MISCELLANEOUS

WANTED—One electrician and one plasterer. N. E. Woodhouse, Mer-rill, Ore. 027 N3*

FOR SALE—A good Oaklond six—Reasonable, Phone 447R. 227
Jefferson 94. 27-29.

MIDDLE AGED Woman mented to do housework. Small family, 65 Pine St. 67-31

Mens Army Shoo Special \$8.85 J. B. Baders Co.

FOR SALE—Two nice four room houses on exceptionally easy terms and you can't begin to build them for the price. WISHARD-WGOD-BENTLEY 131 North 5th St.

FOR RHNY Good first class garage 347 N. 9th St. Phone 226J.

WANTED Wicker Baby buggy in good condition. Box C. D. Berald office. 27-28

PRY FIR WOOD For sale reasonable. Phone 406R. 027-N2°

NEW WHITE Enamel dresser, will trade for potatoes and apples. Call at 324 N. 11th St. 26-28*

Notice is hereby given that I will not be reaponable for any hills contracted by anyone but myself.

J. W. Hunsaker.

FOR RENT—Rooms with board if desired in steam heated home, close in. Phone 73R. 26-29.

POR SALE—

1921 Ford Touring

1917 Dodge touring.

1919 Studebaker

1918 7 pass, Chandler.

1920 Dodge roadster.

Por prices and terms see

H. S. WAKEFIELD

CENTRAL GARAGE

26-27-24

ROOMS AND BOARD if desired in private family. 350 N. 9th St.

26-29* FOR RENT Sleeping room neatly furnished in furnace heated bouse.

Hotel Donlay. Dining Room open 6 a. m. to 8 p. m. Meals 50c. H. W. Turner, Mgr. 25-29

BOKING For freeh milk cow. 910

WANTED TO BORROW-\$1,500.00 on income property close in. Box W. Herald office, 26-28*

FOR SALE-One chiffonier, Bissell carpet sweeper, fruit jars, sewing rocker, etc. Apply 813 Pine Street.

FOR SALE—Typewriter desk with four drawers. Inquire 813 Pine

FOR RENT-Comfortable bedroom double bed in room. 137 1st. St.

WANTED Woman or girl for general housework. Phone 189.

STRAYED—Came to my place Sept.

10th, 1921, one buckskin horse,
weight about 900 lbs., roach mane,
branced M on left shoulder. Owner
can have same by paying advertising
and feed bill. Call at C. M. Noah
place, Ft. Klamath, Ore. O25 N5*

Por Glass, Roofing, Building Pa-es, Cabinet work and Building Al-mations call the 626 6th Street Cabet and Carpenter Shop.

W. E. McABOY 019-N19.

POR SALE—Coarse, heavy wrapping paper, sheets 48x60 inches, good for linning wood sheds, chicken houses and putting under carpets, 5 cents per sheets Call at Herald of-

WATERMAN PIANO SCHOOL 12 LESSONS—GUARANTEES

POPULAR SYNCOPATED STAND-BEGINNERS & ADVANCED PUPILS ACCEPTED

NROLLMENTS CLOSE, NOV. 15TH

P. B. CLARK—INSTRUCTOR 825 LINCOLN, PHONE 564J CALL OR WRITE FOR FREE DEMONSTRATION GIVEN AT YOUR HOME.

SACRED HEART HOSPITAL, Medford, Oregon., conducted by the Bisters of Charity of Providence, offer to young ladies excellent training in a modern and thoroughly equip-ped hospital. For particulars ad-dress, Sister Superior. O 17—N17.

POR SALE—Oια newspapers at Her-ald office.

POR SALE—1918 Ford Touring car, seat covers, shock absorbers, good rabber, \$275.00. Easy terms. Les-ter Service Station. Prospect and

over-size tires, shock absorbers, new paint. Big bargain, easy terms. Lester's Service Station. and Upham.

FOR SALE—Pure bred Rose comb Rhode Island Red cockerels, two miles east of Merrill. Mrs. Frank Moyer.

CITY GARBAGE—When you was garbage removed, call 10P.23.

DR. F. R. GODDARD Osteopathic Physician and Surgeon Office and Residence

Phones 321 I. O. O. F. Temple



HELP FOR HOUSEWIVES

magazine, and some others contained article after article in discussion of food, cheap cuts of meat, menus, etc., but few were generally practicable. Everyone who cooks knows HOW to prepare food for the table but WHY it is prepared in that way seems to be of minor importance. Method and cimbination should receive more consideration than is gen-

To begin with, it might be well to define the term "food," A very comprehensive definition has been ably formed by Woods Hutchinson, thus: Food is anything which when taken into the body produces heat, weight or energy, and builds and repairs tissue." The heat and energy foods are the carbohydrates or sugars and starches. The heat produced come from a burning inside the body of food elements containing carbon, hydrogen and oxygen. These are best represented by potatoes, rice, etc. It is a well known principle of phaysies that wherever there is heat, energy is produced. Hence the ability to labor. The vegetable kingdom furpishes the carbohydrate foods with the exception of honey.

To the new housekeeper, it is ometimes somewhat puzzling to now just how to cook vegetables, that te, whether to use hot or cold water, length of time to cook, etc. Roughly speaking, vegetables may be divided into two classes, sweet juiced or strong juiced. All sweet juiced should be put to cook in boiling water, strong juiced, some of them in warm, some in cold water. These latter are first and foremost onions, which need a change of water three times, using cold water in each change. Cabbage, turnips, peppers, rutabagas and celery should be put to cook in warm water, boiled three minutes, then the water changed, again using warm water when placing back on the stove to finish cook-All other vegetables should be cooked in boiling water. There should be two hard and fast rules as to cooking vegetables: Use only enough water to cook thoroughly, thus, conserving the minerals: and never to salt until just a few minutes before taking from the fire as salt tends to harden the cellulose or "plant bones" and a stringy, woody vegetable is the result. No staid rule can be established as to time for cooking, but with few exceptions from twenty minutes for the fresh green things in spring to a balf and three quarters bours for potatoes boiled and baked may be safe empugh to rely upon.

