

Hot Water Each Morning Puts Roses in Your Cheeks



To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken each day leave in the alimentary organs a certain amount of indigestible material, which, if not eliminated, form toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you are told to drink every morning upon arising, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweetening and purifying the entire alimentary

tract, before putting more food into the stomach.

Girls and women with sallow skins, liver spots, pimples or pallid complexion, also those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headaches, bilious spells, acid stomach or constipation, should begin this phosphated hot water drinking and are assured of very pronounced results in one or two weeks.

A quarter pound of limestone phosphate costs very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphate act on the inside organs. We must always consider that internal sanitation is vastly more important than outside cleanliness, because the skin pores do not absorb impurities into the blood, while bowel pores do.

Women who desire to enhance the beauty of their complexion should just try this for a week and notice results. (Advertisement)

Mayor Crisler's Message

The following is the message to the council and citizens, read at that night's meeting of the council by the new mayor, C. E. Crisler:

It seems to be the custom, on assuming office, for the mayor to outline briefly some of the policies which he expects to carry out during his term of office. My training of the past has been almost exclusively along the line of work, rather than that of talk. However, there are some things, which I believe it is proper that I should call your attention to, which so evidently need attention, that they are noticeable to even the stranger within the city.

Our City

I can truthfully say that we have one of the most favorably located cities, from the standpoint of health, climate, scenery and beautiful surroundings, that it has ever been my good fortune to see. Klamath Falls is ideally located so as to make easily possible, with a little effort on our part, one of the most beautiful home cities to be found anywhere. A few years of honest effort can make this town a place such as to inspire pride in the heart of every citizen living within its borders.

Sanitary Conditions

I want to say to you that it is my intention to devote my entire time to my duties as mayor. I did not accept this office for the honor that may be in it, but in the hope that I might be able to bring out the cooperation of the citizens of every part and section of Klamath Falls, in an effort to accomplish that which we all so much desire: the beautifying of the city and the making of it a place where we can all live in peace, comfort and happiness. I intend to visit every part of the city, even the remotest districts, not once, but every day, and find out the needs of the people, and I expect you members of the council to back me in seeing that these wants are attended to, if they are reasonable and desirable. The health of the city must be protected and all unsanitary conditions must be removed. I believe that this can be done by strictly and impartially enforcing our present ordinances. To my mind the best sanitary conditions of a city are not confined alone to abating cess pools, open sewers and such nuisances, but that the beautifying of the homes, both front and back yards, the planting of trees and lawns, neatly kept fences and walks, and clean streets, all tend to raise the standard of living and are conducive to better health and living conditions of the people.

Camping Grounds for Tourists

Klamath has well been called the "Tourists' Paradise" and if our city is to get the greatest benefit from these visiting strangers, we will have to follow the example of other progressive cities and extend a welcome and offer reasonable accommodation to these tourists who pass through our city by the thousands every summer. I do not think that individual citizens should be asked to assume all the responsibility which properly belongs to the city. I believe it is the duty of the city government, for the good and benefit of the entire people, to provide camping grounds with suitable accommodations for the tourist travel, who might desire to spend a few hours or days within the city, and incidentally some of their good foreign money. I am sure that the cost to the city will be very small compared to the benefit derived.

Make Farmers Welcome

It seems that many of us have forgotten the fact that originally towns and cities were established for the sole accommodation and benefit of the farmers and settlers who tilled the soil in the surrounding neighborhood. Today we are apt to feel that we, who are fortunate or unfortunate enough, to live in the city are independent of our farmer friends and can get along without their assistance and patronage. The sooner we get rid of this idea the better it will be for Klamath Falls as a city. We must show the farmers of Klamath county that this is their city. This cannot be accomplished simply by telling them they are welcome to the city, but we must prove that this welcome is sincere by getting busy and establishing better accommodations for the visitors from the country. Sanitary and attractive parking and hitching grounds and racks are needed and there are many other ways by which we can create a closer relationship between the residents of the city and county, which we can discuss later.

