

HERE ARE FOUR MODERN VENUSES



THE FOUR LITTLE McFADDEN GIRLS: LEFT TO RIGHT, BEVERLY, 4; BEAUNDA, 5; BEULAH, 7, AND BYNECKE, 8. BELOW: BERNARD McFADDEN'S FAVORITE EXERCISE GOOD FOR FATHER AS WELL AS CHILDREN

BY ALEXANDER HERMAN

NEW YORK, Sept. 12.—A five-year-old girl, raised in the city, can swim a mile, climb the bar, dance and walk for hours without tiring.

Her three sisters, the oldest of whom is eight, can do as much—and more.

All of them are stronger than boys, and prettier than most girls. It's the result of a bringing up directed by their father, Bernard McFadden, author.

When a youngster, he had been weak and sickly. He determined that his children would be healthier. So he studied the problem, became an authority on physical culture, and is now raising his girls to be "regular fellows."

"Almost any parent can do as much," he says. "If only he realizes that small children are nothing more than little animals. They need fresh air, sunshine and exercise."

"With the proper training, the strength of most children can be increased from 25 to 100 per cent without much trouble in a comparatively short time."

How? By letting them play the games they enjoy most.



"In these," he explains, "are found the best exercises for children."

"Kitties and puppies as they run, wrestle and roll around the floor, under the impulses of playful spirit, give us an example of exercising that cannot be improved upon. Babies have the same instinct."

So he begins to train his children when they are but a few weeks old by placing them face downward in their cribs.

"In this position," he says, "the baby tries to force himself up, pushing about and getting resistance at every movement. When he raises his head, he strengthens his spine. When he pushes down on his hands, he develops his chest."

"The average parent lays the baby on his back. He kicks around all right, but gets little benefit from it for there is hardly any resistance. But if someone would raise the baby by the hands, flex its arms or push its legs backward and forward, offering some opposition, great good would result."

That's the way MacFadden is now developing his only son, aged seven months.

"I want him to grow up as strong as his sisters," says the father smiling.

"As soon as they were able, they learned how to swim. My wife taught them. They took to this new sport—just another game—rapidly. They were soon able to do a mile. Swimming is one of the best exercises for developing symmetry, poise and that round smoothness that makes for grace. Next to it comes walking and dancing."

"All these exercises are good for the boy, too. But he needs in addition some more rugged sport—boxing, jiu jitsu or wrestling."

"But the child's exercise at all times must be part of his play. When it is fun, it is beneficial. But when it becomes hard work, it is useless."

"If all parents played the games with their children, it would be better for both children and grown-ups."

"The chief fault with the bringing up of most youngsters is overfeeding. Our children are never fed between meals."

"They eat simple, wholesome food, go to bed between seven and nine, sleep until eight, dress lightly and are growing up—"

"Healthy and good natured."

And the smiles of the youngsters proved it.

Farming

SEPTEMBER 1, CROP REPORT

One of the largest crops in our history is the 1922 harvest forecast for the United States as a whole. But the Pacific Northwest (Oregon, Washington and Idaho), has experienced one of the driest summers in many years, and general production in these three states will hardly be up to the average of recent years. Montana has the best crop raised in several years, and over the country generally, except in the Pacific northwest, crop conditions have been rather above the average.

Weather—August weather was a bit unusual in that a fairly good rain fell in the western part of the state during the first half of the month, which was general throughout the Willamette valley, but rather spotted elsewhere. Roseburg and the country to the southward, including the southwest coast, reports about 0.3 inch precipitation for the month, while the average for several Willamette valley stations was approximately 2.0 inches, including the precipitation which occurred right at the close of the month. A Union county report says, "We have had some rain but everything is still pretty dry." This apparently is the moisture situation over all of eastern Oregon, except a few localities where there have been rather heavy showers. From Klamath county a frost is reported, about August 20th, which hurt grain crops and vegetables.

Wheat—There appears to be no present reason for materially changing the August 1st estimate of the winter wheat crop, which was placed at 16,300,000 bushels for the state of Oregon, 45,992,000 bushels for the Pacific northwest (including all the state of Idaho) and 542,000,000 bushels for the United States. Nor has there been occasion to materially change the estimate of a month ago on the Oregon spring wheat crop, placed at 3,000,000 bushels. The Pacific northwest crop likewise shows little change from the August estimate of approximately 31,000,000 bushels. But the United States crop as a whole showed improvement during August, and is now estimated at 276,665,000 bushels. The total 1922 wheat crop of the state of Oregon is therefore estimated at 19,300,000 bushels, the Pacific northwest at approximately 78,000,000 bushels, and the United States crop at 518,000,000 bushels. Last year's Oregon crop was estimated at 24,317,000 bushels, the Pacific northwest at 103,000,000 bushels and the total United States crop at 795,000,000 bushels.

