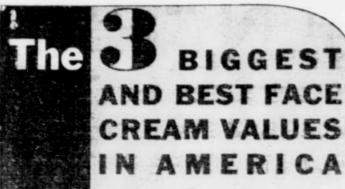
re You Afraid of Old Age?

Are you afraid of old age? If so, sweeter as the years roll by-if you tismiss your fears, for the years grow opinion of a number of Baltimoreans





If you searched the world over and had plenty of money to spend you couldn't get any better or finer face creams than genuine Black and White. These scientific creams never fail to bring wonderful results and the prices are so low everyone can afford them.

Protect Your Skin With This Fine Peroxide Cream

Use genuine Black and White Peroxide Cream daily Protects your skin from the darkening, coarsening effects of wind and weather. Contains just the right amount of peroxide to keep your complexion fair, light. Holds face powder on hours longer, Big jar of genuine Black and White Peroxide Cream, 25c.

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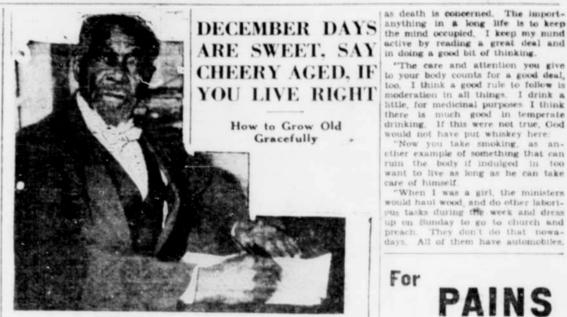
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Fenuine **BLACK** WHITE BEAUTY CREAMS



THE REV. J. W. NORRIS AT 90





Two poses of Mrs. Mary Handy the left; as she is today, and (ab-as she looken in the gay nineties. skin is still as smooth and velvety it was then. She never used ro-she says.

THE REV. J. W. NORRIS Never think about age, Keep your thoughts young.

Be moderate in everything, In-temperance shortens life.

MRS, MARY HANDY

Use plenty of soap and water and eat good food.

of the Rev. J. W. Norris, an active elder in the Baltimore conference of the A.M.E. Church, the prospect of old age and death does not seem to be something to sit down and fret about. He believes in life.

In August, Dr. Norris, who is af-fectionately known as the "Grand Old Man" of the Baltimore Confer-ence, will round out ninety milestones of a life that has always been chareterized by intense activity.

Almost as straight as a ramrod, he not only gets about his district, attending to his church affairs, but goes from church to church giving lectures on various phases of the Bible. One neds only to hear him lecture once to know that his thinking faculties are alive and sharp. This is what he thinks about old

SWELLING REDUCED

COLLUM MEDICINE COMPANY

who have passed the half century age and death as he nears the turn mark.

W. Noeris an active

Think Young

Think Young
"The principal thing in a long life is the mind. If you want to keep young and active in body, then always think about living; never give much thought to dying. The fact that God made a Hell and a Heaven shows that we are going to live; that is, live right on out of our bodies.
"I think very little about dying. Why, dying is all a mockery, as far

AGENTS WANTED—To sel; MAREETA, the magic shampon that straightens the hair permanently without the use of grease or not comme. You can't fail to make big money easy every week selling this and other MAREETA tolletries. Only a limited nimber of agents will be appointed in each community. Write now for full particular without obligation. Marshall Research Inc. 1703 Third-av. North, Birmingham, Ale.

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in doing a good bit of thinking.

"The care and attention you give to your body counts for a good deal, too. I think a good rule to follow is moderation in all things. I drink a little, for medicinal purposes I think there is much good in temperate drinking. If this were not true, God would not have put whiskey here:
"Now you take smoking, as another example of something that can ruin the body if indulged in too want to live as long as he can take care of himself.
"When I was a girl, the ministers

"When I was a girl, the ministers would have wood, and do other labort-pus tasks during the week and dress up on Sunday to go to church and All of them have automobiles,

PAINS that many women suffer

HAVE taken Cardul for bearing down pains in the lower part of my body, also for weakness in my back and pain in my side. I suffered a long time before I read about Cardul, but after I began taking it I felt better. After taking three bottles of Cardul,

t didn't have ony more trouble."-(Miss) Mary Ware,

antimo

WAKE UP YOUR LIVER BILE— WITHOUT CALOMEL

And You'll Jump Out of Bed in the Morning Rarin' to Go

If you feel sony and sunk and the world looks punk, don't swallow a lot of saits, mineral water, oil, larative candy or chewing yum and expect them to make you suddenly sweet and buoyant and full of sunshine.

For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down and out feeling is your liver. It should pour out two pounds of liquid hile into your bowels daily. It this bite is not flowing freely, your food doesn't digest. It just decays in the bewels. Gas bloost up your stomach. You have a thick, bad tasts and your breath is ford, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

It takes those good, old CARTER'S

system is poisoned.

It takes those good, old CARTER'S
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pounds of bile flowing freely and make you
sed "up and up," They contain wonderful,
harmiens, gentle vegetable extracts, amazing
when it comes to making the bile flow freely.
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