The Evening Herald

HERALD PUBLISHING COMPANY, Publishers

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Published every afternoon except Sunday by The Herald Publishing Company at Esplanade and Pine Streets, Klamath Falls Oregon

Entered as second class matter at the postoffice of Klamath Falls, Ore., on August 20, 1906 under act of Congress, March 3, 1879.

Member of The Associated Press

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Three Months	$2.25
Six Months	3.25
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Delivered by Carrier in City

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Editorial Correspondence

OAKLAND, Calif.—Rolled down here by devious ways for a glimpse of the fair, and that is still in prospect as this is written.

Not recommended for those who like to reach destinations in a hurry was the route which brought us to Oakland. On the map it makes no sense. Not all of the road was good. But the jaunt led into a lot of beautiful country, emphasizing the varied and worthwhile travel experiences easily available to Klamath people.

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FIRST, south over the Weed highway—and that road, on the southbound trip particularly, offers some really remarkable scenery with Mt. Shasta as the central attraction. Down to Mt. Shasta City, and thence southeast over the straight, smooth, but virtually trafficless McCloud highway.

A twisting detour at this time takes traffic around the end of Lake Britton, and across a dam from which there is an awesome view into the boulder-strewn canyon of Pit river. Then up and out of the basin in which the lake has been backed by the dam, and on down south. The traffic increases noticeably after crossing the Redding-Alturas highway and moving on up Hat creek to Lassen National park.

Not much is said in southern Oregon about Lassen, probably because of the proximity of Crater lake and the Lava Beds. But this park, with the United States' only active volcano as its central feature, has much that is of popular interest. The varied views of the peak itself are worth the trip and the dollar a handsome young ranger took from us at the northwest entrance. The museum at Manzanita lake is most interesting. Much can be said for the photographic enlargements showing Mt. Lassen in various stages of its most recent violent activity, some 24 or 25 years ago.

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FROM Lassen south to Lake Almanor and a stop at Lake Almanor inn where young Filipino waiters served a most satisfying meal to a full dining room of vacationing visitors. Lake Almanor is man-made—for power purposes—and whole forests of trees stick up fantastically from the water.

The curves in the highway from Lake Almanor south to Quincy prepare the conscientious driver for a sound sleep. It was Saturday night in Quincy. Bank nights are still permissible in California towns (though "vice-ridden Klamath Falls" has none) and a great crowd was milling around a theatre entrance as we meandered down the main stem. Quincy has a most excellent hotel, with more vacationists much in evidence.

We were not far from Nevada here, and emphasizing the spareness of Nevada's settlement was the telephone book in the hotel room, which carried the numbers for the entire state of Nevada, as well as of Plumas and Modoc counties and part of Sierra county, California.

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MOVING on east to Blairsden, we turned south over a mountainous road to Sierra City, a quaint mining town in the deep Yuba river canyon. Downieville, another ancient mountain town and the county seat of Sierra county, is well worth a stop. Any Klamath folk who may go through Downieville should not fail to visit the white courthouse, started in 1854.

From Downieville it is fairly simple to move quickly into San Francisco, but the scribe's weakness for mountain roads took the upper hand again, and we traversed a trail cut in red earth down to the Bullard's bar dam on a branch of the Feather river, thence up steep switchbacks and out to Marysville. Crossing the blistering Sacramento valley, we moved into Oakland through teeming traffic.

From our window Treasure Island's lighting effects invite us. We'll explore it tomorrow.—M. E.

The Family Doctor

This is the first of eight stories on vitamins which will make clear this essential health topic.

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By DR. MORRIS FISHBEIN
Editor, Journal of the American Medical Association, and of Hygeia, the Health Magazine

VITAMINS are substances which are essential for maintaining the normal chemistry of the human body. They are not identical with the ordinary proteins, carbohydrates, fats, or mineral salts. They are not made up in the human body out of the minerals that are taken in the diet. The body is dependent for its supply of the vitamins on the actual vitamins or their precursors that are taken in the diet. These materials may be in the form of plant matter or animal matter, such as meats.

