

# National Baby Week Is Staged In Great Britain

LONDON, July 17.—National Baby Week, which is to occupy the attention of Great Britain during seven days of July, will be featured by baby shows and demonstrations in every important town and city in the British Isles. The prize babies this year will have to pass a more exacting and critical examination than ever before. Only children between ages of six and twelve months will be eligible in the competitions, and children showing suspicious symptoms of coughs, colds, sore throat or contagious ailments will be rigorously barred.

The perfect baby should have fifty good points, according to the standards agreed upon for the judges. Mental, weighing, measuring, physical, dental, eye, ear and throat tests

will be made in succession. As a mental test, the mother will talk to her baby, and as she does so the judges will note its facial expressions, its action, and the quality of its attempts at speech.

Weighing and measuring includes height, the circumference of pelvis, chest, head and abdomen, and the length of arms and legs. Beauty hair does not count against a child until it is a year old. Mere prettiness is of no account; features are not considered individually. Beautiful blue eyes and cherub lips do not gain marks, but symmetry, proportion of features, face contour and expression have their values. A child does not lose marks for birthmarks, moles, abrasions or small scars caused by minor accidents.

## GERMANS DEPLORE DECLINE OF RATE ON EXCHANGE

AMSTERDAM, July 17.—The Rheinische Westfaelische Zeitung of Essen, Germany, in a leading article headed "New Offensive Against Our Rate of Exchange," deplors the decline in the exchange rate of the mark, and says:

"The enemy has every interest in keeping the rate as low as possible, not only in order to increase the cost of imports into Germany during the war, but to hinder reconstruction of

Germany's economic life after the war."

The campaign against the rate of exchange of the mark is attributed to a large New York banking house and to the recent increase in the number of Germany's enemies, which has narrowed the scope within which Germany can take measures to improve the exchange, while the realization of securities of hostile countries in German hands is declared to be impossible.

The Chilcote agency is the hot a of the Aina companies.

## NEW CONCRETE RESIDENCE HERE

FRED BUESING TO BUILD THIRTY-FIVE HUNDRED DOLLAR HOUSE ON THIRD AND HIGH STREETS

Fred Buesing of this city will construct a fine new residence at the corner of Third and High streets. Permit was given him last night by the city council to erect a one and one-half story residence of concrete blocks at this point at a cost of \$3,500. He contemplates commencing work immediately.

Percy Evans was given permission to erect a garage at his home on Eighth and Pine streets.

## GOVERNOR IN TOUCH WITH KLAMATH TROUBLE

City Attorney R. C. Grossbeck presented a letter at the council meeting last evening from Governor James Withycombe regarding the I. W. A. situation here, in which he assures the people here that the state authorities are active, and that the whole state will be organized to handle this menace.

Laws are cited under which these agitators may be apprehended, such as vagrancy, flag desecration, rioting, etc.

Mrs. S. O. Johnson and family arrived last evening from San Francisco and are registered at the White Hotel.

# Porto Rico Signs Many For Red Cross Society

SAN JUAN, Porto Rico, July 5.—(Correspondence)—Twelve hundred new members for the Red Cross is the record made by the membership committee of the Porto Rico chapter of the American Red Cross in San Juan during Red Cross Week. The reports from committees working in other parts of the island have not yet come in, it is known that the work was almost as successful on a smaller scale elsewhere. There are now 4,000 members of the Porto Rico chapter in San Juan alone, and several hundred more in the other towns, with the number increasing every day.

The Porto Rico chapter is said here to be the first chapter of the American Red Cross to be organized outside of continental United States. The charter was not granted until May 1, two months after citizenship had been conferred on the Porto Ricans by an act of congress, and the recognition of Porto Rico as a territory of the United States was the deciding factor

in granting the charter. On account of the newness of the organization the campaign for members did not stop at the end of the national Red Cross Week, but will continue until the maximum number is secured. It is expected that 25,000 members will be obtained before the end of the campaign. Committees are at work in all of the large towns and are being organized in the small ones.

