

HERALD-NEWS SCHOOL ENDED; A BIG SUCCESS

It's all over. Nothing left of the cooking school now but a pack of recipes, all kinds of new ideas on how to prepare foods, some of the groceries which were given out as prizes and are now stacked in many housewives' kitchens, and a wish that another one would be held soon. The Herald and News cooking school was so much of a success that the attendance each day was much greater than the day before.

It was such a success that nearly every woman in Klamath Falls, who possibly could, attended. They liked it so well that they came back again and brought their friends. This afternoon's session concluded the three day event, held in the high school auditorium. And this afternoon Miss Helen Goodwin, representative of the Ella Lehr, appeared on the stage in her cool green smock looking just as fresh and tireless as she did on the first day—a conclusive proof that cooking today has done away with all the drudgery of our grandmother's and mothers' day.

The kitchen was taken down this afternoon. The two attractive white electric ranges returned, the cool looking green kitchen cabinet went someplace else and all the up-to-date kitchen utensils packed up. Miss Goodwin will depart in the morning for Eureka where she will put on a similar school.

Appetite Thrillers
Today Miss Goodwin fashioned her dishes around the theme of "Appetite Thrillers", and demonstrated how to make the Lazy Daisy cake, with broiled frosting, fruit torte, white cake, apricot delight, never fail pastry, meringue prune freeze and ever so many other goodies that tempt the appetite.

During the intermission today the grand prizes were given out, and a number of articles, including an electric range, auctioned off.

Interest yesterday had greatly increased since the opening day of the school and at the close of the program last night numerous women crowded about Miss Goodwin, asking her many questions about the dishes she had prepared and methods of bettering favorite recipes of their own.

Answered Questions
The economist answered questions after the close of the meeting for nearly an hour, and during the course of the afternoon she answered many questions from the stage.

Everyone who attended any of the three days was given a sample of some delicious cooking. Yesterday a small board, on which new ways of garnishing foods were shown, was passed around the audience who was astonished to see a cheese carrot, a small carrot-shaped article made from grated cheese and a sprig of parsley, a rosy apple made of the grated cheese, sprinkled with rosy paprika and lemons cut into many fantastic shapes to decorate the tea tables or fish platter.

Good Recipes
For the benefit of the women who were unable to attend Thursday or Friday's sessions, a few of the recipes which Miss Goodwin specially recommended, follow:

Peach Bread
Sift together
2 cups sifted flour
4 teaspoons baking powder
2-4 teaspoon soda
1/2 teaspoon salt
1-4 teaspoon mace
Add to this
1 cup bran
1/2 cup chopped nuts
1 cup chopped dried peaches (boiled ten minutes, to soften and slip off skins)
Beat well 1 egg
Add 1-2 cup honey (or sugar)
1 1/2 cups sour milk
Add to dry ingredients, along with 2 tablespoons melted shortening.
Pour into well greased loaf bread pan and bake at 350 degrees for about an hour. Slice when cold. Makes delicious sandwiches, using cream cheese and chopped preserved ginger filling.

Black Mountain
(A dusky steamed dessert)
Sift together
1 1/2 cups sifted flour
1/2 cup sugar

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BUT
FIRM**

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White King solves every washing problem—dishes, fabrics, silver, glass, floors and woodwork. And it's kind to the skin of tender hands because it works so well in lukewarm water. It's economical too. Try it today. Sold by your grocer.

ERRORGRAMS



That's Scrambled

SENDRICETI

Very colorful

There are at least four mistakes in the above picture. They may pertain to grammar, history, etiquette drawing of whatnot. See if you can find them. Then look at the scrambled word below—and unscramble it, by switching the letters around. Grade your self 20 for each of the mistakes you find and 20 for the word if you unscramble it. Look on this page and we'll explain the mistakes and tell you the word. Then you can see how near a hundred you hit.

1/4 cup ground chocolate
2 teaspoons baking powder
1/2 teaspoon salt

Add:
1 cup prunes, cooked, pitted and quartered
1 well beaten egg
1/2 cup milk
2 tablespoons melted shortening

Mix well. Pour in well-greased pudding mold. Steam 1 1/2 hours.

