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Coordinate Relief Efforts

Place Name Origins Intrigue

A Tonic for Our Complex

A Reasonable Program

THESE newspapers have said before, and repeat now, that the effective relief program in Klamath Falls must be a coordinated program. It must be carried out with each active agency understanding definitely what the others are doing, and with some central organization acting as a clearing house for such information and the prevention of duplicated effort. It is a simple matter of cooperation and control.

This does not mean that the separate agencies cannot carry on separate relief programs and bring aid to those they wish to aid. It means, rather, that such activities will be encouraged and facilitated, and will be prosecuted with the assurance they are doing the most good.

It must be recognized that churches, lodges and other organizations have certain work they choose to do along this line, and that such is their right. But at the same time, it is reasonable to ask these agencies to keep the governor's committee, which is the central relief organization, informed of the work they are doing and the parties they have benefited, in order that the relief may be spread out as far as possible and as fairly as possible among the deserving.

Our feeling is that the people of Klamath Falls who are big enough and public-spirited enough to take an interest in such work as aiding their fellows in time of distress can be counted on to enter into a sane, cooperative and coordinated relief program.

Bits of This and That

A CURRENT suggestion is that children likely to cross or play in the street be dressed in bright colors, such as red, that passing motorists may see them more easily and avoid accident. Not a bad idea, unless it turns out that a patch of red has the same effect on motorists it has on hunters.

Incidentally, the Coos Bay Times is out with a prize proposal that those who would escape the bullets of quick-trigger hunters dress as nearly as possible to resemble a five-point buck, rather than in the traditional red hat and brown coat. Our idea of the safest thing for the deer-hunter to do is to dress himself in a blue serge suit and spend the day at the office.

Oh, well, nobody will be taken for a quail or pheasant, anyhow.

Seventy-three days until Christmas.

Oregon Defies The South

OREGON'S challenge to the football supremacy of the south holds the limelight of Pacific coast gridiron interest next Saturday. On that day, at Palo Alto, the orange and black of Oregon State college will be pitted against the cardinal of Stanford, while on down at Los Angeles the green warriors of the University of Oregon will seek to tear down the proud banner of mighty Troy.

The succession of gridiron defeats suffered in recent years by the Oregon schools at the hands of the big California institutions gives cause for little current hope for their chances in Saturday's games. The Oregon and Oregon State supporters have gotten so they rather expect defeat, and that is bad.

It is not over-rating the importance of football to say that it would be a good thing for the Oregon complex, in general, if either or both Oregon teams were to overturn tradition Saturday and achieve victory. Even the Stanford and U. S. C. fans among us probably would feel none too badly about such an eventuality. We lean too easily toward the idea that our big, important and ambitious neighbor to the south can do just about everything better than we can.

And, what is more, victories Saturday are not impossible. Both teams have fighting chances, and, sometimes, when the spirit is there a fighting chance is all that is needed.

About a New Feature

ABOUT the origins of place names there is something intensely interesting. They have led some men to devote a good part of their lives in delving into local history, determining just how names were originally applied to geographical features.

Such a study of Oregon was made by Lewis A. McArthur, and finally combined into a book, "Oregon Geographical Names," which has been widely praised and accepted as authentic source-book for Oregon history and geography.

Between the covers of this book are many items of interest to people of the Klamath Basin. Descriptions of geographical locations in this county, and their name origins, are given. The Herald and News will select and present one of these each day as a feature of this editorial page. The series begins with the story of Keno. We recommend this new feature for approval.

in the butler's pantry munching marmos place stuffed with olives with blithe impartiality. Bessie slipped quickly down off the high stool she was perched on and confronted Mary silently.

Mary's white face and burning eyes, and the quiet, precise manner of her question puzzled her. Scouting reproof, she took quick retreat, after the manner of her kind.

"And how would I know who came in?" she retorted, perily. "I suppose I've had nothing to do but listen for the doorbell, with all this racket going on?"

Bessie's question was cut out for the life of the party, and her sulking was not unnatural. Relief surged up in Mary's heart.

