

FIVE AWAIT EXECUTION IN N. CAROLINA

A CONGRESS AGAINST WAR

(By William Pickens)

On September 29 to October 1 there is to be held in New York City a "Congress Against War." Ten thousand people are expected at the opening meeting. America will appear on the program.

There is a growing number of people in the world who see that to kill people by the thousands in "war" makes them just as dead as to kill them one by one in tenement brawls and in bank robberies. In modern battle a hundred thousand men, women and children could easily be killed in a single day. It took robbers or second-story-men about a hundred thousand in a year there would certainly be a congress against robbery, and every sane citizen would endorse it, and feel that he and his family were personally interested in the success of that congress. Every

class, every creed, every race would favor such a congress and would support it. The murderiveness of war as compared with that of highwaymen is like the tearing of a tiger as compared with the sting of a flea.

War is in nature no more lawful than individuals murder; it only seems more honorable because mankind allows war. When certain forms of homicide, now classed as nasty murder, were sanctioned by society, such homicides were also "honorable." The purpose of this congress is to help make war as dishonorable and criminal as it's unreasonable, unnatural and brutal.

War is not the first old institution which the advancing human intelligence finally found out, rejected and destroyed. It must go the way of slavery, witchcraft, and legal lynchings and burnings at the stake.

This congress is to mark an epoch and to inaugurate an era in the struggle of mankind against one of the greatest of its afflictions.

Theaters

TARZAN THE FEARLESS AT THE LIBERTY THEATRE

A new Edgar Rice Burroughs jungle thriller, "Tarzan the Fearless," comes to the Liberty screen starting today, with Buster Crabbe enacting the famous "Ape Man" character.

In addition the new entertainment bill brings another fast pace K. & R. vaudeville unit featuring Moss and Manning, colorful eccentric team; Kenton and McCool, comedy team; Hayes and Helms in "Golden Harmonies"; Moran and Four Leaves, presenting comedy aerobatics; and Vivian Lewis with her singing, dancing band.

"Tarzan the Fearless" is an unusual drama filled with mystery and suspense as well as many thrilling episodes of jungle fights between Tarzan and wild beasts.

Jacqueline Wells, as the daughter of a scientist who has been kidnapped by jungle tribes furnishes the strange romantic interest when she is unexpectedly saved from crocodiles through Tarzan's efforts.

From this point, Tarzan constantly looks out for her safety as well as that of her father, and eventually saves both from a sacrificial death at the hands of the jungle tribe.

Buster Crabbe, world's swimming champion, is said to be ideally fitted to play the strenuous part of Tarzan. He is known as the screen's most perfect physique and appears very much at home hanging from trees, swinging his way from limb to limb through the jungle and engaging in death struggles with lions, tigers, crocodiles, and other jungle beasts.

This picture is of particular interest to the millions of followers of Edgar Rice Burroughs cartoon in the daily newspapers as well as followers of the Signal Oil Company's "Tarzan" radio program.

Sports

DOG RACES CONTINUE STRONG

Officials of the Vancouver Kennel Club are more than pleased at the attendance which has been in evidence each night since the opening of the greyhound races last Saturday night.

At the initial program more than 10,000 dyed-in-the-wool fans were present to witness the special ceremonies and address of good will by Vancouver businessmen, Mayor Carson, of Portland, Mayor Klugman, of Vancouver and Lt. Governor Vic Myers of the State of Washington.

Although racing officials were somewhat handicapped by the delay in some of the expected kennels in appearing at the start of the races, which necessitated cutting the card down from nine to eight races for the first few nights, now there are plenty of fine racing greyhounds, and nine races are being staged nightly.

Those who had seen Bagley Park in the days when it was used for horse racing and for the auto speed contests, hardly believed their eyes when they saw what a transformation had taken place. The regulation quarter-mile track was all that could be expected in a city many times the size of Vancouver.

In addition to Washington people who have been turning out in great numbers, the familiar sight of hundreds of Portland people who became enraptured with the sport during the recent Multnomah Kennel Club meet were also on the ground. They think nothing of the 11-mile drive from Portland to Vancouver, and with the good prices which have been paid under the optional system of wagering in effect, it continues to be a magnet to them.