The campaign thus far has been solely for membership, the funds collected coming from the initiation fees, but as soon as the enlisting movement is well organized throughout the island, a campaign for funds will begin.

The Porto Ricans are displaying a remarkable spirit of patriotism. Their interest in the work and mission of the Red Cross is heightened because of the fact that Porto Rican troops already are in the United States service, and because others soon will be called to the colors.

## Gas Mask to Be Used by American Soldiers



Representative Heints of Cincinnati is here shown wearing a gas mask such as has been provided for American soldiers in France. He is one of the two members of congress who has enlisted in the army. The mask was modeled after a German mask picked up on the battlefield in France. But the attached bag is an American improvement. It is an air filter which will purify the air of noxious gases so when it is received into the mouth it will not poison the body.

# DRINK HOT WATER BEFORE BREAKFAST EVERY MORNING

Hopes every man and woman here will adopt this splendid health habit.

Says a glass of hot water with a teaspoonful of limestone phosphate in it washes poisons from system, and makes one feel clean, sweet and fresh.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days head-achy, dull and unstrung; some days really incapacitated by illness.

If we all would practice the drinking of phosphated hot water before breakfast, what a gratifying change would take place. Instead of thousands of half-sick, anaemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons in the bowels which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, sick headaches, rheumatism, lumbago, nervous days and sleepless nights have become real cranks about the morning-inside bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone its cleansing sweetening and freshening effect upon the system.

## MEAT INJURIOUS TO THE KIDNEYS

TAKE A TABLESPOONFUL OF SALTS IF BACK HURTS OR BLADDER TROUBLES

We are a nation of meat eaters and our blood is filled with uric acid, says a well known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.

## STRIKES CLOSE NORTHERN MILLS

IN EFFORT TO SECURE EIGHT-HOUR DAY TWENTY-FIVE HUNDRED MEN TIE UP WORK AT GRAY'S HARBOR

TACOMA, Wash., July 17.—The shingle mills are closed at Grays Harbor and Aberdeen as result of a strike for an eight-hour day.

About twenty-five hundred men walked out at Grays Harbor.

## COLORADO CHILDREN ARE BUSY FOR RED CROSS

STERLING, Colo., July 17.—Sixty children of Sterling are working daily for the Red Cross under the direction of Miss Harriet Jacobs. The children gather each afternoon at the court house to cut old rags for fracture pillows while their mothers are engaged in another room making up the pillows.

The work is under the auspices of Sterling chapter of the Red Cross.

## YAKIMA INDIANS ARE FARMING BIG ACREAGE

NORTH YAKIMA, Wash., July 17. Yakima Indian reservation land owners are "doing their bit" this year by cropping 9,564 acres of land in addition to that planted last year.

More than half of this increased acreage has been planted to grain, about one-quarter to corn and the remainder to sugar beets.

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## "Asphalt-Base Oil Ideal Lubricant"

FORD—E. I. Veitch, Oakland—  
"California asphalt-base oil forms an ideal lubricant for a Ford car."

STUDEBAKER—Studebaker Garage, Stockton—  
"having used Zerolene for over six years, feel justified in recommending it to users of Studebaker cars."

DODGE—McArthur Bros., Phenix—  
"have used Zerolene exclusively in all our Dodge Brothers cars."

OAKLAND—Oakland Auto Sales Company, Portland—  
"Zerolene has proved a satisfactory lubricant in our Oakland cars."

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## Lemons Beautify!

Strain lemon juice well before mixing and massage face, neck, arms, hands.

Here is told how to prepare an inexpensive lemon lotion which can be used to bring back to any skin the sweet freshness, softness, whiteness and beauty.

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quart pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan, and is the ideal skin softener, smoothen and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quart pint of this sweetly fragrant lemon lotion and massage, it daily into the face, neck, arms and hands, and see for yourself.—Adv.

Will trade a good lot in Railroad Addition with spur track for good residence lot. See Chilcote.

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