Fire Protection

The need of ample fire protection for our city and the organization of a competent fire department, equipped with more modern fire fighting apparatus, is so evident that I will not dwell on it at this time, further than to say that no time must be lost in attending to this important matter.

Sewers

Properly planned and installed sewers are essential to the health of any city, and

while Klamath Falls is fortunate in the extent of its sewer system, yet I find some districts which yet are without protection. Careful consideration must be given these districts, and the people must be granted relief just as soon as financial conditions and the extent of the population will justify it.

Streets

I believe that our present streets can be kept in good condition at a very slight cost, if prompt action is taken when small defects are first evident. We are fortunate in the extent of our hard surface paving, which surpasses that of many cities larger than Klamath Falls. Our natural dirt streets in the residence section are easily packed and can be kept smooth during the greater part of the year, if a little dragging is done after wet spells and rains, to fill up the ruts.

Street Lights

I am not just satisfied that we are getting the most for the money we are spending for street lighting, and it occurs to me that some better arrangement or distribution could be made so that we could have a better lighted city without any additional cost. This we will have to work out together after some of the more pressing matters are attended to.

Water Analysis

I believe that every citizen of Klamath Falls is entitled to know at all times just how pure or impure water they are forced to drink. All we want are the actual facts. I believe that an analysis should be made of samples of water at least every sixty days. Parcel post or express charges will be all the cost that will attach as I will arrange to have the results published without expense to the city. This will probably prevent a continuation of the criticism we have heard in past years, and which I hope will prove unfounded.

Loose Stock

If we are going to encourage our home owners to improve and beautify their grounds and surroundings, we must protect their property from the damage done by loose stock, and at all times see that our ordinance covering the running of stock at large within the city is strictly enforced.

Public Playgrounds

I believe it will be possible to secure the use of vacant property in the city where some of our civic organizations or public spirited citizens could be induced to erect swings and apparatus for the entertainment of the young boys and girls who are now forced to use the alleys and streets of the city in which to play. The associations would be cleaner and healthier and I believe it would help reduce the number of cases which from time to time claim the attention of the juvenile court.

In Conclusion

I have only mentioned a few things, of more or less importance, that have occurred to me at this time. I realize that as soon as I get really into harness other problems will present themselves which we will have to work out together. I want to assure the people that my entire time is at the disposal of the city, and it will be my aim to act at all times according to what I honestly believe to be for the best interests of all the people. I will recognize no politics, no factions, no friends nor enemies, but just plain, good common-sense business will govern all my actions. I realize that this administration cannot be a success without the hearty, honest co-operation of the members of the council and all the people of Klamath Falls. Your city will be just what you help to make it.

This is the home of all of the *Atina* companies. Chilcoot, 622 Main. 26

We Are Not Star Gazers



but plain, practical business people.

Seehorn GETZ Wood
Phone 72 622 Main Street

UNIVERSITY NOW FORTY YEARS OLD

COMMEMORATIVE PROGRAM WAS HELD AT EUGENE YESTERDAY WITH PROMINENT MEN AS THE SPEAKERS

UNIVERSITY OF OREGON, Eugene, July 26.—The fortieth anniversary of the opening of the university was observed yesterday afternoon at 2:30 p. m.

The speakers were M. A. Miller, collector of customs, Portland; Judge J. M. Hamilton, Roseburg; Supreme Judge L. T. Harris, Salem; Governor James Withycombe, and President F. L. Campbell. There was an attendance of 2,500.

During the forty years since 1876, the value of the university plant has increased from \$50,000 to about \$1,000,000.

A state university was first conceived by congress when it admitted Oregon to the Union, and granted seventy-two sections of land toward the support of such an institution. The population was very small, however, and was centered in the Willamette valley, which was already well supplied with colleges, and so nothing was done until the state legislature met in 1872.

Bills for the location of the state university were then presented: Salem, Albany, Corvallis, Forest Grove, Monmouth and Eugene all wanting the school. Eugene did not ask to apply the state fund to a sectarian school; it had the support of Southern Oregon as being closest to the southern part of the state, and finally the citizens of Lane county organized the Union University Association and undertook to raise \$50,000 to put up the first building. That was how Eugene became the seat.

