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THE PEOPLE'S MARKET

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From Producer to Consumer

One of the chief causes for the high prices of meat today is the demand of the public for only certain cuts, particularly steaks and chops. Other cuts, such as stew meats, boiling meats, corn beef, equally nutritious, and in some cases more so, are almost a drag on the market.

A stew of veal, lamb or beef with vegetables, etc., costs you just about half the price of a T-Bone steak, and is at least as nutritious.

Let us help you cut down your living expenses.

We always have on hand a supply of fresh, juicy beef, veal and lamb.

Kindly phone your orders early—83.

PEOPLE'S MARKET

LIABILITIES OF RUSSIA REACH GREAT TOTAL

LONDON, Sept. 24.—Interest on Russia's state liabilities today amounts annually to approximately \$643,500,000, according to a statement issued from Omsk by the Minister of Finance of the Kolchak government.

In 1914 the national debt was 8,637,000,000 rubles, the statement says. Internal war time loans aggregated 33,000,000,000 rubles while loans contracted abroad amounted to 8,000,000,000 rubles, thus bringing the debt to a total of about 50,000,000,000 rubles yearly would be required for the amortisation of this tremendous sum.

The statement points out the fact that the figures quoted in rubles represent fictitious values as the foreign loans were issued abroad in English, American, French, Japanese and Italian currencies which cannot be converted into rubles at the old gold rate of exchange.

Whereas France, in pre-war days was Russia's largest creditor, it is noted that Great Britain supplied the bulk of Russia's financial requirements during hostilities with France, America, Japan and Italy ranking in the order named.

MONTANA TIMBER SURVEY PLANNED

MISSOULA, Mont., Sept. 25.—Under the direction of the bureau of silviculture of the forest service, a survey is to be made soon of the amount of timber destroyed in Montana during the fire season just ended. This survey will undertake to determine the value of the merchantable timber destroyed, the loss in young growth, the possibilities of salvage of the remaining timber, and the effect of the fires on the plans for this year.

It is believed that a considerable amount of lumber may be salvaged and put to commercial uses.

"IN THE DAY'S NEWS"

Brig. Gen. Clarence P. Townsley, who goes on the retired list of the United States Army today on account of age, leaves behind him a long and brilliant record of efficient service. A native of New York State, he was appointed to the United States Military Academy from Iowa in 1877 and graduated with high honors four years later. During nearly the whole of his military career Gen. Townsley has been identified with the artillery branch of the service. During the war with Spain he served as chief of artillery and chief ordnance officer of the Department of Havana. For two years he was commandant of the Coast Artillery School at Fort Monroe and later he was superintendent of the United States Military Academy at West Point. In the early part of 1917 Gen. Townsley was sent on a visit of inspection to the European battle fronts.

In some counties of New York state fully 60 per cent of the total vote in the recent primaries was cast by women.

Glass of Hot Water Before Breakfast a Splendid Habit

Open sluices of the system each morning and wash away the poisonous, stagnant matter.

Those of us who are accustomed to feel dull and heavy when we arise; splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, lame back, can, instead, both look and feel as fresh as a daisy by washing the poisons and toxins from the body with phosphated hot water each morning.

We should drink, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to flush from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary tract before putting more food into the stomach.

The action of limestone phosphate and hot water on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast and it is said to be but a little while until the roses begin to appear in the cheeks. A quarter pound of limestone phosphate will cost very little at the drug store, but is sufficient to make anyone who is bothered with biliousness, constipation, stomach trouble or rheumatism a real enthusiast on the subject of internal sanitation. Try it, and you are assured that you will look better and feel better in every way shortly.—Adv.

FRENCH DEPUTIES WILL BE ARMY VETERANS NOW

PARIS, Sept. 24.—When the new French Chamber assembles after the coming election it is expected that fifty percent of the deputies will be veterans of the great war. Everyone is looking forward to a horizon blue chamber.