We know with certainty that scurvy is due to a deficiency of vitamin C; beriberi to a deficiency of part of vitamin B; pellagra to a deficiency of another part of vitamin B; rickets chiefly to a deficiency to vitamin D, as well as vitamin A and some mineral salts, and xerophthalmia, a form of inflammation of the eyes, due to a lack of vitamin A.

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As the vitamins are much more important to the growing child than they are to the average full-grown adult, and as the infant's diet is much more likely to be restricted than is that of the adult, the requirements of the infant and of the child for the vitamins are much better established than are the requirements of grownups for these substances.

The average adult who will eat a diet of well-selected materials, including particularly milk, butter, eggs, cheese, leafy green vegetables, and similar materials need not worry a great deal about vitamin deficiency.

Many people suffer from relative deficiencies of vitamins because they live on restricted diets as, for example, women who are reducing, and addicts of one-sided diets, as is the case with many food faddists.

Many of the vitamins have now been prepared in concentrated form; others are supplied by the use of products which are known to be rich in these vitamins. For example, cod liver oil is the richest known substance in nature in vitamin D; halibut liver is the richest known substance in vitamin A; and orange and tomato juices are exceedingly rich in vitamin C.

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In view of the common interest of the public in vitamins and their uses, all sorts of vitamin mixtures are now being promoted to the public with claims as to their ability to produce abounding health, charm, a beautiful skin, and even rejuvenation. Nevertheless, the Council of Pharmacy and Chemistry of the American Medical association has stated that there is no more logical basis for including all or some of the vitamins in one tablet than for combining a lot of other materials in a single tablet.

The person who purchases these mixtures in order to get some one of the ingredients that is needed, or else because of the claims made for the mixtures, does so without realizing that his diet is providing him with most of the materials that are in the mixture.

NEXT: Vitamin A, resistance builder.

Courthouse Records

(TUESDAY)

Divorce Decree

Lillian Amanda Shaw versus Ellis Leroy Shaw. Divorce decree issued on grounds of extreme cruelty. Plaintiff awarded custody of three minor children. Defendant required to pay $25 per month for their support.

Justice Court

Claude L. Linkhart. Speeding in truck. Fine of $10 paid.

Edward M. Melton. No operator's license. Fine of $10 paid.

OBITUARY

ANDY T. ERICKSON

Andy T. Erickson, a resident of Klamath county for the past 10 years, passed away in this city on Monday, July 17. The deceased was a native of Sweden and was aged 48 years. He is mourned by a host of friends in Klamath county. The remains rest in Ward's Klamath funeral home, 925 high street. Notice of the funeral arrangements will appear in this paper later.

NEWS BEHIND THE NEWS

By PAUL MALLON

WASHINGTON, July 19 — Republican legislators got their heads together hurriedly in the lounge room when they learned that Mr. Roosevelt wanted to see some of their leaders at the White House on the neutrality issue.

Minority men well knew this invitation would focus the spotlight on them as opponents of the president's move to repeal the arms embargo. It did not take them more than a few minutes to decide they would accept.

Ardent inner counselor for this course was Senator Borah. He proclaimed far and wide that the republicans could never get a better issue for 1940, than this one which the president seemed determined to offer them.

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CAMP DIVIDED

Leaders Bankhead, Rayburn and Garner came out of their last confab with Mr. Roosevelt amiable and pleasant; but Barkley emerged a few minutes later the picture of Mr. J. Deep Gloom.

In this incident of the White House steps may be traced the revealing roots of Mr. Roosevelt's arms embargo predicament. Frankly, his senatorial friends in large numbers do not seem to share his enthusiasm for the fray of his issue. Many a Roosevelt loyalist can be found there who privately accepts the realistic fact that the cause is lost.