"Then you didn't let anybody in?"

"They let themselves in, if they came," the maid snapped. "I'd no time to be bounding in and out of there. I just went and unlocked the side door when you told me, Mrs. and left it open. If they came, they got in all right."

Mary drew a long breath.

"Thank you, Bessie."

It was not Bessie's fault; it was her own, if it was anybody's. Anybody might have come in and gone out. Could it be possible—? A half-crazed boy, and the sight of all those jewels—, if he were desperately in need of money—, but he would have waited. She had never failed to get him out of any of his scrapes before.

(To Be Continued)

Klamath Names

KEENO (From "Oregon Geographic Names" by Lewis A. McArthur.)

There are several stories about the name of this place. Captain O. C. Applegate says that the name first suggested was Klamath River, but postal authorities objected because of the similarity to Klamath Falls. Captain Applegate then suggested the name Keno, and this name for the office was adopted, but later the office was moved away to Juniper Ridge, along with the name.

The incensed local patrons and they secured a new office and named it Keno for Captain J. D. Ferree's dog. Nellie Doten, postmaster at Keno in 1926, informed the writer that her father surveyed and platted the name Keno, and named it Doten. The name was objected to for a postoffice because of the similarity to Dayton.

According to her version, the name Keno was then adopted for the office on account of Captain Ferree's bird-dog. The platted name of the place is still said to be Doten. Keno, the dog, was named after the popular card game of earlier days.

Fashion Tips

Oily skin is caused by too relaxed or too active pores. If your face is spotted, your skin is too oily and you should start immediately to give it proper care.

Before you go to bed, wash your face thoroughly with plenty of soap and water. Now soak cotton pads in a cleanser which contains no oil and cleanses your throat and face with it. It will clean deep into the pores where the soap and water failed to reach. Dip a good sized cotton pad in ice water, wring it out, and soak it in an astringent (double strength). Pat your face until the astringent is absorbed by the pores.

In the morning repeat the process of the night before. You probably will not need to use any kind of a powder base, but if you do, get a greaseless lotion or a liquid powder base.

Pay attention to your diet. You may be eating too much rich food containing fats and oils. Stick to fresh vegetables, green salads, and coarse breads until your skin becomes more healthy.

If your face gets shiny during the day, remove all your make-up with a liquid cleanser, pat on an astringent, and then make up your face again.

Make-up lotion, cream rouge, and powder are the three cosmetics for the oily skin. The use of dry rouge is optional. Of course, you will need lipstick but don't experiment with grease-paint eye shadow until the oily condition is corrected. It would probably blend very well but it might slip downward around your eyes instead of staying where you put it, and eye-shadow should never be smeared under the eyes or too far out on the corners.

His thin nostrils quivered with disdain as his upturned gaze picked out the white blur of a girl's frock enclined by the black-clad arms of her escort, half hidden in the shadows of the stair.

"I tell you it's true," Mary insisted. "I heard them, and I've seen her. Her rings are gone, and the stars, and her forehead—oh, you'll see, if you'll just go on up."

"Well, well, we'll see," he replied testily, starting forward with obvious reluctance. "Indeed, was just going up anyhow, to answer Mrs. Jupiter's bell."

"Mrs. Jupiter rang for me, Miss Mary, not two minutes ago. And would she be doing that if she were killed?"

With a reproachful lift of the eyebrows, he ascended. Mary, watching the matter-of-fact back moving up so serenely, almost dared she must be mistaken. Murgers and such don't happen where I am, that respectable back seemed to say.

What she wanted now was to find Bessie, but Bessie proved hard to find. Tracked to earth

SIDE GLANCES By George Clark



"Of course we found it necessary to make a few minor changes in adapting your book to the screen. We are using Miss De Lacey, where you used Napoleon."

Earlier Days

Oct. 15, 1918 While working in a field at the Berthoff ranch near Bonanza Wednesday afternoon, Fred Berthoff told Wallace Fairfield, with whom he was working, that he was going to kill himself. He left shortly afterwards for the barn, and placing the muzzle of a shot-gun against his head he pulled the trigger with his toe.

