pansion, upholding of Japanese traditions, and to oppose blind adoption of the ideals of Western civilization. The students assert that Japan has her own characteristic civilization, which is strong enough German Colony in Mexico Prints camp. to be independent of the European and American civilization.

On account of car shortage we will sell blocks at \$2.50 per cord at our factory until further notice. Now is the time to get in your winter blocks.

TO DARKEN HAIR

NATURAL COLOR, GLOSS AND the article follow: ATTRACTIVENESS

other ingredients.

While wispy, gray, faded hair is Wyeth's Sage and Sulphur Compound, their guiit. no one can tell, because it does it so naturally, so evenly. You just dampone small strand at a time; by morning all gray hairs have disappeared, your hair becomes beautifully dark. glossy, soft and luxuriant.

High

FINEST MATERIALS

BEST OF WORKMANSHIP

LATEST STYLES

PERFECT FIT GUARANTEED

Chas. J. Cizek

BIR Main Bt.

CHEAPER WOOD

For a limited time we will make the following prices on-

BLOCKWOOD

delivered to your home.

Cord, or single load \$3.50.

Double load \$4.50

O. Peyton

501 Main. Phone 187

TOKIO, Aug. 1.—A student group of the Tokio Imperial University has organized a society for national CATECHISM OF

the delegates of the German republic ifications for the job. signed the peace treaty at Versailles.

"The day of revenge of the German people is not far off. We shall He's adding to it the twentieth cen-Common garden sage brewed into a do good to practice patience until the tury watchword-'Specialist," beavy tea with sulphur added, will day of revenge has arrived. Revenge turn gray, streaked and faded hair must be coldly consumated. In orbeautifully dark and luxuriant. Just der to prepare ourselves quietly for

gray. Mixing the Sage Tea and Sul- the catechism summarize in brief the demands of the Dockers Union. phur recipe at home, though, is trou- form many of the profests which have An easier way is to get a been heard from German sources 5-cent bottle of Wyeth's Sage and Sul. since the terms of the peace treaty phur Compound at any drug store all became known. They deny that Gerrendy for use. This is the old time many wanted war, assert that Gerrecipe improved by the addition of many was right in invading Belgium, attack England for the blockade of Germany, aver that Germanys armies not sinful, we all desire to retain our were never defeated, and declare youthful appearance and attractive that German honor is insulted by By darkening your hair with making Germans sign admission of

In conclusion, the article says:

These twelve commandments will en a sponge or soft brush with it and suffice to prepare us mentally for draw this through your hair, taking 'The Day' on which the hour of re- behind a certain amount of incom venge will strike."

Asked if the sentiments expressed were those of the entire German colthe colony were willing to accept the sucked into the blood. verdict of the war and give their support to the new German government and to reconstruction policies.

WILL FORCE THEIR DEMANDS UNLESS ACTION IS TAKEN

WASHINGTON, D. C., July 31 .-William G. Lee, president of the cleap, pure and fresh. Brotherhood of Railroad Trainmen. announced that unless the railroad ment of the demands.

MANY CASES OF

SAYS WE MUST KEEP FEET DRY. AVOID EXPOSURE AND EAT LESS MEAT

Stay off the damp ground, avoid exposure, keep feet dry, eat less meat, drink lots of water and above at take a spoonful of salts occasionally to keep down uric acid

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine. The pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fall to eliminate this uric acid which keeps accumulating and circulating thru the system, eventually settling in the joints and muscles causing stiffness soreness and pain

called rheumatism. At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acld by stimulating the kidneys to normal action, thus ridding the blood

of these impurities. Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which oversomes uric soid and is beneficial to your kidneys as well.

VOCATIONAL BOARD AIDS YOUNG DOCTOR

WASHINGTON, D. C., Aug. 1. In its work of re-routing disabled war veterans through courses of training for new vocations, the federal board found a young doctor who had lost his leg in a German prison

Before the war he had been a gen-Revengeful Article on Day That erel practitioner, with his sign still the Fatherland Signs the Treaty rather new, but a good future. If you can picture the family doctor you know, who sleeps with an eye open, eats with the telephone in one MEXICO CITY, Aug. 1 .- A "Cat- hand and exercises in and out of an echism of Hate" was printed in the automobile all day and night, you Deutsche Zeitung von Mexico, and can see that an amputated leg and a revenge was threatened in an article constitution suffering from a Geraccompanying it, on the day when than prison diet aren't the best qual-

He wasn't downhearted .though, The paper, printed in German, is and neither was the board. They generally believed to voice the opin- got together, and using the backions of the pan-German, irreconcil- ground of medical training, sketched able element of the German colony in a special course in eye, ear, nose LOOK YOUNG: BRING BACK ITS in Mexico. Translations in part of and throat at a Chicago medical school, and started in.

