

# MOTOR RHEUMATISM

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### HE ROSE TO THE OCCASION

Teacher Insisted That Norman Should Write Poetry, and Result Was Remarkable Effusion.

The sophomore class at N— high school had a genius for a teacher. She could write poetry and every Friday required her pupils to do the same. Norman could play baseball, but poetry was outside his ken. Still the teacher insisted that he do it, and finally issued as her ultimatum that he either write it or she would mark him failure on his monthly report. A failure mark meant that the team would lose one of its best players, so Norman tried to write a poem. His attempt was so wretched that his teacher tried sarcasm.

"You are a genius," she told him. "Now see if you can't write a poem about yourself and your wonderful abilities."

Later she found Norman's effort in his memorandum book, but she kept the finding a secret. For he had written:

Lives of school teachers all remind us  
That they'd better get a man,  
And departing leave behind them  
Fewer nuisances if they can.

### Devoted Nurse's Death.

The story of a nurse's devotion in France was told by Maj. Gen. Cuthbert Wallace at a meeting convened by the London national council of women to consider shorter hours for hospital staffs.

"There was," said the general, "a certain hospital in France where the German bombers were coming over night after night. Some people get restless when they know that bombs may be dropped on them. The wounded man—although he was practically indifferent to shell fire—in a hospital very often gets seized with this horrible fear, this inability to keep still. There was a certain nurse who was looking after a ward in which there was a man who was bedridden and could not get out of the way. She had gone off duty one evening when these bombers came over. She knew of this man and went back to her ward. She was not on duty, but she sat at this man's bed and sang to him. A bomb fell. That woman was killed, but the man was left. The name of this heroic nurse was not revealed."

### Not Particular.

Two local fire laddies recently went on a hunting trip. Hearing a shot, one yelled to the other: "Get something?" "You betcha," the other replied. "What is it?" "Pheasant." The other, approaching, laughed derisively. "Huh!" he said, "that isn't a pheasant; it's a screech-owl." "Oh, well," said the first hunter, "what's the difference? When I eat a bird I eat its meat. I ain't particular what kind of a voice it's got."—London Tit-Bits.

### The Kind.

"What is your birthstone?" "Judging by the knocks I am always getting from life, I should say it was a brickbat."

## KEEP URIC ACID OUT OF JOINTS

### TELLS RHEUMATISM SUFFERERS TO EAT LESS MEAT AND TAKE SALTS

Rheumatism is easier to avoid than is absorbed into the blood. It is the cure states a well-known authority. We are advised to dress warmly; keep the feet dry; avoid exposure; eat less meat, but drink plenty of good water.

Rheumatism is a direct result of eating too much meat and other rich foods that produce uric acid which function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly cold weather the skin pores are closed thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate the uric acid which keeps accumulating and circulating thru the system, eventually settling in the joints and muscles causing stiffness, soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water, and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes

### WILSON RESPONDS TO CHEERS ON TRIP



Bringing his appeal for support in the ratification of the peace treaty direct to the people, President Wilson was greeted with enthusiasm and often doffed his hat to the cheering throngs.

### BAR TO SELF-GOVERNMENT

In India Idol Worship of Brahmanical Hierarchy Would Revive, Writer Asserts.

The danger, when it comes to self-government for India, and every Anglo-Indian recognizes it, is that we may put back into power the Brahmanical hierarchy which, by all the wiles of priestcraft, by organizing aboriginal worship and blood sacrifices, by astrology and "miracles," has held the lowlier races of India enslaved, body and soul, these three thousand years.

Even the English-speaking masters of art in Calcutta university, after their graduation, go back to temples reeking with the blood of bulls and goats, and chant Vedic mantras before hideous idols. Exactly so far does their study of Mill and Huxley emanate them. And this, in flat defiance of the fact that all the best of their sacred books sternly condemn this evil ambition and its instruments, black superstition and idolatry, the things against which the Buddha made his heroic protest. But long centuries ago, the dark Brahmanical reaction drove the Buddha's followers out of India.

Nevertheless the British trustees for the welfare of India continue to do all things in their power to advance the natives of that many-colored congeries of peoples along the path of real liberty.—Charles Johnston, in the North American Review.

### Remorse.

"So you were in a German prison camp?" "Yes." "How was the food there?" "Don't ask me to answer a question like that, but I'll say this much: If I ever run across the old lady I used to board with—overcome by the recollection of the mean remarks he used to make about those Sunday night suppers of cold ham and grits, the returned doughboy applied a handkerchief to his eyes and hastily walked away.—Birmingham Age-Herald.

### May Be Big Gold Field.

That free gold of untold quantities would be found in the gravel of the channel where once flowed the Rogue river has been the belief of Oregon miners for more than half a century. And so it happened that the owner of the old Walgo mine near Grant's Pass the other day made the greatest strike ever made in this section when he turned gravel for the first time. His holdings consist of 4,200 acres and it is believed that almost every foot of them lie over the old river bed and that nearly all of it is rich in pay dirt.

