

Sauces Perk Up Hot Vegetables, Aid Health

The more vegetables in your menus, the more health for your family. Cabbage, carrots, onions, beet tops, leeks, turnips, cauliflower, green or wax beans, however may seem dull at times. However, here's a series of new easy vegetable sauces which begin with home-made or bottled mayonnaise or commercial salad dressing:

MUSTARD-HOLLANDAISE SAUCE

Yields 1 Cup
One-half cup mayonnaise or salad dressing, 1/2 teaspoon salt, 1 tablespoon prepared mustard, 1 cup milk.

Combine mayonnaise, salt, and mustard in top of double boiler. Gradually add milk, stirring after each addition until smooth. Cook over boiling water 5 minutes, stirring constantly; if overcooked, sauce will curdle. Serve at once with hot beets, cauliflower, broccoli, artichokes, or spinach; broiled or baked fish, corned beef, tongue, or baked ham.

Here are some variations: CURRY-HOLLANDAISE SAUCE

Omit mustard. Combine 1/2 teaspoon grated onion and 1/2 teaspoon mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Blend small amount of sauce with 1/2 teaspoon curry

powder. Add to remaining sauce and mix thoroughly. Serve at once over hot vegetables.

CHILI-HOLLANDAISE SAUCE

Omit mustard. Combine 1/2 teaspoon grated onion and salt with mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Blend 1/2 teaspoon chili powder with small amount of sauce. Add to remaining sauce and mix thoroughly. Serve at once over hot vegetable or kidney beans.

TOMATO-HOLLANDAISE SAUCE

Omit mustard. Combine 1/2 teaspoon grated onion, 2 tablespoons catsup, salt, and dash of pepper with mayonnaise. Substitute water for milk. Cook as directed in recipe for mustard-Hollandaise sauce. Serve at once over hot vegetables or cooked dried beans.

MENU

BREAKFAST: Tomato and grapefruit juice, fried apples and bacon, wholewheat toast, coffee, milk.

LUNCHEON: Dried kidney beans, chili-Hollandaise sauce, cherry tart, tea, milk.

DINNER: Green peppers stuffed with round steak, parley potatoes, boiled onions with mustard-Hollandaise sauce, criss-cross rhubarb pie, cheese, coffee, milk.

His And Hers—Smart Towel Trend



Household Arts by Alice Brooks

Just Easy Stitchery for These

If you haven't your set of His and Hers — Mr. and Mrs. towels, it's time you started. Everyone loves them; they're so decorative and practical, too. Pattern 6701 contains a transfer pattern of 12 motifs ranging from 5 1/2 by 5 1/2 inches to 14 by 14 inches; illustrations of stitches; materials needed.

To obtain this pattern send 10 cents in coin to The News and Herald, Household Arts Dept., Klamath Falls, Ore. Be sure to write plainly your NAME, ADDRESS and PATTERN NUMBER.

Watch the Classified Page!



DEFENSE WORKERS EAT HEARTY!

KLAMATH FALLS HOUSEWIVES praise wholesome, nourishing NUCOA, the modern margarine so delicious on bread... so flavorful in cooking! It helps balance your diet and your budget, too!

Every wife and mother knows it takes plenty of energy food for men to work on and children to grow on. That's where NUCOA wins!

Delicious NUCOA—made with pure vegetable oils churned in fresh pasteurized skim milk—furnishes as much food-energy as the most expensive spread for bread (3,300 calories per pound).

Precious VITAMIN A, too!
7,500 NUCOA VITAMIN A units are guaranteed in every pound. No wonder NUCOA is the SWEET and POPULAR margarine! It is always SWEET and FRESH—made here on the Coast, on order only, never held in storage.



NUCOA
The wholesome, modern "Thrift Spread" for bread
Made on the Coast for Coast tastes

WHIST PLAYED AT DORRIS PTA MEET

DORRIS — The Dorris grammar school Parent Teacher organization gave a public card party Tuesday evening in the school auditorium. Eight tables of whist were present and late in the evening doughnuts and coffee were served.

Mrs. Genevieve Farnsworth won the prize for high score and Mrs. Margaret Woods, low score. Clarence Mutschenbacher won the high score prize for the men and Mrs. Green the consolation prize.

DINOSAUR
Titanosaurus, a moderately sized dinosaur that lived on plant life, existed during the Cretaceous period, near the close of the age of reptiles.

Trade Winds Blow Warmer Climate To Oregon, Belief

WASHINGTON, March 21 (AP) — Northwest trade winds may be responsible for Oregon's warmer climate in recent years. Coast and geodetic survey officials told Senator McNary (R-Ore.) yesterday that the winds have been more prevalent in the last few years, and may have driven the Japanese current closer to the Oregon coast.

