

It's Natural To Baby Hurt Child - - But Don't

By OLIVE ROBERTS BARTON

If a child gets hurt, should we:

A. Cry over him and say it is awful?

B. Blame the object that trips him?

C. Tell him he is awkward and a great trial?

D. Be quiet, get to work with first aid and act normally?

"D" is the answer, of course. The less fuss we make about accidents the better, because our own nervousness is contagious, and the hurt child watches us sharply. The more evenly we take his mishaps, the better he will stand his bumps.

It is so natural and normal to kiss the little hand or foot and say, "There, there, darling, don't cry. It is a shame and mother feels awfully."

It's also so natural, then, to hand out extra cookies, tell everybody that Junior cut himself on that awful knife, and even call up daddy and the relations to broadcast the news; to promise Junior some candy and treat him generally as though he were a much-to-be-pitied hero.

A bit of comfort and dramatization is certainly allowed. Children and mothers are not machines. They have hearts and understand one another. Yet, the effects of over-sympathy are known to be far-reaching.

Emotion added to hurt makes almost anything hurt more. But, worse still, it instills the habit of expecting someone to grieve with the little victim, and for him, when things go wrong. Self-pity is the next step, and once this is set as

part of personality, the fat's in the fire, indeed.

There are thousands of people who never grew up, really. Couldn't stand a small hurt; couldn't stand a little trouble. So later, they couldn't stand big hurts or big troubles, and became adult children because nobody continued to feel sorry for them.

Never put the blame on an inanimate object. Don't hit the chair or scold the step. Here again it may not seem to matter too much at the time. But gradually the child reasons that his own carelessness or wilfulness is not the cause of his hurts. He gets into the habit of using an alibi. From accident and the like, this habit spreads to any kind of trouble. He blames anyone but himself. Then some day he may turn anti-social, and really think the world is to blame for all his discomforts.

Do not say he is awkward or a trial to you. That creates nervous tension and does no good. Show him how to be careful. But when accidents happen, as they will, use good judgment, first aid and, when necessary, call the doctor without any outward show of fear.

Education CONFAB SLATED AT ASHLAND

SOUTHERN OREGON COLLEGE OF EDUCATION, ASHLAND, Oct. 12 (Special).—The fifth annual educational conference has been scheduled for the Southern Oregon College of Education campus October 19, 20 and 21.

The conference is sponsored jointly by Jackson, Josephine, Klamath, Lake and Curry counties and the Southern Oregon College of Education and replaces the formerly held each year. According to the executive committee of the county school superintendents in participating counties and Dr. Walter Redford, president of the local college, a fine group of leading Pacific coast educators and lecturers has been secured to bring theoretical and practical trends and philosophies of education to the conference group.

The following featured speakers have been secured: Rex Putnam, state superintendent of public instruction; Wayne L. Morse, dean of the University of Oregon law school; Dr. Edward O. Sisson, president of the Pacific division of the American Philosophical association; Dr. Dudley S. DeGroot, director of physical education at San Jose State college; Miss Birdine Merrill, president of the Oregon Teachers association; L. K. Shumaker, director of the English bureau at the University of Oregon; and Dr. Warren D. Allen, associate professor of music and education at Stanford university.

Homecoming for graduates of the Southern Oregon College of Education will be held in connection with the educational conference, the dates to be October 20 and 21.

STUDENTS WEAKEN ON TEST OF NAZI WARTIME RATIONS

SAN JOSE, Calif., Oct. 13 (UP).—A loss of ten pounds in weight in four days was recorded today by one of four San Jose State college students who Monday began a

A Simple Square in Jiffy Knit



Household Arts by Alice Brooks

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PATTERN 6220

Beginners, attention! When square by square you can easily knit so lovely a spread, there is no reason to hesitate. Use a double strand of string—it's a jiffy knit. Pattern 6220 contains instructions for making square; of it and of stitches; materials

needed; photo of square. To obtain this pattern send 10 cents in coin to The News and Herald, Household Arts department, Klamath Falls. Be sure to write plainly your NAME, ADDRESS and PATTERN NUMBER.

seven-day test of the German wartime diet.

All of the students reported they had lost weight and were becoming noticeably weaker on the diet which allows 17 ounces of meat, three ounces of butter, and is composed principally of skimmed milk and potatoes.

"I feel terrible," said William Laffoon, of Visalia, Calif., editor of the college year book, who reported the loss of ten pounds since Monday.

"We'd like to see Hitler eat this way for a week," chorused Marjorie Poff, Fullerton, and Ernestine and Carl Smith of Paso Robles, who made up the quartet testing the diet. They also reported loss of considerable weight

since Monday, but not as much as Laffoon.

Fall Is Time For Discipline In Beauty

By ALICIA HART

This is the ideal time to give yourself a good talking to. One that should end by your vowing to become a better looking woman—and doing it.