The east and west side of Eugene then fell into controversy as to which should have the institution. The dispute was referred to the state board of land commissioners, who on April 19, 1873, selected the present eighty-acre campus. Eighteen acres of land were bought. The present campus comprises seventy-seven acres.

The struggle of the early citizens of Lane county to raise that \$50,000 makes one of the most picturesque of Oregon's pioneer stories. By the end of 1873 enough money had been raised to put up the walls and roofing. The deed was made out transferring the property to the state, January 1, 1874, but only the exterior was complete and some of that was not paid for. The legislature extended time of completion to 1877. In the fall of 1876, a judgment of \$4,000 threatened the building, but one of the directors of the University Association advanced the money. Finally the Patrons of Husbandry of Lane county agreed to provide the amount still lacking, and on July 30, 1876, the property was inspected and accepted by the state, in the persons of Governor Grover, Secretary of State Chadwick and Treasurer Brown.

The catalogue registration for the university proper in the first term was about sixty-five. The catalogue registration this year will be almost 2,000.

SHIPPINGTON SIDELIGHTS

Captain VanCamp has bought the launch "Lady Helen" and Steven Means is re-painting the pretty little boat.

The steamer Modoc has towed approximately 7,000,000 feet of logs for the lake mills so far this season, we are informed.

Much corn is being planted in Buena Vista Addition this season. It will be used mainly for roasting ears.

This scribe is alighly incapacitated. Got a package of brand new tea from an agent—paid \$3 a pound for it—and made it according to directions. It tasted like a bound pup had been soaked therein, and has made ye scribe feel like a corrugated amalgamated bovolopus.

The splendid new office building of the Klamath Manufacturing company is nearing completion. It is a fine addition to the little lake town.

The Shippington box factory is now working up 100,000 feet of lumber daily.

White Pelican Hotel
Each day from 12 to 1:30, merchant's lunch, 40c. 5-21

If you're looking for a house, lot, business property, farm or ranch, Chilcoot can save you money. 36

Try the merchant's lunch at the White Pelican today. 40c. 5-21

An Explorer at 88



DR. EDWIN HEATH

Dr. Edwin Heath of Kansas City was one of the most interesting participants in the meeting in Washington of the League to Enforce Peace. Dr. Heath has spent many years of his life in explorations in South America. He found a river in Brazil which is named for him.

Buffalo Vernon Has Arrived in Ashland

Buffalo Vernon, champion bulldogger and steer roper of the world, has arrived in Ashland from Pendleton, to assist the committee in completing arrangements for the mammoth Ashland Rogue River Round-Up, to be staged July 4, 5 and 6.

Vernon says he is in the pink of condition, and fit to do the best work of his career.

SAYS HOT WATER EACH DAY KEEPS THE DOCTOR AWAY

DRINK GLASS OF HOT WATER BEFORE BREAKFAST TO WASH OUT THE POISONS

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous, stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The solution of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleanses out all the sour fermentations, gases, waste and acidity and gives a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting & large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism, others who have sallow skins, blood disorders and sticky congestions are urged to get a quarter pound of Limestone phosphate from the drug store which will cost very little, but is essential to make anyone a pronounced crank on the subject of internal sanitation.—Adv.

CHAUTAQUA IS FREE OF DEBT

SEASON TICKET SALES ARE IN EXCESS OF THE GUARANTEE PLEDGED BY THE LOCAL BACKERS OF THE ENTERTAINMENT

The local people, who, in order to give Klamath Falls an educational treat, pledged themselves to pay grants any deficit, will not have to dig down to make up any such amount. The sale of season tickets more than paid the necessary guarantee.

The contract with the Edison-White system was for the sale of 1,500 season tickets. Secretary W. S. Slough reports that there were 1,500 tickets sold, or forty more than required.

PINE GROVE PICKUPS

Mrs. Early Arant has been visiting her mother, Mrs. Anderson, who lives at Bonanza.

