

Spices Play Big Part in Limited Food Allowances

By MRS. GAYNOR MADDOX

Spices are important in your limited food budget because they add palatability to some of the plainest foods. Although they may not be high in nutritional value, they are valuable as appetite encouragers, and therefore should be regarded as essential even in the moderate cost adequate diet.

On a budget for a family of 4 for around \$12.25 a week, allow about 60 cents for spices and other food accessories each week. But remember that the other accessories your 60 cents must buy include coffee, tea, cocoa, baking powder, soda, vinegar, etc.

To get that "professional" look to roast turkey, chicken or other fowl, mix 1 cup shortening with 1 tablespoon Hungarian paprika. Rub the fowl well, rubbing the mixture all over the surface. Cover for first half of the roasting, then remove cover for the other half. The fowl will take on a rich tawny color.

Among Hungarian dishes liked by American appetites is chicken paprikash. This recipe comes from the Hungarian Cook Book by Mme. Rosa Green.

Chicken Paprikash
One chicken (about 3 pounds), 1 tablespoon fat, 2 large onions, 1 teaspoon pepper, 1 teaspoon paprika, 1 small ripe tomato, 1 green pepper.

Brown Sauce
One tablespoon fat or butter, 2 tablespoons flour, 1 slice onion, 1 teaspoon salt, 1 teaspoon paprika, 1 cup water or meat stock.

MENU
BREAKFAST: Grapefruit juice, whole wheat flakes, raisins.

Cleaner Demonstration Given



Pictured is Mrs. Lillian Hagman, who demonstrated the new general household cleaner, Vano, at Emil's Super market Saturday.

Vano is a new liquid cleaner which has been placed on the market within the last 60 days, according to E. J. Petersen of the Gillespie-Petersen company of Portland, who was in Klamath Falls arranging distribution of the new product in local food stores.

"It is a new odorless liquid cleaner, especially adapted for use on all washable surfaces, such as painted woodwork, walls, furniture and Venetian blinds," Petersen said.

Mrs. Hagman demonstrated the effectiveness of Vano in removal of lipstick, grease and smudge. She will demonstrate Vano at Emil's again this Saturday.

sin bread toast, marmalade, coffee, milk.

LUNCHEON: Creamed eggs with canned peas on toast, rolls, plum tarts, cheese, tea, milk.

DINNER: Chicken paprikash, steamed rice, green snap beans, lettuce salad, apple whip with cream, cookies, coffee, milk.

DOG'S MEMORY SAVES MAN FROM PAUPER'S GRAVE

PORTLAND, Oct. 25 (AP)—Dr. Julius Held said yesterday that a trained police dog Harry H. Evans gave away two years ago saved him from a pauper's grave.

Evans was killed in a traffic accident Tuesday but police efforts to locate friends or relatives were unavailing until Dr. Held, to whom Evans gave his dog, was summoned.

Dr. Held said the dog was taken to the accident scene, picked up his former master's scent and led the way to the home of friends with whom Evans had been visiting.

What! Hasn't yet tested WIE-LAND'S Ale? Treat him!



Magic Chocolate Pie
2 squares unsweetened chocolate
1 1/2 cups Borden's Eagle Brand Sweetened Condensed Milk
1/2 cup water
1/4 teaspoon salt
1/2 teaspoon vanilla
Baked pie shell (8-inch)

Melt chocolate in top of double boiler. Add Eagle Brand Sweetened Condensed Milk and stir over rapidly boiling water 5 minutes until thick. Remove from heat. Add water and salt, mixing well. When cool, add vanilla. Pour into baked pie shell. Makes an 8-inch pie. Garnish with whipped cream, if desired. Chill.

NEW!
Half-size, half-price can equals 1/2 cup. Magic Recipe Leaflet on both large and small cans.

"IF IT'S BORDEN'S IT'S GOT TO BE GOOD!"
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Scientists Think Humans May Have Seen Eruption Of Ancient Mount Mazama

By PAUL F. EWING

KLAMATH FALLS, Ore., Oct. 25 (AP)—Humans may have roamed parts of Oregon 4200 to 7500 years ago, vying for existence with camels, elephants and pleistocene horses.

Scientists are not ready to make a definite announcement, but Dr. L. S. Cressman, University of Oregon anthropologist, sees a possibility that humans witnessed the volcanic fury which blew the top off Mount Mazama and formed Crater lake.

Working under the supervision of Dr. Cressman, field investigators have recovered several hundred crude tools and weapons of bone and stone as well as human and animal remains from the soft peat soil of the lower Klamath lake area.

Human occupation of the territory apparently was in two distinct periods, one very ancient, the scientist said.

Bones and artifacts of humans were found with those of pre-historic carnivores, camels, elephants and pleistocene horses, but it remains to be determined whether they fell together naturally or were thrown together by erosion.

Smith, the University of Oregon, who seek to date human habitation by tying in finds with geological features.

However, Dr. Cressman said, it "appears probable" that humans lived there from 2200 to 3500 B. C.

Work on early man in Oregon is supported by Dr. J. C. Merriam, president emeritus of the Carnegie Institution, Washington, D. C. Working with Dr. Cressman in the field are two geologists, Dr. Ernst Antevs, Globe, Ariz., and Dr. W. D.



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Sliced Bacon **25c**

Lean, No Rind **18c**

Roast Beef, Blade cut, lb. **25c**

Short Ribs of Beef **29c**

2 Pounds **15c**

Swiss Steak **15c**

Pork Roast **25c**

Young, Grain Fed **10c**

Side Pork **10c**

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Pork Sausage **10c**

2 Pounds **10c**

Mince Meat **10c**

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Large Green Utah Celery 2 for **15c**

Golden Ripe Bananas **5c**

Fancy Roman Beauty Apples **\$1.39**

Large Box **1.39**

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Pure Ashland Pasteurized Cider **45c**

10c Bottle Deposit, Gal. **45c**

Fancy Sweet Potatoes **10c**

3 Pounds **10c**

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Peas	Toma-toes	Beans	Beans
Trellis Brand No. 303 Can	Bagley's No. 2 1/2 Can	Garden Brand No. 303 Can	Lane County No. 2 Can
3 For 25c	3 For 29c	3 For 25c	3 For 29c

Pumpkin	Pink Salmon	Shrimp	Cove Oysters
Diamond A No. 2 1/2 Can	Cello Brand	Fancy Small Size	Meco or Blue Plate
3 For 29c	Can 15c	2 Cans 25c	2 Cans 25c

Sausage	Tuna Fish	Salmon	Lucky Salt Crab
Vienna Swift's Prem. 3 Cans	White Star No. 1/2 Can	Del Monte Fancy Red Tall Can	Can 19c
3 Cans 25c	Can 15c	Can 25c	Can 19c



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Lemons 15c
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