They did not think the condition would be permanent, but advocated a survey. The agency now is collecting

FAMILY STYLE DINNERS
Any Hour in the Day
Chicken or Turkey Dinners
Every Sunday
Fried Chicken—Steaks to Order
FORT KLAMATH HOTEL
Mrs. Ray Taylor
Fort Klamath, Ore.

data from lightships and light-mation at request of Mayor Gilbert E. Gable of Port Orford. Watch the Classified Page!

Tarts and Cakes More Delicious With Fillings

Butterscotch cream filling makes an open-face pie or tart which gives Monday's dinner of left-over a pleasant surprise. Lemon cream and plain cream filling are also excellent for Boston cream pie (cake), tarts and for serving with stewed fresh or dried fruit. Here are simple but perfect recipes for these nourishing and delicious standard fillings:

BUTTERSCOTCH CREAM FILLING

One-fourth cup flour, 1/3 cup brown sugar, packed down, 1/2 teaspoon salt, 2/3 cup water, 2 tablespoons butter, 1 teaspoon vanilla, 1 cup cream, whipped.

Combine flour, sugar and salt in top of double boiler. Add water. Set over boiling water and cook until thickened, stirring constantly. Add butter, and Cool and add vanilla and cream.

LEMON CREAM FILLING

One-fourth cup flour, 1/2 cup sugar, 1/2 teaspoon salt, 1/2 cup lemon juice, 1/2 cup water, 1 egg lightly beaten, 2 tablespoons butter, 1/2 teaspoon grated lemon rind.

Combine flour, sugar and salt in top of double boiler; add lemon juice, water and egg. Set over boiling water and cook until thickened, stirring constantly. Add butter and lemon rind; cool.

CREAM FILLING

For cream pie, tarts, Boston cream pie (cake), cream puffs and eclairs.

Two-thirds cup sugar, 1/3 cup flour, 1 teaspoon salt, 2 cups hot milk, 1/2 teaspoon vanilla, 1/2 teaspoon lemon or almond extract, 2 eggs or egg yolks.

Mix dry ingredients. Add hot milk gradually. Cook 15 minutes in a double boiler, stirring constantly until mixture thickens, and then oxidation. Add slowly 2 slightly-beaten eggs and cook 3 to 5 minutes longer, cool and flavor. For a thicker filling use 1/2 cup flour.

MENU

BREAKFAST — Sliced oranges, oatmeal, toast, coffee, milk.

LUNCHEON — Tomato soup, left-over vegetable salad, butterscotch tarts, tea, milk.

DINNER — Roast beef hash, toasted muffins, buttered beets, apple and lettuce salad, Boston cream pie, coffee, milk.

CLEAR AS A CRYSTAL OKLAHOMA CITY, (AP)

Robert F. Wells flung his money on the table and told the crystal-gazer to go to work.

After considerable hokus pokus he was told his problem would be solved if he went to the Capitol Hill district. Roberts obeyed. He found his car which had been stolen last week from in front of his Shawnee, Okla., home.

Nine-tenths of the population of India lives in villages remote from political activities.

Orange and Pineapple Cake

Made with fresh oranges and crushed pineapple and filled with cooked orange custard; topped off with French butter cream.

Each 59c

Butterscotch Coffee Cake

A rich coffee cake filled with brown sugar, butter and walnuts.

Each 15c

Old Fashioned Potato Rolls

Dozen 18c

Fluhrer's
Klamath's Finest Bakery

Moved To The NEW FLUHRER BLDG.—722 Pine St.

Emil's

PRESENTS THE FAMOUS PARD DOGS

Super Market Store No. 2 Store No. 3
Dial 3168 Dial 4714 Dial 6875
Prices Effective Fri., March 21 Thru Wed., March 26

MEAT SPECIALS - Sat. Only

Sliced Bacon	Swift's	Lb.	29c
Leg of Lamb	Clover Brand	Lb.	29c
Shoulder Lamb		Lb.	25c
Lamb Chops	Rib	Lb.	29c
Leg of Pork	1/2 or whole	Lb.	25c
Fresh Side Pork	Sliced or Piece	Lb.	18c
Sausage	Country Style	2 lbs.	25c

Sliced Bacon, lean, no rind Lb. 25c
Boiling Beef 2 Lbs. 25c
Pork Hocks Lb. 10c
Ground Round Lb. 23c

FRESH FRUITS and VEGETABLES FRI. and SAT. ONLY

Bananas	Fancy Golden-Ripe—Green Tip	Lb.	6c
Beautiful Daffodils	With Fern	4 Doz.	29c
Salad Bowl		2 pkgs.	15c
Rhubarb	Extra fancy	4 lbs.	13c
Asparagus	Small tender	3 lbs.	22c
Spinach	Fresh Green Leaves	Lb.	5c
Broccoli	Lge. Green Bunches	Bu.	10c
Lemons	Extra Large Size	Doz.	15c

