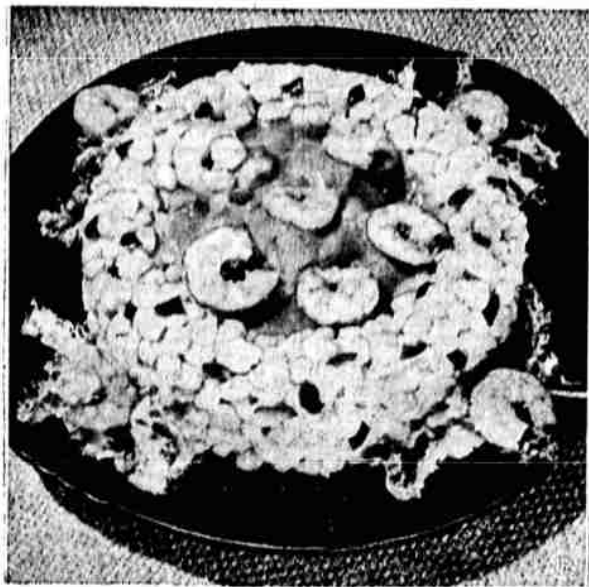


Shrimp in Hominy Adds Right Touch to Lenten Meal



Southern Lenten dish . . . shrimp in hominy with creole sauce.

Shrimp in hominy ring is an old southern custom just right for the Lenten meal. As both the shrimp and hominy are readily available anywhere, this recipe will appeal to kitchenette and business wife, too.

Chili Shrimp in Hominy Ring

(Serves 4 to 6)
Four tablespoons butter, 1 cup chopped green pepper, 3 cups whole cooked hominy (one 1-lb., 13-oz. can), 1 teaspoon salt, 3 tablespoons butter, 3 tablespoons flour, 1 teaspoon salt, 1 1/2 cups tomato juice, 4 cup chili sauce, 2 cups canned shrimp (2 No. 1 cans).

Melt butter in frying pan, add green pepper and cook slowly until the pepper is tender. Add hominy and salt and cook slowly until hominy is thoroughly heated. Melt butter in saucepan; blend in flour, tomato juice and chili sauce and cook, stirring constantly, until thickened. Add shrimp; cook until shrimp are heated. Arrange hominy in ring on platter or pack into 8-inch buttered ring mold and heat in moderate oven (350 degrees F.) 15 minutes. Fill center with shrimp mixture.

Dried fish is a low-cost item with both Lenten and economy advantages. Try this novelty for the next meatless dinner.

Casserole of Finnan Haddock, Eggs and Potatoes

(Serves 4 to 6)
One pound finnan haddock, 4 or 5 medium-sized potatoes, 2 hard-cooked eggs, 4 tablespoons butter, 4 tablespoons flour, 3 cups milk, salt, pepper.

Cover the finnan haddock with cold water, heat slowly, and sim-

mer for 10 minutes. Drain and flake the fish. Cook and slice the potatoes. Slice the eggs. Make a white sauce of the butter, flour and milk, and season with salt and pepper. Arrange the fish, potatoes and eggs in alternate layers in a baking dish, adding white sauce to each layer. Cover the dish or add a layer of buttered crumbs and bake in a moderate oven until thoroughly heated.

Menu
BREAKFAST: Tomato and lemon juice, oatmeal griddle cakes, crisp bacon, syrup, coffee, milk.
LUNCHEON: Casserole of finnan haddock, cabbage and apple salad, nut cookies, tea, milk.
DINNER: Chopped mixed greens salad, shrimp in hominy, raw carrot sticks, green peas, buttered corn tarts, coffee, milk.

Abundant Food Value in Various Egg Menus Assured

Eggs have 100 per cent food value. They are an excellent source of essential protein. Therefore they are a "natural" for meatless meals.

Here are three main dish egg recipes. Have a green or yellow vegetables on the same menu, a raw greens salad, bread and butter and a simple dessert.

Breadcrumb Cheese Souffle

(Serves 4 to 6)
One cup hot milk, 1 cup bread crumbs, 1 cup grated cheese, 4 eggs, salt, pepper.

Pour hot milk over bread crumbs and add grated cheese. Beat yolks of eggs until light and combine with bread mixture. Fold in stiffly beaten egg whites and season with salt and pepper. Turn into buttered baking dish.

set in pan of hot water and bake in moderate oven (375 degrees F.) for 30 to 40 minutes or until firm. Serve at once.

Potato Omelet

(Serve 4 to 6)
Two cups mashed potatoes, 1 tablespoon melted butter, 1 cup milk, 3 eggs, salt, pepper, 1 teaspoon grated onion, 1 tablespoon chopped parsley.

Add butter and milk to mashed potatoes. Beat eggs until light, combine with potatoes, and add seasonings. Heat a little fat in frying pan, add potato mixture and cook slowly until well browned on the bottom. Fold and turn out onto a hot platter.

Curried Eggs
(Serves 4 to 6)
Four tablespoons butter, 1 ta-

blespoon chopped onion, 1 to 2 tablespoons curry powder, 3 tablespoons flour, 2 cups milk, salt, pepper, 4 to 6 hard-cooked eggs.