Take in his sign?? Not much!

WORK STOPS AT EAST ST. LOUIS EAST ST. LOUIS, July 31 .- All a few applications will prove a revela. it, we need a 'Catechism of Hatred'. work at this port ceased today when The "twelve commandments" of employers declared a lockout, due to

Not a Bite of Breakfast Until You Drink Water

Says a class of hot water and phosphate prevents illness and keeps us fit.

Just as coat, when it burns, leave bustible material in the form of ashes so the food and drink taken day after and after another application or two, in the Deutsche Zeitund's article day leaves in the alimentary canal certain amount of indigestible maony in Mexico, one of the leaders of terial, which if not completely elimithe German socialist party in Mex- nated from the system each day, beico declared that they were held only omes food for the millions of bacteria by the older and wealthier colonists, which infest the bowels. From this who dominated both the paper and mass of left-over waste, toxins and the colony, but that a large part of ptomain-like poisons are formed and

> Men and women who can't get feeling right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a tenspoonful of limestone phosphate in it to wash out the thirty feet of bowels the previous day's actumulation of poisons and toxins, and to keep the entire alimentary canal

Those who are subject to sick headache, colds, biliousness, constipation administration took action by Octo- others who wake up with bad taste ber 1st on the demands of the em- foul breath, backache, rheumatic stiffployes for an increase in wages or a ness, or have a sour, gassy stomach reduction in the cost of living, steps after meals, are urged to get a quarter would be taken toward the enforce-pound of limestone phosprate from the drug store, and begin practicing internal sanitation. This will cost very little, but is sufficient to make. anyone an enthusiast on the subject.

Remember, inside bathing is more important than outside bathing, because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleanses. sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.-Adv.

Chills Are Danger Signals

The chill indicates that the malaria germs are destroying the very life principle in the blood ,and that your vitality is being undermined

Nyal's Chill Tonic

will destroy the malaria germs, purify and enrich the blood and restore wasted vitality.

> It is Guaranteed Price 75c

Notice to Subscribers

Under authority of the Postmaster General, on account of recent increases in wages to employes, totaling for the State of Oregon upwards of \$225,000.00, certain changes in exchange rates have been approved and made effective July 29, 1919, for the State of Oregon.

The changes in rates apply particularly to residence service, changes having been made in the principal business rates May 1, 1919.

All new business taken on and after July 29th will be at the

new rates, and bills to present subscribers for the month of August will be rendered at the new rates . The increased rates will yield an annual revenue upwards of \$250,000.00, but as the increase in wages is upwards of \$225,000,

the net return to the company under the rates now made effective is approximatly 21% per cent on the valuation of its property at \$13,464,000.00, as found by the Public Service Commission. The new schedule of rates is identical with the one approved

by the Postmaster General for the State of Washington, which has been in effect since March 1, 1919. The rates are the same in both states for exchanges that are comparable.

We believe that no proof as to the advanced cost of living and the general high cost prevailing for labor and materials is necessary, and that the telephone using public will accept this increase in rates in the same spirit of fairness and consideration as it has the advances in almost every other necessity in these unusual

The Pacific Telephone & Telegraph Co.

Palace Market

—The only meat market in the city operating its own cold storage rooms for the proper handling of fresh and cured meats. Our coolers are open to the Public for inspection as to quality of meats handled.

Special Prices for Your Saturday Meats

BEEF: NICE JUICY RUMP ROASTS-NICE JUICY SHOULDER ROASTS-NICE JUICY BEEF BOILS-SIRLOIN STEAKSper 1b _______28c, 30c SHOULDER STEAKS— ROUND STEAKS-FANCY VEAL: FANCY VEAL ROUND STEAK-SHOULDER-VEAL CUTLETS-VEAL STEW— 16c

Klamath Packing Co. **52 MAIN STREET**