

remember; she tried merely to do what seemed right at the moment. The first part of the song she hummed through, then, the words flooding suddenly into her memory, she began to sing.

Enid LaFrance gave a rending shriek and walked off the stage. "Thees ees an insult!" she screamed in Harlemaese French. "I quit de show!" And, flinging on a dark fur overcoat, she flounced through the stage door.

Several attendants hurried to stop her. Lit Tracey called them back. "Let her go, he yelled to them. "She's more trouble than she's worth." Then he turned to Ellen. "Keep on with it," he urged.

Ellen resumed her unpracticed singing. The duet went along smoothly. "Beautiful!" Tracey called to her when it was over. "Come over here, I want to see you."

She came to him. His little dark face was curiously shrunken, he looked her over closely, then smiled. "How'd you like to take that part in the show?" he asked suddenly.

She gasped. "You mean—take Enid LaFrance's place? Why, I couldn't!"

"Oh yes you could!" Tracey assured her. He turned and summoned Stern. "It looks," he informed him, "like you're going to lose a good stenographer."

"You mean to say you're giving her that part?"

"It has to go to somebody. Enid's quit. She always had too much temperament to suit me, anyway."

Ellen thought she was being kidded. "Oh Mr. Tracey—" she cried. "I couldn't act. I've never done any acting in all my life."

"That's all right," he comforted her. "With that face and that voice, you won't need to do but so much acting."

"You mean—really?" Her voice held sharp incredulity.

"Sure. Now let's go through it once more. And when we're through I'll tell you whether you get a contract or not."

"Oh, Mr. Tracey!"

"And what a whale of a story this is going to be," Stern commented joyously. "Pretty Stenographer Takes Leading Role in New Musical Comedy!" Boy oh boy, it'll make every front page in town!"

Continue with Ellen Young in her upward climb to fame and the bright lights of Broadway in next week's fast-moving installment.

Look and Learn

QUESTION

What are the five tastes?

ANSWER

Bitter, sweet, acid, alkaline, and salt.

ALMOST FLAT ON HER BACK

Aching back! Will it never stop? She's nearly desperate. Lydia E. Pinkham's Vegetable Compound has relieved "feminine troubles" for over 50 years.



Don't Trifle With Coughs

Don't let them get a strange hold. Fight germs quickly. *Cremulosa* combines the best helps known to modern science. Powerful but harmless. Pleasant to take. No narcotics. Your druggist will refund your money if any cough or cold no matter how long standing is not relieved by *Cremulosa*. (Adv.)

Grandma Discovered It! Medical Science Perfected It!

Penetro, the Mutton Suet Salve, Penetrates Four Times Quicker and Deeper to Drive Out Head, Chest Colds.

Your grandma used mutton suet for years and years to drive out head and chest colds. It was her old standby. Today, modern science has taken mutton suet, added to it powerful cold-breaking medication, and brings you *Penetro*, the mutton suet salve that penetrates four times quicker and deeper. It is the most effective cold salve ever developed.

Do This Tonight to Drive Out Colds

Apply *Penetro* to outside of each nostril and the throat. It will instantly open up nasal passages, soothe and heal irritated membranes, relax bronchial muscles and permit easier breathing. Apply it to the chest and *Penetro* will warm the skin, stimulate circulation, break up congestion and draw out aches and pains. Nothing else works as quickly or as effectively because only *Penetro*, with

its base of mutton suet, goes directly to the seat of cold infection. Mothers prefer *Penetro* because it is so easy and clean to use. Being snow-white, it will not stain bed linen, night clothes or undergarments.

It's Stainless, Snow-white—Ask for It by Name—Penetro

Save time, money and health by asking for it by name. *Penetro*, the mutton suet salve, 25c a jar. Large economy size 50c. Family size jar \$1.00. It's stainless, snow-white, easy and pleasant to use. If your dealer cannot supply *Penetro* send his name with retail price to Dept. G-1, St. Joseph's Laboratories, Memphis, Tenn.

Try this new way to prevent and relieve head colds. Use *Penetro* Nose and Throat Drops (contains ephedrine). Generous size bottle 25c. Large size, 50c.



IN ADAM AND EVA.—Hortense Davis, who slipped off from home to dance in Charleston contests at Carey Theatre, in Baltimore when she was a kid. She plays the part of Eva and wins her Adam without eating an apple or a lemon either.