In the window of the Baldwin hardware store is the beautiful Corinthian mantel, modeled and cast by L. M. Schofield, and presented by him to the city of Klamath Falls. The formal offering of the fountain to the city, and its acknowledgement by Mayor Nicholas, occurred this forenoon in a brief correspondence between Mr. Schofield and the mayor.

City Engineer Jack McLean and councilman Ben S. Owens, accompanied by O. D. Mathews, left this morning for the proposed municipal water supply in the vicinity of Aspen Lake, to start development work. Councilman M. R. Doty left Wednesday with a wagon, hauling tools and a specially constructed wier dam. This will be installed by the party.

Friends of Kay North learned with relief last night that instead of being lost or injured, the local man was safe at Silver Camp. Word of his safe return was brought in by Ernest Hubb and Charles Withrow, who returned from a short hunting trip.

N. P. Spencer, son of Tom Spencer, was injured in a fall with a horse Wednesday morning. His injuries, consisting of concussion of the brain, are reported critical.

Health Talks

Fever is generally considered to mean any condition of the human body in which the temperature is recorded above the normal. Normal, as indicated by the little red arrow on the thermometer, is 98.6 degrees F. or 37 degrees C. Thermometers are graded from 92 to 108; some times from 90 to 110. Seldom, however, do human beings reach either of these extreme temperatures.

The temperatures of birds vary between 104 and 105 degrees F. Most animals have temperatures somewhat higher than that of man. The temperatures of rabbits vary from 102 to 104 degrees F. Much depends, of course, on the way in which the temperature is recorded. A thermometer placed in the mouth with the lips held tightly shut will, if the person is normal, record 98.6. A thermometer placed under the arm will record around 97.6 to 98. A thermometer placed in the other entrance and axilla of the body may record around 99 to 99.6. There may be a variation in the temperature, which occurs early in the morning, to the highest temperature, which occurs late in the afternoon. It is interesting to know that if a person works at night and sleeps during the day, these readings may be reversed.

Fever may result not only from disturbance of the heat regulating mechanism of the body, but directly through disturbances of the blood or of the breathing rate.

The recording of fever is important for the physician, because by it he is able to make diagnoses of conditions in which the fever is distinctive. In some conditions, such as pneumonia, typhoid fever, the fever is usually high and stays high. In conditions like tuberculosis and general invasion of the

body by septic germs, the fever is low in the morning and low in the afternoon. In some forms of malarial a fever occurs that lasts about eight hours and develops every other day; in other forms of malarial the fever lasts about eight hours, but occurs only every three days.

Whenever the body is invaded by bacteria or toxins poisonous substances are developed which in some manner affects the tissues of the body in charge of the control of the regulation of heat. Apparently heat is developed very rapidly in the body when this control is taken away, and the response is a chill. The elimination of heat does not keep pace with its production, so the temperature goes up rapidly. There are various views as to the significance of fever. In the most instances it is coming to be considered as being without harm unless it is very high. If it is high, it may produce severe intoxication and lead to death. There is another view that fever helps to control the development of bacteria in the body because the cells, being stimulated to activity, kill bacteria more rapidly.

Today's Recipes

Nuts usually are served with no thought of their food value. Everyone likes them and they are regarded as more of a "treat" than a source of actual nourishment. However, a study of their composition reveals their worth as a food.

In comparing the food values of meats, eggs, cereals and beans with nuts, the findings are interesting and rather surprising. Peanuts, butternuts and almonds contain more protein than any of these foodstuffs! Furthermore, their protein is of high quality.

English walnuts contain more protein than eggs or oatmeal but less than beefsteak or dried beans. The mineral content of nuts compares favorably with meat and eggs. In fact, nuts are a better source of calcium and phosphorus than either meat or eggs. The iron content of nuts with the exception of pecans is lower than that of meat or eggs. Pecans, which are poorest in protein and phosphorus are richest in iron.

