



**"WHITE LABOR ONLY."**—A wrapper from a tomato can from a canning company in Berkeley Springs, W. Va. The goods are on sale in various states by dealers. All cans are labeled as can be seen in the upper left corner. "Packed by white labor only."

### N.A.A.C.P. Tells Need for Funds

NEW YORK—A letter sent from the national office of the N.A.A.C.P. announces that the association's budget has a deficit of \$9,000. It recites in its appeal for funds the cases which it has undertaken to defend, and the urgency for money to finance them.

### Dress Up the Meat

By BETTY BARCLAY  
Dress up meat dishes a bit, with flavorful gravies and sauces, attractive garnishes or cloves. A dash of sugar used as a seasoner helps to improve the flavor of the meat. Here are two recipes for attractive meat dishes suitable for this season of the year:

#### Savory Beef Loaf

2 pounds ground beef.  
1 onion, grated.  
1 cup dry bread crumbs.  
1 to 2 cups canned tomato.  
1/2 pound ground pork.  
1 cup thick cream sauce or gravy or 2 eggs.  
1 teaspoon sugar.  
salt and pepper.

Mix the ingredients together thoroughly. Shape the mixture into a loaf. Place a strip or two of salt pork on top. Place in a heavy baking pan. Bake for one half to three quarters of an hour. The oven should be hot at first, reducing the tem-

perature at the end. If sauce or gravy is used as a binder for the loaf, make it with 3 tablespoons flour and 2 tablespoons butter to 1 cup liquid.

#### Spanish Lamb Chops

4 lamb chops, one and one-half inches thick.  
4 tablespoons soft bread crumbs.  
1 1/2 tablespoons melted butter.  
salt and pepper.  
3 tablespoons canned mushrooms.

Split each chop cross-wise to the bone. Mix other ingredients. Stuff a spoonful of the mixture into each chop. Hold edges together with tiny skewers. Arrange on baking dish. Bake twenty minutes. Serve with following sauce:

2 cups canned tomatoes.  
2 tablespoons butter.  
2 teaspoons sugar.  
1 small onion.  
2 tablespoons flour.  
salt and pepper.

Cook onion in butter. Add tomatoes. Put through a strainer. Add to butter and flour, and seasoning. Cook until thick and smooth.

## WHEN WE WENT INTO WAR

By LEONARD MASSENBERG

### JACK AND TOM

By LEONARD MASSENBERG

Colored boys in all parts of this country answered the call for soldiers during the last week in October, 1917. In the North one Jack Fulton decided he would fight for the land he called home. Responding to this same summons but in a Southern city, Tom Lewis reported. Eight hundred miles separated these two sons of slave forefathers, whose lives fate had decreed would meet and mean so much to each other after three years of the world's greatest carnage.

These two sons of Ham met six months later when Tom was among the one hundred men transferred from a Southern camp and assigned to Jack's company. They became very good friends, but could not explain



NO MAN'S LAND

why it was that they should meet in such a manner. Two months later their regiment arrived in a French port and immediately entrained for their training place. This consumed another two months before it was ready for the battle front.

The two boys had been very lucky in several engagements with the enemy in spite of the fact that many men of their company had been either killed or wounded; and Jack had expressed the idea several times that he would be the one to die, while Tom believed he would return home safe and sound.

Preparatory to a proposed attack on the enemy's line some valuable information was needed; picked men of their company were selected. Jack was one of the "lucky" ones. Tom was left out. Fifteen minutes before the patrol of nine men including Jack and an officer crawled out of the trenches, the two boys held a conference.

"Send this watch to my mother with this ring and \$500," replied Jack, who refused to listen to Tom's assurance that he (Jack) would return safely. However, Tom accepted the watch, ring and money reluctantly. Then, with the coming of darkness, the patrol wended its way towards the enemy's trenches.

Shells passed each other on their missions of death as the big guns sent tons of steel and metal through the blackness of night.

Separated less than two miles, Jack and Tom thought of each other; the former gave up hope of ever seeing his buddy again and the latter still believing he would return safely home.

