

MANY ATTEND FINAL DAY OF COOKING EVENT

Cooking School Prizes
Largest cash prize—Mrs. G. H. Weatherby.
Shrimp (Master Brown)—Mrs. Charles H. Ziegler.
Pewee Bon Bon dish (Barnett Bros.)—Mrs. W. L. Scott.
Fish (Quality Delicatessen)—Charlotte Trumble.
Music (Majestic Music and Refrigeration Co.)—Mrs. E. M. Kennedy.
Music (Majestic Music and Refrigeration Co.)—Mrs. J. B. Reed.
Hat (Mode Shop)—Mrs. J. B. Reed.
Waffle Iron (California Oregon Power Co.)—Mrs. Fred H. Coffey.
Electric range, Hostess Hat Point model (Cepco)—Mrs. J. Lawson.
Cream Whipper (Lost River Dairy)—Mrs. Jerome Johnson.
Order for week's supply of milk (Lost River)—Mrs. L. H. Davis.

Do's and don'ts for bridge lunch, informal or formal dinner hostesses, were given by Mrs. Ethel M. Hall, San Francisco Call-Bulletin home economist, at the final session of The Evening Herald and The Klamath News free cooking school and home economics exposition yesterday afternoon. By far the largest crowd attended the final class.

Wednesday's class was on bridge entertainments, table setups, proper dishes and silverware, and other hints for the hostess. Mrs. Hall left immediately after the class for Medford where she will conduct a similar three-day home economics exposition. From there she will go to Roseburg.

Outlines Etiquette

Following are some of Mrs. Hall's suggestions:
It is very bad taste for the dinner hostess to remind her guests that an affair is to be formal. Guests should always know what to wear to dinner and should never appear in anything but formal clothes.

When a hostess serves bouillon in regular bouillon cups, it should be drunk. If the containers have no handles, spoons should be used. In drinking bouillon, grasp the cup firmly with both hands.

Corn on the cob should be eaten when you are alone. If a guest folds the napkin and places it on the table at the completion of the meal, it implies that he will be there for the next meal.

The name luncheon, referring

to lunch, is entirely erroneous. Candlesticks have no place on the lunch table.
The centerpiece for lunch table should be just six inches high, and for dinner not more than eight.

Half rolls are eaten without butter at dinner. Never serve bread and butter at dinner.
Mrs. Hall demonstrated the preparation of a delicious apricot mousses, and each one in the audience was given a sample. She also made illustrated the preparation of stuffed pork chops for which she advocated a stuffing of bread crumbs and onions, parsley, or carrots and parsley together.

Following are several unusual menus suggested for bridge club entertainments.

Dresden Menu

Dresden patties with creamed ham.
Fresh artichokes (cooked with two tablespoons of oil and one of lemon), served hot with butter or mayonnaise.

Apple muffins.

Coffee.
Macaroni mousses.
Fruit salad.

Buttered string beans.
Hot biscuits.

Breakfast Without Star

Pineapple slices served with orange juice.

Prunes with chopped bacon.
Black coffee.

In the series of "Food Chats" which Mrs. Hall is running in the Evening Herald and The Klamath News, she will give recipes for many delicious foods, including marmalade and strawberry waffles, Japanese fruit cake, and others. Her articles will also include talks on color combinations, home furnishings, hygiene and other home problems.

This recipe for angle food cake was given yesterday:

Ingredients
1 cup egg whites.
1 level teaspoon salt.
1 level teaspoon cream of tartar.
1 and one-half cups sugar.
1 cup flour.
1 teaspoon vanilla.
1/2 teaspoon almond flavoring.

Preparation
Put egg whites in deep, wide bowl, add salt. Beat with wire whip. When eggs are partly stiff add cream of tartar, and beat until dry and stiff. Mix sugar, which has been sifted three times, to flour, sifted four times. Sift once together. Fold this mixture into egg whites, folding in from sides to middle of bowl. Use wooden spoon with slits. Add flavoring to side of bowl, stir in lightly. Let preparation stand five minutes before put into tin. Pour batter in from sides to middle.

The cake should be placed in a cold oven, which is heated gradually to 275 degrees, baked for 40 minutes and then heat advanced to 325 degrees.

For angle food icing Mrs. Hall suggested five tablespoons of Snowdrift, creamed together with one-half cup of powdered sugar. Add small amount of salt and vanilla.

At the conclusion of the session grand prizes were awarded.

FOOD CHATS

by
ETHEL M. HALL

PLANNING MEALS

There are three essentials in planning every meal—it must balance, or furnish the approximate amount of foods to replenish and carry off the body waste caused by the business of living. Must be interesting to look at, interesting to eat—to keep the nerves controlling digestion in good order. Also be nutritious and reasonable in price.