Although nuts are lacking in vitamin C, their A content equals meat and the B content of walnuts equals eggs and meat.

These facts make it apparent that when nuts are added to any diet, the nourishment and food value as well as the palatability are greatly increased.

Thorough Chewing Important The digestibility of nuts is a much discussed subject. Nut oils are not indigestible but, like all fats they do take time to digest.

Finely chopped or ground nuts and nut butters are more easily digested than nuts in their natural state. Thorough mastication is essential if full value is derived from nuts and unless older children and adults are willing to do this, it is better to use the ground products. We should follow the example of the squirrel with his nibble when we eat nuts.

Chestnuts are exceedingly starchy and are appropriately served with meat as a starch or as a vegetable. The raw starch is difficult to digest, but roasted or boiled, chestnuts become more digestible.

There are innumerable ways in which nuts may be used to add interest to other foods. Combined with vegetables, they make substantial main dishes. Added to salads or desserts, they do much to increase the nourishment of these courses. In bread, they are a valuable agent toward ascending the protein deficiencies of grains. Many an otherwise commonplace dish is enlivened by the addition of a few nut meats. To this end it pays to have some shelled nuts always on hand for emergencies.

Office Cat

Two business men who were partners discovered an office boy tampering with the petty cash. One of them wanted to send for the police, but the other took a more humane view.

"No," he said, "let us always remember that we began in a small way ourselves."

Girl: How bashful you are. Boy: Yes, I take after my father in that respect.

Girl: Was your father bashful?

Boy: Was he? Why, mother says if father hadn't been so darn bashful I'd be four years older.

Sue: What made you quarrel with Claude? May: Well, he proposed to me again last night.

Sue: Where was the harm in that? May: Yes, I had accepted him the night before.

Joe: A boy friend of mine has several cups for golf, tennis—also medals for rowing.

Carrie: Well, he must be quite an athlete!

Joe: No; he's a pawnbroker.

The railroad says they must have increased incomes. But it can be safely said that they have no monopoly on such a desire. That's what we all want.

"This letter from John is very short," said a Klamath Falls mother recently.

"So is John," said the father, "or he wouldn't be writing."

The flaming youth in the neighboring flat plays radio till four.

We stuff our ears with cotton bat and sleep despite the roar.

Some People Say

Prohibition is here to stay and you folks in this country will have to take it or leave it.

—Luis J. Bacardi, Cuban rum manufacturer.

People seeking peace by arms are like people seeking shelter under trees during a thunderstorm.

—Hansy McDonald.

If a man were drowning today he would have to shout for help in German.—Sir Oswald Mosley, M. P.

Telling the Editor

TULE LAKE, Calif.—To the Editor—Since I came here in 1923, this is the first time I put my hat up this time of year. My hat went up in shock, nice and green, and it went up in the stack, nice and green, without any rain and in flat shape, just like in the middle of the summer.

Some people make fun of the soldiers, and tell them they don't know how to put up hay. They ought to come down and look at my stack now. I am not an experienced farmer, or a man with \$2000 or \$3000, but I am a poor man. But I sell my hay every year. I already have sold my first and second crops to the Cox brothers for \$8 a ton.

PELESBERTO LAWRENCE, Soldier Homesteader, Tule Lake

GEMS-of-PERIL

BY HAZEL ROSS HALEY

(Continued From Page Three)

Perhaps there hadn't been any. Her unbelieving mind was milling about desperately. Perhaps an automobile had back-fired in the drive. But that was nonsense—the noise had been close, plain. You couldn't hear noise from the outside clearly in here, in this great heavy-walled house with the thickly shuttered windows.

The silence began to tear at her nerves. Gasping with excitement she reached out suddenly and jerked open the door. The room was brightly lighted, but empty. She looked about, dumfounded, almost ready to believe that her senses had tricked her.