Cook onion for a few minutes in butter, add curry powder, stir in flour and blend thoroughly. Then add milk gradually, and cook until thickened. Season to taste with salt and pepper. Slice eggs or cut them in eighths lengthwise, and reheat in sauce. Serve with flaky boiled rice.

Menu
BREAKFAST: Pineapple juice, rolled oats, cinnamon toast, coffee, milk.
LUNCHEON: Tomato juice, potato omelet, rolls, fresh fruit cup, cookies, tea, coffee.
DINNER: Beef heart sautéed in tomato stock, mashed potatoes, 8-minute cabbage, lemon snow, custard sauce, coffee, milk.

Actor Stewart Put on Call for Draft in March

HOLLYWOOD, Calif., March 7 (AP)—Actor James Stewart's draft board announced today that the lanky academy award winner had been placed in class 1-A, making him immediately available for military service.

Secretary Earl W. Barton declared in a statement: "Stewart was originally classified as 1-B on November 26, because of weight deficiency. Stewart had requested that he be placed in class 2-A and in February he appealed the board's decision and again requested that he be placed in class 1-A. At this time he also volunteered for immediate induction."

"Following another examination he was reclassified on March 3 and placed in class 1-A. He has been instructed to hold himself available for the March call."

Stewart a week ago won Hollywood's highest acting honor, an "Oscar" from the Academy of Motion Picture Arts and Sciences, for his portrayal of a newspaperman in "The Philadelphia Story."

Eskimo Joins National Guard

JUNEAU, Alaska, March 7 (AP)—Listed as the first of his race to be inducted into the nation's armed forces, an Eskimo will be included in an Alaskan national guard company to be organized at Nome tonight. A radiogram said 200 men have applied for service in the far western territorial outpost, with more, including Eskimos, coming from isolated wilderness posts.

According to a recent test, the new Pennsylvania turnpike saves motorists one and one-half hours in traveling 160 miles.

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EVERY SATURDAY NIGHT

Music By
OREGON HILLBILLIES

Dog Musers in Line for Alaska Derby Contest

FAIRBANKS, Alaska, March 7 (AP)—Dog musers awaited the starting gun today in the annual 160-mile two-day derby across the snow of central Alaska after launching of the annual Fairbanks ice carnival with the ter-

ritory's first big military display. A mile-long parade of army and air corps units with heavy ordnance and anti-aircraft guns rolled through the city's streets yesterday in their first public exhibition. They were outfitted with parkas, mukluks and other arctic togs.

Thirteen dog drivers were entered for the round-trip race to

Livingood. They were headed by Bergman Kokrines, 33-year-old Tanana native who won the 1940 endurance and speed test.

Watch the Classified Page!

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SU-PURB Granulated Soap 50-oz. pkg. 29c
SIERRA PINE TOILET SOAP bar 5c
PEAS Sugar Belle No. 2 tins..... 2 for 25c
SAUERKRAUT Diamond A No. 2 1/2's 10c
GRAPEFRUIT Glenn Aire No. 2 tins 12c

BEANS

Gardenside Cut Stringless, No. 2 tins 4 for 30c

CORN

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TUNA

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25-lb. bag . . . 1.17
100-lb. bag . . . 4.67

C & H or Sea Island

10-lb. bag . . . 49c
25-lb. bag . . . 1.21
100-lb. bag . . . 4.83

KADOTA FIGS Sun Down No. 1 tin..... 10c
PEARS Harper House No. 2 1/2 tins..... 17c
CATSUP Ruby 12-oz. bottles..... 3 for 25c
DOMESTIC SARDINES Admiral 1/4's 5c
MINCED CLAMS F.A.B. No. 1/2 can..... 11c
SYRUP Kero, Blue Label..... 5-lb. can 35c
PEANUT BUTTER Real Roast 2-lb. jar 23c
SPAM Hormel's prepared luncheon meat, 12-oz. can 2 for 49c
CHILI CON CARNE Hormel's 8-oz. cans 3 for 25c
STARCH Kingsford or Argo.....2 pkgs. 15c
JELL WELL Assorted Flavors 3 pkgs. 10c

TEA BAGS Canterbury, box of 25..... 17c
MATCHES Favorite, 6-box carton..... 13c
EGG NOODLES Porter's 14-oz. pkg. 14c
MACARONI DINNER Kraft pkg. 9c
CHEESE Mild Cream lb. 19c
RITZ Butter Wafers.....1-lb. pkg. 19c
SAUERKRAUT Del Monte.....2's 3 for 25c
JELLO 6 Delicious Flavors pkg. 5c
COFFEE Hill Bros., M.J.B., Golden West 1-lb. tin 25c

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FISH

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Oysters Grade A Pt. 19c

Pork from Choice Young Porkers

LOIN PORK ROASTS lb. 22c
PORK STEAK lb. 19c
PORK ROASTS (shoulder cuts) lb. 17c
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PURE LARD 4 lbs. 33c
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Medium, Green Celery . . . 3 stalks 10c

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Tree Tea
1/2 Pound Package
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Trupak Kenmore Clams
2 No. 1 Cans 33c

Bonnie Dog Food
6 Cans 29c

Kellogg's All Bran
16-oz. Pkg. 22c

M-D Tissue
3 Rolls 25c

SPRY

Triple-Creamed
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Cleans delicate fabrics
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Strawberry Variety,
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4 Lbs. 10c

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Long well-filled pods,
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