg, toothpicks, 3 tablespoons flour, 1 teaspoon salt, 4 tablespoons cooking fat or butter, 1 cup top milk.

Wash veal, remove skin and

bone. Cut into six pieces about 3x4 inches each. Grind meaty trimmings and combine with crumbs, seasonings and egg to make a dressing. Place a tablespoon of dressing on each piece of veal. Fold veal over dressing and fasten with a toothpick. Roll in mixture of flour and salt. Brown in melted fat and place in casserole. Add milk, cover, and bake in moderate oven (350 degrees F.) about one hour or until tender.

MENU

BREAKFAST: Tomato juice, fried cornmeal mush with maple syrup, coffee, milk.

LUNCHEON: Baked beans, salad bowl (endive, sliced onions and carrots), applesauce, milk.

PICNIC DINNER: Mock drumsticks, potato salad with

TRY THIS DELIGHTFULLY DIFFERENT HOT CEREAL!



Delicious rolled wheat that cooks in 3 minutes

Just the thing to perk up lazy morning appetites. Serve Albers Carnation Rolled Wheat tomorrow and watch the family go for these tasty, fluffy white wheat flakes. And remember, Albers Rolled Wheat is vitamin-enriched—helps develop steady nerves and good digestion. Serve it often!

VITAMIN B, Enriched
50% more Vitamin B than whole wheat

"Now that's what I call good coffee!"

When you drink a cup of Hills Bros. Coffee you will taste a delicious flavor that no other coffee has. That flavor, which never varies, is developed by Controlled Roasting, a process originated and used exclusively by Hills Bros. This process, unlike ordinary methods, roasts the blend evenly, continuously, a little at a time. Every coffee bean is roasted perfectly. None overdone! None underdone!

It may surprise you to know that Hills Bros. Coffee is one coffee you can use in any kind of coffee-maker. The Correct Grind is guaranteed to produce best results in DRIP, GLASS MAKER, PERCOLATOR, or POT, if the directions on the side of the Hills Bros. Coffee can be followed.



HILLS BROS COFFEE

HAULING OF LOGS GIVEN SPEED-UP

PORTLAND, Oct. 17 (AP) — The state highway commission announced today that Saturday afternoon and Sunday log hauling, started six weeks ago under special permits, would be continued throughout the winter.

Commissioners said protests against weekend hauling had been few. The practice will be continued until next June 1, when it will be considered again by the commission and Ormond R. Bean, public utilities commissioner.

In addition, the two agencies agreed to permit operations from midnight till 8 p. m. daily. Previous limits were from dawn to dusk. The PUC office will provide log haulers with new regulations, including rules governing lights for night hauling.

The concessions were granted because truckers have been unable to obtain new equipment and must use what they have overtime in order to meet national defense demands.

The world's oldest known footprint, found in the Devonian sandstone of Pennsylvania, is estimated to be 350,000 years old.

It has been found that it costs about 2 cents more a mile to operate a car of moderate size at 70 miles an hour than at 40.

hard-cooked eggs, dill pickles, carrot sticks, rolls, apples, grapes, refrigerator cookies, coffee.

Good neighbor COFFEE DAYS

FRIDAY-OCT. 17 thru MON-OCT. 20

A SPECIAL CELEBRATION... INVITING YOU TO TRY THE FINE, FRESH, FLAVORFUL COFFEES GROWN BY OUR GOOD NEIGHBORS, THE LATIN AMERICAN COUNTRIES. FEATURED THE YEAR-ROUND BY SAFEWAY

EDWARDS' 1-lb. can 27c 2-lb. 53c
M. J. B. COFFEE 1-lb. can 31c 2-lb. 60c
HILL'S BROS. COFFEE 1-lb. can 31c 2-lb. 60c
GOLDEN WEST 1-lb. can 31c 2-lb. 60c
MAXWELL HOUSE 1-lb. can 31c 2-lb. 60c

Airway Coffee 1-lb. Bag 3-lb. Bag 52c
MILD WHOLE-BEAN-GROUND FRESH AT TIME OF PURCHASE
Nob Hill Coffee 1-lb. Bag 23c 2-lb. bag 45c
A BLEND OF LUXURIOUS COFFEES-ECONOMICALLY PRICED
CHERUB MILK Fresh Flavored 4 Tall Cans 33c
BORDEN'S MILK PET. ALPINE CARMEL 3 tall cans 25c

Safeway's Prices Are L-O-W Every Day!