Binet-Valmer, a writer who rendered such eminent services with the tanks in the last two years of the war expects to be returned to the Chamber. He has written that one of the first measures that he will try to have passed will be the rewarding by titles of the victorious French Generals. Commenting upon the title granted by the King of England Byng, making him Lord Byng of Vimy, Binet-Valmer writes:

"I shall ask the new house that the names of great battles be added to the names of our great marshals and generals. For a tentative list I propose the following. Marshal Joffre, Duke of the Marne; Marshal Foch, Prince of the Yser, (the title of Prince has to be a foreign one) Duke of Saint-Gond and of the Aisne; Marshal Petain, Duke of Verdun; General Castelnau, Duke of Nancy; General Mangin, Duke of Villers-Cotterets, Gouraud, Duke of Chalons, Debency, Duke of Montdidier."

SPRING LAKE DRIPPINGS.

Mrs. Homer Deppen and Miss Bertha Owens visited with Mrs. Arthur Schreiner Sunday.

Earl Mack left Sunday for Corvallis, where he will attend O. A. C. this winter.

Miss Dona Mack left Thursday for Riddle, Ore., where she will teach school.

PORTER OF IOWA WILL FIGHT H. C. OF L.



Claude R. Porter of Centerville, Iowa, former assistant U. S. Attorney General has been named chief counsel for the Federal Trade Commission. His work will deal largely with the high cost of living investigations and prosecutions.

MOVE TO LAUNCH COMMERCIAL CLUB

At the close of the lecture, "Darkest New York After Dark," at the Orpheus, an almost unanimous vote was made by those present to use their influence with the professional and business men of the city to organize a Commercial Club. The speaker emphasized that a commercial club has proven to be the very strongest factor for the progress of business and the betterment of the moral conditions of a city. Such an organization should have the support of all professional and business men as well as farmers who are interested in having a good community, as it was clearly demonstrated that what the city is the surrounding country will also be.

BEAR HOLDS UP NEWSPAPER MAN

LOS ANGELES, Cal., Sept. 25.—Joseph Blethen, publisher of the Seattle (Wash.) Times, was held up in Yosemite Park recently.

The hold-up was accomplished by a bear with two cubs who stood in the middle of the narrow road and refused to budge while Mr. Blethen was motoring through the valley. The newspaperman took advantage of the situation to photograph the animals but his day's schedule was upset by the delay.

ROOFING

Now is the time to fix that Roof—now before the rain and snow come and make it almost impossible to do the work. You save money by doing it now, and save your property, too. Let me do your work and it will be done right.

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MEDFORD BANKER IS FORCED TO RESIGN

MEDFORD, Sept. 24.—L. Neidermeyer has resigned as bank director, due to the demands of the American Legion members following the publication of an alleged pro-German article in a local weekly paper at Neidermeyer's request.

Canadian women, in a number of widely scattered localities, will participate in their first elections as full citizens on October 27, when a half dozen nor more vacancies in the Dominion parliament are to be filled.

Mrs. Henrietta Darmore, who was elected village treasurer of Peekskill, N. Y., last spring, being the first woman to be honored with public office in that town, is now a candidate for the office of receiver of taxes.

Gold Seal—top Notch—and Ball Brand Rubber Boots, K. K. K. Store, 22-6t

AVIATION INTERFERES WITH SERVICES

SANTA MONICA, Cal., Sept. 25.—Aviation disturbs services in the churches of Santa Monica, according to a complaint just filed with the city commissioners by the Rev. W. H. Cornett, pastor of the First Presbyterian Church.

The minister declared aviation flew so low over the churches during Sunday services that the whirr of the planes interfered with the preaching and singing.

The commissioners issued a request to aviators that they fly high altitudes from 11 a. m. to 1 p. m. Sundays.

Vicomtesse de la Parrouse, who rendered valuable services during the war as president of the British committee of the French Red Cross, has been decorated with the Order of the British Empire by King George.

Artistic piano tuning and player work. Call Morgan at Earl Shepherd Co. 15-12t

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The Shoe that gives you "extra Service every step—Comfort every minute."



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