When the house passes an unacceptable bill and the senate foreign committee declines to pass any — even though these actions were taken by the slenderest of majorities — the technical difficulties make further fighting an arduous pastime. Anyway the boys want to go home.

You would be as gloomy as Mr. Barkley had you been charged with leading a dispirited army with its mind on a furlough.

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GATE OPEN

Offstage criticism of the invisible spending program is mounting so fast in congress you would think the bill might not get more than a few votes — but don't be too sure. The boys are not going on record publicly in droves. The gate is being left open.

Main objection, as politically wise House Banking Chairman Henry Steagall expressed it in a palaver session with his house associates, is that the machinery may not function. As Steagall was heard to put it: "The bill would not result in an expenditure of $500,000,000 while Mr. Roosevelt is in office." (Total authorization of the bill is $3,800,000,000).

This is in line with the general cloakroom complaint that the loans will not be accepted, the money cannot be spent, therefore it is a political bill.

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NO MOVE

An inside tale has been around about two weeks inferring that Mr. Garner is scratching his head over an official declaration of candidacy. His closest friends doubt both the tale and the possibility.

Everything seems to be running fairly smooth in the Garner organization on the present basis. Many of his counselors are convinced nothing could possibly be gained by a direct move, certainly not as long as the polls continue him far ahead of the other possibles.

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STRATEGY

The Texas Garner-for-President committee is following a pledge card strategy of organization. Chairman Germany of the state executive committee and national Committeewoman Clara Driscoll are sending one pledge card to each family on mailing lists and then distributing further pledge cards through recipients. They are building up a formidable list of names.

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OFFICE SYSTEM

Behind the Hatch bill tussle is the unmentioned but ominous issue of Mr. Roosevelt lining up the federal office holders for the next democratic convention.

The well fanged original bill would seriously interfere with White House friends working in Mr. Roosevelt's behalf, and it is doubtful that enough votes can be mustered in the house to pass it. Senator Hatch's friends there think they can get enough democratic votes, but they will surprise the leaders if they do.

Odds seem to favor the house judiciary committee bill, which only has store teeth. (It would effectively prevent collection of campaign funds from reliefers in the Pennsylvania manner, but would not injure the present political system based on federal office holding.)

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BLOW

Mr. Roosevelt felt hurt at the reception given the McNutt appointment by southpaws in his official family, if congressmen with inside lines have heard aright. Nor was he any better pleased with the press reaction fathoming political ramifications of it. This apparently explains his subsequent tendency to attack the press.

GRASSHOPPER CONTROL

C. A. Henderson, Klamath county agricultural agent, left Tuesday morning for the Klamath marsh where he planned to spend the day looking over the last of the grasshopper control operations for the season. The county agent's office has directed the grasshopper control activities in this area.

SIDE GLANCES

"It's daddy—he wants to know if the hens have cleared out so he can come home for supper."

Ozark Sheriff Halts Flight Of Kidnap-Killer with Trick

OZARK, Ark., July 19 (UP)—A hill country sheriff went "fishing" Tuesday for a suspected kidnap-killer who had eluded G-men and crime experts of six states for for a week. And before Jack Russel knew how it was done, he was looking at a revolver instead of a fly rod.

"I'm not going to move, I know you've got me," Russell quietly said to Sheriff Champ Crawford.

He admitted three kidnapings but denied that of Bill Hamilton, 23, a flour salesman for whose kidnaping and murder he was charged today under the Lindberg law in Chicago.

Russell, in doubling back toward Oklahoma where he was reared and sent to prison, yesterday stole a Kansas City police radio car and last night arrived at a tourist camp 18 miles north of Ozark. Constable Richard Hill recognized Russell from radiocasts, and noted the broken-off antenna on the police cruiser. He notified Crawford.

"I could have rushed Russell with a squad of deputies and shot it out with him," Crawford said, "or I could take him myself and probably save somebody from getting hurt. I did not want to kill Russell.