There are many dogs appearing which were favorites at the Stadium. Although in the minority at the opening of the meeting three greyhounds which had appeared in Portland won in the eight races scheduled. Tuesday night the great Tara Dam, well known to Portland dog sports, was returned a winner.

Racing Secretary T. W. Benner, says he expects to have at least 75 dogs which raced in Portland by the end of this week.

One of the big features of the meeting will be the races in which eight trained monkeys will act as jockeys in one race.

Benner said these would start next week. He wishes to school particular dogs with the monkeys, who are trained jockeys, but this would be for the benefit of the dogs, rather than the monkeys.

With ideal weather and a fast track, it is anticipated that as soon as the local people get acquainted with the new dogs, Bagley Park will be taxed to capacity each night of the meet.

"This & That"

By CLIFFORD C. MITCHELL

chvements in the progressive western city which I hope to be able to use soon.

Joseph A. Craig, of Detroit, Mich. was another interesting caller at the office during the week and here again I received sufficient facts to make a real reader-interest story on the rise of this young colored American since his arrival in this country from South America.

Two new "exchanges" were added to my large list during the week, the Hannibal Register, of Hannibal, Mo., and the Louisiana Post-Dispatch, of Shreveport, La. Both of these papers are affiliated with the Scott Newspaper-Syndicate, of Atlanta.

The one hundred and forty-third publication to use my "Dipping the News" feature is the Shining Light Survey, of East Akron, Ohio.

And six more publications used my weekly book chat, making a total of seventy-three papers to do so. The Mirror, of Sanford, Florida; The Mind of Fort Worth, Texas; The News, of Columbia, South Carolina; The World of Raleigh, North Carolina; The Journal, of Wilmington, North Carolina; and the Union, of Cincinnati, O.

Ad sixteen additional publications used my "Prisons and Prisoners" feature, making a total of seventy-two; The Voice of Austin, Texas; The Sun, of Charlotte, N. C.; The News, of Columbia, S. C.; The Enquirer, of Roanoke, Va.; The Broadcast, of Richmond, Ky.; The Eagle, of Cleveland, Ohio; The Voice of the Nation, Okmulgee, Okla.; The Globe, of New York; The Journal, of Montgomery, Alabama; and the Herald, of Brunswick, Georgia.

And for the first time since I have been free the Pittsburgh Courier featured two of my reviews in their current issue with headlines.

My latest feature, business news feature, was seen five additional publications, making thirty-two papers to use it: The Black Dispatch, of Oklahoma City, Okla.; The Post, of Charlotte, N. C.; The St. Helena News, of Frummore, S. C.; The Carolina Tribune, of Asheville, N. C., and the New Era Dispatch, of Los Angeles, California.

Mrs. Stella Reid Garnett, Route 2, Box 4, Michigan City, Indiana, writes a long and interesting letter, her local achievements, etc. She thinks I am an editor of some paper and wants to handle the agency for it. So, publishers, if you haven't an agent at Michigan City, and want one, write her.

Preparing my releases this week has been an ordeal—a torture. At first, I thought of skipping them but inasmuch as I haven't missed a week in nearly four years I have gone through with it. Frankly, I should be in bed, under strict care, and perhaps I will be as soon as these releases are in the mail.

James B. Morris, lawyer, politician and publisher of the Iowa State By-stander, of Des Moines, Iowa, called at the office and spent an enjoyable hour or two in which I learned all about conditions in and around Des Moines and the State of Iowa, and the part our people are playing in its development.