PUZZLING PROBLEMS

QUESTION

If a garden plot 42 ft. by 76 ft. is surrounded by a sod border 4 ft. wide, how many square feet are left for cultivation? And how many square feet in the sod border?

ANSWER

There would be 2312 square feet left; 880 square feet in border. Explanation: Subtract 8 from 42 and from 76; multiply results together for first answer. Subtract this answer from the product of 42 and 76.

A smooth safety pin for thin or lacy material makes an excellent bodkin. The pin holds the material securely.

THE HUMAN THING TO DO

Formal afternoon or "duty visits" should be very short. It is only necessary to stay about twenty minutes.

A child should be taught to press the napkin to its lips before taking a drink of water at mealtime. This will prevent the lips leaving a mark on the rim of the glass.

Her escort always has the first dance—after that a young lady may dance with any man she knows.

On entering a ballroom, the lady always precedes the gentleman.

Despite attempts of hostesses to abolish them, "cut-in" dances are still popular with the young set. A young man "cuts in" by laying his hand on the shoulder of a man must then relinquish his partner.

How Can I?

QUESTION

How can I prevent the peeling of onions from affecting the tear ducts of the eyes?

ANSWER

By dipping the onions for a moment in boiling water and then beginning at the root and peeling upwards.

No Loafing, Breakfast, 6:30 at St. Paul's "Faith School"

Virginia Institution, Founded by Archdeacon James S. Russell on Faith and Five Dollar Bill, is Shining Light of State's "Black Belt." School Hospital Serves Area of 9,000 Square Miles. One Physician to Every 25,000 People. Students Erect All Buildings. County Jail Empty for Six Months at Time.

LAWRENCEVILLE, Va.—When I was a youngster I used to hear a lot of talk in Sunday school about putting one's light under a bushel. I just found out the meaning of that expression upon visiting St. Paul Normal and Industrial School, located here at the county seat of Brunswick County.

Here, indeed, is a shining light of Negro education, hiding its light under a bushel of obscurity, constructed largely out of the physical isolation of this Episcopal institution of learning in the heart of Virginia's black belt—so situated that while it is within a stone's throw, so to speak, of several of this state's largest cities, it is about as hard to find as the needle in the proverbial haystack.

Located half way between Danville and Norfolk, the school must depend upon a two-train-a-day service or upon a bus line which only passes within seven miles of it. While the school is only 68 miles from Richmond, the traveler must go from Richmond to Danville or to Norfolk more than twice the distance, in order to reach it by train. But that's another story.

Founded on Faith

St. Paul was founded in the summer of 1888 out of the faith of Archdeacon James S. Russell, now principal emeritus, and his wife. The price of the land was \$1,000 for which the pair gave notes. Three days after the deal was made, five dollars was received from a white friend in Duluth, Minn. Other donations followed. That was how St. Paul was started. In 1890 it was incorporated.

Today there is a campus of 1,600 acres, all paid for, 40 buildings, an enrollment of 674 students, more than 1,000 graduates and 10,000 undergraduates.

While the present enrollment is 674, the school has had more than 800 regularly enrolled students and with its summer school, has had an annual attendance of more than 1,000. Every building on the campus has been constructed by student labor, the latest addition being the Julia C. Emery Hall, a new five-story dormitory, which houses 166 girls. Work on the new administration building is expected to be completed in April.

The present building program calls for a home economics building, money for which is already available, science building, library and gymnasium. The day begins early at St. Paul. Starting with the rising bell at 6 a. m., and breakfast at 6:30, there is a beehive of activity going on until taps at 9:45.

Practice vs. Theory

Theory is subordinated to practice at this school, where everybody must work. No loafing is allowed. Courses are offered from the primary department thru the first two years of college. Seven trades are offered to the young men, namely, auto mechanics, masonry, carpentry, electrical work, plumbing and steam-fitting, printing and tailoring. Examples of the practical work in tailoring may be found hanging in the wardrobe of nearly every teacher and student on the campus.

Girls may learn plain sewing, dressmaking, domestic science and beauty culture. The last-named course, put in two years ago, has proved to be one of the most popular at the school. There is always a large enrollment at the normal school.