"So I decided to act like a fisherman and come up on Russell at the tourist camp by working along Mulberry creek. It passes right back of the cabins.

"Hill and I went out there about 11 o'clock this morning, dressed in overalls and carrying pistols under them. I got out my fly rod and hill acted as my boatman, and we worked along. Pretty soon I got out on the bank beside Russell's cabin. I could see him stirring around inside.

"I knew he was figuring on keeping ahead of the law and that if I said something about his car he would be interested. So I called out, "Mister, your gas tank is leaking."

"He bit on that and came out. I was ahead of Hill and we both drew our guns and that was all there was to it."

At Fort Smith, Ark., U. S. Marshal John C. Riley said he would confer with Federal Agent W. F. Whitely at Ozark before deciding on surrendering Russell to other officers.

Two Fast Calls Deplete Trucks At Fire Station

Equipment at the Klamath Falls fire department was almost completely depleted when two calls in quick succession, one presenting possibilities of a serious fire in the Willard hotel, brought two pump trucks, a ladder truck and an emergency pickup out on the streets late Tuesday afternoon.

At 4:10 the department received a call to a grass fire near the Fall Iron Works, to which engine No. 4 was dispatched. Two minutes later a call was received from the Willard hotel, bringing engine No. 3 and the ladder truck into action. Engine No. 4, meanwhile was brought back into service at the station and replaced at the grass fire by the pickup when the grass blaze was found to be of small consequence.

Townspeople rushed to the scene of the Willard hotel blaze, where it was found that an air conditioning unit was damaged by a fire believed to have originated from a match or cigaret discarded in a pasteboard carton.

A wooden frame supporting the air conditioner was destroyed, as was a cable running to the hotel switchboard. The blaze was in the rear of the building, near the room occupied by the radio station.

The hotel management quickly emptied the building, fearing that the fire might spread out of control.

For guest, for friend, for you, a treat! Wieland's Extra Pale

Daughter Follows Noted Actress in Death By Suicide

HOLLYWOOD, July 19 (UP)—Dawn Hope Noel, 19, whose mother, Adele Blood, noted actress, committed suicide three years ago, today was reported by police to have ended her life in exactly the same manner as her mother did, by shooting herself through the head.

Police said the girl, bride of Herbert James Noel, orchestra leader, sent a .22 caliber bullet into her temple while her husband argued over the telephone with someone about what had occurred at a nudist colony party the Noels attended over the weekend.

"I was 'bawling out' a person for actions that took place at a nudist colony party at Roscoe," Noel informed police, "when Dawn remonstrated with me for talking that way.

"When I refused to stop, she ran into the bedroom and I heard a shot."

Noel said his wife was dead when he dashed into the bedroom.

It was three years ago that her mother, who won fame as "the most beautiful blonde on the American stage," shot herself to death in Harrison, N. Y.

POE VALLEY

Mr. and Mrs. Billy Nichols and sons were visitors at the Louon ranch Sunday from Summers lane.

Al Mark and Mr. and Mrs. Howard Mark were visitors in the valley from Algoma Sunday.

Mr. and Mrs. Donald Roberts of Klamath Falls were callers at the Eddie Roberts home on Sunday.

Mrs. Oscar Olson is visiting with Emma Ross for a few days.

Mrs. George Barret called on Mrs. Joe Nork Friday.

Mr. and Mrs. Irwin Ross and children were callers at the Losson ranch Sunday.

Ross Wells is helping to put up hay at the Bill Breighthaupt place.

Iris Roberts, daughter of the late Ira Roberts, is visiting at the Eddie Roberts home.

Pauline Roberts was a Klamath Falls shopper from the valley Saturday.

H. E. Hamaker of Klamath Falls was in the valley Friday to classify some land.

Mrs. John Hope was visiting at the Holzhouser ranch for the last several days.

Mr. and Mrs. Bob Edwards are moving to Talent where Bob is working. They expect to move back to the valley next fall.