The last warm days are gone, and with them most of your convincing excuses for not giving your beauty all the attention it deserves.

Fall and winter clothes have a sleeker, trimmer look than summer ones. And while that is in your favor—they do take quite a bit of living up to.

Resolve, then, not to let anything interfere with your weekly appointment at the beauty shop. Now that your days are back on some sort of schedule, you should find time to have your hair washed and waved once a week. Stop telling yourself how you hate to sit under a dryer. It is really no hardship, once the days are cool.

Routine Less Burden in Cool Weather

And now that cooler weather is making you feel more energetic than you have felt in months, get back in to the habit of brushing your hair every night.

Remember, too, that the heat

has been your excuse for neglecting to smooth night cream into your face and neck before going to bed. Perhaps it wasn't very pleasant during the summer—but it is time for you to go back to it, before cold winds start doing their worst.

You really shouldn't have much trouble getting back into a stricter beauty routine than you have followed during the summer months—for you have more incentive (the social season) and probably your budget is in better shape.

RIVALRY GROWS AS BUREAUS FIND UNDERSEA PEAKS

SEATTLE, Oct. 13 (UP).—Discovery of towering peaks on the floor of the Pacific ocean today developed into a major rivalry

within U. S. coast and geodetic survey ranks, resulting in announcement of a 10,320-foot submerged mountain about 300 miles southeast of Kodiak Island.

Capt. Ray L. Schoppa of the survey said here today the peak was approximately 4650 feet below the surface, and about 15 miles across at its base.

Earlier the geodetic survey ship guide reported finding a

9834-foot peak about 350 miles west of Cape Flattery. Capt. Schoppa added a huge valley, 24,000 feet deep, had been sounded in the vicinity of the Aleutian Islands. The valley, he said, paralleled the islands for about 20 miles.

The average temperature over the entire earth is about 45 to 50 degrees, Fahrenheit.

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Slow-Learning Child Should Be Encouraged

By OLIVE ROBERTS BARTON

If one child is smart and another slow, should we:

A. Praise the smart one?

B. Shame the slower child?

C. Compare the less brilliant one to his brother?

D. Encourage the deliberate child to do his best in those things he understands?

Praise is a splendid thing in any child's life, but it can be very cruel when it goes all one way and leaves another feeling that he is a failure.

The smart boy or girl should not get applause at the expense of a brother or sister. Comparisons of this sort increase the feeling of futility of the struggling one. Not that some approval is out of the way when the smart one has earned it, but we must be careful not to make it all one-sided.

Share the praise, even though the slower child makes a poor showing. It is effort and perseverance that counts, not natural gifts.

Never shame this more poorly-equipped child. It will only assist the forces already at work to undermine his sense of usefulness. What he needs most of all is a little pride.

Poor scholars often make good. The right answer is "D", which means that we should recognize the limited powers of the plodder and encourage him in every way we can without driving him. To add resentment and a feeling of injustice to his other troubles won't help in the least.

Every child who fails to get school work is not necessarily dull-witted. The world is filled with examples of the "dunce" who went out and got places that his more brilliant classmates could never hope to achieve.

Try to discover something in which he excels; then help him to do that and praise what he does. It may be something entirely out of line with regular studies or the usual occupations of growing children. He can be re-established in his self-respect through some such agency. And it is surprising indeed, how self-respect and renewed confidence work to create a quicker mind all 'round.

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"I'm patrolling my beat when this explosion shakes m'back teeth..."



1 Then the Miller twins streak pass me and I'm after 'em double-quick. "Playing at chemistry, again," I'm thinking. "Halt!" I shout, following 'em right into the Miller's kitchen. "And what will you be wanting, Officer O'Toole?" says their maid, shieldin' the twins. "A talk with those boys, M'am," I say. "It's disturbing the peace they are!"

2 "And it's disturbing your handsome face I'll be if you lay hands on these lambs," she comes back at me, her blue eyes flashing. "But m'duty, M'am!" "Sure and you can be forgetting your duty long enough to cool off and talk sensible," she says.



3 Before I know it I'm setting there, domestic-like, making the peace over a cup of coffee. "And what coffee?" I say, enjoying every swallow. "Tastes as good as it smells!" "Sure and it's better than you deserve, O'Toole," she says. "It's M-J-B—the Richer Roast coffee!"

4 It's a proud and happy man I am these six months later. Me, Officer O'Toole, drinking M-J-B every day in m'own kitchen. And her, pretty as a picture, setting across from me and smiling every time I say, "Pour the M-J-B again, Mrs. O'Toole!"

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Fresh Side Pork, Well steaked with lean 1 lb. 17c	WELCH'S GRAPE JUICE 1 lb. Jar 23c	TEXSUN Grapefruit Juice 46 oz. 19c
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		CRAB MEAT, Sealside Brand, No. 1/2 Tin 25c
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