Table Queen Dressing Quart Jar 23c
Tomatoes, Rogue River Choice Grade, No. 2 1/2 Can 2 for 25c
Pork & Beans, Van Camp, No. 300 Tin 3 for 25c
Pork & Beans, Sacramento Brand, No. 2 1/2 Can 10c
Pink Salmon, Tall Can 2 for 29c
Oysters, Tillamook, fancy small 2 cans 25c
Clams, Seaside Brand 2 cans 25c
Shrimp, Phoeasant Brand 2 cans 25c
Asparagus, Del Monte, No. 2 Can 19c
Corn, Del Monte, No. 303 Can 10c
Fruit Cocktail, Sacramento Brand, Tall Can 10c
Boysenberries, Rogue River, No. 2 1/2 Can 20c
Pineapple, Dole Plantation, Large No. 1 1/4 10c

V-8 Cocktail 29c No. 1 Tall 19c
48-oz. Can 2 for 19c

Matches 14c Searchlight 20c
Tru-American Carton Cation

Nectarines, Sealed in Brand, No. 2 1/2 Can 10c
Peaches, Sacramento Brand, Freestone No. 1 Tall Can 3 for 29c
Kadota Figs, Delhi Brand, In Heavy Syrup, No. 1 Tall Can 10c
Krispy Crackers, 2 pound Box 27c
Calumet Baking Powder, 1 pound Can 17c
Swansdown Cake Flour, Large Package 19c
Churches Grape Juice, Quart Bottle 27c
Rinso, Giant Pkg. 49c Large Pkg. 18c
Lux Toilet Soap Bar 5c
Lux Flakes, Large Package 21c
Lifebuoy Soap Bar 5c
Waldorf Tissue 6 Rolls 25c
Flour, Dorrif Snow 49-Lb. Bag \$1.39



Oh, Boy, What a Treat! Lobo, Junior and Queenie, the world famous Pard Dogs will appear at Emil's Market. Sensationally popular in a successful 76-day run at the Golden Gate International Exposition these dogs will offer thrill for all boys and girls from six to sixty.

Trained to perform in front of the keen eyes of the moving picture camera, these marvelous animals do all their stunts at the command of their trainer, Ray Courtright, by obeying implicitly the signals he gives with only the use of his hands and fingers. No, sir, no loudly shouted commands are needed by these creatures with the almost human brain. As these beautiful creatures go through their repertoire of dozens of spectacular stunts you will be amazed and delighted by the novelty of their performance. Lobo, Junior and Queenie have entertained hundreds of thousands of folks all over the country; demand repeat performances always follow the appearance of these wizards of dogdom. Be at Emil's Market at this above. Be sure and bring the Kiddies. Educators say this is one attraction all children should see.

SOME HIGHLIGHTS ON LOBO, JUNIOR AND QUEENIE

1. Lobo is a pure-bred Belgian Sheep Dog. He is seven years old and the father of—
2. Junior, 85 pounds of beautiful black Belgian Sheep Dog. Junior is the crown of the trio and is the father of—
3. Queenie. This little lady's mother is a "SEEING EYE DOG," famous for their clever mind and ever faithful to their master. Queenie, although just one year old has mastered many difficult stunts.
4. Bob Ripley has featured Lobo and Junior in his famous "BELIEVE IT OR NOT" cartoons.

Also — A Pard Pet Parade
Wednesday, Starting 4:30
Super Market Only
PARD MUTT SHOW

Yoo-Hoo! SKINNAY and SALLY, too, come a runnin' and bring your very own Pooch down to Emil's Super Market on Wednesday at 4:30 p. m. You know why? Well, Emil's Super Market is going to hold one of those swell PARD MUTT SHOWS.

Now, all you kids have to do is bring your dog on leash to Emil's Super Market, at 4:30 p. m. on March 26, and Boy! what a lot of keen fun.

Why Mr. Emil Albrecht is going to give real prizes, such as Dog Collars, Dog Harness, Leashes and lots more for the dogs who win the following contests:

1. The dog with the longest tail.
2. The dog with the shortest tail.
3. The dog with the curliest hair.
4. The dog with the wiriest hair.
5. The best trick dog.
6. The best dressed dog (comical).
7. The biggest dog.
8. The smallest dog.
9. And the grand contest of all! A special prize for the homeliest pooch in Klamath Falls.

All you kids who bring your dogs on leash will win a prize of some kind. No entries without leashes. Nothing to buy. No entry blanks needed. Just bring your pooch and be at Emil's Super Market on Pine at 9th street, at 4:30 p. m. on March 26.

Judges for the PARD MUTT SHOW will be:
1. Mayor. 3. Chief of Fire Dept.
2. Chief of Police.

EXTRA SPECIAL

GROCERY DEPT. FEATURE
Brookfield Cheddar
Cheese Lb. 29c

Aged 2 Years—Cut it yourself
If you cut 16-oz. Cut it yourself