

# Palace Market

FOR SERVICE AND QUALITY

The only market in the city operating its own sold storage system for the proper handling of fresh and cured meats.

## SPECIAL PRICES

FOR

# SATURDAY

All meats sold at this shop are guaranteed to be the best of quality.

<p><b>Nice Juicy Cuts from Klamath County Beef</b></p> <p><b>PRIME RIB ROAST</b> Rolled 30c</p> <p><b>CHOICE RUMP ROASTS</b> 25c</p> <p><b>FANCY SHOULDER ROASTS</b> 18c to 23c</p> <p><b>NICE, JUICY FORE ROUND STEAKS</b> 24c</p> <p><b>NICE, JUICY CUTS FOR BOILING</b> 15c to 18c</p> <p><b>YEARLING MUTTON</b> Fancy Loin and Rib ..... Chops .....30c Choice Shoulder Chops 24c Nice, Juicy Shoulder Roasts ..... 22c Mutton Stew ..... 14c</p>	<p><b>BIG SPECIAL ON FANCY VEAL</b></p> <p><b>CHOICE LEG ROASTS</b> 28c</p> <p><b>CHOICE SHOULDER ROASTS</b> 18c to 20c</p> <p><b>Shoulder Veal Cutlets</b> 22c <b>FANCY RUMP ROASTS</b> 25c</p> <p><b>BREAST OF VEAL AND VEAL STEW</b> 15c</p> <p><b>FRESH SALMON</b> 30c</p> <p><b>CHICKENS</b> For your Sunday Dinner Hens, per lb .....30c Springers, per lb .....35c</p>
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We slice Fidelity Hams, strictly an Eastern Product, U. S. Inspection No. 141.

## Klamath Packing Co.

524 MAIN ST.

PHONE 68



**PUBLIC HEALTH NURSE MENTIONED IN BIBLE**

"I commend unto you Phoebe, our sister, who is a servant of the Church which is at Cenchrea," wrote St. Paul to the Romans, "that ye assist her in whatsoever business she hath need of you, for she hath been a succorer of many and of myself also."

Phoebe, explains Biblical history, was a woman who went about nursing the sick and teaching them better methods of living. Phoebe was the first public health nurse.

Public health nursing, which is one of the most important enterprises in the peace program of the American Red Cross, is not a new movement, but it is one which heretofore has never received its just meed of attention as a factor in maintaining the health of the nation.

Phoebe's sister in the twentieth century is the community nurse who teaches better, cleaner living. Because the betterment of public health is now definitely accepted as an individual and a community responsibility, the Red Cross will make a definite effort to raise the standards of living in the United States by urging the employment of public health nurses in all cities, towns and rural districts, particularly in those where there are no organized public health activities. A healthier, happier America—that is what the Red Cross is striving toward in its Roll Call the first weeks in November.

**CORDOVA, Alaska, Oct. 6.**—(By Mail).—Alaskans who are setting out their trap lines in all parts of the territory this fall are almost certain of getting very high prices for their furs next spring. While the price of furs is not certain, it is generally believed they will not drop.

Last spring some silver fox furs brought as high as \$475, marten \$200, cross fox \$50, mink \$15 and black skunk \$8. These prices, however, were paid only for top grade furs. Some furs brought only one-quarter of the top price.

Try 'em. Herald Want Ads.

Surety bonds while you wait. Chilcote & Smith.

Try 'em. Herald Want Ads.

**Manchester Last**  
In Dark Tan  
or Black Russia Calf



**P**ATRONS of this shop, realizing that no detail of one's garb better expresses breeding than correctly chosen shoes, invariably ask for Nettleton's.

And in so doing they assure themselves a distinction in appearance and reliability in service well worth any difference in price.

Let us fit you with Nettleton Shoes—the model shown above is typical of many exclusive styles.

**Nettleton**  
Shoes of Worth

SOLD BY THE

## K K K STORE

Exclusive Agents

## TURN HAIR DARK WITH SAGE TEA

**IF MIXED WITH SULPHUR IT DARKENS SO NATURALLY NOBODY CAN TELL**

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmothers recipe, and folks are again using it to keep their hair a good, even color, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage.

Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home.

All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound" for about 50 cents a bottle. It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time: by morning the gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few applications, it also produces that soft lustre and appearance of abundance which is so attractive.

**NOTICE**

I am now prepared to furnish Shasta Sand from the Hoey, Cam., sand and gravel pit, in any quantity that may be desired by contractors and builders.

AL F. GRAHAM.

## MRS. BOND ONLY WEIGHED 89 LBS.

IS REGAINING WEIGHT AND STRENGTH RAPIDLY SINCE TAKING TANLAC.

"I just feel so well pleased with the wonderful good Tanlac has done me that I wish everybody in the world knew what a great thing it is," was the statement made recently by Mrs. J. F. Bond, who lives at 421 East First St., Long Beach, Cal., when she called at the Owl Drug Co., in Los Angeles, a few days ago.

"In February I had a very severe operation and afterwards I could not get back to my normal condition," she continued, "My stomach didn't function properly, and I would suffer from indigestion and sour gas. I lost my appetite entirely and fell off rapidly until I weighed only eighty-nine pounds. I was as nervous as I could be and couldn't bear to hear any little noise out of the ordinary. Gas would form on my stomach and at times I would have awful smothering spells, and often at night I would have to sit up for hours to get my breath. Sleep was out of the question for I would roll and toss all night long, and when I got up in the morning I could hardly tell I had been to bed at all. I also suffered from constipation. In spite of all the medi-

cines I tried I got worse instead of better.