Dr. Morgan, the pastor of Pine Grove church, is visiting his family and friends at Ashland.

Nora Miller is visiting Miss Emma Murray of Klamath Falls. They are attending Chautauqua.

Mrs. W. F. Elliott and daughter, Miss Vivian, were visitors of Mrs. F. M. Miller.

Mrs. Clarence Harris visited Mrs. Sam Miller Wednesday afternoon.

Mr. Brett has put a new fence around his farm.

SPRING LAKE DRIFTINGS

We're still smiling. Why? Well, because we have had another rain and a few growing days.

Mrs. Scott Thompson conducts the state examination at our school Thursday and Friday.

E. A. Shreiner, who has been to bed with lumbago, is some better at this writing.

Frank Stewart made a trip to the Spideell ranch, north of Pine Grove Saturday, and hauled the new logskids for our school. Old Glory will soon be unfurled to the Spring Lake houses.

Mrs. Rose A. Payne is reported much better at this writing.

The epidemic of whooping cough which has been sweeping the valley, has arrived in our midst. Several of our children are afflicted.

Miss Thelma McReynolds, the teacher from Lake, is visiting with her sister, Mrs. Alex Cheyno.

Several Spring Lake people are planning to attend the Chautauqua this week.

MY TIRED FEET ACHED FOR "TIZ"

LET YOUR SORE, SWOLLEN, ACHING FEET SPREAD OUT IN A BATH OF "TIZ"



Just take your shoes off and then put those weary, shoe-crushed, aching, burning, corn-pained, blister-tortured feet of yours in a "TIZ" bath. Your toes will wriggle with joy; they'll look up at you and almost talk and thank them for another dive in that "TIZ" bath.

When your feet feel like lumps of lead—all tired out—just try "TIZ". It's grand—it's glorious. You can't will denote with "TIZ" but you can find all pain gone from your aching, swollen feet.

There's nothing like "TIZ" for the only remedy that keeps out all the poisonous infections which creep up your feet and cause that burning, itching, aching, and all the other things that make you want to get a doctor. Get a 25-cent box of "TIZ" from the drug or department store. Ah! how good "TIZ" is for your feet. You'll wear a shoe again. "TIZ" is the only remedy that keeps out all the poisonous infections which creep up your feet and cause that burning, itching, aching, and all the other things that make you want to get a doctor. Get a 25-cent box of "TIZ" from the drug or department store. Ah! how good "TIZ" is for your feet. You'll wear a shoe again. "TIZ" is the only remedy that keeps out all the poisonous infections which creep up your feet and cause that burning, itching, aching, and all the other things that make you want to get a doctor. Get a 25-cent box of "TIZ" from the drug or department store. Ah! how good "TIZ" is for your feet. You'll wear a shoe again.

Willard
"It's a Cinch"
Good lighting and starting needn't worry you if you let us take care of your storage battery. We'll do it right.
LINK RIVER ELECTRIC COMPANY
Free inspection of any battery at any time

JAP-A-LAC
Makes all things new. Big Basin Lumber Co., Phone 107. 16-11

UPPER LAKE TRAFFIC
We are agents for Calkins & Hamilton's mail, passenger and freight boats on the Upper Klamath Lake. Buses leave this office every morning except Sunday, at 7:30.
Western Transfer Co.
PHONE 187 MAIN STREET, NEAR FIFTH

The Waters of Adversity
will never rise high enough to trouble those who have the saving habit. The first duty of a young couple should be to start putting by a little every pay day. This bank offers you all its facilities to save and to pay you for your prudence in interest.
FIRST STATE AND SAVINGS BANK
KLAMATH FALLS, OREGON

Cotton and Bandages
And other sick room supplies can be bought from us to better advantage, because our stock is clean and fresh—always. You do not pay more, and you can always be sure they are right.
Underwood's Pharmacy
KLAMATH FALLS OREGON
WHERE PARTICULAR PEOPLE WANT PARTICULAR DRUGS