Through my conversation with Mr. Morris, I gathered enough material to prepare a special feature on his a-

Done at Random

By RALPH L. LESTER

8602 Ashwood Avenue
W. Phila., Pa.

PASSING IN REVIEW

No one has slipped so swiftly out of the theatrical sphere as John T. Gibson. He was the former owner of the old "Gibson Standard Theatre", located on South Street near Twelfth. He also managed the old "Dunbar", now the "Lincoln" theatre, on Broad and Lombard sts. The Standard was for years the leading house in Philly for Negro vaudeville and many of the stage celebrities of latter years received the cheers and bows of the hard-to-please Mon. afternoon crowd. Miller & Lyles, Noble Sissle, Eddie Blake, Drayton & Greenleigh, Butter Jones & Susan, Buck & Bobbies, Ed Hunter, Lovejoy & Fairchild, Garland & Howard, Dudley & his Missie, the Whitman Sisters and the favorites of South Philly, Bilo & Ashes, all trod the footlights at the Standard. I witnessed my first stage show from the balcony of the Standard, where with a bag of bananas and a pocket filled with peanuts, I thrilled at the galaxy of stage performing. I, along with many others regret the various reversals that forced John T. Gibson out of the theatrical business. Negroes in Philly now have no theatre they can call their own.

And that is lamentable.

While speaking of the Standard theatre my thoughts run back to a performance where as an unsophisticated youth, I fell in love with the leading lady. I can't recall her name at present, but when she came out on the stage, dressed as an Indian Princess and sang a beautiful love song, I distinctly remember that it required the combined efforts of my two companions to keep me from going up on the stage. Of course, I know better now. I go around to the back stage entrance.

Apologies to O. O. Melnyre: Don Marquis once wrote a line that has been translated in every language: If you try hard to get a thing, you don't get it.

RANDOM JOTTINGS:

Mrs. Paul Robeson is of mixed Negro and Jewish blood—

Philadelphia at one time had a Negro Mounted Policeman. He was an ex-crazyman—

I've never seen a Chinese beggar— And only one who was a door to door peddler. He was selling tea—

According to kennel science, there is no proof that a dog can reason—

There are six times as many dogs in England per capita as there are in this country—

Most red heads are freckled—J. B. Davidson, ex-columnist for the Philadelphia Tribune, is now prominent sign painter, and wears white linen suits—

The Potomac is the most historic river in America—

On the motion of Edmund Randolph of Williamsburg, Va., the word, slavery was eliminated from the Constitution—

Girls who work in "service" are often referred to as "Thursday Broads". Thursday is usually their day off—

Copernicus was compelled to order his work on the solar system published after his death—

In the State of Virginia 44 per cent of the Negro families own their homes—

The Wayside Racquet Club, composed mainly of Philadelphians, but located in Derby, Pa., is the largest Negro tennis club in the country—

Raymond Pace Alexander often takes moving pictures of his friends at the seashore—

John R. Pickett, former President of the National Benefit Life Insurance Company, is now a Real Estate and Insurance Broker in Washington, D. C.

Frederick Douglass' real name was Frederick Augustus Bailey.

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HI-WAYS TO HEALTH

By ADA R. MAYNE

OREGON DAIRY COUNCIL

HI WAYS TO HEALTH: SERVING THE PROTECTIVE FOODS

Milk, fruits, vegetables and eggs are looked upon as the big four in good nutrition. According to the best authorities on foods, the well-balanced diet consists these foods in the following amounts: a quart of milk for every child and a pint for each adult daily; two servings of fruits each day, one a citrus variety or tomatoes; two servings of vegetables, one a green leafy variety, and eggs three or four times a week. This meal planning guide serves as a pattern for any menu one may be planning.

Menu planning takes on a new importance just now with children starting back to school. It is important that children get their full requirements of protective foods, since growth and protection against the deficiency diseases are dependent upon them. In order to accomplish enough of these foods, they must be given in amounts as outlined in the pattern above and distributed between the three meals of the day. Breakfast, lunch and dinner should be looked upon as contributing an equal share of it. When children go to school on a poor breakfast, they become fatigued and as a result will actually eat less for lunch. It is impossible to make up for these two deficient meals at dinner, which means that at the end of the day the child has been inadequately fed. Much of the poor nutrition noticed among school children is brought about in this way.

A few lunch menus planned for school children are given this week:

Lunch Menu I
Cheese Sandwiches Tomato Salad Hot chocolate Fresh Grapes

Lunch Menu II
Cream of fresh tomato soup Peanut butter and lettuce sandwiches Sliced peaches MILK

Orange Omelet
Lunch Menu III
(Deviled eggs for school lunch) Cucumber sandwiches COCOANUT COOKIES MILK

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