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ABSTRACTS INSURANCE
Members Oregon Association
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CLAYTON E. WHEELER
Physician and Surgeon
Osteopath
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THE KLAMATH FALLS SEWING LAUNDRY
Guarantee first class work as well as first class service.
If you have occasion to make complaint and do not get immediate attention, phone
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Wood! Wood!
Black Wood, Load \$2.50
Black Wood, Double load \$3.50
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16-inch Body Wood ...
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4-ft. Body Wood ...
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Leave Orders at
Square Deal Store
Our Shop and Main
P. C. CARLSON
Phone 185

WOOD
Blackwood, Load \$2.75
Blackwood, Double Load \$3.75
16-inch Green Shab \$2.75
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Dry Shab, 4-foot \$2.50
Buy your green shab early
KLAMATH FUEL CO.
Office 505 Main, O. Puyton, Mgr.
Phone 187.

A Woman with a mind

IS QUICK TO GRASP A POINT

Genuine values require no "inducements."
We give our customers genuine values, and the women of our community have been quick to respond.
We find from experience that it pays US to give OUR CUSTOMERS genuine values, for THEY BRING OTHERS.
Join the merry bunch, eat well, live long, and—forget to die.

VAN RIPER BROS.
"Quality Groceries"
5th and Main Phone 85

Blockwood Theater
Featuring W. E. Seaborn in the Commercial Drama
"ALL FOR GOLD"
For this, or its equivalent, on the spot, we will deliver Blockwood for \$5 a load, and a so-called "Double Load" for \$4, with trading stamps to boot.
PHONE 72

Blue Front Livery and Feed Stables
Formerly the Goodman Stables
WELL EQUIPPED LIVERY AND FEED STABLE

Mundy & Hilyard, Props.
553 Klamath Ave. Phone 253-W

The Evening Herald

W. O. SMITH, Editor
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KLAMATH FALLS, OREGON
MONDAY, OCTOBER 12, 1914



AND STOP AT
KLAMATH FALLS

TOO MANY COOKS

SUNDAY'S fire brought out several facts in connection with the city's fire department; among others the fact that extension ladders are a dire necessity—but stronger than ever was brought out the fact that well-intentioned but unauthorized people cannot resist giving orders.

Repeatedly persons in no way connected with the fire department would dash madly up to a hose crew and order them to play the stream in this place or that place. And the hose crew, thinking the orders were carried from the chief, would shift the play, wasting water, and making absolutely no headway in the work of extinguishing the conflagration.

The people giving these orders believed they were doing just the right thing to check the flames. Their intentions were all right, but their judgment in many cases was faulty. They saw only one phase of the situation, while the fire department, as a whole, was doing "team work," with the view of the best results for the entire battle.

The city of Klamath Falls is paying a salary to the chief of the volunteer department that he may devote his entire time to keeping the equipment prepared and to directing the work of the department when in action. He is responsible for the efforts of the department, and he is the one to direct the general campaign. The efforts of well meaning persons, therefore, instead of helping, prove a hindrance, and result in delay, confusion and loss of water.

Let's leave it up to the chief after this.

WHAT OREGON NEEDS

THE public schools of the state employ over 5,000 teachers, and the number is constantly increasing. Many teach for a short time, so that about 1,000 new teachers are needed yearly. Our one normal school at Monmouth graduates approximately 100 each year. Where can our schools obtain qualified teachers? Eighty per cent of last year's applicants for teachers' certificates in this state had received no education above the eighth grade—in other words, were little better qualified to teach than the older of the children they were expected to train. Many wishing to obtain proper training as teachers must consider carefully the matter of expense. They can attend a school near at hand, but not one at a distance. Teaching, the most natural, honorable and safe vocation for our Oregon girls, is practically closed to them because of the lack of opportunity to secure proper training.

Normal schools are needed that Oregon teachers may have more to give to the children under their care. Why tax ourselves for schools unless the children can get from them what they ought to have?

Hotel Arrivals

White Pelican
Dudley Warner, Mr. and Mrs. Locke, Pelican Bay; Raphael Zon, Washington, D. C.; Daniel Keith, Salt Lake; C. S. Judd, George H. Frey Jr., Weed; W. H. Norton, Portland; Mr. and Mrs. James G. Cotchett, James J. Cotchett Jr., Weed; L. Orth Blomere, Mr. and Mrs. James Pelton, Mrs. Tucker, Fort Klamath; James T. Chinnock, E. P. McCormack, Salem; J. C. Hill, G. J. Fisher, San Francisco; R. H. Will, Yreka; John S. Coke, Coos Bay.
Hotel Hall
Saturday—Mr. and Mrs. S. N. Gillespie, R. Kattenhorn, Merrill; James Murphy, San Francisco; Tamey Stewart, Milton; Mr. and Mrs. S. J. Fowler, Salem; George A. Avery, city; Mrs. Roy Kilgore, Bonanza; J. S. Law, Orange, Calif.; Mrs. Blanche McKay,

