

Exceptionally Good Recipes in This Week's Round-up

By HENRIETTE QUILLING

K. U. S. Domestic Science Dept. We no longer consider frozen desserts suitable only for summer. With the extensive use of electric refrigerators, the task of making ice cream is an easy one. Therefore an all-year use of frozen desserts is becoming very popular.

Our list of prize recipes this week are exceptionally good. Read them through and then try them. Your family will appreciate a new treat.

\$1 awards:
V. Brown, 1335 Pacific Terrace
Frozen Strawberry Shortcake
1 pint fresh strawberries
1 cup powdered sugar
2 tablespoons gelatin
4 tablespoons cold water
Sponge cake
Wash and crush berries, add

sugar. Soak gelatin in cold water. Melt over hot water then stir thoroughly into strawberry mixture.

Place a layer of sponge cake in bottom of refrigerator tray. When strawberry mixture has thickened, but not completely set, spread it over cake. Then add a layer of plain meringue or a layer of stiffly-beaten and sweetened whip cream. Freeze 2 hours. Cut in squares and garnish with whole strawberries. Will serve 10.

Mrs. H. M. Brown, 435 Jefferson
Orange Mousse with Honey
2 oranges
1 cup strained honey
1 teaspoon powdered gelatin
2 cups whipping cream
Peel and cut up the oranges, removing the white inner skin.

Heat the honey over boiling water. Soak the powdered gelatin in a tablespoonful of cold water. Add the orange and the gelatin to the honey, and stir for 5 minutes; then remove it from the fire, and when cold, add the cream, whipped stiff. Pack in crushed ice and coarse salt (equal quantities) and let stand 3 or 4 hours. Pineapple or other fruit may be used instead of orange.

25 cent awards:
Mrs. McWhitney, 722 N. 10th St.
Peanut Butter Ice Cream
"Something new and different in ice cream"

20 marshmallows
1 cup orange juice
2 tablespoons peanut butter
1 tablespoon orange juice
1 tablespoon water
1 cup whipping cream or 1 cup evaporated milk
2 tablespoons lemon juice
Heat orange juice in double boiler, add marshmallows stirring occasionally until dissolved. Cool. Place peanut butter in

bowl and beat with a rotary beater, gradually adding the one tablespoon of orange juice, and the water. When mixture becomes fluffy, combine well with marshmallow and orange mixture. Fold in stiffly beaten cream or whipped evaporated milk. If whipping cream is used, omit lemon juice. Pour into refrigerator trays and freeze 2 or 3 hours. Serve 6. Note: To whip evaporated milk, chill thoroughly and beat over bowl of ice water until stiff—then add two tablespoons lemon juice and beat again until well mixed.

Mrs. Slattery, 301 South Sixth St.
Grape Simplicity
2 tablespoons granulated gelatin

1 cup sugar
1 cup grape juice
Juice one lemon
Juice one orange
Whites 3 eggs
Dissolve gelatin in cold water to cover. Add sugar to lemon, orange, and grape juice. Add whites. Place in freezing unit until it begins to congeal. Gradually add the beaten whites of eggs and beat until very light and stiff. Serve with soft custard or whipped cream as desired.

Mrs. Jack Evans, 523 Market St.
Lemon Sherbet
Juice of 4 large or 5 medium lemons
1 1/2 cups sugar
1 quart whole milk
1 pint whipping cream

Mix sugar and lemon juice, stirring until sugar is well dissolved.

Pour milk into sugar and lemon mixture, stirring well. Pour into a two-quart freezer and when about half frozen open and stir in cream which has been previously whipped. Close and finish freezing. It is better if packed and let stand at least an hour before using.

This is very delicious at any time but especially nice served with a dinner.

Mrs. C. S. Robertson, Marion Apt.
Biscuit Tortoni
1 cup of milk
2 egg yolks
2 cup of sugar

3 egg whites
1 1/2 cups whipping cream
1 1/2 teaspoon salt
1 cup macaroons
2 teaspoons vanilla
Make custard of eggs, milk and sugar, cool; in making the custard, beat sugar and milk, add well beaten egg yolks gradually, pour in top of boiler, and cook for 5 minutes, stirring constantly. Remove from fire, pour into mixing bowl, and when partly cooled, fold in stiffly beaten egg whites, to which salt has been added, add ground macaroons with sherry wine or flavor desired. Fold in whipped cream and pour into tray or individual cups. Serve with or without whipped cream. Freeze in refrigerator.

Mrs. N. Ward, Route 2, Box 111
Ice-box Fruit Cake
2 dozen Lady Fingers
1 cup dates

"SHREDDED WHEAT IS THE YEAR 'ROUND FAVORITE... SELLING FASTER THAN EVER"

Made from Western Wheat in the Oakland, California, Shredded Wheat Bakery

1 cup candied pineapple
1 tablespoon gelatin in 1 cup cold water
1 pint whipping cream
1 cup preserved figs
1 cup candied cherries
1 cup cream
Soak gelatin in water, dissolve in cream, and pour over whipped cream in a fine thread. Put in fruit and turn into bread pan lined with split lady fingers. Place in refrigerator and chill thoroughly.

Alice Templar
Tutti-Frutti Cream
1 cup milk
2 tablespoons cornstarch
1 cup granulated sugar
2 eggs

1-16 teaspoon salt
1 cup ground nuts
1 cup cooked raisins
1-3 cup maraschino cherries
1 1/2 cups coffee cream
2 tablespoons sherry wine flavoring
Mix sugar and cornstarch and add the scalded milk slowly, stirring constantly. Cook for 25 minutes in double boiler. If time will permit, an hour or more will improve the flavor of the custard. When this has cooled to a thick consistency, add well-beaten egg yolks. Cook again for approximately five minutes, stirring constantly. Remove from fire and cool. Place in refrigerator until other ingredients are prepared.

The raisins may be ground or chopped. Grind the nuts. Chop the cherries. Mix the fruit, cherries, and raisins in the custard and add the sherry wine flavor, allowing the mixture to stand for a few minutes. Then add the cream and place in refrigerator (freezing tray). When frozen, fold in stiffly beaten egg whites and ground nuts and allow to finish freezing without further agitating.

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