Planning each meal may be likened to the painting of a picture—first, the object of interest is the meal—the main dish. Surrounded by the high-lights—

which makes the picture real, such as the vegetables accompanying meat, then the vivid flavor as chow chow or current jelly.

The good old-fashioned hospitality—few of us really know what it means today. The joy of the unexpected guest—of the man-of-the-house when he can bring his business acquaintance to dinner at home instead of the club. Where is it? And why is it slipping away? Really, it is because of poorly equipped homes.

The products that should be on the emergency shelves have been overlooked; we do not take inventory often enough and find out what food-stuffs we need and what kitchen equipment we should have to make our work easier.

Cheese
At this time of the year, cheese comes into its own as a meat substitute, being used as the main course of the dinner.

The brick cheese (American) is excellent for all cooking recipes unless some other type is specified. It is on all types the most widely known, and the most

largely eaten of any cheese known to Americans.

Soft cheeses are more easily spread on bread and crackers. The following recipes may be of interest:

Cheese Souffle

For six portions melt in a small saucepan 4 1/2 tablespoons of butter and beat into it with a wire egg beater five tablespoons of sifted flour, mixed with a few grains of cayenne pepper; beat until smooth and beat in gradually a scant cup of scalded milk and one-quarter of teaspoon of salt; beat and cook until thick and smooth. Place over hot water, add half a cup of grated Edam cheese and half a cup of grated Parmesan cheese, beat and cook for one minute. Remove from the fire and beat in the lightly beaten yolks of five eggs and beat until cool. Half an hour before serving beat the mixture well, carefully fold in the stiffly beaten whites of five eggs, pour into a buttered souffle dish and bake in a moderate oven thirty minutes. Serve as soon as removed from the oven.

Cheese Balls

Half pound cheese, 2 cups soft bread crumbs, 2 eggs, 1 teaspoon Worcestershire sauce, 1/2 teaspoon salt, few grains cayenne, 1 egg, 2 tablespoons water, 1/2 cup dry bread crumbs.

Mix cheese, crumbs, three beaten eggs, Worcestershire sauce, salt and cayenne. Form into balls. Dip in slightly beaten egg diluted with water, roll in crumbs and fry until a delicate brown. Drain on unglazed paper. Serve hot with tomato sauce.

Cigarette Fires

Costly to Oregon

SALEM, Ore., Oct. 21.—Care with cigarettes and matches is the thing if one would cut down Oregon's annual \$7,000,000 loss from preventable fires. A. H. Averill state fire marshal commented.

Other causes of the state fire-tax, larger than the outlay required for government purposes, including overheated or defective chimneys, flues and so on.

LARGEST ISLANDS

Greenland is regarded as the largest island, although some geographers regard it as an island-continent. It has an area of 827,000 square miles. New Guinea, with an area of 230,000 square miles, ranks second, and Borneo, with 230,000 square miles, is third.

HUNTERS ANGER COUNTY FARMERS

Alleged abuse of hunting privileges by Klamath county sportsmen has caused a wave of indignation among farmers who feel that they are being imposed upon. It was learned Thursday.

"If hunters would be more considerate," one farmer said, "there wouldn't be so many 'No Hunting' signs."

Few farmers object to hunters coming on to their land, unless there are wild cattle in the fields. If the sportsmen will ask permission.

During the past week, one prominent farmer who had recently brought in 150 wild steers from the range for fattening suffered an appreciable loss from thoughtless hunters. Five large feeding racks which the farmer had only just completed, were destroyed when the wild steers stampeded at a volley of shots fired at a covey of birds. Other stock has been reported to have been wounded by hunters.

Another farmer suffered painful injuries when he came in range of an unseen hunter's gun, and took a charge of small shot in his face.

In other localities, according to authorities, plans have been worked out for the benefit of both sportsmen and farmer. Farmers who do not object to hunting in their fields, post their names with sportsmen's associations. Script books are then issued to hunters telling upon what ranches they may hunt, and the farmer is recompensed a small amount for the birds that are shot. This method has encouraged farmers to plant game birds upon their ranches, and has also proved practical for hunters.

Car Leaves Road; Driver Uninjured

The car driven by G. R. Rusk, companion of Ernest E. Rausser,

at the time he was killed in an auto accident last Sunday, was badly smashed when it skidded in loose gravel and left the road near Beatty. Rusk was uninjured.

Free Samples At Druggists Of Two New Vick Products

Every User of Vicks VapoRub Entitled to a Free Trial of Its New Allies—Vicks Nose & Throat Drops and Vicks Medicated Cough Drops.