Finally the darkness spent itself and emerged with the day.

The commander of Jack's patrol reported, "Valuable information received and all men returned safely."

"Captain, I am reporting for the additional patrol you sent out at midnight," replied a line sergeant.

"Let's have it," answered the captain.

"Much information received, but I regret to say that Lieutenant Jones and Corporal Tom Lewis were killed," the sergeant said in a choking voice.

### Matching Coat or Chic Jacket

By JENNIE

If your clothes allowance is still small and slim, help is at hand, for this year the dress designers and obliging and sympathetic buyers have emerged from a huddle to solve your problems with fashionably form fitting slim new dresses with modest price tags attached thereon.

Still feeling generous and helpful, these same designers have planned each dress for double duty. Surely it is neither smart nor thrifty to board your dollars any longer, when with two or three well chosen frocks, a harmonizing coat and some clever accessories and a little headwork, any knowing clothes hound can perform daily dress magic that will leave the best of us breathless.

These double duty dresses are brilliant examples of the most successful mergers of the year, a dress with a matching coat or jacket.

No matter where and how you buy, no matter how modest the price mark you simply cannot separate the newest frocks from their matching jackets. Might as well try ordering ham without the eggs as to persuade a tolerant but unyielding salesperson to sell you the dress and not the coat.

Very high necklines are new, flattering and extremely smart both in coats and dresses. Intricately tied scarfs achieve this effect in most of the dresses. All dark dresses are skillfully lightened with gay trimmings, light toned yokes and scarfs and blouses of the gayest kind of prints. Daytime dresses can be found in great variety and grand abundance.

Kitchen supplies should be kept in glass jars, each of the different sizes to themselves. Have covered crockery dishes for use in the ice box, and see that they are scalded when washed.



## WATCH Baby's Skin FOR DANGER SIGNALS

Babies can't talk you know, like big sister and brother, and tell you what's wrong with them. The smart, modern mother has to watch for the little danger signals that tell when baby needs attention and a little extra care. If baby's velvet-brown complexion begins to turn a little sallow and blotched, and she doesn't eat well, or if she is fussy and cries a good deal, don't let the matter go. Look for the real cause. It is probably just a clogging of her tender little bowels. When bowels tighten up, little bodies absorb poison and infection from accumulated body wastes. Then she becomes susceptible to colds and digestive upsets, and even more serious disorders.

The time to act is at once. Give her the gentle but sure regulative help of Castoria.

Don't take a single chance on your precious little darling. She is so dear and helpless and relies entirely on Mother to ease her over the rough spots of babyhood.

Castoria is a pure vegetable preparation made specially for infants and children. It is mild and gentle in action and is absolutely safe as it contains no harsh drugs or narcotics of any kind.

Always keep a bottle on hand. Children like the taste of real Castoria. You can get Castoria at all good drug stores.



REMEMBER  
Genuine Castoria always has the name, Chas. H. Fletcher, on the package. Be sure you get it.

Chas. H. Fletcher  
**CASTORIA**  
CHILDREN CRY FOR IT



### Have the Skin All Men Love

You can't go against nature and it is men's nature to love a light, clear, soft skin. Of all known methods of clearing the complexion of ruinous, unnatural impurities, blackheads, pimples, freckles and other blotches, Nadinola Cream is the simplest, quickest and most satisfactory—just apply this white fragrant cream at bedtime—no massaging, no rubbing. Nadinola quickly brings fresh, youthful beauty to your skin; restoring a soft textured, smooth, radiant, flawless complexion; closing up large, oily pores and leaving the skin ivory-white, lovely. Don't risk your face, neck, arms and hands to cheap bleaching creams, ointments or lotions, but be sure to use real Nadinola Bleaching Cream with its DOUBLE ACTING qualities found in no other product. Get a big 50c jar of Nadinola Bleaching Cream at any toilet counter; begin using it tonight, and tomorrow you will see a hint of the wonderful results to expect. Money-back guarantee in every package.

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BLEACHING CREAM

Manufactured by National Toilet Co., Paris, Tenn.