St. Paul has an ideal location to render service. In Brunswick County there is the heaviest preponderance of Negro over white population in the state, there being 12,000 Negroes to 8,000 whites. Criminal expenditures in Brunswick County rank among the lowest in the state and the county jail has been known to be empty for six months at a time. There has never been any racial friction.

Hospital Serves Thousands

While the school has rendered a great service in supplying the county and state with competent school teachers and artisans, probably its most effective service is rendered in the field of health.

The Louie Taylor Letcher Memorial Hospital, located on the campus, is the only hospital for Negroes within an area of 9,000 square miles and serves a population of 75,000 persons. In this area there is not more than one physician to 25,000 persons, and were it not for the school hospital, the 12,000 inhabitants of Brunswick County would be without the services of a physician. At present, Dr. Clifton F. Nelson, a graduate of Howard University, is the school physician.

Meats and foodstuffs in abundance are raised by the school, 400 acres of land being under cultivation. Last year the school slaughtered 10,500 pounds of pork and 4,600 pounds of beef. In spite of the depression and the lean agricultural year in 1931, students actually paid into the school treasury, 34 per

cent more than the previous year.

Service at Cost

Nearly 400 community students are in daily attendance at the high school and practice school. Extension courses have also been established in adjoining counties for the benefit of teachers and weekly health clinics are held at the school hospital, where medical and surgical services are dispensed at cost.

A two-year course in physical education, now has 12 males working for certificates and it is the intention of the school to inaugurate a regular four-year course soon. Major W. M. Whitehead a graduate in physical education from the University of Pennsylvania, heads this department, and under his direction a program of intra-mural athletics includes 80 per cent of the student body as participants. Miss Irene Robinson, a graduate of Howard University, is in charge of the physical education for girls.

John T. Thornton, a Hampton man, is director of industrial education while Miss Evelyn Holt directs the girls' industries. J. L. Whitehead, bookkeeper, is the moving force and graduate manager of St. Paul's athletics, and is also secretary-treasurer of the Colored Intercollegiate Athletic Association.

Founder Looks On

Archdeacon Russell, the founder, now retired, still lives on the campus, where his son, the Rev. J. Alvin Russell, now principal, carries on the work which he started. The visitor to St. Paul is made to feel like one of the big busy family there and a warm hospitality makes one want to linger longer or else return as soon as possible.

AFRICANS SAY:

"Africans have much in common with us as well and wisdom expressed in their proverbs show. It is time for us to get away from the notion that they are in an inferior and barbaric state. In more than one sense, we Americans are less civilized and more barbaric than they." — C. J. BEVIER.

Boiling water alone (without anything in it) will not make a noise.

Your Weak Glands Need a Good Gland Tonic

Science has now found a way of supplying the body with gland secretions which contain glucose often fail to produce sufficiently and which are absolutely necessary for building health, strength and vitality. You can have (free money's worth) today for this new wonderful GLAND TONIC—GOLDGLAN—

Try It 20 Days—FREE

This successful treatment has brought joy and strength to thousands of run-down, weak men and women. It should quickly do the same for you! NO LETTERS NEEDED! Just send this ad with name and address and the fee for postage and packing. Medical Aid, 129 S. La Salle St., Chicago, Dept. GN-78

for BLADDER KIDNEY Weakness

OVER 20 YEARS OF EFFECTIVENESS In the yellow box. At all drug stores. H. PLANTEN & SON, Inc., 22 Henry Street, Brooklyn, N. Y. Trade Mark Registered U. S. Patent Office

PLANTEN'S C & C BLACK CAPSULES.



for WOMEN only

Why worry about delayed periods from menstrual causes. Get Quick Results using FEMINESE—Liquid-Tablet Relief. Used by doctors. Moves cases long overdue. Pleasant, safe, no interference any date. Satisfaction guaranteed. Treatment \$2.50. Postage if C.O.D. Specially Compounded for Very Obstinate Cases \$5.00. Illustrated Folder Free with order. FETONE CO., Dept. 10-F St. Louis Mo.

GET A LUCKY HAND WITH A WRITTEN GUARANTEE Its Principles Will Help You. Information Free—Write or Call ALEXANDER'S PSYCHO AID, Inc. 111 W. 12th St. New York, N.Y. THE ORIGINAL D. ALEXANDER