Honeymaid Graham Crackers 2-Lb. Ctn. 29c

Julia Lee Wright's Bread 1 1/2-Lb. Loaf 2 for 25c

Sanka Coffee 1-lb. cans 34c
Maximum Salt Plain or Iodized 26-oz. pkg. 7c
Soup Stock Mixed 19c
Soap Chips Crystal White 37c
Sauerkraut Libby's No. 2 1/2 cans 2 for 25c
Pears Harper House No. 2 1/2 cans 20c
Clams Minced, Pioneer No. 1/2 can 17c
Oysters Blue Jacket 5-oz. cans 2 for 25c
Syrup Sleepy Hollow 26-oz. can 27c

SPERRY'S No. 10 Baking PANCAKE FLOUR 55c
DRIFTED SNOW 49 Lb. 1.99
KITCHEN CRAFT 49 Lb. 1.69
FLOUR 49 Lb. 1.39
PYREX 25-oz. jar 33c
MAYONNAISE 47c
JELL WELL Plain Gel. 4c
WHEAT HEARTS 23c

Beer Brown Derby 11-oz. stowaways 3 for 25c
Pigs Feet Plus Bottle Deposit Hormel's quart jar 33c
SPAGHETTI 1-lb. cans 2 for 29c
Meat Balls Clabber Girl 32-oz. can 20c
Baking Pwdr Baker southern style No. 1 can 9c
Cocoanut Kitchen 4-oz. bottle 38c
Bouquet Fluffiest 4 1/2-lb. ctn 13c
Marshmallows Satin Mix 1-lb. pkgs. 2 for 23c
Candy Light 15 to 100 watt 10c & 15c
Globes

Sea Island Sugar Pure Cane
10 lb. bag 63c
25 lb. bag 1.57
100 lb. bag 6.09

Bonnie Dog Food No. 1 cans 6 for 25c
Town House Grapefruit Juice 48-oz. can 19c
Keen Shortening 4 Pound package 63c
Old Dutch Cleanser No. 1 cans 2 for 13c

PEAS Gardenside No. 303 Cans 3 for 25c

Cut Beans Gardenside No. 2 Cans 3 for 25c

CORN Country Home Golden Bantam No. 2 Cans 2 for 25c

Raisins Seedless 4-Lb. Pkg. 27c

Pineapple Gems, Doles No. 211 Can 10c

Peanut Butter Beverly 2-Lb. Jar 29c

"THE KITCHEN COURSE IN NUTRITION"
Safeway Homemakers' Bureau, nationally known food authorities, offer a correspondence course of 10 lessons in up-to-date nutrition. Fill out the coupon today, enclose 25c in coin and mail to Julia Lee Wright, Box 660-CC, Oakland, Cal.

★ BUY U. S. DEFENSE STAMPS AT SAFEWAY ★

FARM-FRESH PRODUCE
Produce Prices for Saturday Only, October 18
Cranberries Large, coast berries 19c
Sweet Potatoes 4 lbs. 19c Government Graded U. S. No. 1's
Yams Even sizes for baking or candying 4 lbs. 25c
Grapes Thompson Seedless, Tok., Ribiers 3 lbs. 19c
Apples Roman Beauties, Yellow Newtowns, 10-lb. shop bag 49c
Celery Utah type, crispy stalks, 1b. 5c
Turnips Local fancy, tops removed Pound 4c
Squash Marblehead, Bananas, Dan., Hubbard, 1b. 3c
Bananas Golden ripe Pound 7c

Argo Starch Corn or Gloss 2 pkgs. 15c
Hershey Chocolate 2 large bars 25c
Lifebuoy Soap Zephyr Fresh 3 bars 17c
Palmolive Soap Made with Pure Olive Oil Bar 6c

GUARANTEED MEATS

Meat Prices for Saturday Only, October 18
BEEF
Quality cuts to please purse and palate. Select all your meat cuts from your nearest Safeway market and avail yourself of our guarantee... every cut must satisfy you entirely or your money cheerfully refunded.
Sirloin Steak 1-lb. 31c
Beef Roasts, blade cuts 1-lb. 22c
Ground Round Steak 1-lb. 27c
Rib Steak 1-lb. 33c
Bacon Orlole, any size piece, the economical way to buy bacon 1-lb. 27 1/2c
Sliced Bacon No rind, no trouble 1-lb. 33c
Salt Pork Swift's, delicious for seasoning 1-lb. 17 1/2c
Oysters For steaming hot stews, Grade "A", Pint 29c
Pork Roasts, Picnic style 1-lb. 30c
Loin Pork Roasts 1-lb. 26c
Pork Steak 1-lb. 25c
Pork Chops, center cuts 1-lb. 31c

PORK & BEANS
YAN CAMP'S No. 300 tall tin 10c
White King Soap Granulated Giant pkg. 45c
OXYDOL HIGH TEST 24-oz. pkg. 21c
SU-PURB SOAP 24-oz. box 19c 40-oz. box 37c

SAFEWAY

OCTOBER 12th to OCTOBER 19th is NATIONAL WINE WEEK!
Fidelis Fine Wines Sweet 49c DRY 39c