Mrs. Joe Nork, John Nork, Vina Nork and Bob Youin and Marie Edwards motored to Langell Valley Friday to visit at the Ben Nork ranch.

Web Van Meter was a caller in Bonanza on Sunday.

Mr. and Mrs. Monte Hayes and children were callers in the valley Sunday from Pine Grove.

Irwin Ross is binding his hay this week.

Mr. and Mrs. Johnny Edwards and children were visitors in the valley from Sand Hollow Sunday evening.

Mrs. Jane Moore and children Culene and Russell moved to Medford Sunday.

Will Meadram and Clarence Webber are helping Carl Webber put up hay this week.

Mr. and Mrs. Joe Nork were visitors at the Losson Ross home Sunday.

Losson Ross left for San Jose, Calif., Friday to be with his father who is seriously ill.

BEATTY

Miss Kathleen McCrae visited her sister, Mrs. John Heyden over the weekend. Miss McCrae is doing home demonstration work in Medford during the month of July.

Miss Maryetta Hutchinson returned to her home last week from the Klamath Valley hospital where she had been a patient as a result of an automobile accident. Harmon Anderson, injured in the same wreck, was brought to his home on Monday.

Mrs. Lea Stone and daughters Jo Ann and Janet from Pullman, Wash., visited with Mrs. Jack Harrison the last two weeks. Mrs. Harrison and children and houseguests drove to the Bar Y ranch near Sand creek on Sunday. Mrs. Stone and children remained there with her mother, Mrs. Homer Smith.

The Beatty store received a new coat of paint last week and now looks all dressed up" in its white and blue and red trim.

Mrs. John Heyden and baby daughter Joanne made a trip to Klamath Falls on Monday of last week.

Clyde Brambiet returned last week from a two weeks' visit in Bozeman, Mont.

Mrs. Elsie Riddle and family have moved to their ranch for the summer months. Mr. and Mrs. Usie George are making their home with them there.

Mrs. Charles Risley and baby daughter Delores returned to their home from the Klamath Valley hospital last week.

John Simmons visited friends in Portland last week. This week he is attending the convention of Spanish War veterans in Newport, Ore.

June Harrison and brother J. C. and Shirley Heidenrich have enrolled in the dancing classes held by Mr. and Mrs. McCown of Klamath Falls on each Monday afternoon.

Mr. and Mrs. O. T. Anderson and Miss Anna Andersen made a trip to Klamath Agency and Klamath Falls on Monday.

Mrs. Pearl Boye underwent a minor operation at the Hillside hospital on Monday. Mrs. F. J. Schmitz and grandchildren Opal Palmer and Dora Boye went into town to be with her.

Little Dickie Rhoades is visiting his aunt Mrs. John Simmons. He had the misfortune last week of running his arm through the wringer of their washing machine at their home in Klamath Falls.

Hold Everything!

"Now think hard, Junior, where did you bury Daddy? . . . He's got my purse."

The Astrologer

William Dawson, resident of the Willard hotel, a teacher of astrology, is answering questions from The News and Herald subscribers concerning children born in 1922, 1923, 1924 and 1925. Questions should be addressed to Mr. Dawson at the hotel, where he also can be reached by those interested in further information. No real names will be used in the published answers, and for that reason those asking questions should give an identification name.

ANSWERS

BETTY, Born March 3, 1923 at 1 p. m. in Bellville, Texas. Your daughter is governed by impulse rather than reason. Her emotions create the urges that incline her toward any kind of activity. A vascillating and unsettled condition of mind tends to detract her from any particular organized purpose. Your attention should be directed toward her free-will and you should impress her with the fact that it is the manner in which she uses her free-will; her future is dependable and while scattered emotional day-dreams may create a fanciful ecstasy, they do not give the happiness that is created by one actual worthwhile achievement. If she possesses a singing voice, she should develop it. And if her emotions do not warp her sense of reasoning, she will go to college.