"One day I saw a testimonial in the paper about a case very similar to mine, and the wonderful results derived by the use of Tanlac. I got a bottle at once, and sir, I could tell immediately that I was getting better, and by the time I had finished my fourth bottle I had recovered completely. My stomach was never in better condition, and I have no trouble at all with indigestion. I'm not the least bit nervous, and don't have those awful smothering spells any more. I sleep good all night long, and when I get up every morning I feel fresh and fine. I eat anything I want, and have already gained eight pounds. I'm never constipated now. Tanlac is a splendid medicine, and I'm thankful for it has made me a happy woman. No, I don't care if you publish this statement for if I can help even one suffering person to health and happiness by publishing my experience with this Tanlac I will be repaid."

Tanlac is sold in Klamath Falls by the Star Drug Co., and in Lorella by the James Merc., Co.—Adv.

**SIX DEAD, 60 INJURED IN S. P. TRAIN SMASH**

**LOS ANGELES, Cal., Oct. 30.**—Six passengers were killed and 60 injured when a Southern Pacific train jumped the track near this city yesterday.

Phone 460 729 Main St.

**PASTIME**  
Jack Monrow, Prop.  
Cigars, Tobacco, Soft Drink, Pool and Billiards  
Barber Shop in connection  
**OUR MOTTO**  
"Courtesy and Service"

## KIDDIE'S CROUP MUST BE CHECKED

**Dr. King's New Discovery will do that very thing, easy and quickly**

**D**ON'T say, "Poor little youngster—I wish I knew what to do for you!" Just give a little Dr. King's New Discovery as directed and the croupy-cough won't linger.

A cold is not to be fooled with. Get after it at once. Loosen the congestion, the phlegm-stuffiness, and the throat-torture.

A family remedy for colds, coughs, grippe, and kindred attacks. Fifty years a friend to cold-sufferers. Fifty years of highest quality. 60c. and \$1.20 a bottle—all druggists.

## Bowels on Schedule Time

—the bile flowing freely, the fermenting body poisons eliminated. Dr. King's New Life Pills make the bowels function regularly and keep the system cleansed of gaseous impurities. 25c. a bottle, all druggists.

## Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of loading their system with drugs. "What's an inside bath?" you say. Well, it is a guaranteed to perform miracles—if you could believe these hot water enthusiasts.

There are vast numbers of men and women who, immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This is a very excellent health measure. It is intended to flush the stomach, liver, kidneys and the thirty feet of intestines of the previous day's waste, sour bile and indigestible material left over in the body which if not eliminated every day becomes food for the millions of bacteria which infests the bowels, the quick result is poisons and toxins which are then absorbed into the blood causing headache, bilious attacks, foul breath, bad taste, colds, stomach trouble, kidney misery, sleeplessness, impure blood and all sorts of ailments.

People who feel good one day and badly the next, but who simply can not get feeling right are urged to obtain a quarter pound of limestone phosphate at the drug store. This will cost very little, but is sufficient to make anyone a real crank on the subject of internal sanitation.

Just as soap and hot water act on the skin, cleansing, sweetening and freshening, so limestone phosphate and hot water act on the stomach, liver, kidneys and bowels. It is vastly more important to bathe on the inside than on the outside, because the skin pores do not absorb impurities into the blood, while the bowel pores do.—Adv.

## PROFESSIONAL CARDS

**DR. CARTER**  
DENTIST  
WHITE BUILDING  
PHONE 385

**FRED WESTERFELD**  
DENTIST  
Loomis Bldg., Klamath Falls

**DR. C. A. RAMBO**  
Dentist  
I. O. O. F. Building  
PHONE 61

**PRIVATE HOSPITAL**  
Now Open for Maternity Cases  
Mrs. Rosa McDaniels,  
301 High St. Phone 455

Office Phone 385 Res. 435  
**Dr. H. D. Lloyd Stewart**  
Physician and Surgeon  
White Building  
Klamath Falls Oregon

**DR. F. R. GODDARD**  
Osteopathic Physician & Surgeon  
Suite 211, I. O. O. F. Temple  
(over K. K. K. Store)  
Phone 221 ..  
(The only Osteopathic Physician and Surgeon in Klamath Falls.)

**DR. R. B. CRAVER**  
Diagnosis  
Medicine and Surgery  
Office over Underwoods  
Phone 280W 7th and Main

**KATHERINE SCHLEEF**  
Physician and Surgeon  
Office, White Bldg.

**WARREN HUNT**  
MEDICINE AND SURGERY  
206 I. O. O. F. Bldg.

**DR. G. A. MASSEY**  
Successor to Dr. Truax  
Suite 206, I. O. O. F. Bldg  
Office phone 86J  
Res Phone 86M

Phone—151J House  
151M Residence  
**DR. A. A. SOULE**  
Office, 420 Main  
Residence, 1909 Main

**DENTISTS**  
**Dr. E. G. Wisecarver**  
PHONE 854

**Dr. P. M. Noel**  
PHONE 4  
Over Underwood's  
Seventh and Main Streets