INTRODUCES NEW IDEA

Discovery Makes Possible New Vick Plan of Better Home-Control of Colds.

TO REDUCE 'COLD-TAX'

Following years of research on the problem of colds and their increasing cost, Vick Chemists announce a new discovery—Vicks Nose & Throat Drops. Based on a new idea in preventing colds, it is a perfect ally to Vicks VapoRub, the modern and better method of treating colds. Together, they make possible the new Vick Plan of better control of colds in the home—and further reduction of the family "Cold-Tax" of time, money and discomfort.

Here is the Plan:

1.—Before a Cold Starts

On exposure to colds or any of the causes that ordinarily lead to colds—(crowded indoor places—stuffy, poorly ventilated rooms—sudden temperature changes—wet and cold)—that slow down the normal functioning of the nose, Nature's marvelous "first line of defense against colds"—use Vicks Drops promptly. Or, if a cold actually threatens—when you feel that first stuffy, sneezy irritation of the nasal passages,

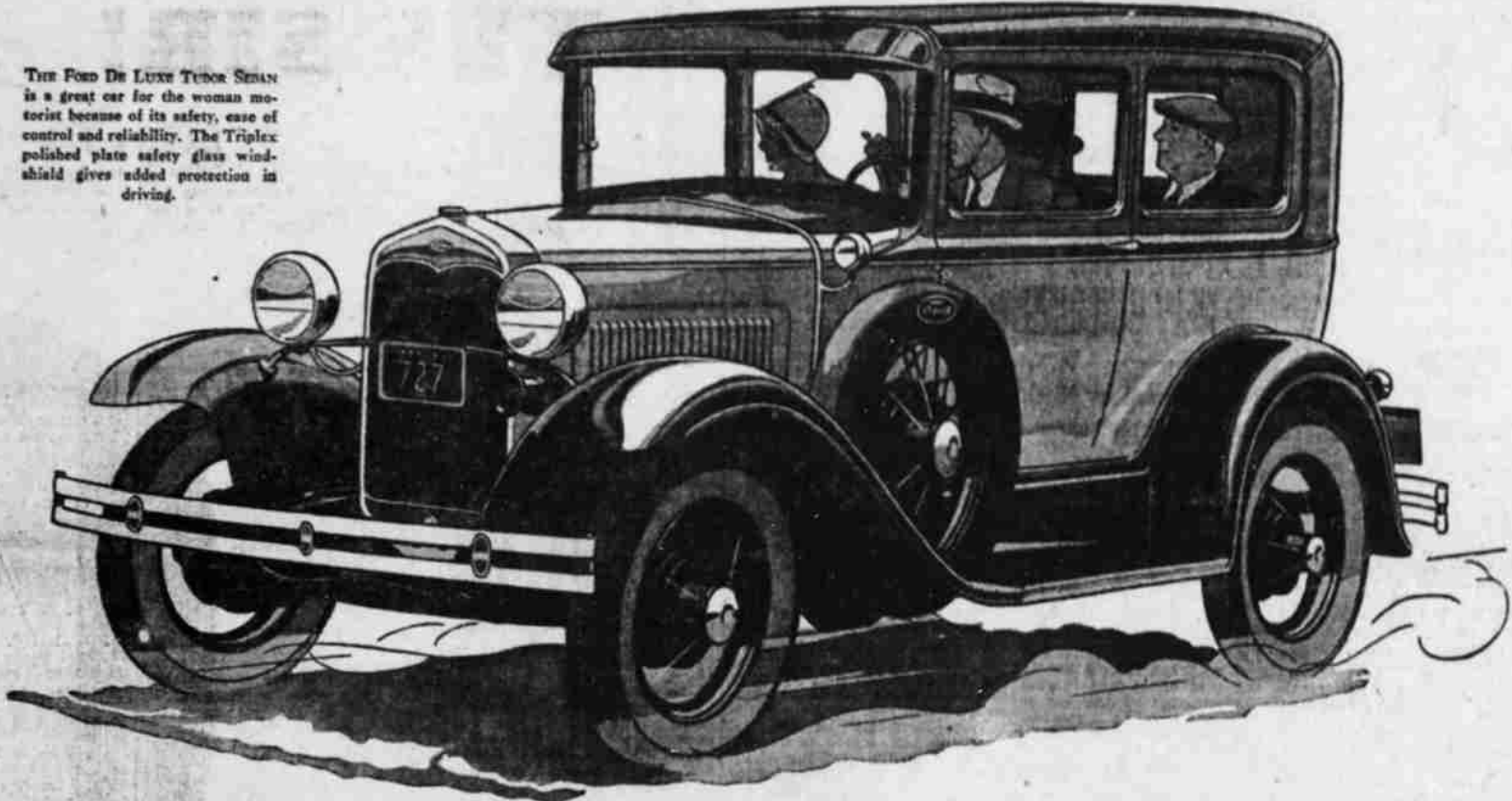
a few drops up each nostril, and many annoying colds will be avoided.