Then she looked down, and there on the floor lay the crumpled figure of Mrs. Jupiter, the white hair awry where the diamond headdress had been ruthlessly snatched from it, the gold dress twisted about her knees, the poor, wrinkled old face hanging but strangely peaceful under the searching glare of the lights. An old pair of felt house slippers covered her feet.

Her hands, barren now of rings, still clutched something which she held clasped tightly between the palms, still firmly grasped together on her breast. It was the ruby necklace.

But it was the spot in her forehead, just below the hairline, from which a slow ooze of blood trickled and ran redly down the temple into the snow white hair, that drew Mary's horrified gaze.

Her distended eyes took in the slaty before she realized its enormity. For the first time it occurred to her as she stared at the still, disheveled figure, that Mrs. Jupiter was dead.

What had happened seemed white clear. Mrs. Jupiter had

been robbed, but she had not given up the necklace. With her last breath she had protected it; the coil of blood-red stones between her fingers testified to her success. The thief had not been able to get it away from her, but his balked fury had cost her her life.

A scream broke from the girl's lips, and without looking where she was going she backed away from the figure on the floor and stumbled through the first door that presented itself, the door into Mrs. Jupiter's bedroom. She closed the door and leaned against it, shaking, her knees nearly giving under her. She tried to collect her thoughts.

Suppose it had been money, then, that Eddie needed—

She ran from room to room, stumbling in her haste, opening doors, calling. There was no sign of disturbance in the other rooms. Her own door was open. If Eddie had been there, he had gone. She stood in the hall, looking from one blank door to another, calling softly, "Eddie, Eddie, it's me, Mary! Oh, Eddie-boy, dear, where are you?" The silence seemed unnatural. She broke into helpless sobs.

Suddenly it came to her that what she had been thinking was simply fantastic. Eddie had had nothing to do with this. More than likely the poor boy had not even come yet. Something had happened to Eddie. She looked at her wrist watch. Twenty minutes had elapsed since his telephone call. She ran downstairs in feverish haste.

At the foot of the stairs she collided with Spence, who was just coming up. She grabbed him by the shoulders and held on

while she tried to get control of her voice.

"Oh, Spence! Spence! Go up to Mrs. Jupiter's room, quickly. Something's happened. She's hurt. I think she's—dead!"

The old servant held her off sternly, inspecting her reproachfully.

"You're excited and overwrought, Miss Mary. And no wonder, with all that gold on herabouts tonight. A man can't hear his own thoughts," he added tartly, as an extemporaneous taping contest broke out behind them in the hall.

"Let alone knowing what he'll find when he turns a corner unexpected."

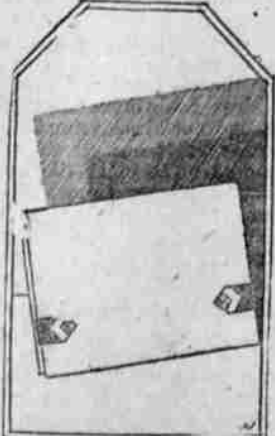
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WHITE silk pique is the newest Paris medium for bags. It is at its best in tailored types of envelopes, such as this Worth model. It is fastened at either side with clips of crystal in diamond cuttings.

WELCOME NEWS in 26 Million Homes

The Makers of VICKS VAPORUB announce Two New Products

1 Vicks Nose and Throat Drops — an amazing new formula by Vicks Chemists—especially for nose and upper throat—where most colds start. Used at that first unmistakable feeling that you are "catching cold"... many colds can be avoided altogether.

Just a few drops up each nostril, anytime or place—amazing relief for head colds at every stage and for the discomforts of catarrh.

2 Vicks Medicated Cough Drops — a new conception of what a cough drop can do. Really medicated... with ingredients of Vicks Vaporub.



1 A New Aid in Preventing Colds... Checks Cold Colds at Every Stage.

2 AT LAST... All You've Hoped for in a Cough Drop.

Free Samples

YOUR DRUGGIST now has these two new Vicks preparations. Also a limited supply of free trial samples of each—if you wish to test them before buying.

Worthy Allies of VICKS VAPORUB