## MOTOR RHEUMATISH

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BEGLE BOT WATER DRIREMPE IF FOU DOEVT FEELCRMET Says glase of hot water whit phosphate belore breakiant
washes out poisons.

pated, nerions you are Lillious, oonstlfeeling just right becin hyside bathing. Drink before breakfast, a giam of real hut water with a tempoonful of lifmestote phonphate in it This stomack, Hiver, kidneys and bowels. and cleanse. sweeien asd parity the enture alimentary tract Do sour ib-
side fathing inmediately upon arks ing in the morniar to wash out of the sjatem all the yrations dayle poisooswus waste, Eus s alod sour tile before rutuing more fond into the stomach.
To feel ilke young folks feel: 1ike To foel like soung folke feel: like
you felt before your blood, merves and musces beccme loan lod with body impurities, get from your pharmacist a
quarter pound of limetober phomitate Quarter poush of limestoan phomitate which is in spenesive and aimoost tasteisse exopt for a wourtilh twiage which Jut us asap aud bot water aet out
the skin. clesming. suvetering and Trestuning. so bor viner und limeAiver, luaners and busels. Men and comet who are amuals ocsurtipated. Cisord: rataditidy ber have ase stomact the before browifant. Thes ate aron the sublect athortio. Adr


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