2.—When a Cold Strikes

Use the convenient Vicks Drops during the day—anytime, any place—as often as needed for comfort and relief. At bedtime, rub Vicks VapoRub well over throat and chest and cover with warm flannel. Leave bed-clothing loose around the neck so the medicated vapors can be inhaled all night long. This Vick Plan gives you a full 24-hour treatment. If there is a cough, you will like another new Vick product—Vicks Cough Drops—actually medicated with ingredients of Vicks VapoRub.

Trial Packages Free

In order that every user of Vicks VapoRub may try the two new Vick products now being introduced, a supply of free trial packages of each has been sent to every druggist in the United States. Go to your druggist today and ask for yours. If, by any chance, his supply is exhausted, send us the top of a Vicks VapoRub carton—or coupon from the VapoRub directions folder—and we will mail free samples direct to you, together with a folder on the new Vick Plan for Control of Colds in the home. Address: Vick Chemical Co., 1901 Milton St., Greensboro, N. C.—Adv.



A specially appointed Ford Sedan, combining

Outstanding beauty and performance

THE Ford De Luxe Tudor Sedan is a striking example of the way beauty and performance can be combined at a low price. Inside and out it is finished in the de luxe manner.

There's a variety of colors to choose from, with the sturdy steel-spoke wheels in a separate, harmonizing color. Upholstery is brown mohair, soft and luxurious, yet long wearing. Side arm rests, toggle grips and dome light are

provided in the rear compartment. All mouldings are mahogany finished. Most exterior metal parts are made of Rustless Steel—ever bright and shining. When you sit in the roomy, deeply cushioned seats you'll know that this car is built for real comfort.

See the Ford De Luxe Tudor Sedan in the showrooms of the nearest dealer and arrange for a demonstration—for a trip of fifty miles if you wish.

Take it through heavy traffic—up steep hills. Test its speed on the open stretches. Pick out some rough roads and note how those four Houdaille double-acting shock absorbers smooth out the bumps.

You'll be very sure then that it's a truly great car at an unusually low price. The longer you own it, the more you'll like it. For it will save you many dollars in cost of operation and up-keep.

\$525

(F.O.B. Detroit, plus freight and delivery. Bumpers and spare tire extra at low cost. You can purchase a Ford for a small down payment and on convenient terms through the nearest Ford dealer.)



GRAY HAired MEN FOOLISH TO BE GRAY AND LOOK OLD

New Tonic Stops Hair Falling Out
and Banishes Every Gray
Hair in Your
Head

USE AT HOME LITTLE
WHILE NO TROUBLE



"My hair had been falling out for years until it was mighty thin in spots and had turned gray, too, so I bought one thing and then another but nothing helped me until I saw Lea's Hair Tonic advertised. It is wonderful stuff," declared Albert Janz, who, like many others here, is no longer gray or bothered with dandruff or falling hair.
"I didn't have faith in Lea's but gave it a trial anyhow and am glad to say it works like magic. Results were astonishing and so perfect I recommend Lea's Hair Tonic to everybody and think gray haired men are foolish not to use it. It makes a man look years younger and better groomed," continued Mr. Janz, 2910 South J Street, Tacoma, Wash.
Thousands of men massage a drop or two of Lea's into their scalp with finger tips and are delighted beyond words at the youth-

ful, improved appearance it brings to the hair. It doesn't strain or give a dyed appearance. It is a clear clean smelling liquid even the most fastidious people use with delight. One can defy their barber to detect the use of Lea's and gradually day by day the hair goes back to its youthful color. Then an occasional massaging keeps the head and scalp in vigorous healthy condition entirely free of gray or dandruff.

If the reader desires to try Lea's let them obtain a bottle at nearest drug store on positive guarantee of satisfaction or money back, or send dollar bill, check or stamps to Lea Hair Tonic Co., Brentwood, Md., a regular size bottle will be mailed to you.

Used Car Bargains

1930 Hudson Coupe 6 Wire Wheels and Rumble Seat. \$800	1929 Hudson Coach \$625
1928 LaSalle Coupe \$750	1929 Essex Coach \$350
1928 Hudson Sedan \$400	1927 Essex Coach \$150

Acme Motor Co.

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