Society Folk at Capital Are Taking Up "Rhythmic Training"



Rhythmic living, the latest advance in modern education, has captured the social and educational centers of the national capital. Under the direction of Mrs. Mary Gale Davis, one of the founders of the movement, a coterie of social celebrities, including Mrs. Arthur Lee, Mrs. James Robert McKee, daughter of former President Harrison, Mrs. Henry T. Rainey, wife of Representative Rainey of Illinois, Mrs. Jos. B. Foraker and Mrs. Julius C. Burrows, wives of former senators, Mrs. Robert M. LaFollette, wife of the Wisconsin senator, and others are enthusiastic believers in this rhythmic system for the betterment of mankind. The school of rhythm, known as the Lucia Barber School, follows out the old Greek theory of perfect harmony between body and mind, and aims to maintain the natural rhythms and harmonies of the body by a course of systematic training. When these natural rhythms are kept in all their integrity, they are great character molders.

It is claimed that rhythmic training restores the natural heritage of the student in harmonizing mental, physical, moral and spiritual growth. Students who have pursued the course of training are enthusiastic in its praise, and point out that they have increased immeasurably in poise, self control and harmonious action.

Very few persons are aware of the great influence the movements of the fundamental muscles, those of the trunk, thighs and shoulders have on general welfare of the body. They carry the larger blood and lymph vessels, and are the oldest and strongest muscles in racial and individual development, and are controlled by the earliest developed nerve cells, which direct the strong large movements of the body. They should work in perfect accord with the accessory muscles and nerve cells, which were the last to develop in the human race and individual. The accessory nerve cells and muscles break down quickly if not properly stimulated by exercise of the fundamental muscles and nerves.

Florence, Ore.; C. A. Madden, Omaha; H. L. Jones, Dorris.

Sunday—B. St. Geo. Bishop, "The Cedars"; Walter Dixon, Fort Klamath; G. F. Voss, Fort Klamath; R. M. Colclough, Sacramento; E. G. Weed, Weed; Geo. S. Harder, Stockton; C. C. Reisel, San Jose; C. C. Reiser, Portland; Fred McKendree, Merrill; H. W. Garrett and wife, Weed; Mr. and Mrs. Boyd, Merrill.

THIS MUST BE SOLD

Six-room house, on lot 52x110; house completely furnished; has bath, toilet and electric lights; lawn and bearing fruit trees. Price \$1,700, with \$750 cash. Only three blocks from Fifth and Main streets.
R. E. SMITH REALTY CO.
29-1f

Subscribe for the Herald, 50 cents a month.

HOW "TIZ" HELPS SORE, TIRED FEET

Good-bye sore feet, burning feet, swollen feet, spotty feet, smelly feet, tired feet.
Good-bye corns, callouses, bunions and raw spots. No more shoe tightness, no more limping with pain or drawing up your face in agony. "TIZ" is magical. Acts right off. "TIZ" draws out all the poisonous eruptions which puff up the feet. Use "TIZ" and forget your foot misery. Ah! how comfortable your feet feel. Get a 25 cent box of "TIZ" now at any drug store or department store. Don't suffer. Have good feet, glad feet, feet that never swell, never hurt, never get tired. A year's foot comfort guaranteed or money refunded.

MEAT CAUSE OF KIDNEY TROUBLE

TAKE SALTS TO FLUSH KIDNEYS IF BACK HURTS OR KIDNEYS BOTHER

If you must have your meat every day eat it, but flush your kidneys with salts occasionally, says a noted authority, who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.
To neutralize these irritating acids to cleanse the kidneys and flush off the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.
Jad Salts is inexpensive; cannot injure and makes a delightful effervescent lithia water drink.
(Advertisement)

Herald's Classified Ads.

FOR RENT
OFFICE ROOMS—Choice suites in the Odd Fellows and Willis buildings; best location in the city. See W. O. Smith, Herald office. 20-1f

NICELY FURNISHED steam heated rooms at the Clairmont. 9-25-1m*

MISCELLANEOUS
PUBLIC STENOGRAPHER-NOTARY
Legal papers, letter writing and copying. G. H. Ashley, 126 Sixth st., phone 87. 9-25-1m*

LOST AND FOUND
LOST—Bluebird pin, about two weeks ago. Return to Herald. 51*

HELP WANTED
WOMEN—Sell guaranteed hostery to friends, neighbors and general wearers; 70 per cent profits; make \$10 daily; experience unnecessary. International Mills, West Philadelphia, Pa. 6-10*

HOW'S YOUR ROOF?
IS IT IN SHAPE FOR WINTER?

W. D. Miller
Does General Roofing and Repair Work
PHONE 187

Our Weekly Health Talk

By DR. R. R. DANIELS, Editor "The Hygienist"
The Lungs—Their Work and Something about Their Hygiene.