Vegetables may be served in varlous ways. They may be baked so-called fried, or boiled. They may be put through any one of the first mentioned processes then creamed, oaten with butter, pepper and salt, served with vinegar sauce, or served in a souffle. The various sauces will be taken up in the next week's issue. RECEPHS

Chicken a la Maryland

Dress, wash, salt the fowl and al-

During the war, every woman's Cut it up, roll each piece in flour, place in an iron skillet and cover with boiling water. Add 14 cup butter and 16 cup cream and sait and pepper. Cover, place on back of range and cook all forences or at least three hours. Turn and baste often and a browned surface not crusty will result. An old and almost hopelessly tough fowl may be made as palatable as a spring fryer. Pumpkin Pie

Use any favorite recipe for the custard but add Hnglish walnut meats and serve with whipped cream. The cream may be whipped before dinner and %t of baking powder added to the half pint, preventing the soggy consistency common to whipped cream allowed to stand. Stuffed Peppers

Parboil the peppers ten minutes after having removed the seeds. Fill with chopped ham, enion, bread crumbs, all mixed with a thick white sauce. Bake in a hot oven 20 minutes. No portions need be given for the above ingredients as stuffed peppers are an admirable conveyance for those detestable left overs. Vegetables may be used also as stuffing Pruit Tarte

This sounds very Frenchy but is nothing more nor less than a rich hiscuit cut with the cutter and baked, then a half baked apple, or peach or spoonful of stewed fruit served on or over it with or without cream or lemon sauce.

Staffed Prune Salad Wash prunes thoroughly, then soak in hot water over night, cook until tender in the same water, then stuff with cheese mixed with mayonnaise. Lay on a plate in daisy fashion with a spoonful of the dressing as center and an attractive brown daisy adds a pleasing touch to the

Breakfast: Chopped prunes in oatleal; Hot bis Luncheon: Cake; Fruit salad;

chocolate. Dinner: Chicken a la Maryland candied sweet potatoes; creamed cauliflower: Apple nut mayonnaise;

Pumpkin pie. Breakfast: Muffins; Cereal; Baon: Coffee. Luncheon: Milk toast;

prunes; Tea. Dinner: Creamed chicken on toast; Rice; Stuffed peppers; Celery salad

Breakfast: Hot biscuit; Poached egg: Coffee

Apple tapioca, cream.

Luncheon: Tomato soup; Reheated biscuit; Baked apple.

Dinner: Mutton chops; Scalloped potatoes; Cream peas; Lettuce salad; Cake; Sauce.

Breakfast: Hot cakes, syrup; Bacon; Coffee. Luncheon: Cream pea soup; Wa fers; Tea; Fruit.

Dinner: Veal roast; Baked pota-

toes; Creamed tomato; Cucumber low to hang over night. A fowl one salad; Chocolate cornstarch. to one and a half years old is best. Thursday KODAK WORK Leave Your Films Before 9 O'clock-Your A.M. Pictures are ready at 5 P.T KLAMATH FALLS OREGON WHERE PARTICULAR PEOPLE BUY THEIR DRUGS

Breakfast: Cereal; Sally Lunn; Boiled eggs; Coffee.

Luncheon: Cold veal: Bread; Jelly: Chocolate.

Dinner: Rabbit Pie; Masked potatoes: Vegetable salad: Fruit Tarte.

Breakfast: Potato pats: Oream toast; Coffee.

Luncheon; Creamed rabbit on tonst; Stewed fruit; Ten.

Dinner: Clam chowder; Scalloped corn; Creamed celery; Stuffed prune salad: Dates with custard: Sauce. Saturday

Breakfast: Oatmen! with dates: Fried potatoes; Gems; Coffee. Luncheon: Potate salad; Creamed arrots; Tea.

Dinner: Baked beans; Stuffed potatoes; Creamed onion; Cold slaw; Apple dumpling.

If the husband makes a living by gambling his wife usually has to support the family.

Once upon a time there lived a man who said that he would rather be right tlan he Prasident -- so his-

Never swear at an ill-fitting coat. Give it to the tailor.

Men who invest in watered stock are apt to get soaked.

If you would be happy and contest never borrow trouble or lend money.



BOYS' 10-inch High Top Boots, Brown Chrome Leather with two buckles on top.

Size 21/2 to 6 \$4.50 Size 1, 11/2 and 2 \$4.00 Size 101/2 to 131/2 \$3.75

Misses High Top Boots Sizes 11½ to 2 \$4.00

Chippewa Handsewed Packs 15-in. For Ladies and Men.



LIRST chance you get-Prove it!

Prove it to yourself - that Chesterfields do deliver a new kind of cigarette enjoyment

-something besides a delicious new taste

-something besides a more pleasing aroma -something you never did

experience in any other cigarette - an enjoyment so entirely complete that only ONE word describes it -

"SATISFY."

Yes, sir, Chesterfields "satisfy" as no other cigarette ever has.

It's in the blend - Turkish. Burley and other top-grade homegrown tobaccos blended as never before.

A great blend! And it can't be copied.



CIGARETTE

LISCORY & MYERS TORACCO CO.

Have you seen the new AIR -TIGHT time of 80?