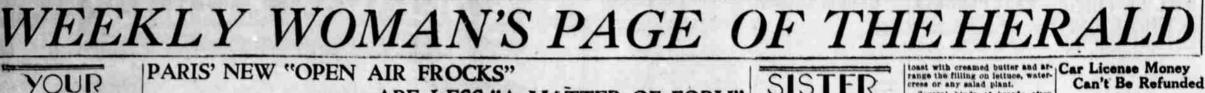
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SALEM, Ore., July 11, (AP)

-Decidedly out of luck are sev-

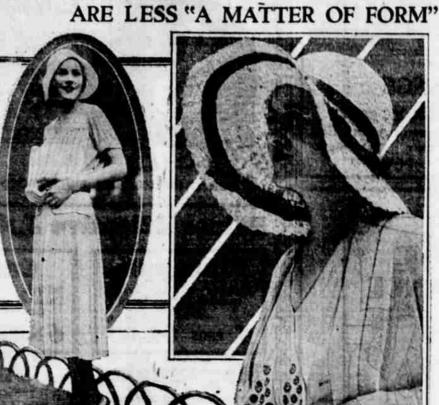


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But this must be remembered: a b the band should never be tight. If too tight, it does more harm than good. It should be wound L around the small torso smoothiy, slik and pinned at the side-never in back-with tiny safety pins. Tapes may be used if desired.

when worn, how long must it he worn? The first hands should be torn from soft white finanel and should be about 6 or 5 inches wide and 20 inches long. They should be worn until the umbili-large the doctor has secured the surgical dressing over the scat whith bandages. In this case the shoulder bands are sometimes used from the start. But new babies usually are treated to the more inelegant straight band for a few weeks. It gives a little support to abdominal muscles. Later this must be remembered: the band should never be tight. The support End of the same flatter the band should never be tight. The support End of the same flatter the band should never be tight. The support End of the same flatter the band should never be tight. The support End of the same flatter the band should never be tight. The support End the same flatter the band should never be tight. The support End the same flatter the band should never be tight. The support End the same flatter the band should never be tight.

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Paton's interpretation of a country or open-air frock takes the form here of a simple, easy model of crepe moracain printed in an orange-beige polka dot design. The hat is white crepe, with an orange-beige velvet ribbon. Right: Ideal for wear with simple outdoor frocks is this natural pail-lasson straw hat from Patou, bound with bright blue grosgrain to match the frock's hand-embroid-ered trim and such belt.

Largest Meat Demonstration and Meat Sale Ever Held in Swift's Premium Hams and Bacon and Circle S Picnics



-At-

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Ill Meat Hamburger, 2 pounds for.

Ham Sandwiches.



BY SISTER MARY NEA Service Writer

Nearly every teg room or cof-fee shop specializes in some sort of interesting open or "double-docker" sandwich. They always are popular, for they are healthy enough to be used as the main dish for a luncheon or a supper after the theater. after the theater.

There is no reason why the There is no reason why the home-maker may not appropriate some suggestions from the and-wich shops and make use of them in her home for family or guests. If the materials are thoughtful-ly selected, this type of sandwich will provide an entire, well-hal-anced meal when served with col-tes or some other hereares. Bro-

fee or some other beverace. Pro-tein is furnished in the filling, fat is supplied in the form of butter or mayonnaise. Fresh fruit pro-vides an ideal dessert to top off

Open sandwiches offer an Open sandwiches offer an op-portunity for many appetizing combinations that are decidedly summery. Tossled or untoasted bread can be used for the founda-tion and the "filling" may be al-most anything that one would put into a salad or a sandwich. Nut bread might be covered with a fruit salad. A fruit bread is par-ticularly good with a cheese and nut mixture. Spread the bread or

50 minutes. Serve with a vege-table salad. Chocolate Pie. Mix together in top part of double boiler:

tablespoons flour, 14 teaspoon

25c

toast with creamed butter and ar-range the filling on isituce, water-cress or any salad plant. Car License Money Can't Be Refunde Can't Be Refunded

Several kinds of breads often are combined in layer sandwiches. Whole wheat, while and raisin are delicious with a filling of cream cheese and salted nuts between each layer. eral Oregon citizens who, only a fow days before the new orange

each layer. Sections of tomato, radiab roses, pickles and paraley make attrac-tive garnishes for many sandwich-es and add their bit of piquency. All sorts of olives—stuffed, piain or ripe, sweet spiced pickles, car-rot straws and celory hearts make pleasing garnishes for open fruit-salad sandwiches or those made with fruit and but breads. and black automobile license plates became legal, applied for and received the old black and white plates and paid a quarter year's fee for not over a week' run.

THICK WHITEWASH BEST

ing renewal easy.

Secretary of State Hoss believes it was done through ignor-ance that the due date had been shifted from the first to the middle of the year, notwithstand-ing wide publicity had been given the change.

Some Oregon dairymon are finding that a thick whitewash applied twice a year with a brush is more practical than a thin coating mixed with a milk binder and sprayed on. The thick water-lime whitewash scales off casily after it gets solied, mak-Several of the unfortunates have requested a refund from the state, but Secretary Ross has informed them that there is no provision of law whereby a re-fund can be made,

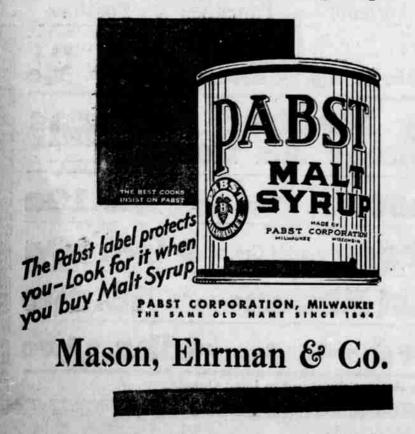
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Lamb Stew, 2 pounds	25c
Leg Lamb, pound	25c
Shoulder Lamb, pound	16c
Lamb Chops, shoulder. pound	18c
Pork Roast (lean, tender), pound	25c
Pork Chops, pound	28c
Tender Steak, pound	18c
Swift's Premium Hams, half or whole, pound	33c
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1/2 Pound Package of Swift's Premium Sliced with every \$1.00 cash purchase or more—Reg. SANITARY MEAT MARKET Corner 7th and Main Streets Phone 22 Phone 23	Bacon FREE 30c Package