WILMA, Born February 17, 1923, at 9:15 a. m. in South Bend, Indiana. Your daughter tends toward a love of adventure and she possesses intense feelings with regard to heroism. She is an enterprising and philosophical person, but you should guard her against hostility, opposition and criticism and against hot headed and rash actions. She will be interested in educational and political affairs or popular movements for the benefit of the many and she may follow some more or less intellectual pursuits. As a speaker, writer or composer, she would succeed. She is fluent, copious, imaginative and diffuse. Her danger zone is the opposite sex and she may manifest or suffer from jealousy, or she may launch out too freely in enterprise. But, regardless, only through her own experiences will she learn. Consequently, you must stand by to help her, if she should fail.

Ten Years Ago in Klamath

JOYFUL Elks this afternoon gathered at the fairgrounds where they consumed quantities of barbecued elk meat, laughed and applauded at freak races, watched a Medford-Klamath Elks baseball game and cheered horse races.

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Erection of the brick school house at Fort Klamath to take the place of the former frame structure is well under way and will be ready for opening next fall.

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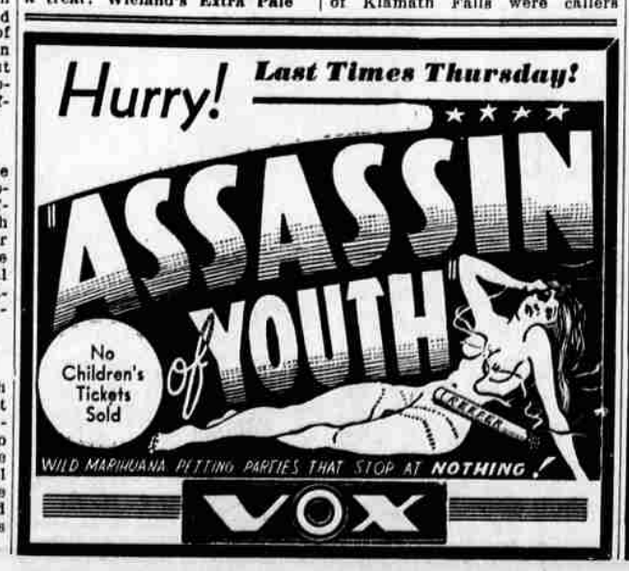
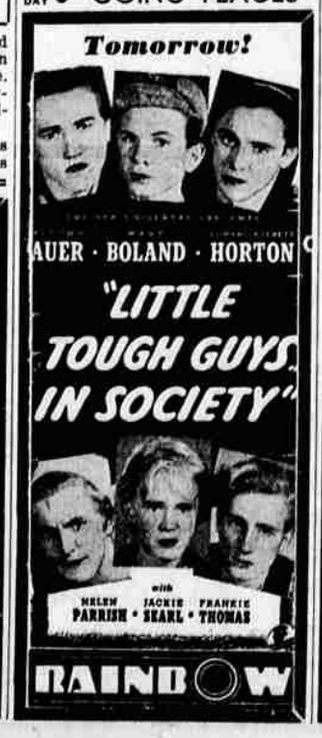
Exhausted after 46 hours and 15 minutes of continuous swimming, Mrs. Lee Fourier left the Klamath natatorium tank this morning, leaving unbroken her own world's record of 57 hours and 13 minutes. The record was set at sea level and it was thought the altitude here prevented her breaking the mark.

F. R. Says Head Of WPA Cannot Readjust Wages

WASHINGTON, July 19 (UP) President Roosevelt said today that he does not believe Work Projects Administrator F. C. Harrington has discretionary authority to substitute prevailing wage scales for so-called security wages, a move demanded by about 50,000 striking WPA workers.

He said at his bi-weekly press conference that he has received no judicial interpretation of the point but he thinks as a layman that the $1,750,000,000 WPA act establishing security wages makes it perfectly clear that the WPA administrator has no power to alter the controversial wage provision.