Oats—The Oregon oats crop suffered severely from the dry summer. There was a larger than usual seeding of winter oats last fall, which acreage did fairly well, otherwise the total production would have been still lower than the 60 per cent of normal estimate for 1922, or about 6,400,000 bushels. The present Oregon oats crop is not considered sufficient to take care of local needs and already several cars of eastern new oats have been shipped into the state. The United States oats crop for 1922 is estimated at 1,255,000,000 bushels, compared with 1,061,000,000 bushels last year, and the five year average of 1,374,382,000 bushels.

Barley—It now appears probable that the August 1 estimate of the 1922 Oregon barley crop, 2,000,000 bushels, should be slightly reduced. Last year's barley crop was estimated at 2,240,000 bushels, and the five year average is 3,176,000 bushels. The United States barley crop harvest indicated some increase over the estimate of a month ago, and the present estimate of the 1922 crop is 193,850,000 bushels. Last year's crop was 151,181,000 bushels, and the five year average 191,021,000 bushels.

Potatoes—Car lot shipments of Oregon potatoes, 1922 crop as reported from July 1 to August 26, 1922, numbered 257 compared with 83 carloads for the same period last year. But this does not mean that the total Oregon potato crop will be more than three times the crop of last year. This big increase in early shipments comes from a comparatively limited area in Malheur and Umatilla counties, growing potatoes for the early market. (Malheur county has about 3,000 acres in potatoes this year against 800 acres last year). As a matter of fact the total Oregon potato crop will probably not exceed that of last year. The Washington prospect is for a somewhat smaller crop than last year, but Idaho will probably have nearly 40 per cent increase over 1921.

The United States crop is estimated this year at approximately 440,000,000 bushels, compared with a five-year average of 323,000,000 bushels. This year's crop appears to be moving to market considerably more freely than last year's did. For

the season to August 30, 1922, 62,157 carloads were reported shipped. For the same period last year shipments amounted to 53,617 carloads. Last year Oregon consumed considerable quantities of late potatoes, grown outside of the state, particularly in the city of Portland. Local growers should see that the Portland market is well supplied with good potato stocks at all times this year. The late Oregon crop was materially improved in most sections, by the August rains. Much of the earlier crop is of small size, and disease appears to be more prevalent this year than usual. The percentage of No. 1 grade will be below the average this year in the state, and reports indicate that a similar situation exists in many other sections of the country. It is quite possible that the marketable crop of this year may not be in proportion to the prospective large total production.

Corn—Corn is not a crop of much size in the Pacific northwest, and the acreage grown is largely used for silage. The Oregon crop, estimated at about 66,000 acres, stood the dry

summer very well, and was much improved by the August rainfall. The western Oregon crop is generally considered one of the best produced in many years. The United States corn crop showed a deterioration during August, estimated at 142,000,000 bushels, due largely to excessive heat and

lack of moisture in Missouri, Kansas and Nebraska, and to a lesser extent in the Central and Eastern states. The Sept. 1 estimate was 2,875,000,000 bushels. Enders' shoe store is at your service with the best values in town, 15-16

Important Announcement

The Montana Auction and Commission Company, whose home office is at Butte, Montana, (established since 1890) have opened an office in Klamath Falls, to be conducted in connection with the Montana office. Burt Marsh, sales manager and official auctioneer, of this company will have charge of the Klamath Falls and surrounding country business.

We list, advertise and conduct public auction sales here and everywhere. We list and sell real-estate, live stock of all breeds, milk producers, pedigreed foundation breeders, general farm sales and automobile clearing house sales, on strictly a commission basis. Terms and sale dates furnished on application. Yours for business.

BURT MARSH, Manager

Box 546 Phone 551 Klamath Falls, Oregon



OCTOBER 4, 5, 6

Make the Klamath County Fair YOUR Fair

Work on the new grounds is progressing rapidly and will be in tip top shape in a few weeks. What is only the beginning of a Fair and Fair grounds now will in a few years be one of the largest institutions the county can boast on having. Klamath county is the coming section of Eastern Oregon and one of the most talked of communities in the state. What the future of this community will be can only be seen by the progress made in recent years and will depend on the co-operation of the people in the future.

Posters are up and circulars out showing you what you may expect in a way of sportmanship and amusement but what is still more important are the exhibits. It is expected the number and variety of exhibits this year will exceed that of any year previous. Throw your hat in the ring and get back of the Fair. The more enthusiasm the more action. Be there, everybody's going.

The Famous Bly Round-Up Performers All Three Days

LET 'ER BUCK



This ad is inserted and paid for by the business men of Klamath Falls.



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