### Danced to Death.

It was a Polish wedding and there were quite a number of guests. Each one that danced with the bride was to pay \$1. They had been dancing and celebrating all evening and it was early the next morning when the bride had danced about forty-five times, therefore making about \$45. She was determined she would make \$50 before she quit and had almost succeeded when she fell to the floor dead.

The present dwellings in Greater New York could more than accommodate the whole population of Switzerland.

### NEVADA AS "GOLDEN STATE"

From Reports, It Is Not at All Improbable She May Become Thus Known.

When they began to dig out silver by the ton from the Comstock group of mines, Nevada lost its original name of "the Sagebrush State," and became known to the whole world as the "Silver State."

But recent developments in the Diablo district seem to indicate another change of name, for they do say that the gold is so thick just a little under the surface that the owners of the mines refuse to dig lest they be ruined by the excess profits tax. They just take out a shovelful from time to time to pay living expenses, and sit tight over the hole where they took it out till they need a little more. Possibly, also, these mine owners are influenced by patriotism, as not wishing to disturb values by flooding the world with gold and thus adding to the economic confusion. California has hitherto taken pride in calling itself the Golden state, but even in Nevada they are getting ready to demand the belt and title and say they are going to get it.

And with all due allowance for newborn enthusiasm and for the picturesque way in which prosperous miners are wont to express themselves, if a tenth of what is claimed is true—and it may be—we may expect the people of Nevada to change from the most loyal of silverites to the most determined and irreconcilable gold bugs. Circumstances do alter cases. That they have found a lot of gold is certain.—Sioux Falls Press.

### Was Big Railroad Project.

The summer brings the semi-centenary of the opening of the Mt. Washington railway, which, 50 years ago, distinguished the White mountain region of New England by making it the location for the first important mountain railroad in the country. Remarkable railroading to high altitudes has since been accomplished, but the climb of some 6,200 feet to the summit of the highest of the White mountains was then regarded almost as an achievement of the impossible. And it did, for that matter, immediately make Mt. Washington possible to many a tourist who would have spent his life at the bottom rather than try then to climb to the top on foot.

### Tribute to Porridge.

A wonderful old man is Mr. James Nicol, who has just celebrated his one hundredth birthday in the Kentish village where he lives, and is still going strong. Mr. Nicol, who is a Scot, was born in Tullibody, Clackmannanshire, and joined the Seventy-fourth Highlanders during the reign of William IV, later taking part in suppressing the Indian mutiny. He can do the Highland fling even yet, he says, and claims that the recipe for long life is porridge when one is young. He did not know the taste of meat or tea till he was over seventeen. Mr. Nicol married his second wife when he was ninety-three.

## Everyone Should Drink Hot Water in the Morning

Wash away all the stomach, liver, and bowel poisons before breakfast.

To feel your best day in and day out, to feel clean inside; no sour bile to coat your tongue and sicken your breath or dull your head; no constipation, bilious attacks, sick headache, colds, rheumatism or gassy, acid stomach, you must bathe on the inside like you bathe outside. This is vastly more important, because the skin pores do not absorb impurities into the blood, while the bowel pores do, says a well-known physician.

To keep these poisons and toxins well flushed from the stomach liver kidney and bowels drink before breakfast each day a glass of hot water with a teaspoonful of limestone phosphate in it. This will cleanse, purify and freshen the entire alimentary tract before putting more food into the stomach.

Get a quarter pound of limestone phosphate from your pharmacist. It is inexpensive and almost tasteless, except a sourish twinge which is not unpleasant. Drink phosphated hot water every morning to rid your system of these vile poisons and toxins; also to prevent their formation.

To feel like young folks feel; like you felt before your blood, nerves and muscles became saturated with an accumulation of body poisons, begin this treatment, and above all, keep it up! As soap and hot water act on the skin, cleansing, sweetening and purifying, so limestone phosphate and hot water before breakfast, act on the stomach, liver and bowels.—Adv.

### PETROGRAD SOVIET SAID TO SEEK PEACE

COPENHAGEN, Sept. 22.—The city soviet of Petrograd has empowered the people's commissaries to begin peace negotiations with the Allies on a basis of conditions fixed by them, according to reports received from Petrograd.

### STRANDED LINER AGAIN REFLOATED

LONDON, Sept. 22.—A white star liner bringing troops back from the Russian front went ashore today off the Orkneys but was later refloated and proceeded to her destination.

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### MIDLAND.

Joe Morrow and family moved to Klamath Falls a short time ago.

Eric and Nova McKeon of Cangel Valley visited their sister, Miss Selma McKeon's last week. Eric McKeon's last week received his discharge from the army.

Pete Bliss accidentally cut the thumb of his left hand at 10:30 Thursday. It was immediately taken to a doctor where it was replaced.

Miss Selma McKeon, teacher of the Midland school spent her Sunday at the home of J. D. Hooper.

Mrs. Geo. Furber's brother is here visiting from the east.

Miss Hattie Blinn is staying with her grandmother Mrs. Morrow in Klamath Falls while attending school.

William Hooper has recently purchased a new King automobile. Ida Hooper, who has been confined to her bed with acute inflammatory rheumatism for the past two weeks, is very much improved.

The emptier a man's head the bigger noise he makes

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