On account of their wonderful construction and the work they do, the lungs are among the most interesting organs of the body. The lungs are composed of many tiny air sacs, each with its air tube, which unites with other air tubes from other sacs, until one large tube is formed, leading from each lung. These large bronchial tubes unite to form the one tube, the trachea, or wind pipe. The air sacs which make up the lungs are composed of several layers of thick, tough membrane; between the layers are many small blood vessels, so located that only a very thin membrane separates the air in the cells and the blood. Through this thin membrane the impure gases in the blood pass into the air sac, and the oxygen of the air passes into the blood.
The lungs themselves have no power of expanding and contracting; we breathe by means of the muscular action of the chest wall. These muscles raise the ribs, enlarge the chest cavity and by suction inflate the lungs. Similarly the opposing muscles, by pulling the ribs down and compressing the lungs, force the air out of them. So that if we are to have good lung action and insure an abundance of fresh air in the lungs at all times, we must possess good muscular development of the chest. Those who lead sedentary lives, to maintain good muscular action of the chest, should take a few minutes of breathing exercises once or twice daily. Corsets and tight clothing impede proper lung action and favor the development of the lung list of diseases due to imperfect aeration of the blood.
Fresh air is another essential to good lung action. The nerve centers that control the automatic action of the breathing muscles operate much more vigorously when the air is fresh. Practically all diseases of the lungs are bad air diseases. Pulmonary tuberculosis, the principal chronic disease of the lungs, may be almost entirely avoided by living in a way to get plenty of fresh air at all times. Lack of sufficient fresh air plays no small part in bringing about rheumatism, catarrh, nervousness, and many digestive disturbances.

Lumberman Sees Big Things for the Coast

The following from a Chicago publication shows the way one financier, known here, views the immediate future of the Coast:

George X. Wendling of San Francisco, head of the Weed Lumber company of Weed, Calif., and other interests, lumberman, banker and association worker, is spending two weeks in Chicago, and is at the Congress hotel.

Asked about conditions on the Pacific Coast, specifically, and his opinion on general conditions, Mr. Wendling said that the box manufacturers have been doing well, as there was a good fruit crop that had to be moved. General building conditions are very quiet, but this is a state of affairs that exists generally.

San Francisco is an exception because of the building of hotels, flats and houses in anticipation of the coming exposition.

San Francisco people do not believe that the fair will be effected by the war to any extent. Appropriations for exhibits have all been made and even among the nations involved in the present European war, these plans will be carried through, as the amount of money involved is considerable when compared with their national resources.

Some individual exhibitors will be kept away, of course. However, the exposition may benefit to some degree by the present conflict, as the tide of cross sea travel next season will be turned westward across the American continent instead of eastward across the Atlantic Ocean.

Mr. Wendling looks for a marked improvement in commercial circles with the beginning of the new year through the operation of the new federal reserve act.

"While present conditions may be in part due to the changes going on in our banking system," he said, "I consider this to be the greatest step forward that has occurred in the history of the nation's legislation in regard to the banking business."

"There never has been a time before, even back to colonial days, when the banker could deal in his own product—paper. It has never been considered ethical, nor has it been legal, for one bank to sell its paper to another, unless it was one with which it had relations."

"Now it can sell it in the open market. Before when a bank loaned money to a merchant it had to wait until the merchant paid. Now when its reserve gets low it can take its paper and sell it."

"I look for a marked improvement in business after the first of the year. And I believe the war will affect us less as time goes on, even if it continues."

"But we must remember one thing: The war is not over yet. Hostilities cease. It will take some time to arrive at an actual understanding, and during that time there is going to be uncertainty."

"It took Franco and Germany four months before, and now there are more than two nations involved."

Advertised Letters
The following unclaimed mail matter advertised on the 10th day of October, will be sent to the dead letter office at Washington, D. C., on the 24th day of October.
Byttersfield, Milton
Bennett, Mrs. Tom
Baker, Fred A.
Carlie, Louis
Curtis, H. E.
Forbes, John
Freeman, Ethel
Horton, George
Hall, Mrs. Fred
Houston, R. H.
Holman, C. S.
Heilbron, Mrs. Wm.
Johnson, Mrs. J. W.
Masten, Frank E.
Meyers, Jack
Newman, A. K.
Nickols, E. D.
Wood, Mrs. Jane

A charge of 1c will be made on all letters delivered from this list, in calling for letters please say advertised.
W. A. DELZELL, P. M.
Herald want ads bring results

THERE'S ALWAYS ROOM FOR A Vest Pocket Kodak
Has Kodak Anastigmat lens, giving remarkable definition, and Autotime Scale to insure correct exposure. Size of pictures, 1 1/2 x 3 inches. Capacity, eight exposures without reloading. Price \$12, with single lens, \$6.
UNDERWOOD'S PHARMACY
Corner Main and 7th Streets, Klamath Falls, Oregon