Serve hot with chocolate sauce, garnishing with cooked prunes stuffed with walnut meats and with maraschino cherries.

Apricot Delight
1 pack... 10 min. n. flavored gelatin dissolved in 2 cups hot apricot pulp (from dried apricots which have been cooked until tender and put through sieve). When cool fold in 1/2 cup cream, whipped, 1/4 teaspoon mace.

Pour in tray of electric refrigerator. Freeze. To serve garnish with halves of apricots and whipped cream. Sugar may be added if mixture is not sweet enough.

Prune Freeze
Mix together
1 cup prune pulp
1/2 cup prune juice
2 tablespoons lemon juice
1/4 to 1/2 cup sugar
1/4 teaspoon salt

Whip 1 egg white stiff and fold in.
Then add
1 cream whipped
Flavor with 1/4 teaspoon cinnamon extract or 1 tablespoon cherry wine seasoning (omit salt). Pour in refrigerator trays. Freeze two hours.

Corrections To Errorgrams
(1) The back leg of the chair is missing. (2) The woman's shoes do not match. (3) The bird cage should be suspended from its stand by means of a

MARY BLAKE SPEAKING

HER DOCTOR'S BABY-MILK FORMULA AMAZED HER

"My face must have shown my surprise," writes a mother from Ithaca, N. Y., "as I read the formula my doctor gave me when I left the hospital. He asked me what was the matter, and I had to admit I had never heard of Carnation Milk as a baby food. He told me it was the best ever, so I decided to use it—and I am certainly glad I did."

"Baby weighed 6 pounds 11 ounces at birth and has gained an average of 1 1/4 ounces a day. He is very good, sleeps all night and has a lovely disposition. His flesh is so solid. In fact, the doctor tells me that he is perfect."

Perhaps it will surprise some readers of this little column to learn, as this mother did, that unsweetened evaporated milk, such as Carnation, is being prescribed by the very best baby specialists. I must confess that it almost surprises me, sometimes, when I realize that this familiar milk, known for more than thirty years, has now been found to be better than cow's milk in any other form as a food for the tiniest babies.

However, the reason is no longer a mystery. It is simply that Carnation is so easy to digest. It agrees with babies—they can easily take enough of it to nourish them, to build their little bodies strong and solid. Science says that this easy digestibility comes from the heat treatment which

this milk receives. Very fine, soft curds are formed, which cannot tax the baby's delicate stomach. The butter-fat, too, is in finer grains easily digested.

One of the surprising facts to most people, judging from the letters I get, is that Carnation is just as nutritious as the best bottled milk. But consider that Carnation is just pure whole milk with only water taken out and all the food value left in, and you will see why this is so. Carnation contains all the food elements of milk fresh from the cow, including the vitamins. The only supplements needed are orange juice and cod-liver oil, now a part of the diet of even breast-fed babies.

Carnation Milk comes from fine country herds. It is evaporated in spotless condenseries, then sealed and sterilized, so when you get it it is absolutely pure, the safest milk that money could buy. You don't have to boil or pasteurize it when you prepare the baby's feedings—a real saving of work for the busy mother.

Don't be surprised if your doctor recommends Carnation Milk. And don't hesitate to write for the new Carnation book, "Baby-Feeding Simplified." It's free, and so is the Carnation Cook Book. To get them write to Carnation Company, Albers Bldg., Front and Lovejoy Sts., Portland.

Produced in Oregon for twenty-eight years

"from Contented Cows"

USE THE SAFEGUARDED MILK

Carnation

MILK

Produced in Oregon for twenty-eight years

1930, C. Co.

(See recipe above)

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book or ring. (4) "Atlantic Ocean," on the globe, should be Pacific Ocean. (5) The scrambled word is IRIDESCENT. America's "Enterprise" beat-

ing the British doesn't seem so convincing when you serve the steady increase of Shell stations. America has classes, too; the snooty and the snooty.

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for

MEN



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Men's Dept.—Main Floor.

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